



## KIT LIST FOR SNOWSPORTS HOLIDAY

Hire skis, boots, poles and helmets for skiing, boots, boards and helmets for snowboarding will be provided by TGM Snowsports. Participants who choose to use their own equipment are responsible for its maintenance and suitability. A disclaimer will need to be signed by parent / guardian.

There are a number of important items of clothing and equipment that should be taken on the holiday.

- ✓ Waterproof & Windproof ski jacket.
- ✓ Waterproof & windproof Salopettes or ski pants.
- ✓ 2 x Thermal underwear top & long-johns
- ✓ 2 x polo-neck or shirts.
- ✓ 2 x thermal sweatshirts or similar
- ✓ 2 x pairs of ski socks (tube type)
- ✓ Ski gloves or Snowboarding gloves with wrist protector
- ✓ Goggles, preferably double lens
- ✓ Good quality UV protection sunglasses for good weather. Goggles can be used.
- ✓ Warm hat for evenings out
- ✓ Warm boots or heavier style trainer for evenings out
- ✓ Lip salve and high protection 30 50 sun cream.
- ✓ Small rucksack or bumbag.
- ✓ Bath towel (as not all our hotels provide towels) and also for swimming
- ✓ Toiletries soap, shampoo, etc



## **TGM TRAVEL GROUP**

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