

# Course Syllabus

## C.P.R., Defibrillation and Anaphylaxis Training

### Programme Aims

To raise awareness of staff who may have to administer C.P.R, use Defibrillators or EPI pens with regards to heart- attacks, cardiac- arrests and anaphylactic shock

### Programme Objectives

By the end of the session candidates will be able to:

- State what emergency action may be required for a given situation.
- Demonstrate Cardio Pulmonary Resuscitation with adults and/or children.
- Demonstrate Automated External Defibrillation with adults and/or children.
- Be familiar with safety aspects regarding CPR and DEFIB.
- Identify the different heart conditions and the ways in which they will be present.
- List some of the typical signs and symptoms regarding heart problems.
- Recognise signs and symptoms of anaphylaxis and how to treat it.
- Understand priorities when dealing with anaphylactic shock and cardiac arrest.
- Be competent in the use of EPI pens.
- State when emergency services should be called.
- Understand the importance of time when dealing with emergency situations.

## Who is this programme of study for?

Anyone in a working environment; in particular, manufacturing, schools, doctors surgeries, care homes; or anywhere where members of the public visit, in numbers.

#### **Certification**

A certificate of attendance will be issued to anyone who successfully completes the course.

## Next Steps?

Contact our Learning & Development team at Aspen Wolf Ltd on 0191 581 1000 to discuss your specific training needs.