

SOPHIE, 17, has been keeping detailed dream diaries since she was four. 'Complete self-realisation has to be our only goal as human beings. It brings us closer to the Divine.'



THIS PAGE,
SOPHIE WEARS, *FROM*
TOP, WHITE-GOLD
& DIAMOND WATCH,
£205,000, BY **JAEGER**
LE-COULTRE.
WHITE-GOLD, DIAMOND,
SPESSARTITE-
GARNET & ORANGE-
SAPPHIRE WATCH,
POA, BY **CHANEL.**
WHITE-GOLD &
DIAMOND WATCH, POA,
BY **BACKES &**
STRAUSS. WHITE-GOLD
& DIAMOND WATCH,
POA, BY **GRAFF**

OPPOSITE PAGE,
GEOFF WEARS, *FROM*
TOP, ROSE-GOLD &
DIAMOND WATCH WITH
SATIN STRAP, POA, BY
HARRY WINSTON.
DIAMOND, MOTHER-
OF-PEARL & STEEL
WATCH, £2,000, BY
BAUME & MERCIER.
GOLD, DIAMOND &
CERAMIC WATCH,
£7,550, BY **BULGARI.**
BERNARD WEARS,
FROM TOP,
WHITE-GOLD WATCH
WITH LEATHER STRAP,
£42,000, BY **PIAGET.**
WHITE-GOLD, DIAMOND
& MOTHER-OF-
PEARL WATCH WITH
LEATHER STRAP,
£27,800, BY **BREGUET.**
ROSE-GOLD WATCH
WITH ALLIGATOR STRAP,
£32,000, BY **BOVET**