

Hampshire & Isle of Wight Community Foundation

Annual Review
2018





President's Welcome

Welcome to the Hampshire and Isle of Wight Community Foundation (HIWCF) Annual Review for 2018, offering a glimpse into how we support the vital work of smaller local charities and voluntary organisations by connecting donors with the local causes that they are passionate about supporting.

A modest amount of funding can make a significant difference to the lives of people in need. This year HIWCF awarded £1.06 million in grants to support grassroots charities, community groups and individuals. In total since we were established 12 years ago, the Foundation has distributed almost £10 million improving the life chances and circumstances for vulnerable and disadvantaged people across Hampshire and the Isle of Wight.

As ever I am extremely grateful to our fundholders and donors who make our work possible, we hope you enjoy reading our Annual Review and seeing the impact we have been able to make in local communities, helping people during their time of need.

A handwritten signature in white ink, appearing to read 'Nigel Atkinson'.

Nigel Atkinson Esq

HM Lord-Lieutenant of Hampshire
President, HIWCF

Chairman's Report

It is with great pleasure that I share this 2018 update with you. It shows very clearly how the support we get from your donations and grants makes a real difference to the less fortunate members of our communities in Hampshire and the Isle of Wight.



Our grant making focuses on easing deprivation and poverty for local people. In 2018 our grant programmes were three times oversubscribed, with requests for over £3 million against our funding pot of £1.06 million. Funding for smaller charities from local government and other public sources continues to decline while demand for services is still rising every year. It is more important than ever that the Foundation continues to provide the necessary support for smaller charities and community groups struggling to sustain their vital projects and services.

Many people have lost faith recently in larger charities and are looking for trustworthy organisations, with low overheads, that can show exactly how their money will benefit worthwhile causes. A recent survey showed that large national charities spend around 25% of their income on fundraising, compared to HIWCF's spend at 8%, and we aim to be the most efficient philanthropic grant-maker across Hampshire and the Isle of Wight.

Last year, we welcomed Grant Cornwell MBE to the Foundation as our new Chief Executive. Grant's background includes ten years as Chief Executive at the Tottenham Hotspur Foundation, and we have been very impressed by his professionalism and total commitment to supporting and improving

the lives of people from all sectors of our communities.

I am also delighted to welcome Krysia Butwilowska to the Board of Trustees, Krysia brings with her a wealth of experience and knowledge that will benefit the Foundation immensely.

I would like to take this opportunity to thank our Isle of Wight Chairman Richard Prest, for his longstanding commitment and service as he retires from the Isle of Wight Community Fund.

Bishop Jonathan Frost also retired from the Board during the year and we are very grateful for his valuable insight into local needs and vulnerabilities.

Finally, our thanks must go to all of our many supporters during 2018. We rely on you to help us improve the quality of life for disadvantaged and vulnerable people in our communities and the best part of our work is converting generous donations into impactful grants. Our work would not be possible without your generosity, so thank you all very much for your ongoing support.

A handwritten signature in black ink, appearing to read 'J Cheshire'. The signature is written in a cursive, slightly stylized font.

Jonathan Cheshire
HIWCF Chairman

Highlights 2018

I am delighted to have joined HIWCF during 2018, at a time when the organisation is poised and ready to move forward into a new chapter.

Over the past year we have spent time listening to what our community, donors and partners said they needed and wanted from us. We then developed a new five year strategy and a vision that we believe can make that a reality.

Being able to identify and be responsive to local need is one of our key organisational values and is a key theme within our new strategy and we will strive to ensure that our funds get to those who need them most as quickly as possible.

We believe that we have an incredible platform to build on and have set ourselves an ambitious target of giving out £2m annually in grants by 2023. With your support we have the chance to continue to help transform more lives and support those local organisations that make such a difference on a daily basis

In the short time I have been with the Foundation, it has been incredibly inspiring to see local businesses, fund holders, donors and government agencies supporting our work and enabling us to create life changing opportunities for vulnerable local people. Last year, HIWCF supported 294 projects to help local communities thrive, but with almost £2 million of unmet need in 2018, we still need to work incredibly hard to ensure that our local charities and community groups are fully supported in order to meet their objectives.



Grant Cornwell MBE
Chief Executive



The **Tampon Tax Community Fund** directed **£93,282** of funding towards 12 local projects to support some of the most vulnerable women and girls across Hampshire and the Isle of Wight.



The **Action Hampshire Fund** awarded **£60,750** to projects working with vulnerable children, young people and families living in crisis or poverty.



We met with the **Bank of England**, local charities and community groups to discuss how to ensure a brighter economic future for disadvantaged local people.



Comic Relief 'Core Strength – Local Communities Programme' awarded **£29,886** to support core costs for local charities.



The **High Sheriff of Hampshire Awards** took place with The Hon. Mary Montagu-Scott giving special recognition to those that have gone beyond the 'call of duty' in the field of law and order.



#iwill Fund awarded **£93,469** to encourage young people to get involved in social action.



Wellbeing and Health Fund distributed **£60,529** to support 15 projects across Hampshire and the Isle of Wight.



Fundraising for **Heart of Hampshire** and **Heart of Isle of Wight Funds** launched to help prevent loneliness and isolation for older people.



'Seeing Is Believing' visits to Eastleigh, Petersfield and Rushmoor gave supporters the opportunity to see how their generosity has been put to fantastic use by six local community groups and charities.



European Union
European Social Fund

The **Solent Community Grants Programme** supported **171** people into employment, **188** into education/training and **165** participants into job hunting.



Hampshire Community Fund awarded its first round of grants worth over **£32,000**, since HIWCF took over the 27 amalgamated trusts and charities, transferred from Hampshire County Council.



76,570
beneficiaries reached

Supporting Younger People

Lack of employment opportunities is the biggest issue affecting younger people today, according to a recent Central YMCA survey, followed by failure to succeed in the education system and thirdly issues related to body image. During 2018, HIWCF directed **£354,225** of grant spending to help tackle the barriers faced by young people in our communities.

10,378
beneficiaries
aged 13-18



Proudly supporting
youth social action



#iwill Fund, (supported by Step Up To Serve, Big Lottery Fund and the Government Office for Civil Society) awarded **£93,469** to encourage the younger generation to get engaged and proactive in local communities, empowering and enabling them to make sustainable change.

Farnborough based group **Creating Futures** received a grant of **£5,000** for its Mighty Oaks Project to address the challenges local young people face such as gang culture, disengagement, poverty, isolation and vulnerability. Participants learn how to improve their communication skills, public speaking abilities and social media campaigning, so that they are able to work towards changing negative issues that directly affect them.



“Many of our beneficiaries live on the Prospect Estate where 27% of children under 16 live in poverty, and we recognise that their opportunities can be limited through disadvantages such as lack of GCSE attainment, poor parenting, school truancy or lack of aspiration. Mighty Oaks helps young people to smash the cycle of deprivation giving them a way forward for a successful and happy future.” Tracy Yates,
Director of Development at Creating Futures

Almost a third of 10-19 year olds in Hampshire identify as someone with a mental health condition, according to a recent Southern Health survey of over 1,000 schools and colleges across Hampshire, and in addition, 38% of young people confirmed they had experienced low mental health in the past. In 2018, for the second year running, HIWCF awarded almost **£35,000** through the **Youth Mental Health Fund**, to encourage good mental health and wellbeing for children and young people.



SoCo Music Project received a grant of **£5,975** to provide positive music-making activities that encourage and support emotional wellbeing and self-expression for young people who are experiencing mental health issues in Eastleigh. Creative learning opportunities help to build self-confidence and emotional resilience amongst vulnerable young people, while support for access to mental health intervention is available. Engaging young people in these positive music activities helps to inspire, motivate and nurture, enabling them to manage the challenges they face.



13,129

beneficiaries aged 12 and under

Stand Up received **£500** from the **Small Grants Small Items Fund** to help with the running costs of their **Special Educational Needs and Disabilities (SEND) Kid's Club in Portsmouth**, which has enabled the club to run every week. The club allows SEND children and their siblings to unwind after school in a safe and non-judgemental environment and enables families and children to meet and socialise with others in a similar situation. The grant helped to cover hall hire, a bouncy castle, soft play and refreshments for the children, and on average the SEND Kids Club supports 15-20 families every week.

“We now run the club every Friday and it was with help from grants like yours that enabled us to do this.”

Danielle Preston, Vice Chair of Stand Up SEND Family Support Group



Supporting Older People

In 2018, HIWCF awarded grants of **£147,196** in support of older people aged 65 and over. These grants include support for the voluntary and community groups providing a lifeline to older isolated people through lunch clubs, coffee/activity groups, befrienders, transport to companionship groups, outings and daytrip opportunities.



The Campaign to End Loneliness found that one in six older people are in contact with family, friends and neighbours less than once a week.

HIWCF has responded to the growing issues of loneliness and social isolation with the launch of the new 'Heart of Hampshire' and 'Heart of Isle of Wight' Funds, offering a great way for those living and working across Hampshire and the Isle of Wight to give locally, to support the vital work of community groups protecting older people from these issues.

“I don't know what I would do without my local village group. I look forward to meeting friends of the same age for a natter over a cup of coffee, we have a laugh and a joke and people wish me all the best. It's very friendly, I even get a hug.”

George, 91, Crondall & Ewshot Village Pump Group



6,950 beneficiaries
reached at **57** organisations



In 2018, the **Businesses Supporting Older People (BSOP) Fund** and HIWCF fund holders awarded grants of **£8,650** to 17 community groups that work to prevent isolation and loneliness, including help for those that have lost friends, family, mobility or income. HIWCF works closely with Hampshire County Council to set the criteria for these awards.

The **Test Valley Live at Home Scheme** received **£500** to help them continue to run their weekly cheerleading club aimed at people aged over 60. Each dance session is led by an instructor and is appropriate for all levels of fitness and ability.



“Getting involved in social activities is known to have many physical and mental health benefits including improved social well-being and confidence levels.”

Natasha Haji, Community Fundraiser, MHA Hampshire Live at Home

When the weather turns chilly, we simply turn up our heating without a second thought, but for some people this is not an option. Living in a cold house can put people at risk of health problems and there is particular concern for older people during the winter months. The number of excess winter deaths in Britain for the winter of 2017-18 was the highest recorded for over 40 years, with 50,000 deaths believed to be caused by issues including influenza, respiratory disease and colder than average temperatures. Those over 85 and those living in rural areas are more at risk.



Each year, HIWCF asks those in receipt of the annual Winter Fuel Payment to make a donation to Surviving Winter if they are fortunate enough to be able to do so. To date, **£66,405** has been awarded to help **414** people in need through the **Surviving Winter Campaign** to ensure that people stay warm, eat well and remain mobile during the coldest months, as well as receiving practical assistance to attend doctors' appointments, essential shopping visits and help to maintain an active social life.



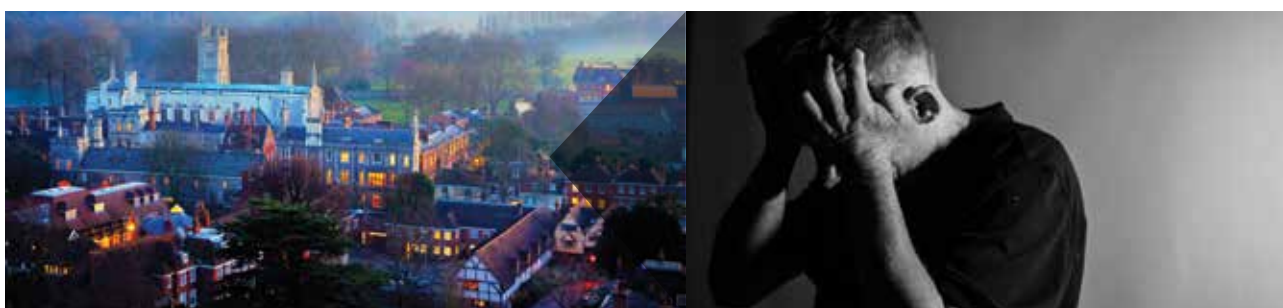
If you would like to help older people vulnerable to fuel poverty, please donate if you can via our website **www.hiwcf.com**

Beyond the Stereotypes

Hampshire is one of the most affluent counties in England, with an economy worth around £50 billion deriving from major companies, maritime, agriculture and tourist activities.



The fact that Hampshire is perceived by many as being affluent means that funding to support local good causes isn't always forthcoming. Looking beyond the stereotypical idea of life in Hampshire, the reality is that our region is characterised by a contrast between wealthier areas such as Winchester and poorer areas such as the Charles Dickens ward in Portsmouth where the level of people living in poverty is close to 60%.



We know that smaller charities across our region are finding it harder and harder to attract funding, particularly following austerity measures meaning government and local authority grants to community organisations have been cut by over 70% in the last 3 years.



HIWCF holds a unique position in the region in terms of our in-depth understanding of the issues facing the community, our relationship with the groups and individuals addressing local challenges and in securing philanthropy for the purposes of social and community impact. During 2019 we will focus on using donor funds to support local grassroots organisations to alleviate the burden of poverty on children and younger people, as we know through our research that the need is greatest in these areas.

Poverty & Disadvantage

HIWCF grants aim to alleviate poverty and disadvantage for those in need across our region and during 2018, grants worth **£211,127** were awarded to projects tackling these issues.

End Child Poverty statistics indicate that 36% of children in South Portsmouth are affected by poverty, and since 2013 HIWCF has awarded **£21,409** to provide **1,401** children with school uniform and school shoes. These grants are awarded through the Landport Education Fund, originally set up in 1973 and transferred to HIWCF in 2012 from Portsmouth City Council. HIWCF is well placed to take over the management of older trust funds, enabling the original wishes of those establishing a trust to continue to be honoured, with this trust providing financial assistance to help less fortunate families at six specific schools in deprived areas in Portsmouth.



Andover Foodbank was awarded a grant of **£420** to purchase 1,000 cardboard boxes, enabling the team to prepack food safely for transportation to distribution points. In 2018 Andover Foodbank used 2,765 boxes, supporting 1,190 families and 785 individuals.

Portsmouth Welfare Association help those who have nowhere else to turn. A grant of £500 enabled the group to purchase its own PAT testing equipment, enabling recycled small white goods to be turned around quickly and efficiently for vulnerable families. Last year the group was able to recycle over 90 household items such as microwaves, toasters, irons, kettles and heaters, making a huge difference for people in need.



The **Keep Warm Keep Well Campaign** in partnership with **Portsmouth City Council** has awarded **£209,470** since 2013 to support **1,619** people. Last winter the campaign was able to help **286** households including **187** children in fuel bill poverty.

Community and Family Support

20% of people don't feel they could call on a neighbour if they needed help or support – The Eden Project, February 2019

A 2019 report commissioned by The Eden Project indicated that 20% of people don't feel that they could call on a neighbour if they needed help or support. HIWCF awarded 51 grants totalling **£109,491** in 2018 for community and family support.

These grants have helped local charities and voluntary groups to step in and help close the gap for local people and families experiencing tough times.

4,728
beneficiaries



Families First supports fathers to remain involved in the care of their children and works alongside other agencies to help fathers on a range of issues including addiction, depression and anger management. A grant of **£5,000** enabled the group to continue to fund a Family Worker to partner with community groups to run



playgroups for Dads and Carers through family Lego building groups, weekend Lego breakfast clubs, peer support at Dads 2 Be sessions for new Dads, and community fun days.

The grant has also facilitated training in safeguarding for vulnerable families, ensuring fathers who may have learning difficulties, autism, mental health problems or who are rebuilding their lives following release from prison or attending probation are given the best advice and support. In 2018, the group sessions were able to support 332 dads and 489 children, while the Dads to Be sessions have met 82 dads and their 82 babies.

“I was drinking, suicidal and on the wrong medication and Families First helped me gain specialist support and enabled me to stay with my family.”

“I wouldn't be seeing my children and I would be living on the streets without Families First help.”

Employment and Education

There were 16,685 unemployed claimants in the Hampshire Economic Area in early 2019 (Office of National Statistics). During 2018, grants worth **£145,098** were awarded to educational and training projects, to help improve peoples' chances of moving forward into work. A further **£110,503** in grants also supported employment and skills related projects, enabling HIWCF to make a real impact on improving life skills for vulnerable people.



83 groups supported
661 beneficiaries

Footprints Project in Southampton offers a 'through the gate' service, supporting 250 ex-offenders each year on release from prison by matching them up with trained and vetted volunteers who provide support on accommodation, education, budgeting and signposting. The group received a grant of **£5,780** from the **Ford Southampton Community Fund** for their Life Works Initiative, offering ex-offenders training and work experience in painting, decorating, gardening, furniture re-cycling and bicycle repair. The grant has enabled Footprints to provide mentoring for 20 participants, with skills training offered to an additional 10 participants.



Dove House School Academy Post 16 builds personalised packages around young people with special educational needs, giving each learner the opportunity to support and develop their independence, confidence and employability skills. The **Vivid Fund** awarded **£10,000** to contribute towards a minibus for the group and the 'Growing Basingstoke' project to enable young people to travel around the community to gain valuable work experience and carry out paid employment for gardening and refurbishment work. The minibus will mean that participants can travel to customers more efficiently and more work can be taken on, so that more young people can receive training. The project offers participants a sense of belonging and achievement, while communities benefit from local regeneration.

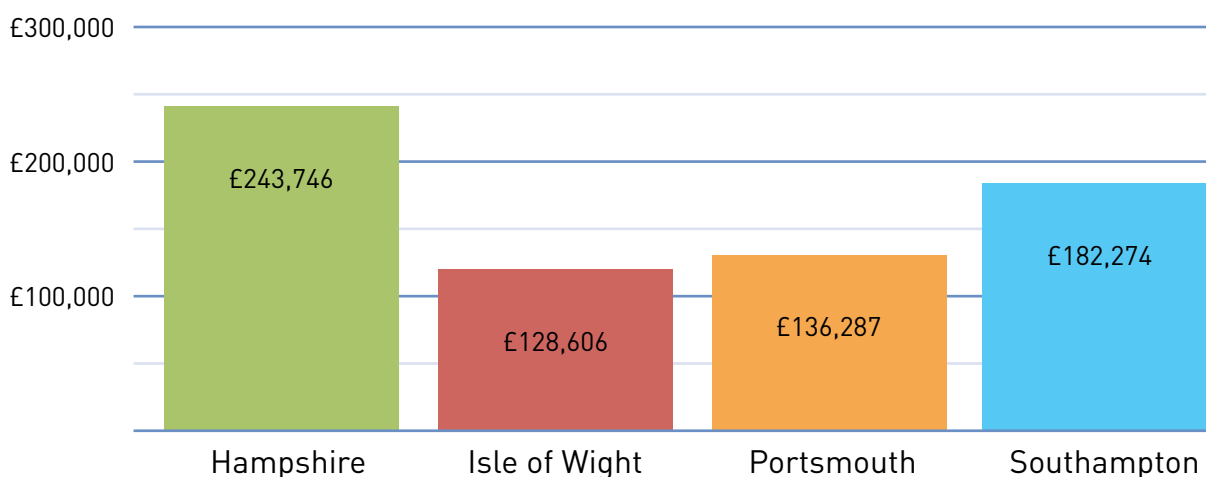


Solent Community Grants

One of the fundamental things in life that an individual needs to sustain themselves independently is a job. The **Solent Community Grants Programme** made a significant impact in this area, providing support for **1,008** vulnerable people facing complex barriers to employment such as a history of offending or mental or physical disabilities.

The £802k programme was created by the Solent Local Enterprise Partnership (LEP) and ran for two years from 2016-2018. It was part-funded by the European Social Fund (ESF) with support from HIWCF donors, Hampshire County Council, Portsmouth City Council and Southampton City Council. The programme fulfilled **32 grant awards** for projects run by **25 local organisations** to help disadvantaged and vulnerable people move closer towards or into employment.

Solent Community Grants Given



1,008
beneficiaries
32 grant
awards



Area	Total No of Participants Per Area	Cost Per Head
Hampshire	296	£823
Isle of Wight	256	£502
Portsmouth	248	£550
Southampton	208	£876
Total	1,008	£685



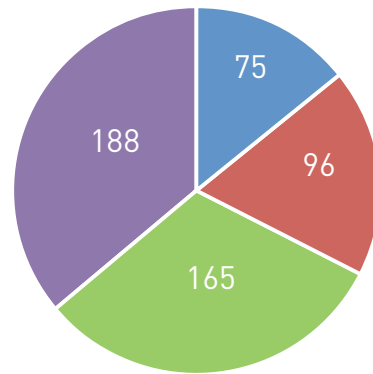
At the beginning of the programme, the 1,008 participants were divided into two groups: 672 classed as inactive in the labour market and 336 classed as unemployed. Our final results show that **75** unemployed and **96** inactive participants were successfully able to move into employment totalling **171** people.

A further 165 inactive participants were able to begin the process of job seeking and an additional 188 participants became engaged in education or training. Many others also reported that they had gained valuable experience through opportunities to take up volunteering roles following involvement in the programme.

“It has given me the opportunity to move forward with a positive outlook and attitude.”

171 participants employed
188 participants began education or training
165 participants began looking for work

Results from Solent Community Grant Programme



- Unemployed moving into employment
- Inactive moving into unemployed
- Inactive moving into employed
- Engaged in education and training

By the end of the programme, the Solent Community Grants Programme had reached **523** people with disabilities, **165** ex-offenders, **108** homeless people, **126** ethnic minority participants and **261** people aged over 50.

Headway Portsmouth & South East Hampshire

received a grant of **£10,829** for an accredited learning programme to re-engage beneficiaries following brain injury. The programme focused on improving communication and confidence for participants and included support with behavioural management, stress and anger management and memory strategies. A tutor was able to give specialist advice to help individual participants overcome the barriers to learning that are often attributed to brain injury and following the programme, 100% of participants reported that their confidence had improved and 75% felt less isolated.

One participant, 'Emma', had been searching for work but with no luck, following an extremely distressing hit and run accident on her way home from work. She had suffered a catastrophic brain injury as a result of being knocked off her motorcycle and following many operations she was left with severe injuries and frequent seizures, sometimes up to 20 a day. Emma was only 26 and not able to return to her previous management job in the catering industry as it involved high level processing. She completed Headway's confidence building course helping her to tackle her stress triggers while Headway thoughtfully set aside an area that she could safely withdraw to in the event of a seizure. Emma also completed the cognitive rehab course together with an information advice and guidance course, enabling her to begin looking for part-time work. As Emma's confidence grew she experienced fewer seizures and Headway are now supporting Emma towards finding a part-time role in customer service.



Donors Making A Difference

The Nicholson Family Fund was set up in 2011 and over the years the growth in the endowment fund has been used to maximise grant making. By 2018 the family had awarded grants worth almost £9,000 to the local community.

In 2018, the family chose to support the 'Youth Mental Health' theme to help younger people affected by issues including depression, bereavement, domestic abuse and drug addiction. One child to benefit from a Youth Mental Health grant was Sophie, who was presenting challenging behaviour both at school and at home, while struggling to relate to her two siblings who had both been diagnosed with autism. Following her attendance at the

Weston Church Resilient Kids Club, Sophie

has learned strategies to control her outbursts of anger and is now able to participate without lashing out or withdrawing, while her relationship with her siblings has improved considerably.

The generosity of our fund holders continues to help people like Sophie each and every year, and that's the power of the Community Foundation.

“The Foundation makes local charitable giving easy for our family, enabling us to address the local needs that are important to us, where all the administration, due diligence, accounting and reporting is taken care of. HIWCF is extremely well placed to respond to local issues by supporting those community projects that make a real difference and the value of this work is clear to see on the Seeing Is Believing visits to local charities.”

The Nicholson Family



British American Tobacco (BAT) set up an endowment fund in 2007 with a donation of £450,000 and the growth in this endowment fund together with BAT's two additional Community Funds have enabled grants of almost £440,000 to be made to the local community over the last 12 years.

The BAT Community Fund recently supported **City Life Church's Amber Project** in Southampton, with a grant of **£9,000** to support women involved in on-street



prostitution through outreach each week. Staff and volunteer chaplains help to reduce the women's sense of isolation and improve their wellbeing, as they can be extremely vulnerable to violence and assault. City Life's Volunteer Co-ordinator will train and support 12 volunteer chaplains to provide a confidential listening ear, emotional and spiritual support and signposting.

Comic Relief



During 2018, HIWCF were delighted to work with Comic Relief to administer the Comic Relief 'Core Strength – Local Communities Programme' awarding grants of **£29,886** to support the day-to-day core running costs for groups supporting people in some of the most deprived areas in South Hampshire.



Heart of Portsmouth Boxing Club

supports people facing extremely challenging circumstances, for example those returning from custody, young offenders, people dealing with substance misuse issues, long term unemployed and victims of domestic abuse.

A grant of **£9,918** supported the club to hire a dedicated part-time bid writer to improve the clubs' funding stream, and funded a Development Officer to oversee the clubs' new services and activities, ensuring that programmes are meeting local need.

Funding has enabled the club to engage with some of the hardest to reach people in the community, including those with physical disabilities or mental health issues, while many members have gone on to achieve accredited qualifications or have become club volunteers themselves.



Hampshire Communities Fund

The Hampshire Communities Fund has awarded its first round of grant funding of over **£32,000** in 2018. The fund was created through an amalgamation of 27 trusts and charities recently transferred from Hampshire County Council, and enables HIWCF to expand its reach into the community, managing trusts that support children leaving care, music scholarships, talented athletes, school awards for outstanding work and a fund supporting a local care home for older people.

The **Michael Austin Harlick Sports Awards** were originally set up by Michael Harlick in his will in 1971. Michael Harlick lived in Gosport and was badly injured as a prisoner of war in WW2, leading him to devote much of his life to sport in Hampshire. He left his estate to support and reward the sporting achievements of young people.



Itchen Valley Canoe Club based in Eastleigh received a grant of **£735** from the Michael Austin Harlick Sports Award Fund, enabling the group to purchase a range of winners' trophies and medals including a set of model canoe and kayak trophies for a series of wild water races.



The **Dayas Music Scholarship** was set up by Mrs Hayton, (nee Dayas), to create a perpetual music scholarship, enabling adult musicians to undertake musical studies or projects. In 2018 Mary Anne Beames had been singing in her local community choir and had taken over the conducting when the choir leader had to give up

due to illness. However, Mary Anne needed extra tuition in this area and the Dayas Fund awarded a grant of **£400** towards a 12 week 'Leading the Singing Foundation Course,' which gave Mary Anne the confidence to continue.

“Thank you very much for the grant towards the Foundation Course, we enjoy performing our music to the highest standard and we now have over 40 members taking our harmonies out into the community.” Mary Anne Beames

“HIWCF revitalises old and dormant trusts to ensure that grants continue to be made in line with the original wishes and objectives of those leaving a legacy.”

Cllr Andrew Joy, HIWCF Trustee

New Funds

Action Hampshire Fund

The Action Hampshire Fund has awarded **£60,750** in grants to charities and community groups supporting vulnerable children, young people and families in crisis or poverty.

Home Start North West Hampshire provides an essential service to families and parents, providing a parenting role model and practical help to assist families to engage with mainstream services and support those living with debt and poverty. Trained volunteers are matched with families and can offer advice on a range of issues such as ensuring good nutrition for children and supporting parents suffering with mental health issues to interact and develop social skills with their children. A grant of **£4,750** has enabled ten new volunteers to be trained in safeguarding, paediatric first aid and mental health awareness, with a further 8 volunteers starting in 2019. Last year the volunteers were able to support 77 families in the home and 51 families in groups, supporting 305 children in total.



Tampon Tax Community Grants

The Tampon Tax Community Grants supported 12 groups working with some of society's most vulnerable women and girls across Hampshire and the Isle of Wight with grants totalling **£93,282**. Projects will help women and girls get back into work, raise awareness of health issues and help those who may be experiencing isolation to develop social networks.

Portsmouth Abuse and Rape Counselling Service (PARCS) has been able to extend group support sessions for women living in Portsmouth and South East Hampshire who have experienced sexual abuse. A grant of **£10,000** has enabled the continuation of two weekly three hour drop-in support groups where individuals can build their confidence, access mutual support and learn from each other. The group is accessed by approximately 50 women each year.

“We are aware that many women accessing our groups are experiencing misplaced feelings of guilt and shame alongside ill-health and most have little contact with other survivors, leaving them feeling completely alone. Women who access our groups report that being in a room full of those who share a similar experience was one of the most powerful aspects of their experiences with PARCS.”

Kim Hosier, Centre Director for PARCS.

Physical and Mental Health

Health inequalities exist across the country, with people in the richest areas enjoying almost 20 more years in good health than those in the poorest areas, according to Public Health England. In 2018 grants worth **£234,667** went towards projects supporting mental and physical health and disability, to help improve opportunities for vulnerable people in our communities.

The **Wellbeing & Health Fund** distributed **£60,529** in grants to 15 community groups across Hampshire and the Isle of Wight in 2018, focusing on supporting local projects that address the challenges of mental health, isolation, emotional wellbeing and obesity.

A grant of **£3,962** was awarded to the **Rainbow Club** on the Isle of Wight to set up a new club to support parents who are caring for a child with a disability or a significant health need. Activities have supported over 20 parents per month enhancing health and wellbeing through relaxation exercises, walks, art therapy, cookery and nutritional advice, with plenty of time for a cup of tea and a chat.



“The grant has really helped to bring parents together to gain friendships, reduce isolation, and support each other, with activities giving them time away from their caring responsibilities to help them cope better. As one parent said after a craft session ‘Just what the doctor ordered.’” Clare Williams, Manager, Rainbow Club



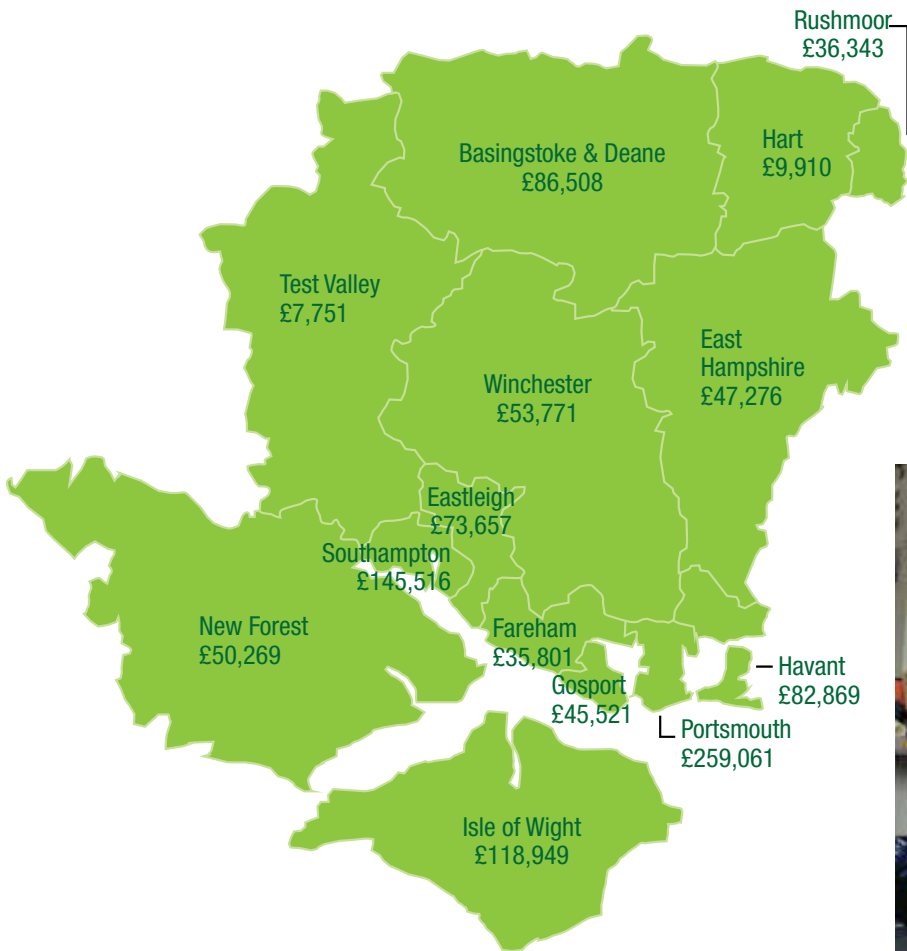
The **Kenwood Community Fund** supports local community projects addressing the challenges of health, nutrition and wellbeing, awarding **£25,000** during 2018 to five charitable groups across South Hampshire.

Family Autistic Spectrum Support (FASS) received a grant of **£7,026** to enable cookery classes for children with autism or related issues in Fareham. Children on the autistic spectrum can find it difficult to join in mainstream activities and FASS offers an opportunity to play just like other children alongside their families in a safe, secure and non-judgemental environment. The classes cover healthy foods and how to prepare them, kitchen safety, food hygiene and the five-a-day initiative. Children also look at budgeting, planning weekly menus, shopping lists and food labelling. Children with autism may sometimes experience issues with eating, smelling and touching foods and the project has been able to increase confidence and awareness around food for **208** young people.

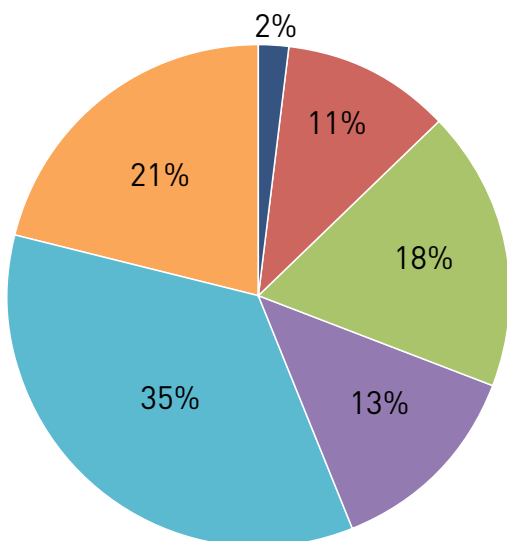


Grant Spend across Hampshire and the Isle of Wight

The map below shows how grant spending was shared across all of our districts in 2018, helping to address the issues and inequalities facing local people.



King's Arms Youth Centre



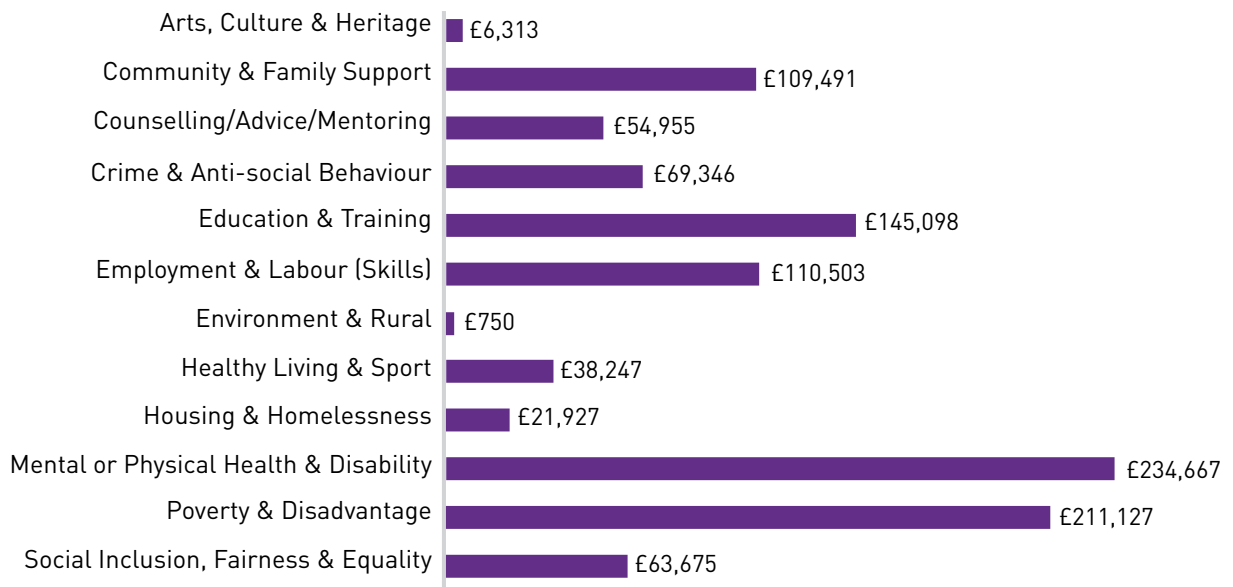
Age Groups supported

- Early Years (0-4)
- Children (5-12)
- Young People (13-18)
- Young Adults (19-25)
- Adults (26-65)
- Seniors (65+)

To see the full list of our grant awards made during 2018, please visit www.hiwcf.com/about-us/publications

About Our Grants

Grant spending on our 12 Issues



HIWCF continues to promote awareness of our grant programmes to those in our sector, and in 2018 we awarded grants to **58** organisations who were first time applicants and new to our services.



Gosport Pilates Project



Friends of St James' Park

Organisational Income	%
£0-£30,000	32%
Over £30,000	18%
Over £100,000	50%

In 2018, almost one-third of our grant funding supported smaller community groups and charities with an income of less than £30,000 per year.

Meeting Need in the Area

Of the 25 most deprived wards in Hampshire and the Isle of Wight, as specified by the Government's Index of Multiple Deprivation (IMD) 2015, HIWCF has funded projects in 19 areas during 2018. The IMD officially measures relative deprivation for small areas in England, meaning that for some people in that area, they do not have the things they need to live a pleasant life such as enough money, food or good living conditions.

Wards	District	IMD Rank*	Value of HIWCF Grants 2018
Charles Dickens	Portsmouth	2,766	£115,300
Newport East	Isle of Wight	3,059	£17,998
Battins	Havant	3,997	£34,150
Bitterne	Southampton	5,416	£4,672
Redbridge	Southampton	5,482	£10,950
Bondfields	Havant	5,592	£4,898
Town	Gosport	6,044	£13,287
Nelson	Portsmouth	6,383	£32,410
Ryde North East	Isle of Wight	6,434	£10,052
Barncroft	Havant	6,772	£15,677
Newport Central	Isle of Wight	6,857	£2,000
Bevois	Southampton	7,016	£28,030
Freshwater North	Isle of Wight	7,475	£6,000
Fratton	Portsmouth	7,556	£1,544
Woolston	Southampton	8,547	£11,000
Whippingham and Osborne	Isle of Wight	8,728	£6,000
Swaythling	Southampton	9,892	£2,360
Shanklin South	Isle of Wight	10,149	£4,750
Newport South	Isle of Wight	10,424	£11,000
		Total	£332,078

*Neighbourhoods are ranked from 1 (most deprived area) to 32,844 (least deprived area).

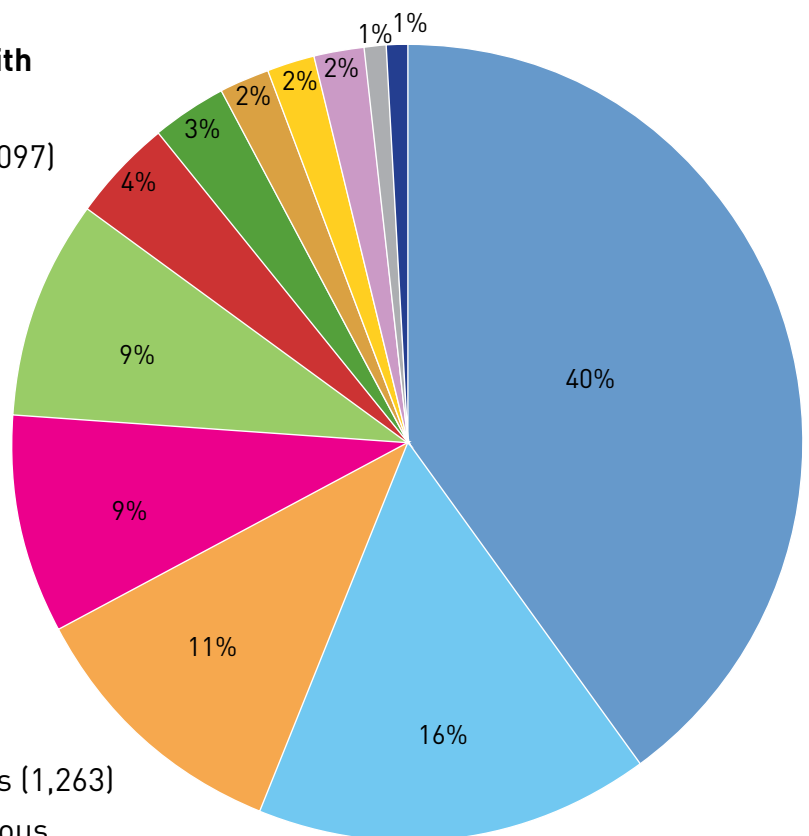
We were able to award 417 grants totalling **£1,066,099** last year. However, we actually processed 777 applications from groups requesting **£3,049,558** for their projects and services during 2018. This has meant that £1.98m of need went unmet, representing a 6% increase on the previous year. We are working hard to raise new funds in order to support the growing needs of all the local charities and community groups asking for our help. Please help us by spreading the word about HIWCF.

Our Main Beneficiaries

In 2018, HIWCF grants supported approximately 76,570 beneficiaries in Hampshire and the Isle of Wight. The chart below shows how many people we supported across our top twelve beneficiary groups, which shows the largest group to benefit from our grants were children and younger people.

Top Twelve Beneficiary Groups with Number of People Supported

- Children and young people (30,097)
- Families/parents/lone parents (12,096)
- Local residents (7,845)
- People living in poverty (7,045)
- Older people (6,950)
- People with mental health issues (2,734)
- Disadvantaged/low income (2,525)
- Women (1,411)
- People with physical difficulties (1,398)
- People with multiple disabilities (1,263)
- People in care or suffering serious illness (617)
- People with learning difficulties (588)



Happy Faces Playgroup

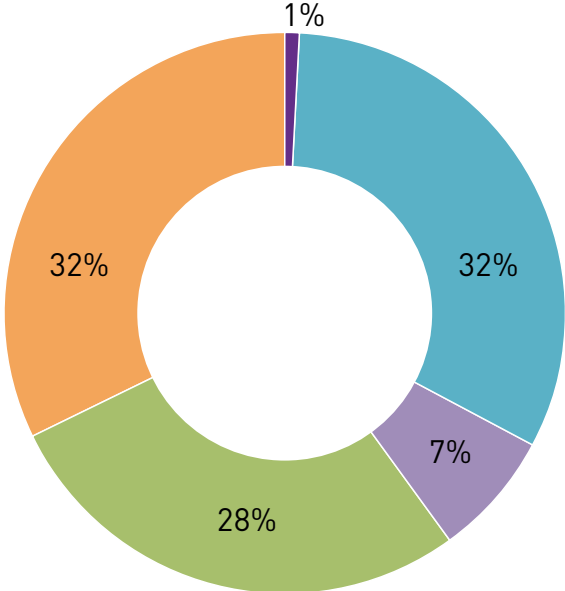


Portsdown Community Centre

Our Impact

The information below identifies spending across our five impact categories in Hampshire and the Isle of Wight.

- Advance people's physical and mental health, wellbeing and safety (£332,732)
- Connect people with the arts, culture and heritage (£15,363)
- Promote reduction of isolation, disadvantage and access to local services (£334,272)
- Maximise ability to strengthen community cohesion and build social capacity (£78,171)
- Improve life skills, education, employability and enterprise (£292,414)



Summary Financial Information

	Unrestricted Funds	Restricted Funds	Endowment Funds	2018
	£	£	£	£
Income and endowments from:				
Donations and legacies	7,262	468,508	199,393	675,163
Investment Income	17,458	-	413,497	430,955
Total income and endowments	24,720	468,508	612,890	1,106,118
<i>Expenditure on:</i>				
Raising Funds	98,525	-	-	98,525
Charitable activities	160,285	1,042,522	33,799	1,236,606
Total Expenditure	258,810	1,042,522	33,799	1,335,131
Net (losses)/gains on Investment Assets	(20,996)	-	(632,786)	(653,782)
Net (expenditure)/income	(255,086)	(574,014)	(53,695)	(882,795)
Transfers between funds	254,848	540,094	(794,942)	-
Net movement in funds	(238)	(33,920)	(848,637)	(882,795)
Fund Balances brought forward	264,794	314,351	12,676,898	13,256,043
Fund Balances carried forward	264,556	280,431	11,828,261	12,373,248

The full audited accounts are available from www.gov.uk/government/organisations/charity-commission

Our Team

President

Nigel Atkinson, Her Majesty's
Lord-Lieutenant of Hampshire

Founder Patrons

British American Tobacco
Hampshire County Council
The Bulldog Trust
The Ellis Campbell Charitable Foundation
The Blaggrave Trust

Ambassadors

Dame Mary Fagan DCVO JP
Alan Titchmarsh MBE VMH DL
The Lord Chidgey
The Rt Hon Earl of Portsmouth DL

Company Secretary

James Kennedy

Trustees

Jonathan Cheshire OBE (Chairman)
Adrian Rutter (Treasurer)
Jo Ash CBE
Krysia Butwilowska (joined November 2018)
Bishop Jonathan Frost (retired
November 2018)
Richard Hibbert CBE
Cllr Andrew Joy
James Kennedy
Rebecca Kennelly
Virginia Lovell JP DL
Cllr Hugh Mason
Jonathan Moseley
Richard Prest (retired November 2018)
Cllr Dan Putty JP
Jane Sandars

Chief Executive

Grant Cornwell MBE (from 30th April 2018)

Thank You

We are extremely grateful to all of our fund holders, donors and supporters for your generosity over the last 12 months, we hope you have enjoyed being part of our journey so far.

Our special thanks go to Her Majesty's Lord-Lieutenant of Hampshire and our President Nigel Atkinson, Hampshire County Council, Will Yates of Wise & Co, KPMG and Blake Morgan for their support.

Our final thanks go to our staff, partners in the community and UKCF for helping us to make a real difference in our local communities.

Thank you
The Trustees



We are currently fundraising for the ‘**Heart of Hampshire**’ and ‘**Heart of Isle of Wight**’ Funds, set up to tackle the issues of isolation and loneliness affecting older people in our communities. Please help us support the local companionship groups, befriending services, lunch clubs and activity groups that bring older people in the community together. These groups also facilitate the necessary transport, venue hire and outings that really do make a difference to peoples’ lives.

“*I couldn’t manage without Basingstoke Neighbourcare, the volunteers take me to my appointments, sit with me to keep me company, bring me back home and they are giving up their time because they want to help me, it’s so lovely to have some company there to listen to you and to chat to.*”

Valerie, 85, Basingstoke Neighbourcare



WAYS TO GIVE

Online

Visit us at
www.hiwcf.com

Cheque

Made payable to Hampshire & Isle of
Wight Community Foundation

Hampshire & Isle of Wight Community Foundation

Dame Mary Fagan House, Lutyens Close, Basingstoke, Hampshire RG24 8AG

☎ 01256 776101


✉ info@hiwcf.com

Registered Charity Number 1100417. Registered Company Number 4534462

www.hiwcf.com

 HampshireandIsleofWightCommunityFoundation

 @HIWCF

 hampshire-and-isle-of-wight-community-foundation



Quality accredited by UK Community Foundations to standards endorsed by the Charity Commission

HiWCF
LOCAL GIVING FOR LOCAL NEEDS

