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Mother & Baby

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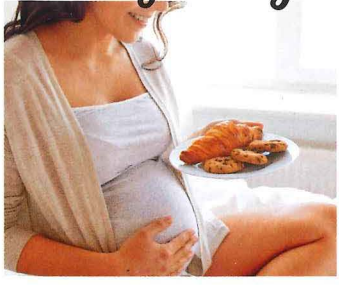
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Pregnancy



Reviewed



Advice



Shopping



QUESTION & ANSWER

Q Is there a gentle skincare product for my baby which will also make my skin feel hydrated and nourished?

A SBC's cotton collection is a gentle gift from nature, using 100% natural allergen free fragrance, SBC's Dermatologist Tested Cotton Collection has been enhanced and formulated for people who have sensitive, allergy prone skin, but especially delicate on baby skin.

The mild and gentle Cotton Body Oil has been created with carefully selected ingredients to actively soothe the skin's delicate surface. This versatile oil is designed to create a light protective barrier, locking in moisture, leaving your skin satin-smooth and delicately scented. The subtle

blend of moisture-boosting Cotton Seed, soothing Oat Kernel and soothing Wheat Germ oils unite with refining Vitamin E to unveil a smoother, ultra-supple skin and Milk peptides to help the skin quickly regain strength. Whey Protein is another natural ingredient found in the oil. It helps to boost natural collagen, hyaluronic acid and fibronectin which are naturally present in your skin and will promote a healthy and youthful appearance. £29.50, sbcgels.co.uk

SBC
SIMPLY BEAUTIFUL
collection



Q How will My First Emotions help my child stop crying, screaming and throwing tantrums?

A Firstly, don't panic! Consider using My First Emotions, a multisensory resource designed to help little learners from birth to three years to understand and manage emotions. As a parent, you will learn how to respond to your child's behaviour in a positive way, set boundaries and encourage nourishing emotional development using play, stories and music. We all have emotions but no one is born with a natural ability to cope. Children often



disguise anxiety, confusion and sadness with screaming, shouting and crying, therefore it is important to validate your child's emotions and acknowledge how they are feeling. Packed with engaging and beautifully illustrated materials, connected tools and stimulating activity ideas, this set will help you to explore love, happiness, sadness, anger and fear; strengthening your parent-child bond and fostering a healthy environment of emotional awareness at home.

My First Emotions will enable your child to develop good emotional understanding, leading to better relationships, academic achievement and essential life skills. Invest in your child's well-being and learn to manage feelings together for a healthy, happy human – and fewer tantrums!
www.skylarkenglish.com

Q How can I capture my pregnancy in an elegant and unique way?

A A beautiful, hand-painted pregnancy portrait by Bloom Illustrations is a perfect way to capture your pregnancy. The stylish A3 watercolour portraits provide a totally original and elegant way to remember those precious months.

"I wanted to capture the beauty of pregnancy in a way that celebrates pregnant curves, but without making women feel self-conscious" explains Bloom Illustrations founder, artist and mum of two Becca Wood, 35. For ease and comfort Becca works from a reference photo (she understands lengthy posing sessions wouldn't be possible!), and she can give simple tips to ensure you get a good photo she can work from.

They make a perfect keepsake for yourself, or a thoughtful and treasured gift for your partner or pregnant friend. Portraits are £95.

www.bloomillustrations.com or Becca@bloomillustrations.com

Bloom
~ ILLUSTRATIONS ~
by Becca Wood



Q What makes Merci Maman the perfect online boutique for Mothering Sunday gifts?

A The first Merci Maman bracelet was crafted in 2007 by Béatrice de Montille, a French mum living in London, from her kitchen table. Béatrice now sits alongside her husband, Arnaud, and their team of 25 in their London studio. 'Merci Maman' translates to 'thank you Mummy' in English and is a nod to the creators' French origins and the original celebration of the mother and child bond. The jewellery is now loved by men, women, boys and girls all over the world and is even treasured by royalty - The Duchess of Cambridge wears a Merci Maman necklace engraved with Prince George's name!

Merci Maman holds love, joy and friendship at the heart of every design. Inspired by the founder's French roots and handmade in their London studio, each individual piece of jewellery tells a unique story. The personalisation is hand-engraved with elegance and precision, making the gift giving and receiving experience extra special. Every element, from the materials and crafting skills to the distinctive signature orange boxes, is used to create the perfect gift for your mother to cherish on this occasion or at any other time of the year.
www.mercimamanboutique.com

Merci Maman
LONDON • PARIS

