



Tinnitus Support for people in Stoke-on-Trent

24 April 2015 An estimated 46,900 people in Stoke on Trent have persistent tinnitus, but new help is at hand. A group to support local people with tinnitus is offering support to people in Stoke-on-Trent and Newcastle-under-Lyme areas. The next meeting will take place on Wednesday 20th May 2015 from 2-3pm at the dDeaflinks, Wellesley Street, Shelton, Stoke-on-Trent. ST1 4NF.

Dave Carr, BTA Volunteering and Engagement Officer comments: "Being among people who have the problem, listening to their experiences and how they have managed to handle things, is a tremendous help for the individual. I witness this first hand when attending group meetings. It is amazing seeing the difference it makes to people, especially those who have recently been diagnosed."

Tinnitus is defined as the experience of sounds with no external source, most commonly ringing or buzzing, but sometimes experienced as whooshing, clicking or even music. Many people aren't troubled by sounds they hear, but for around 10%, the condition has a significant impact on their quality of life, often linked to stress, anxiety or sometimes depression.

Dave adds: "Tinnitus can be an isolating condition, with friends and family struggling to understand how it feels to adapt to the presence of loud or persistent noises. Some people choose to bring a partner or family member to the meetings, which can often help both parties understand more about the condition and the experiences or behaviours it can bring."

Dot Mantle of dDeaflinks comments, "We are really pleased to be setting up this much needed Tinnitus Support Group in Stoke on Trent. So many people experience tinnitus, which can have a significant impact on their daily lives such as home, family life, socially and at work or in education."

Dot notes, "Setting up this group will enable individuals to access the advice and support that they need to explore new ways of managing this condition and share their own experiences with others."

If you would like to find out more, please contact Dot on dot@deaflinks.co.uk or 01782 222 267.