

## VEGETABLE SIDE DISHES

<b>MOTOR PANEER</b> Cheese and peas .....	£4.50
<b>VEGETABLE BHAJI</b> Mixed vegetables .....	£4.50
<b>BINDI BHAJI</b> Okra .....	£4.50
<b>MUSHROOM BHAJI</b> Mushrooms .....	£4.50
<b>BRINJAL BHAJI</b> Aubergine .....	£4.50
<b>ALOO BHAJI</b> Potato .....	£4.50
<b>ALOO GOBI</b> Potatoes and cauliflower .....	£4.50
<b>CAULIFLOWER BHAJI</b> Cauliflower .....	£4.50
<b>TARKA DALL</b> Lentils with fried garlic .....	£4.50
<b>CHANA MASALA</b> Chick peas cooked in a variety of spices .....	£4.50
<b>ONION BHAJI</b> .....	£4.50
<i>Sliced onion mixed with gram flour, egg &amp; deep fried</i>	
<b>SAG ALOO</b> Spinach and potatoes .....	£4.50
<b>VEGETABLE KORMA</b> Very mild, almond & coconut powder....	£4.50
<b>SAG PANEER</b> Spinach and cheese.....	£4.50

## ENGLISH DISHES

<b>PLAIN OMELETTE</b> Served with chips, peas and tomatoes .....	£8.95
<b>CHICKEN OMELETTE</b> Served with chips, peas and tomatoes ..	£9.95
<b>MUSHROOM OMELETTE</b> Served with chips, peas & tomatoes ..	£8.95
<b>PRAWN OMELETTE</b> Served with chips, peas and tomatoes ..	£10.95
<b>ROAST CHICKEN</b> Served with chips .....	£10.95
<b>GREEN SALAD</b> .....	£2.95
<b>CHIPS</b> .....	£2.95

## NAAN BREAD

<b>PESHWARI NAAN</b> .....	£3.30
<i>Sweet with almonds, coconuts and sultanas, made with self raising flour</i>	
<b>GARLIC NAAN</b> Made with self raising flour .....	£3.30
<b>KEEMA NAAN</b> .....	£3.30
<i>Stuffed with minced lamb, made with self raising flour</i>	
<b>STUFFED NAAN</b> .....	£3.30
<i>Stuffed with vegetables, made with self raising flour</i>	
<b>ONION NAAN</b> Made with self raising flour .....	£3.30
<b>CHEESE NAAN</b> Made with self raising flour .....	£3.30
<b>PARATHA</b> Made with wheat flour & fried with butter .....	£2.95
<b>STUFFED PARATHA</b> .....	£3.30
<i>Stuffed with vegetables, made with wheat flour</i>	
<b>EGG PARATHA</b> Made with wheat flour, egg & fried in butter .....	£3.30
<b>CHAPATHI</b> Thin bread, with wheat flour .....	£1.70
<b>PURI</b> Thin spicy fried bread, with wheat flour .....	£1.70
<b>PLAIN NAAN</b> Made with self raising flour .....	£2.70

## RICE ACCOMPANIMENTS

<b>BOILED RICE</b> Patna .....	£2.50
<b>MUSHROOM PILAU RICE</b> .....	£3.30
<b>FRIED RICE</b> .....	£3.30
<b>KEEMA RICE</b> Minced lamb .....	£3.95
<b>PILAU RICE</b> Basmati rice .....	£2.95
<b>VEGETABLE PILAU RICE</b> .....	£3.30
<b>SPECIAL PILAU RICE</b> Cooked with egg, peas and onion.....	£3.30
<b>LEMON RICE</b> .....	£3.30

## TRADITIONAL DISHES

The following are priced at

<b>CHICKEN OR LAMB</b> .....	£6.95
<b>PRAWN</b> .....	£7.95
<b>KING PRAWN</b> .....	£11.95

## ROGAN JOSH DISHES

Medium hot, rogan dishes are fairly dry, topped with onions & fresh tomatoes

## BHUNA DISHES

Medium strength with thick sauce - fairly dry

## KORMA DISHES

A very mild dish, a preparation of mild spices in which cream, coconut & almond powder are used to create the delicacy of its flavour and creamy sweet texture.

## MADRAS DISHES

A fairly hot dish, a south indian version of dishes found in central and eastern India, having a greater proportion of tomato puree and oriental spices and herbs which gives a fiery richness to its flavour.

## DHANSAK DISHES

Fairly hot, a combination of spices, lentils and garlic cooked together to provide a sweet and sour, slightly dry consistency.

## PATHIA DISHES

Fairly hot, sweet and sour, cooked in well spiced thick sauce.

## CEYLON DISHES

Fairly hot, like madras. But cooked with coconut powder in a thick sauce, with a touch of lemon juice to give that extra sour flavour.

## KASHMIRI DISHES

A mild curry, cooked with lychees, with a touch of coconut powder and fresh cream.

## MALAYA DISHES

A mild dish cooked with with pineapple, a touch of coconut powder & fresh cream.

## DUPIAZA DISHES

Medium hot, prepared with fried chopped onions, green peppers, well spiced with a thick sauce.

## VINDALOO DISHES

Very hot, vindaloo is similar to madras but hotter, cooked with potato, not for beginners.

## CURRY DISHES

Medium hot, chicken off the bone, mixed with various spices to produce a very saucy and tasty dish.

# WELCOME TO



## TANDOORI RESTAURANT

**Fully Licensed & Air Conditioned**

An experience to cherish the special delicacies and mouthwatering dishes presented in an enchanting atmosphere

## MENU

Opening Hours:

Sunday - Thursday: 5.30pm to 11.00pm

Friday & Saturday: 5.30pm to 11.30pm

7 days a week including bank holidays

**FOR RESERVATIONS & TAKEAWAY:**

**Tel: 01566 777778/ 777088**

6 Western Road Launceston Cornwall PL15 7AS

**10%Discount**

on orders over £50.00

All prices inclusive of VAT

The management reserves the right to refuse any services.

All major credit cards are accepted



**Your custom is tremendously appreciated  
The customers satisfaction is our reputation**

**www.sagor.co.uk** **f Sagor Restaurant**

All dishes cooked with vegetable oil.

**FOOD ALLERGIES and INTOLERANCES**

Whilst any allergens that may be possible are listed on each dish this is still prepared in an environment with nuts, flour etc, so traces may be found within the dishes.

Vegan and Vegetarian options available.



## STARTERS

<b>PRAWN PUREE</b> .....	<b>£4.50</b>
<i>Prawns cooked with spices &amp; herbs served on crispy bread</i>	
<b>SAGOR SPECIAL</b> <i>Chicken, lamb tikka, sheek kebab and onion bhaji ...</i>	<b>£5.50</b>
<b>CHICKEN OR LAMB TIKKA</b> .....	<b>£4.50</b>
<i>Diced chicken or lamb marinated in mild spices &amp; cooked in a clay oven</i>	
<b>SOMOSA (2)</b> (chicken or lamb) <i>Stuffed in thin pastry</i> .....	<b>£4.50</b>
<b>TANDOORI CHICKEN</b> .....	<b>£4.50</b>
<i>On the bone, marinated in yoghurt and spices, cooked in a clay oven</i>	
<b>KING PRAWN BUTTERFLY</b> .....	<b>£5.50</b>
<i>Marinated and coated with breadcrumbs &amp; egg with spices &amp; fresh mint and deep fried</i>	
<b>SHAMI KEBAB</b> .....	<b>£4.50</b>
<i>Finely minced lamb, flavoured with spices and green herbs &amp; fried</i>	
<b>ALOO CHAT</b> .....	<b>£4.50</b>
<b>RESHMI KEBAB</b> .....	<b>£4.50</b>
<i>Minced lamb with herbs and spices &amp; omelette around, cooked in a clay oven</i>	
<b>PRAWN COCKTAIL</b> <i>Cocktail sauce &amp; lettuce</i> .....	<b>£4.50</b>
<b>SHEEK KEBAB</b> .....	<b>£4.50</b>
<i>Minced lamb with herbs &amp; spices, cooked in a clay oven</i>	
<b>CHICKEN PAKORA</b> .....	<b>£4.50</b>
<i>Marinated chicken coated with egg and self raising flour &amp; deep fried</i>	
<b>ONION BHAJI (4)</b> .....	<b>£4.50</b>
<i>Sliced onion mixed with gram flour, egg &amp; deep fried</i>	
<b>CHICKEN CHAT</b> .....	<b>£4.50</b>
<i>Small pieces of chicken cooked with spices and herbs served on crispy bread</i>	
<b>GARLIC MUSHROOMS</b> .....	<b>£4.50</b>

## TANDOORI SPECIALITIES (DRY)

Succulent pieces of tender chicken or lamb or king prawn marinated in yoghurt with specially selected spices. Grilled in clay oven, giving the tantalising tandoori taste. All tandoori specialities served with salad.

<b>CHICKEN OR LAMB TIKKA</b> .....	<b>£7.50</b>
<b>TANDOORI KING PRAWN</b> .....	<b>£11.95</b>
<b>SHASHLICK</b> (chicken or lamb).....	<b>£8.95</b>
<i>Marinated lamb roasted on skewers with green pepper, onion &amp; tomatoes</i>	
<b>TANDOORI MIXED GRILL</b> .....	<b>£12.50</b>
<i>Chicken tikka, lamb tikka, tandoori chicken and served with naan bread</i>	
<b>HALF TANDOORI CHICKEN</b> on the bone .....	<b>£7.50</b>

## CHARGA (FAIRLY HOT)

Marinated chicken, lamb or king prawn mixed with balti paste, lemon juice and chilli powder. Grilled in a clay oven. Cooked with green peppers, onions & garlic. Served with yoghurt and salad. Fairly hot

<b>CHICKEN OR LAMB CHARGA</b> .....	<b>£9.50</b>
<b>KING PRAWN CHARGA</b> .....	<b>£12.50</b>

## MUSTARD SEEDWALA

Marinated chicken or lamb cooked with a blend of roasted mustard seeds, highly recommended, medium hot

<b>CHICKEN OR LAMB TIKKA</b> .....	<b>£8.95</b>
<b>KING PRAWN</b> .....	<b>£11.95</b>
<b>PRAWN</b> .....	<b>£9.95</b>

## BANGLAWALA

Marinated, then grilled cooked in garlic tomatoes, onions and aubergines and served in a medium hot sauce with chef's own selected spices

<b>CHICKEN OR LAMB</b> .....	<b>£8.95</b>
<b>KING PRAWN</b> .....	<b>£11.95</b>
<b>PRAWN</b> .....	<b>£9.95</b>

## CHEF'S SPECIAL RICE NOT INCLUDED

Marinated chicken or lamb

<b>GARLIC CHICKEN</b> (chicken or lamb).....	<b>£9.50</b>
<i>Medium hot, boneless chicken cooked with sliced garlic and ginger, onions and capsicum.</i>	
<b>CHILLI CHICKEN</b> (chicken or lamb) (fairly hot) .....	<b>£9.50</b>
<i>Boneless chicken cooked with sliced garlic and green chillies, chef's own selected spices and hot spicy sauces.</i>	
<b>CHICKEN REZALA</b> (fairly hot) .....	<b>£9.50</b>
<i>Tandoori chicken diced off the bone then cooked with onions, capsicum in a thick spicy sauce with a medium strength flavour.</i>	
<b>ACHARI CHICKEN</b> (chicken or lamb) (medium hot) .....	<b>£9.50</b>
<i>Tender pieces of boneless chicken cooked with fresh garlic, tomatoes &amp; spiced pickles. Recommended with special fried rice.</i>	

<b>TANDOORI MIXED NOWABI BHUNA</b> (fairly hot) ...	<b>£12.95</b>
<i>One of the most popular dishes in India for centuries. Chicken, lamb and sheek kebab. Tender juicy pieces cooked with tomatoes, fresh chillies, ginger and served in a spicy sauce.</i>	

<b>JEERA</b> (chicken or lamb) (fairly hot) .....	<b>£9.50</b>
<i>Supreme chicken breast or lamb, cooked with fried cumin seeds, coriander and other spices.</i>	

<b>CHICKEN OR LAMB TIKKA MORRICHA</b> (hot) .....	<b>£9.50</b>
<i>Diced lean chicken marinated overnight, barbecued in tandoori then cooked with fresh ginger, garlic, green chillies, chef's own selected spices and served in a spicy hot sauce.</i>	

<b>CHICKEN OR LAMB TIKKA LAHORI</b> (slightly hot) .....	<b>£9.50</b>
<i>Chicken or lamb cooked with mushrooms in fresh onions, tomatoes, capsicum and coriander leaves.</i>	

<b>HONEY POT MASALA</b> .....	<b>£9.50</b>
<i>A sweet dish cooked with chicken or lamb. Roasted in a clay oven then cooked with capsicum, ginger and tomatoes. This produces a mild, sweet flavour.</i>	

<b>TANDOORI MURGHI MASALA</b> .....	<b>£9.50</b>
<i>A fairly hot dish with chicken minced meat and egg cooked with fresh herbs and spices.</i>	

<b>CHICKEN CHUM CHUM</b> (slightly hot) .....	<b>£9.95</b>
<i>Marinated chicken coated with breadcrumbs and egg, cooked with sliced garlic, ginger, onions and capsicum.</i>	

<b>KEEMA CHICKEN CHEESE</b> .....	<b>£9.95</b>
<i>Minced lamb &amp; diced chicken cooked with cheese, medium hot</i>	

<b>CHICKEN POTATO CHEESE</b> .....	<b>£9.95</b>
<i>Diced chicken cooked with cheese and potato with chef's own selected spices, medium hot</i>	

## BANGLA NAGA

Marinated chicken or lamb. Selected spices combined with onions, green peppers, garlic, tomatoes and special chilli sauce, fairly hot

<b>CHICKEN OR LAMB NAGA</b> .....	<b>£8.95</b>
<b>KING PRAWN</b> .....	<b>£11.95</b>
<b>PRAWN</b> .....	<b>£9.95</b>

## MASALA DISHES (MILD)

Succulent pieces of chicken or lamb marinated in yoghurt with special spices, barbecued in a clay oven, cooked with coconut powder, almond powder, fresh cream & sugar

<b>CHICKEN OR LAMB TIKKA MASALA</b> .....	<b>£8.50</b>
<b>PRAWN MASALA</b> .....	<b>£9.95</b>
<b>TANDOORI KING PRAWN MASALA</b> .....	<b>£11.95</b>

## JALFREZI SPECIAL

A fairly hot dish, with fried onions, green peppers, fresh green chillies, dry consistency compared to madras.

<b>CHICKEN OR LAMB TIKKA JALFREZI</b> .....	<b>£8.50</b>
<b>PRAWN JALFREZI</b> .....	<b>£9.95</b>
<b>KING PRAWN JALFREZI</b> .....	<b>£11.95</b>

## KORAI DISHES

Medium hot, marinated chicken or lamb roasted in a clay oven cooked with onions, green peppers and garlic. Slightly dry.

<b>CHICKEN OR LAMB TIKKA KORAI</b> .....	<b>£8.50</b>
<b>KING PRAWN KORAI</b> .....	<b>£11.95</b>
<b>PRAWN KORAI</b> .....	<b>£9.95</b>

## PASANDA DISHES (MILD)

Chicken or lamb marinated with yoghurt based sauce and cooked with coconut powder and almond powder with fresh cream & sugar.

<b>CHICKEN OR LAMB TIKKA PASANDA</b> .....	<b>£8.50</b>
<b>KING PRAWN PASANDA</b> .....	<b>£11.95</b>
<b>PRAWN PASANDA</b> .....	<b>£9.95</b>

## BIRYANI DISHES SERVED WITH VEG

Biryanies consist of special fried rice, served with vegetable curry, medium hot.

<b>CHICKEN OR LAMB BIRYANI</b> .....	<b>£10.50</b>
<b>KING PRAWN BIRYANI</b> .....	<b>£13.50</b>
<b>SAGOR SPECIAL BIRYANI</b> .....	<b>£13.50</b>
<i>Chicken tikka, lamb tikka and prawns</i>	
<b>PRAWN BIRYANI</b> .....	<b>£11.50</b>
<b>CHICKEN TIKKA BIRYANI</b> <i>Marinated chicken</i> .....	<b>£11.50</b>
<b>PERSIAN CHICKEN BIRYANI</b> .....	<b>£11.50</b>
<i>Same as biryani except garnished with an omelette.</i>	

## BALTI DISHES SERVED WITH NAAN BREAD

Balti is medium hot, marinated grilled chicken, lamb or king prawn cooked with specially prepared sauce. Served with naan bread.

<b>CHICKEN OR LAMB BALTI</b> .....	<b>£10.50</b>
<b>PRAWN BALTI</b> .....	<b>£11.50</b>
<b>CHICKEN SAG OR LAMB SAG BALTI</b> .....	<b>£11.50</b>
<b>KING PRAWN BALTI</b> .....	<b>£13.50</b>
<b>SAGOR SPECIAL BALTI</b> .....	<b>£13.50</b>
<i>Chicken tikka, lamb tikka and prawns</i>	

## CONDIMENTS

<b>POPPADOMS</b> Plain or Spicy .....	each <b>70p</b>
<b>RIATHA</b> Cucumber or Onion with yoghurt .....	<b>£2.50</b>
<b>PICKLE &amp; CHUTNEY</b> .....	each <b>70p</b>
<i>Mango Chutney, Lime Pickle, Mint Sauce, Onion Salad</i>	