



viewpoint

**West Cheltenham's
FREE magazine**

Volume 28 - Autumn 2016

Viewpoint Magazine

Highlights of the Autumn 2016 issue

HEADS UP CHELTENHAM: A Year of Action to promote better mental health and wellbeing (p4).

LIBRARY ACTIVITIES: There are lots of activities on offer at the Library on Coronation Square. See p6/7 for a full list of fun activities.

GLOS COL RESTAURANT LAUNCH: Opening of GC newly refurbished training bistro, Restaurant Number One (p8).

HESTERS WAY COMMUNITY FUND For great local ideas and projects (p10)

WALK TALK AND GET CREATIVE: Local walking groups (p14/15).

DEVELOPMENT PLAN: Have your say on the future development of West Cheltenham from housing and transport to business and parks (p16/17).

IS AUTISM A DISABILITY?: Robin Shaw of Aspiregers explains on p19.

NEW PARKING SCHEME at STATION: GCC's new parking permit scheme is announced. See details on p22.

SPRINGBANK COMMUNITY GARDEN: What the garden has on offer (p23).

GLOW SPORTS: A fresh new UV sports project for 11-18s coming to west Cheltenham soon, see p26 for all you need to know.

We at **Hesters Way Partnership** (HWP) are keeping the West Cheltenham residents up to date with all that's best in the area. We will happily visit your event, promote your new project or give you a little extra publicity if you are strengthening our community.

The **Viewpoint magazine** is distributed throughout the local area via schools, shops, community centres and other outlets happy to stock them. We also have a door to door service provided by volunteers. We attempt to offer as broad a coverage of the local area as our resources allow. If you would like to help us with distribution, even if its only to your street, please let us know and we will supply copies. Thanks!

If you would like a copy of our **Local Directory** listing all that goes on in the West of Cheltenham please let us know. Free copies can be picked up at Hesters Way and Springbank Community Centres and an online version of the magazine and the new map can be downloaded at www.hwpartnership.org.uk/ or contact the Hesters Way Partnership office: **01242 575638 / 228262** jennyperkin@hwpartnership.org.uk

The Hesters Way Partnership is helping to develop a **Neighbourhood Development Plan** and needs the help of community volunteers to make it happen. If you are interested in shaping the future of West Cheltenham and have some spare time to offer why not join in. We already have lots of keen local people signed up for the **Neighbourhood Forum** but the more the merrier! For details see page 16 and 17 or see the presentation or video on line at: www.hwpartnership.org.uk/neighbourhoodplan.html

Consultation Event

Friday 11th November 2016 4pm—8pm

Redevelopment of the former Springbank Shopping Centre, Cheltenham for residential development.



www.newlandhomes.co.uk/springbank

Consultation Springbank Shops

Newland Homes are pleased to present plans for the redevelopment of the former Springbank Shops to local people in advance of our planning application, this is due to be submitted in early December.

The site has seen a number of proposals put forward over the last decade, but these have not materialised and the site has remained redundant to the detriment of this residential location.

Following extensive discussions with the owners of the site Newland Homes have committed to pursuing a residential scheme for a mix of homes and apartments. Plans for the redevelopment of the site will be on display at the consultation where members of the Newland Homes team will be on hand to discuss plans and answer any questions about the proposals.

The event is being held on **Friday 11th November 2016 at Springbank Resource Centre, Springbank Way, Cheltenham between 4pm—8pm.**

We look forward to seeing you.

Information from the consultation will be available on our website from the 10th November 2016.

Considerate | Conscientious | Crafted



HEADS UP CHELTENHAM

Heads Up Cheltenham is a year of action bringing the whole town together to make all our lives a little bit better.

Positive Action Positive Thought Positive Life

Its easy to forget how important looking after our mental health is. So to make our town a better place to live and work we are joining together in a year of action to encourage **good mental health**.

Each month **Heads Up** will focus on a different topic with awareness raising campaigns and activities to help us all improve our own and others mental health and wellbeing.



How can you get involved ?

- Follow Heads Up on Facebook / Twitter/ Instagram (www.facebook.com/HeadsUpChelt)
- Share the Year of Action with family and friends and encourage them to get involved
- Take part in the monthly activities
- Suggest activities for the Year of Action
- Organise a workshop or hold an activity at your workplace

There's so much we can all do to help improve mental health and well being if we work together, connect with each other, take notice and keep learning!



Quality Child Care

at Giggles and Puddles



- Highly Trained Staff
- Dedicated rooms and staff for all age groups
- Healthy Meals
- Flexible Child Care

Contact us to find out more about your children coming play at Desirable Childcare

Opening Times: 8.00-18.00

Puddles Nursery

Hesters Way Community Resource Centre
Cassin Drive, Princess Elizabeth Way
Cheltenham, Glos GL51 7SU
Tel: 01242 527545

Giggles Nursery

Springbank Community Resource Centre
Springbank Way, Springbank
Cheltenham, Glos GL51 0LG
Tel: 01242 574511



DC | DESIRABLE
CHILD CARE

The Library



Summer Activities

The **Summer Reading Challenge** exceeded its target of completers this year – perhaps thanks to Hesters Way Library Knit and Natter group knitting not only Alfie (a giant “Esiotrot” *tortoise*) but also 100 baby tortoises for completers to take home.



Lots of fun was had over the summer, with special **Baby Bounce and Toddler Time** combined sessions, as well as Roald Dahl-themed events for school age children. Then came the Cheltenham Literature Festival and the culmination of many months of work between local community groups in the **A Way With Words project**. The AWWW performances began on the 8th October in the library garden; moved into the library where the Knit and Natter Group were knitting; out onto Coronation Square outside the Age UK shop; into Create on the Square; and finally ended upstairs in the Hesters Way Resource Centre with music and singing.

Another event connected with the Cheltenham Literature Festival took place in the library on 15th October when author and illustrator Hannah Shaw visited. It was wonderful to see her in action – and we now have a piece of her artwork in our children’s section (as well as the knitted palm donated after the AWWW event!).

Regular Activities:

Baby Bounce & Rhyme: rhymes, songs and jiggling for babies up to 18 months and their grown-ups takes place every Tuesday 11 till 11.30 a.m. in term time Also every Saturday 10.30 till 11 a.m. (babies, feel free to bring your siblings too!)

Knit and Natter: Every Tuesday – 2.30 till 4 p.m.

Code Club: Every Tuesday – 4.30 till 5.30 p.m.



Library Information

Check out your local library - you'll be surprised at the range of activities on offer. It could be the first step to the new you! For further information www.gloucestershire.gov.uk/libraries

Opening Times:

Monday 1 - 5 Tuesday 10 - 6 Wednesday 10 - 1

Thursday Closed Friday 2 - 5 Saturday 10 - 1

Library Club

The Library Club meets on the first Wednesday of each month at 10.15-12.00. It's great for people who like to choose their own books but would appreciate some help in doing so.

Coming up we have the following special guests/themes:

7th December: Christmas Stories and Songs with Peter Kilminster

4th January: Janice Peacey – Community Ranger and “Paws in the Park”!

1st Feb: “Love for Wildlife” with Petra Crofton



Join us for a cuppa and a chat!

If you have problems getting here, free Community Transport to and from the library can be arranged for reasonable distances, including those with wheelchairs



(A small annual fee may be payable to Community Connexions to cover insurance, which would also enable you to use Community Connexions for other transport needs).

Shelf Help

Shelf Help are self help books aimed at 13 – 18 year olds and every library has a collection of thirty five titles, covering topics such as mental health wellbeing, anxiety, body image and confidence and self esteem. It's very easy and free to join.

For more information about the titles that are included in our Shelf Help collections, please visit <http://reading-well.org.uk/shelfhelp>

If you would like to reserve a Shelf Help title, please visit our online catalogue or visit the library in person. <http://capitadiscovery.co.uk/gloslibraries/>



Toddler Time

FREE Active Stories, Rhymes and colouring/craft for pre-school children 11 till 11.30 a.m. on Wednesdays

14th December Penguin fun; “Get Busy This Christmas!”

11th January “Charlie and Lola” stories and colouring

8th February “Slowly, Slowly, Slowly said the Sloth!”

8th March Elephant fun: “Why Elephant has a Trunk”

Come along and join in the fun!



Contact 01242 514969

The Library

GlosCol Training Restaurant Launched by Students

Gloucestershire College was joined by representatives from the food and hospitality industry to celebrate the opening of its newly refurbished training bistro, Restaurant Number One.

Guests were treated to a mouth-watering five course menu prepared and served by GC catering and hospitality students, which included a starter of salmon cured in beetroot and Pernod, a main course of braised shoulder of lamb in a red wine jus, and a spiced berry panna cotta with a honeycomb dust for dessert.

As well as introducing Restaurant Number One, the event was a chance to announce the exciting new initiatives the GC School of Catering and Hospitality is launching in the near future, in collaboration with local businesses and the Chefs' Forum.

Head of GC Hospitality School, Jo O'Connell said: "The industry is struggling to recruit and retain staff, so as a 'supplier' of the young workforce, it is clear that a new approach is required.

"We're following a new curriculum of City and Guilds technical qualifications, which have been designed with industry professionals.

"We're also delighted to announce that a new Chef Academy will be launched in January 2017 in conjunction with the Chefs' Forum. This initiative will bring together employers, suppliers and education, to mentor, motivate and inspire the talent of tomorrow."



Restaurant Number One will be open to the public for lunch from 12pm to 2pm Tuesday to Friday during term time, and also for evening meals on Thursday evenings. It

will serve a bistro style menu of seasonal, fresh and local produce, at competitive prices. Light options, such as sandwiches and continental sharing platters will also be available.

For information on catering and hospitality courses at Gloucestershire College visit: www.gloscol.ac.uk/catering or email Restaurantno.1@gloscol.ac.uk



RECLAIM HELPING TO SAVE THE PLANET

Many of you already know about Reclaim, the used furniture outlet on the Lansdown Industrial estate, because many of you are customers and, as such I would like to thank you for helping our charity to protect the planet.



By buying or donating used furniture from and to Reclaim, or any other used furniture charity shop for that matter, you are helping to re-use and recycle useful items that would otherwise go to the tip or to be burned.

Although Reclaim's part is pretty small one in the greater scheme of things about climate change, it is an important one. Over the past 5 years, we have prevented over 500 tonnes from being just thrown away as waste. If you consider the amount of energy that would have been needed to make new items and the pollution that would have created, then it makes our efforts worthwhile.



Then, if you consider the community aspect of our work, Reclaim has served over 10,000 customers, helping them furnish or supply paint for their homes or rooms. We have also trained unemployed volunteers to become work ready and find paid employment, because of it.

Reclaim is currently recruiting volunteers to help deliver and collect used furniture, for more information. Call 01242 228823.

Vision 21 
GLOUCESTERSHIRE

Vision 21 AGM will be held on Weds 23rd Nov, 6.00pm at Cheltenham Borough Council Municipal Offices, The Promenade, GL50 9SA. (The full agenda and papers for the meeting will be available on the day)

Come along and find out what we have been doing throughout the year and have the opportunity to meet staff, trustees and volunteers. All welcome. Please confirm attendance by contacting Claire at office@vision21.org.uk / 01242 224321

**people's
health
trust**

Do you live i

Would you like
to help decide
how to spend
community
funding?

Are there th
you'd like to ch
in your are

**HESTER'S WAY
COMMUNITY FUND HAS
£17,000 AVAILABLE FOR
THE COMMUNITY!**

If you'd like to join our
informal group to help
decide how funding is
spent or you need
funding for an idea or
project, get in touch!



hester's-way@tcv.org.uk



07818

In this area?



Things change
change
a?

Would you like
to start a local
group?

Do you have
ideas you'd
like to share?



Do you have a
project in or
near the area
that needs
funding?

511658



Hester's Way Community Fund

Ready...Steady...Grow!

The TCV and OVO Energy have teamed up for another year of tree planting with the *tremendous* programme, **I Dig Trees in 2016/2017**.

Last year, I Dig Trees inspired and educated thousands of people about the benefits that planting trees can bring to their communities and communal green spaces... and planted 158,000 trees!

This fantastic partnership programme is a great opportunity for any community group or volunteer that would like to join in and feel good by either planting trees or nominating a local community group.

Trees now ready to order for delivery January to March 2017.



Ready...

Throughout the bare-root planting season of 2016/17, we are aiming to plant even more trees - **250,000+ trees in over 1,250 green spaces** across the UK which will be achieved with approximately **62,000 hours of community volunteering** so that everyone can grow.

Steady...

If you 'dig' trees, there are two ways in which to get involved:

- **My Community Digs Trees** - We have over **1,250 FREE community tree packs** for distribution to community groups. Simply register your community group to receive our free tree planting packs.
- <http://www.tcv.org.uk/community/i-dig-trees#nominate>
- **TCV 'I Dig Trees' Days** – Or you can volunteer to take part in tree planting at a location near you.



GROW... !!

All the tree varieties are native UK species and available in packs of 50, ready for delivery from November, through the tremendous support of OVO Energy **these tree packs are available completely FREE of charge**



Stay Warm & Well This Winter

Free Home Visits

Residents of Gloucestershire who would like advice on saving money on their energy bills or are struggling to keep warm at home can benefit from a free home visit with a Warm and Well advisor. We will visit your home and identify ways of reducing your energy use and helping you stay more comfortable at home. Call the Warm and Well advice line today on **0800 500 30 76** to get booked in.

Simple changes

If you're looking for simple low-cost or no-cost measures, take a look at the tips www.warmandwell.co.uk/index

This page will be full of simple changes you can make in your home to reduce your energy consumption or to cut your bills.

Financial support

If you've had your Green Deal Assessment, or you already know what improvements you need to make, then you may be eligible to access a grant, a loan or some other form of funding. Find out what options there are available in the help section of the website.

Other organisations

Warm and Well can help you with lots of things, but there may be help you need which is beyond our remit or knowledge. However there are lots of organisations we work with that might be able to help you.

Finding an installer

If you're looking to fund any work yourself, your next step is to find an installer. The website www.linktoenergy.org.uk/ will help you find a local accredited tradesperson or installer who can carry out the work you seek.

Whatever your concern, our team of trained energy advisors provide advice that is free, impartial and local. Call us free now on 0800 500 3076 and let us



SPRINGBANK BOUNDARY CHANGES

As you may be aware owing to the proposed reduction in the number of parliamentary seats and therefore the number of MPs the Boundary Commission has been asked to redraw the electoral ward boundaries. The result of the proposed changes will mean that your address may be in a new electoral area; this is the case in parts of Springbank.

This proposed change is for parliamentary boundaries only and will only effect the election of a member of parliament.

If you would like to see the proposed new boundaries or make a comment please see the link below;

<https://www.bce2018.org.uk/node/6489?postcode=GL517SU>



Walk, Talk & Get Creative in Cheltenham

Get active together with our latest activities aimed at people aged 60+ living in Cheltenham.

A great way to meet new people & make new friends

Improve your confidence

Great for strength, balance and co-ordination

Connect to other social activities available in the local area

Refreshments available

The Cheltenham Trust is setting up a new programme of activities aimed at supporting people aged 60+ living in Cheltenham.

Join us on a health walk or at one of our fun activity sessions to music to help you get active and be social in a fun and welcoming environment.



Walk, Talk & Get Creative in Cheltenham

Get outdoors, meet new people and discover new places in your local area - first class free!

Walk Well is a volunteer led health walks programme around the town. The newest walk, from Cox's Meadow, meets every Tuesday at 2pm. Walks are completed at a steady pace and are suitable for people of all ages and abilities.

Active Balance and Move it or Lose it! are seated exercise classes which are easy to follow and aimed at people aged 60+.

For more information and to discuss any transport needs, please contact the Community Engagement Team on 01242 775202.

Tuesdays					To book
Active Balance	St Luke's Church Hall, St Luke's Place, Cheltenham GL53 7HP	11am- 12noon	Weekly	£3.00 First class free!	Contact Dan McShee 07760 175132
Walk Well Health Walk	Cox's Meadow The Meadow Café, Old Bath Road, Leckhampton, GL53 7DF	2pm	Weekly	FREE	Contact Community Co-ordinator 01242 774720
Move it or Lose it!	Salem Church, St George's Road, GL50 3EQ	Tuesdays 10.30- 11.30am	Starts weekly from 5th April	£2.50 First class free!	Contact Angela Swales 07900 488533
Thursdays					
Active Balance	St Luke's Church Hall, St Luke's Place, Cheltenham GL53 7HP	11am- 12noon	Weekly	£3.00 First class free!	Contact Dan McShee 07760 175132



For further information, please contact the number above.

NEIGHBOURHOOD DEVELOPMENT PLAN

If you have been reading the recent issues of Viewpoint you will be aware that a **Neighbourhood Development Forum** was set up by residents in February to create a **Neighbourhood Plan** for the West of Cheltenham. This plan will help local people shape new developments for the benefit of the community and will, if adopted by residents at a referendum, be part of planning law!



The **Forum** has come up with a constitution document for guiding the plan's future development and defined the **boundaries of the area**; Gloucester Road to the south and east, the river Chelt to the north and the western boundary of Cheltenham.

Over the last few meetings the group has also produced a community profile summarising the assets and strengths of West Cheltenham and has identified a vision and aspirations for what the area should look like in the next 20 years. Ideas generated hope to ensure;

- **connectivity between green spaces.**
- **vibrant spaces that people are proud of** and which are visually inspiring.
- businesses are retained /attracted **offering employment to local residents.**
- **protection of the buildings** valued by the community.
- **leisure and community facilities** for the good of the community that suit all needs.
- **reinvigoration of Coronation Square** as a focused retail and economic hub.
- a **place where everyone is safe**, with good access to sustainable transport.
- **future development takes into consideration the current provision** including housing type, design and layout in relation to green space and industrial / retail allocation.

We will need to **involve as many residents, local workers and local businesses** in the process as possible and **attract wide support** for the plan so we will be visiting various community hubs, activities and events.

Feel free to invite us along to your event to find out more or come along to the next FORUM MEETING in January (see opposite).



Workshops at the Forum



FORUM MEETING

Hesters Way Community Centre

Wednesday 18th January at 5.30—7pm

ALL WELCOME—SNACKS PROVIDED!

For information; 01242 228262 jennyperkin@hwpartnership.org.uk

Future meetings, project updates, maps, constitution documents and photos can be found here; see www.hwpartnership.org.uk/neighbourhoodplan.html

JOINT CORE STRATEGY (JCS)

SPRINGBANK GREENBELT DEVELOPMENTS

As many of the readers of Viewpoint will be aware new proposals have come to light to develop the land to the west of Fiddlers Green and Springbank as part of the JCS, a plan to meet local housing and employment needs. The proposal for a cyber hub (high tech business park) and 1100 residential properties has come about at short notice thanks to the reduction in allocations in other parts of Cheltenham.

There is considerable local outcry about the proposals not least as opportunity and time to comment has been far less than in other parts of the town. Locally there is also issue with the loss of amenity; beautiful countryside and views, walking routes and access to The House in the Tree pub. This is all the more concerning as the land in question is designated as “safeguarded greenbelt”.









The plan shown here is the latest version, which shows the cyber hub in purple, housing in light brown and green spaces in green.

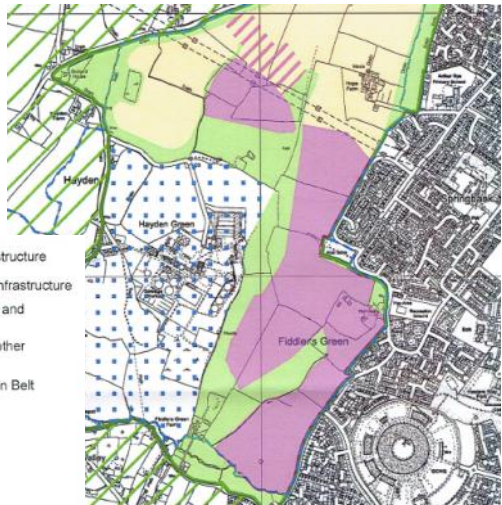
If you would like to find out more about the proposals take a look at the website;

www.gct-jcs.org/

or see

**Support the
Hayden
Springbank
Greenbelt** on
facebook.

-  Housing and related infrastructure
-  Employment and related infrastructure
-  Housing and Employment and related infrastructure
-  Green Infrastructure and other supporting infrastructure
-  Areas removed from Green Belt
-  Green Belt (revised)
-  Safeguarded Area
-  Odour Monitoring Zone



WEST CHELTENHAM BUSINESS BREAKFAST

Presents two great events to end 2016!

Wednesday November 30th 8am - 9am

How can a person with Asperger Help YOU?

Robin Shaw (Aspiregers)

Wednesday December 14th 1pm - 2pm

Business Christmas Lunch

call 01242 228262 to book a place

Hesters Way Community Resource Centre
Cassin Drive, Cheltenham GL51 7SU

FREE ENTRY



FREE PARKING

West Cheltenham Business Network

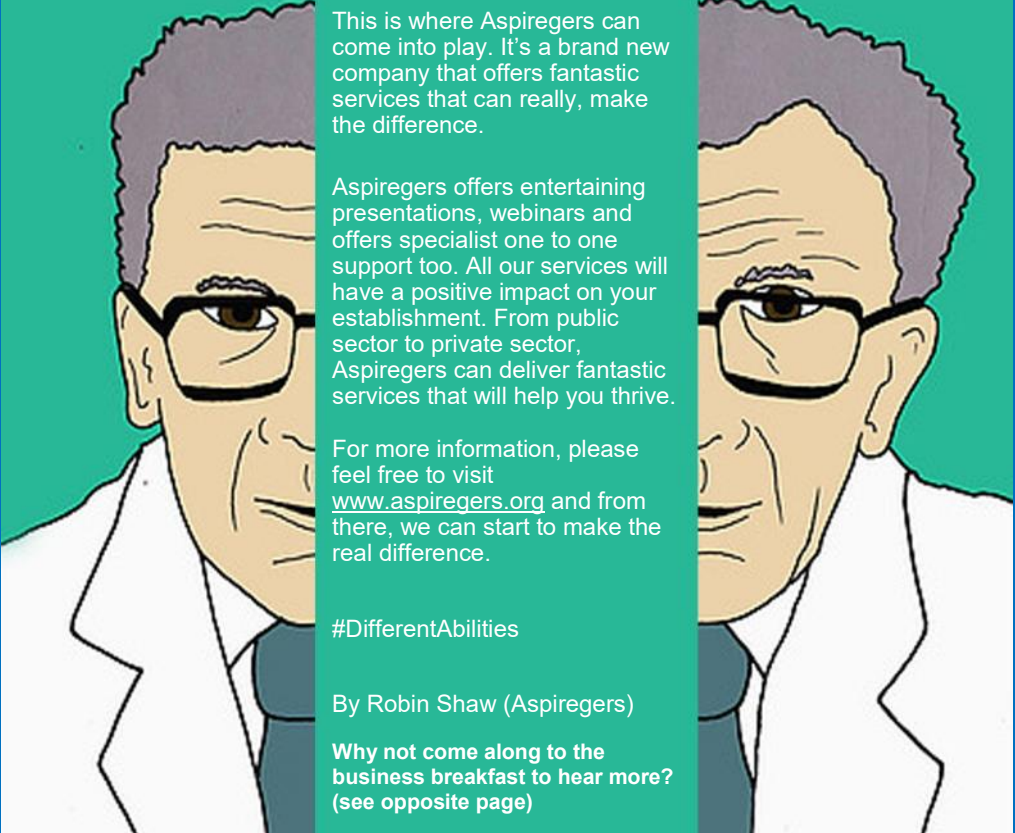
For details call 228262 or email andyhayes@hwpartnership.org.uk

Autism, is it really a disability?

Autism, it's a word that is spoken about a lot. Regardless of that, only 8% of us understand what it is exactly. We are now living in changing times that can prove very testing for a lot of us. So, is it not about time for people to know more? The more knowledgeable we become about the subject, the more that we can truly move forward.

As it currently stands, Autism is classed as a disability.

The National Autistic Society has recently stated that only 16% of those that have been diagnosed are in the work place. People who live with the condition are generally written off and are not given the chance. This leaves the government having to fork out £billions in benefits, because Autistic people are generally not given the chance, which is very odd considering that most of our great inventors, revolutionaries and real game changers are closely linked with the condition. People like Isaac Newton (who discovered gravity) and Thomas Edison (discovered electricity) Charles Darwin (created the theory of evolution) to name a few were believed to have strong Autistic traits. Even today we have people like Bill Gates (inventor of the Personal Computer). So, my question is why? Why is Autism still classed a "disability," when in fact it is a "different ability?" If employers learnt about the Autistic spectrum, then they could take on more people on the Autistic spectrum this will then lead to amazing results, but how will this be achieved?



This is where Aspiregers can come into play. It's a brand new company that offers fantastic services that can really, make the difference.

Aspiregers offers entertaining presentations, webinars and offers specialist one to one support too. All our services will have a positive impact on your establishment. From public sector to private sector, Aspiregers can deliver fantastic services that will help you thrive.

For more information, please feel free to visit www.aspiregers.org and from there, we can start to make the real difference.

#DifferentAbilities

By Robin Shaw (Aspiregers)

Why not come along to the business breakfast to hear more? (see opposite page)



Christmas Carol

sing-along in
SPRINGBANK

When?

SUNDAY

18th December

6.30pm - 8.00pm

Where?

SPRINGBANK
COMMUNITY CENTRE
GL51 0LG

Who?

ALL WELCOME!
YOUNG AND OLD
ANYONE WHO
LIKES SINGING!

FREE! Refreshments provided!

WWW.CHELTENHAMSDA.ORG.UK

We wish you a merry Christmas...

We three kings...

Silent night...

A green curved line above the text.

Springbank Surgery

The West Cheltenham Practice

Providing NHS Services

- ACCEPTING NEW PATIENTS FOR NHS CARE
- SHORT WAIT FOR GP APPOINTMENTS
- EXPERIENCED LOCAL GP's
- MODERN PREMISES WITH FREE PARKING
- ON SITE PHARMACY

Open Times:

Monday to Friday 8.00 am - 6.30pm

Register on our website or call our practice number
www.springbank-surgery.nhs.uk



Tel : **01242 507111**

Springbank Community Resource Centre
Springbank Way, Springbank Cheltenham, GL51 0LG

New Drop in Group Tuesday Mornings

family
space⁺

9.15 until 11.15 (straight from school drop off) at the Oasis Centre
(The Home of Family Space)

Open to anyone whose children are at school or preschool,
Sorry no crèche provided.

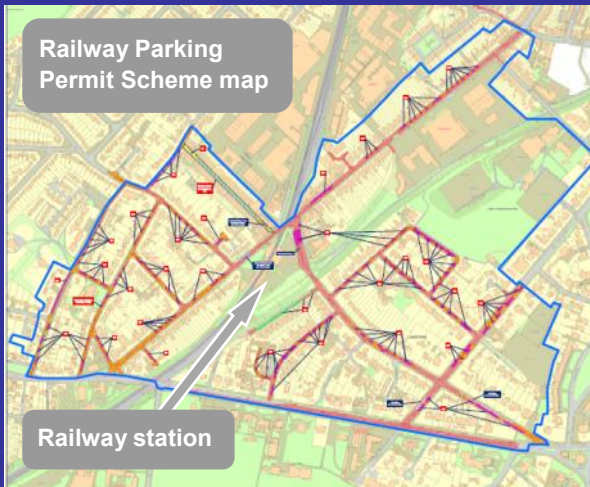
For anyone interested in craft, cooking, job hunting, parenting advice, any other help
and advice or a place to chill out and meet up with friends old and new. We need your
ideas, suggestions and help to grow and develop the group.

Feel free to share and invite a friend.

Any questions please contact Julie P on 07880990772
£2 per session to go towards coffee and refreshments.

Railway parking permit plans announced

Last summer Gloucestershire County Council (GCC) consulted local residents and businesses about some options to change on-street parking restrictions around the train station. GCC have now published a proposed scheme with alterations based on the feedback they received.



Residents living near to the station will be entitled to park in the designated areas shown below between 8am and 8pm Monday to Friday if they buy a permit. Guests and visitors will be able to park for up to 4 hours during these times and overnight. Residents will also be able to buy daily passes for guests online. Anyone who would like to park for more than 4 hours will have to find alternative parking, park at the railway station or walk / cycle or use the bus or taxi.

It remains to be seen how this will affect traffic, parking and station usage.....For details see;

www.gloucestershire.gov.uk/residentparking

SPRINGBANK COMMUNITY GARDEN, A HIDDEN GEM

You might not have noticed the garden at the back of the Springbank Community Resource Centre but it has been establishing itself nicely since 2009 as quite a local gem!

The initial funding for the garden was raised by Hesters Way Partnership and Friends of Springbank (FoS) and included funds for the design of the space which was developed in consultation with FoS and local residents. The plans included raised beds, a gravel walkway, a vegetable garden and pergola plus benches donated by local residents and a piece of public art.



Marion Hayes and Liz Cook identifying plants

Once constructed members of FoS took on responsibility for its upkeep and have done a magnificent job. Particular thanks should go to Vi Hall and more recently Liz and Mike Cook who have committed hundreds of voluntary hours to making the garden look terrific. This year Liz has sold lots of fruit and vegetables to the centre users, the money is recycled for the purchase of more plants and equipment.



Donated benches and a piece of public art

From the word go the intention of the garden was to give local people the opportunity to learn about

growing all kinds of plants from protective shrubs to flowers and vegetables. So if you would like to lend a hand sometime Liz would welcome the help and has lots of knowledge to share! She works in the garden every Monday between 12 and 2pm and on Fridays from 2-4pm. So if you fancy it why not pop in some time, you'd be most welcome.

If you are interested in a corporate day at the garden please let us know and we can offer a day of activities to keep the garden looking great and to help build your team!

Call HWP on 01242 575638



OASIS CHELTENHAM

01242 580022 admin@oasischeltenham.org  Oasis Cheltenham  @oasischeltenham



Looking for a Venue for.....

Community Use Sports Meetings Parties
Conferences ...at great rates? Contact Our Office.



Winter '16 - 17 Activities at the Oasis Centre

	Organisation	Activity	Time	Contact
Mon		U3A Badminton	9:30 - 11:30 am	01285 821087
		Time Out for Mums (<i>Term Time - Contact for Info</i>)	10am - 12pm	01242 580812 timeout@familyspace.org.uk
		F.C. Lakeside Under 9's Football	6 - 7 pm	07985 349084 andrewpuddy@yahoo.com
Tues		Drop In After School Drop Off (<i>Term Time</i>)	9:15 - 11:15 am	01242 580812 us@familyspace.org.uk
		Exercise Class	6:15—7:15 pm	07590 017496 charlazumba@gmail.com
Wed		Balance and Exercise for the Less Mobile	10:30 - 11:30 am	07817 851214 zest.forlife@yahoo.co.uk
		Oasis Ability Hub	1:30 - 4 pm	01242 774783 karen.lowden@cheltborohomes.org
		Wednesday Club Youth Activities (<i>Term Time</i>)	4:30 - 6 pm	01242 524408 office@cheltenhamyfc.co.uk
		Yoga with Sara	5:30 - 6:30pm	07976 314185 sarphil@hotmail.com
Thurs		Youth Activities (<i>Term Time</i>)	7 - 9 pm	07557 405675 admin@gloucestershiremas.co.uk
		Stay and Play Drop In (<i>Term Time</i>)	10am - 12pm	01242 580812 stayandplay@familyspace.org.uk
		Student Sports (<i>Term Time</i>)	12:15 - 1.45pm	07920 018 067 ross.stringer@gloscol.ac.uk
		Exercise Class	6 - 7pm	07896 786135 cjjackos@yahoo.co.uk
Fri		Exercise Class	7:15 - 8 pm	07896 786135 cjjackos@yahoo.co.uk
		Coffee Shop & familyspace+ Drop In	10am - 12pm	01242 528567
		Community Cinema/Bistro Night	<i>Contact for info</i>	aidanandsilas@thevonsmiths.co.uk
Sat		CTFC Community Programme	7 - 8 pm	01242 518630 pete.hambling@ctfcp.com
		Cheltenham Child Contact Centre 	1 - 3 pm	01242 580812 cheltenhamcontact@familyspace.org.uk
Sun		Family Service, Parish Tea Service (<i>5th Sunday Only</i>)	10:30 am, 4 pm	01242 528567 aidanandsilas@thevonsmiths.co.uk
		Grid Youth Group (West Cheltenham Team)	7 - 8:30 pm	Oasis / WCTM Office

Christmas..



..with
West Cheltenham
Churches
this year 2016

St Mark

St Mark, Church Road, Cheltenham, GL51 7AL
www.stmarkonline.org

 St Mark Church, Cheltenham



Sunday 18th December

6.30pm Carol Service with the Bishop of Tewkesbury, followed by mulled wine and mince pies.

Christmas Eve

4.00pm Blessing of the Crib—a short service for all ages, with the Christmas story and children's carols.

11.00pm Holy Communion with carols.

Christmas Day

9.00am Holy Communion with carols.

11.00am Christmas Praise (for all ages).



St Aidan & St Silas, The Oasis Centre,
Cassin Drive, Cheltenham, GL51 7SY

 St Aidan and St Silas  @Aidenandsilas



Saturday 17th December

6.30pm Carols by Candlelight.

Sunday 18th December

10.30am Scratch Nativity.

Christmas Eve

4.30pm Crib Service.

11.00pm Midnight Communion.

Christmas Day

10.00am All Age with the 'Offering in Reverse'.



St Barnabas, Orchard Way, Cheltenham, GL51 7JY
www.stbarnabas.wctm.org.uk

 St Barnabas Church, Cheltenham



Sunday 18th December

6.30pm Carols by Candlelight; followed by seasonal refreshments.

Christmas Day

10.30am Christmas Family Communion Service.

WEST CHELTENHAM TEAM MINISTRY

Contact all Churches through the Parish Office - 01242 580022, parish.admin@stmarkonline.org

The Oasis Centre, Cassin Drive, Cheltenham Glos GL51 7SY

GLOW SPORTS

Come and give it a Glow! A fantastic new concept brought to you exclusively in Cheltenham by The Cheltenham Trust and Hesters Way Partnership.

Come and experience your favourite sports from table tennis, badminton, dodgeball, short-tennis and more – in the dark!

Using our special glow equipment, you will be testing your senses as well as your skills under our UV lights.

Glow Sports sessions for young people aged **11-18** coming soon to Hester's Way!

For information please contact;

Tom Sparks at The Cheltenham Trust
tom.sparks@cheltenhamtrust.org.uk



NEW HONEYBOURNE LINE GYM



The latest addition to local park equipment has appeared at the Honeybourne Line in recent weeks with next to no fanfare. It's a FREE outdoor gym, located between the railway station and the St Georges Road (graffiti) bridge.

There are six pieces of kit located at various distances apart for the keen....and not so keen fitness folk to use for free whenever they like.

The equipment includes;

Parallel Bars, Horizontal Ladder, Push Up, Hyperextension Bench, Vertical Climb, Push

Hands and Pull Up. The **Action Stations** feature interactive QR Code labels allowing users to find fitness information and instructional videos online. All units have been designed to ensure maximum comfort and safety and are abuse load tested to 540kg that's the weight of around four and a half grown men, or half a Rhino!



TRAVIS PERKINS SITE

New development at Gloucester Road?

Travis Perkins move from its Gloucester Road site has been in the balance for over 4 years but recent announcements indicate that the final relocation date to their new site on Tewkesbury Road will take place on 14th November.

The question now is, will it pave the way for plans previously consulted on for the development of 107 high-quality homes on land off Gloucester Road in Cheltenham? This was the intention of Taylor Wimpey when they received a resolution from CBC to grant full planning permission back in 2012.

This permission was subject to the signing of a Section 106 agreement, which would set out financial contributions which they would make towards **improving local services, facilities and infrastructure in conjunction with the development.**

We are not aware yet whether the current landowners, Travis Perkins, have entered into new negotiations with a developer but now that their move is confirmed perhaps we can expect some movement on the site in the near future?



The original masterplan shown above shaped through some public consultation included a residential development reflecting the characteristics of the neighbouring properties. It would include;

- **107 new homes / 16 affordable homes / mix of 2, 3 and 4-bedroom houses and apartments**
- **Access via an improved Travis Perkins entrance off Gloucester Road**
- **Enhanced landscaping on Gloucester Road**
- **Three new footpaths linking the development to Honeybourne Line**

Perhaps a new consultation may be in the offing? Lets wait and see!

HESTERS WAY

Neighbourhood Project

... run by local people for local people ...



www.hwnp.org / facebook
and twitter @hesterswaynp
Tel: 01242 521319

Can you help us?

VOLUNTEERS NEEDED IN OUR NEIGHBOURHOOD CHARITY SHOP

Must be honest, reliable and
willing to work

Call Christine or Maureen on
01242 252325 or just pop in for
a chat!



*Want to learn how to knit, paint,
crochet or make patchwork?*

Why not pop in and join us

EVERY MONDAY AND FRIDAY
10am—3pm

*At The Living Room, Rowanfield Ex-
change*

£2 per session (sorry no children)

THE LIVING ROOM @ Rowanfield Exchange

The Living Room is run by Hesters Way Neighbourhood Project and a team of dedicated volunteers and offers a range of activities for local people.

The Living Room, 12 Devon Avenue, Rowanfield, GL51 8AG, 01242 263420 T

To start up a new group or to book please ring 01242 521319 (8am to 6pm, Mon to Fri)

MONDAY	AM Group 10am to 1pm, , to 6pm	Open Session, 1 to 4.30pm
TUESDAY	Crazy Crafter 10am to 3pm	Ideas Welcomed
WEDNESDAY	Job Club 10am to 1pm	Open Session, 1 to 4.30pm
THURSDAY	Ideas Welcomed	Ideas Welcomed
FRIDAY	Coffee and cake 1st Friday 10.30am– 12.30pm	Spa Club 1st Friday evening
	Crazy Crafter 10am to 3pm	Open Session, 1 to 4pm
		Singing for a song 3 to 5pm Alt Fridays



Hesters Way Neighbourhood Project

"...run by local people for local people..."

Need help with computers?

Then come along to

"FREE" IT DROP-IN CLASS

Learn

- Keyboard basics
- Mouse basics
- Using emails
- Online searches
- Using public services
- Social media and Skype
- Look for jobs and pay bills online



Our skilled and friendly volunteers would love to help you.

Wednesday 1.30 pm - 4pm

Thursday 10am - 12.30pm

In the DIGI DEN at Hesters Way Community Resource Centre GL51 7SU

01242 521319 www.hwnp.org



BARGAINS GALORE!
 Save money
 Help to recycle
 Raise funds to support local projects

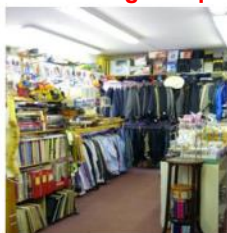


16 to 18 HESTERS WAY ROAD
 (Next to the Co-Op and Post Office)

We stock - nearly new
 CLOTHING, SHOES, BRIC a BRAC, TOYS, BOOKS, etc

Come and visit our Aladdin's cave of surprises.

Donations of good quality clothes, shoes, bric-a-brac, toys and books always welcomed



Tel: 252325

Open Monday to Friday 9:00 - 3:00



WILLY WONKA'S

WINTER WONDERLAND

Springbank Resource Centre

Saturday 3rd December

11am-2.30pm

Festive Fun & Activities

for all the Family



SANTA'S GROTTO
ENTERTAINMENT
RANGE OF FESTIVE STALLS
JT'S SEASONAL BBQ

ALL DONATIONS GRATEFULLY RECEIVED
FOR ANY FURTHER INFORMATION PLEASE CONTACT
HELEN HOPE 01242 539088

During the event our roaming photographers will be taking photographs for publicity purposes.
If you have any objections to your photograph being taken then please let us know, thank you.



All Saints' Academy
Sports & Community Centre
Cheltenham

A Christmas treat not to be missed!
<http://www.asachelt.org/1636/cinderella-pantomime>

Cinderella



Saturday December 10th 2016

A professional cast from Wonder Productions will be performing the Cinderella Pantomime at All Saints' Academy, Cheltenham. This classic rags to riches story tells us of beautiful young girl who is cruelly treated by her jealous Ugly Step-sisters. If she's to meet her Prince Charming and find true love before the clock strikes midnight, she'll need all the magic her Fairy Godmother can muster up, along with the help from her best friend Buttons.

Will Cinderella get her fairy tale ending?

Tickets Prices

Children under 3: FREE

Aged 3-16: £5

Aged 16-65: £8

Concessions (65+): £7

Family Ticket (2 Adults + 2 Children): £24

ShowTime's: 1pm & 5pm

Refreshments will be available in the interval.

Free parking available onsite.

To book or for more information contact:

Email - lettings@asachelt.org

Call - 01242 711200