

BREAKFAST

until 12pm

Sub fresh fruit cup 2 | Sub gluten free 1.5

Links Benedict gf

2 poached eggs with ham, bacon or sausage on sourdough topped with hollandaise & served with hash browns 11

3 Under Sandwich gf

A fried egg, ham, or bacon with melted mixed cheese on a brioche bun 6

Add a Hash Brown Patty 1.5

Breakfast Wrap gf

Scrambled eggs, diced ham, sausage or bacon, mixed peppers, green onions & melted mixed cheese wrapped in a cheddar tortilla & served with salsa 8

On The Tee Sandwich gf

An over easy egg, avocado, tomato & Havarti on toasted sourdough 8

Add a Hash Brown Patty 1.5

Classic Breakfast gf

2 eggs with your choice of bacon, ham or sausage, hash browns & toast 10

Buttermilk Pancakes

3 fluffy pancakes served with bacon, ham or sausage 8

Add Strawberries & Whipped Cream 2.25

Build Your Own Omelet gf

3 eggs, hash browns & toast 11

Options:

Ham | Bacon | Sausage | Mixed Cheese | Tomatoes | Green Onions | Mixed Peppers | Mushrooms | Spinach | Banana Peppers | Feta | Jalapeños



APPETIZERS

Dry Ribs gf

Tender bone-in pork ribs tossed with sea salt, cracked pepper & drizzled with an apple butter BBQ glaze 11

Wings gf

Hot, teriyaki, salt & pepper, butter chicken or apple butter BBQ. Served with carrots, celery & ranch dressing (1lb) 14 | (2lb) 20

Trio of Dips

Bruschetta, guacamole & spinach dips with parmesan crostinis & naan bites 11



Asian Maki

6 California rolls with wasabi, pickled ginger & Asian coleslaw 9

Poutine gf

Crispy seasoned fries with real cheese curds & gravy 8

Add Bacon, Chicken or Beef 4

Chicken Fingers

3 tender hand breaded chicken strips served with fries & Polynesian sweet & sour sauce 11

Fully Loaded Nachos gf

Hand cut tri-colour tortilla chips with a blend of mixed nacho cheese, tomatoes, green onions, mixed peppers, black olives & jalapeños with salsa & sour cream Half 13 | Full 18

Add Grilled Chicken, Beef or Guacamole 4

Pot Stickers

8 steam fried pork dumplings with honey hoisin sauce 12

The Grill Platter

California rolls, pot stickers, dry ribs, wings & cactus cuts 39

SOUPS & SALADS

Sub gluten free 1.5

Soup of the Day gf

Ask your server for the featured soup of the day served with toasted crostini Cup 4 | Bowl 6

Soup & Sandwich Combo gf

A cup of our daily featured soup with a half turkey club 8

Taco Salad gf

Chicken or beef, chopped greens, diced mixed peppers, green onions, tomatoes, mixed cheese, with salsa, sour cream & tortilla chips 12

All salads below are served with toasted focaccia

Caesar Salad gf

Crisp romaine, fresh grated parmesan & focaccia croutons tossed in a creamy Caesar dressing 9

Add Grilled Chicken or Prawn & Scallop Skewer 4

Green Goddess Salad

Baby greens, avocado, grape tomatoes, diced mixed peppers & cucumber with green goddess dressing 10

Add Grilled Chicken or Prawn & Scallop Skewer 4

California Salad

Spinach, romaine, feta, oranges, watermelon in a grapefruit vinaigrette 10

Add Grilled Chicken or Prawn & Scallop Skewer 4



SANDWICHES, WRAPS & BURGERS

Sides:

Crispy Seasoned Fries | Soup of the Day | Tossed Baby Greens | Caesar Salad

Add:

Sweet Potato Fries | Cactus Cuts | Fresh Fruit Cup 3

Roasted Turkey | Roast Beef | Ham & Cheese | BLT | Tuna | Egg Salad |
Grilled Cheese | Veggie 5.95 | *Sub gluten free bread* 1.5

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All sandwiches | burgers below are served with your choice of side

Turkey Club *gf*

Slow roasted turkey breast, crisp bacon, lettuce, tomato, mayo & cheddar cheese 13

Toasted or Wrapped

Available buffalo style

Chicken Ranch Wrap *gf*

Strips of grilled chicken, spring mix, tomato, cucumber, cheddar & mozza with a creamy ranch dressing wrapped in a cheddar tortilla 13

Available buffalo style

Spicy Asian Noodle Wrap

Romaine, bok choy, diced mixed peppers, sriracha mayo & Cantonese noodles with a ginger soy glaze in a cheddar tortilla 11

Add Grilled Chicken or Beef 4

Steak Sandwich *gf*

6 oz New York cut served open faced on toasted focaccia with crispy jalapeños 17

Add Prawn & Scallop Skewer 4

Add Mushrooms & Onions 3

Chicken Avocado

Sandwich *gf*

Strips of grilled chicken, avocado, spinach, tomato, Havarti & honey mustard on sourdough 12

Loaded Burger *gf*

Fully loaded 6 oz sirloin beef with lettuce, tomatoes, red onion, pickles, mayo & mustard on a toasted brioche bun 14

Bacon & Cheddar or Mushroom & Swiss or Avocado & Havarti

Beef Dip

Slow roasted beef, horseradish aioli & crispy onions on a French baguette au jus 14

Grilled Chicken Burger *gf*

4 oz chicken breast with honey mustard, mayo, lettuce, tomatoes, red onion & pickles on a toasted brioche bun 14

Bacon & Cheddar or Mushroom & Swiss or Avocado & Havarti

Veggie Burger *gf*

5 oz grilled garden patty with lettuce, tomatoes, red onion, pickles, mayo and mustard on a toasted brioche bun 13

Mushroom & Swiss or Avocado & Havarti

Hot Beef Sandwich

Shaved roast beef served open faced on whole wheat bread with garlic mashed potatoes, seasonal vegetables & gravy 12

Quesadilla *gf*

Diced green onions, tomatoes, mixed peppers & a blend of cheeses in a tortilla with salsa, sour cream 9

Add Grilled Chicken or Beef 4



ENTREES

Apple Butter BBQ Ribs *gf*

Slow cooked baby back ribs glazed in a tangy apple BBQ sauce Half 17 | Full 20

8 oz AAA Canadian Striploin Steak *gf*

Aged to perfection, cut fresh in house & charbroiled with chive butter 21

Add Oscar 6

Oven Roasted Chicken

6 oz chicken breast with herb butter 18

Add Oscar 6

Atlantic Salmon Filet *gf*

6 oz grilled filet finished with herb white wine cream sauce 19

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All entrees above are served with garlic mashed potatoes & seasonal fresh vegetables

Build Your Own Pasta

Spaghetti 11 | Gnocchi 12 | Fettuccine 11

Choose Your Sauce

Marinara | Rose | Alfredo

Add Ons

Meatballs 3 | Chicken 4 | Prawns & Scallops 4 | Baked Mozza 3



Fish & Chips

8 1/2 oz filet of battered haddock served with Asian coleslaw, fries & tartar sauce 16

Ginger Stir Fry *gf*

Crispy beef tenders or grilled chicken strips, sautéed julienne peppers & vegetables tossed in a spicy ginger glaze & served over pan fried Singapore noodles or coconut

Jasmine rice 14

Mixed Asian Grill

Slices of striploin cooked medium with California rolls, tempura prawns & Asian coleslaw 16

