

10AM, 17TH JULY 2016

START & FINISH @ FORMARKE HALL



BROOKSIE'S BASH

10 MILE TRAIL RACE AND 'ENJOY DERBY' WALK



A BRAND NEW OFF-ROAD RACE COMING TO SOUTH DERBYSHIRE
FOR THE 1ST TIME THIS SUMMER

A SCENIC RUN OF 10 COUNTRY MILES - ALMOST ENTIRELY ON TRAFFIC FREE FOOTPATHS & BRIDLEWAYS.
WE ALSO HAVE A 3 MILE CHALLENGE WALK IN PARTNERSHIP WITH DERBYSHIRE MIND'S 'ENJOY DERBY' PROJECT.

ALL PROFITS WILL BE DONATED TO DERBYSHIRE MIND, AN INDEPENDENT LOCAL CHARITY WHICH SUPPORTS PEOPLE EXPERIENCING
OR CARING FOR SOMEONE WITH MENTAL HEALTH PROBLEMS - SOMETHING WHICH AFFECTS 1 IN 4 PEOPLE IN THE UK.
100% OF MONEY THEY RECEIVE IS USED TO PROVIDE SERVICES TO PEOPLE NEEDING THEIR HELP.

OUR EVENTS ARE RENOWNED FOR BEING THE FRIENDLIEST AROUND.
WHETHER YOU'RE A RECREATIONAL RUNNER LOOKING FOR YOUR NEXT CHALLENGE, AN EXPERIENCED RACER,
OR JUST UP FOR A WALK IN THE COUNTRYSIDE, WE'RE SURE YOU'LL HAVE FUN.

10 MILE RACE: £10 (ADVANCE ENTRY ONLY)
+£2 FOR UKA NON-AFFILIATED

3 MILE WALK: £3 (ENTER ON THE DAY)

THE **10 MILER** IS LIMITED TO **250 RUNNERS**
SO PLEASE BE QUICK TO SECURE YOUR PLACE!

MORE INFO? VISIT WWW.SHELTONSTRIDERS.ORG.UK & WWW.DERBYSHIREMIND.ORG.UK

HELD UNDER UK ATHLETICS RULES. PERMIT APPLIED FOR VIA THE TRAIL RUNNING ASSOCIATION.