

# PSYCHOLOGICAL & COUNSELLING SERVICES

Do you or your child feel alone, frustrated, or experienced some form of trauma. Are you in need of counselling services?

**CALL OR VISIT US TODAY!**

## ✓ **FAMILY & INDIVIDUAL CLINICAL SERVICES**

- Family Counselling/Therapy (In-Home and Office)
- Individual Counselling/Therapy
- Child, Youth and Adolescent Individual Counselling/Therapy
- Individual Coaching
- Transitional Counselling
- Group Counselling/Therapy
- Family Team Conferencing - FTC
- Clinical Consultation

## ✓ **TRAUMA TREATMENT**

- Trauma Treatment for Children / Adolescents and Adults
- Trauma System Therapy
- Traumatic Incident Reduction (TIR)

## ✓ **PSYCHOLOGICAL ASSESSMENT**

- Psycho-Educational Assessment
- Psychological Assessment
- Trauma System Therapy
- Traumatic Incident Reduction (TIR)

## ✓ **EMPLOYEE ASSISTANCE PROGRAMME (EAP) SERVICES**



The Centre  
For Human Development

**LOCATION:** North, South, East and Tobago  
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**THE CENTRE FOR HUMAN DEVELOPMENT LIMITED**

