



Terms and Conditions

By registering to take part in the YMCA East Herts Sleep Easy, you are agreeing to the following conditions of entry:

1. Sleepers must be at least 16 years of age by 24 March 2017 to participate. If they are not, special arrangements must be agreed in advance and written parental permission must be obtained and provided to the YMCA upon registration.
2. You must pay a non-refundable registration fee. The registration fee is £10/adults or £7/under-18s. This covers the cost of refreshments and administration of the event. This fee is payable when you sign up to take part and secures your place at the event. Any registration fees received after the event is full will be refunded.
3. The aim of the Sleep Easy event is to raise as much money as possible to support the YMCA's work locally. We ask that all participants commit to raising as much money as they can (minimum £50 per person) through sponsorship or other fundraising methods.
4. You must send any sponsorship money and other funds that you raise to YMCA East Herts as soon as possible. Please bring all collected sponsorship monies with you to Sleep Easy YMCA East Herts on 24 March 2017. Any monies not yet collected must be sent to the YMCA by 24 April 2017 at the latest.
5. If for any reason you choose not to, or are unable to take up your place at the event, all sponsorship forms and money collected must be forwarded to YMCA East Herts.
6. As this event takes place overnight at an outside venue and extremes of weather could be experienced, participants are responsible for their own medical condition(s) and ensuring they are fit to take part. Please consult your doctor if you suffer from heart, joint, back, breathing problems, or any other any other medical condition that may affect your ability to take part. You are responsible for the provision of your own clothing and warm bedding for the event.
7. You must confirm that, as far as you are aware, you are currently in a good state of health and that you will not take part unless you are in a good state of health at the time of the event.
8. You are taking part in the event at your own risk. Neither the YMCA nor any third party organisers of Sleep Easy events will have any responsibility for any risk, loss or costs incurred by you in connection with the event.
9. Neither the YMCA or third party organisers of Sleep Easy events will carry insurance in relation to your participation in the event. Should you judge that additional insurance is necessary, it is your responsibility to obtain this.
10. Photographs taken at the event may be used by the YMCA in future publicity material. You must notify the organisers of the event if you do not want your photograph to be used for this purpose.
11. Participants will not engage in any activity that would place the interests and reputation of the YMCA at risk.



12. There will be strictly no alcohol or smoking allowed at Sleep Easy YMCA East Herts.
13. You are responsible for your own safety during the event and should take reasonable care to ensure the safety of other participants. In the interest of your own safety and that of others, you agree to comply with all instructions and guidelines given by the YMCA, the organisers, and persons acting on their behalf.
14. The YMCA reserves the right to refuse entry to the event at their discretion and also to ask any participant to leave the venue at any point during the event.

I would like to participate in the Sleep Easy on Friday 24 March 2017. I confirm that I am physically fit enough to sleep outside and that the organisers will in no way be held responsible for any injury, loss, or illness incurred to my person as a result of this event or for any loss or damage to my possessions.

I confirm that I and any team members are over 16 years of age. If I am under the age of 16, I confirm that my parent(s)/guardian(s) have given permission for me to attend and that they have signed the parental permission statement found below.

I am happy for photos and videos taken during the event to be used for YMCA East Herts and YMCA England's publicity purposes.

I enclose a payment of £ 10(adult) / £7(under-18s) as a registration fee for this event.

This covers the cost of refreshments and administration for the event and ensures that all money raised goes towards supporting vulnerable young people. Please make cheques payable to YMCA East Herts.

Participant:

Signed: _____ Date: _____

Name: _____

Parent(s)/Guardian(s):

I/We give my/our permission for our child, _____, to participate in the YMCA East Herts Sleep Easy. I can confirm that my name and contact number is listed in the Emergency Contact section of the registration form.

Signed: _____ Date: _____

Name: _____