

# **Adult Course Guide**

Spring 2020

# Welcome to the Lancashire Adult Learning Spring Course Guide.

Lancaster

Preston

Chorley

South Ribble

Wyre

Fylde Coast

West Lancashire

## What we do...

Lancashire Adult Learning is the second largest adult community learning provider in the country and provides exceptional learning opportunities across Lancashire. In total, Lancashire Adult Learning delivers in more than 300 venues across Lancashire, working with over 200 partners to reach over 14,000 learners.

We offer a wide range of programmes to help you get back into work, courses for leisure, Maths and English and programmes to improve your digital skills.

In East Lancashire we also offer Professional Skills and Higher Level qualifications for adults that are looking to get back into work, change their career or simply upskill within their current job role. To find out more about our Professional Skills and Higher Level qualifications, pick up a **Professional Skills Guide or Undergraduate Prospectus**.

## Learn something new this Spring!

What's on offer this Spring...

For this Spring, why not have a go at something new with one of our free introductory sessions? Try out a new language, learn the art of creative writing, discover your cooking skills or immerse yourself in a number of ways to improve your health and wellbeing.

There is also the chance to progress you career with a local and affordable universit level qualification, and we have of variety of free, high-quality Functiono Skills and GCSE courses in Mathe English, ESOL and ICT taking place across the county too. You could also get back into work with one of ou FREE Work Clubs

Pendle

It's never too late to learn with Lancashire Adul Learning. So why not learn something new today

Ribble Valley

Hyndburn



Burnley

## Our Courses

 Arts, Media and Publishing
Computing, IT and Business
Employability and Work Clubs
English, Maths, ICT and ESOL
Family Learning
Health and Wellbeing
Humanities
Languages
Stronger Communities

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# **Central and West Lancashire**

## Location Key

ASC | Ascension Community Centre 450 Watling Street Road, Preston, PR2 6UA

ASH | Ashton Methodist Church Wellington Rd, Ashton-on-Ribble, Preston, PR2 1BU

BAM | Bamber Bridge Methodist Church Station Road, Bamber Bridge, PR5 6ED

CHO | Chorley Library Union Street, Chorley, PR7 1EB

EUX | Euxton Parish Community Centre School Lane, Chorley, PR7 6JL

JEF | Jeff's Orange Rooms 22 Saint Thomas' Road, Chorley PR7 1HR

LAN | Lancaster Way Community Centre Buckshaw Village, Chorley, PR7 7LJ

MAR | St Mary's Church Hall (Priory) Broadfield Drive, Leyland, PR25 1PD

MIC | St Michael's CE High School Astley Road, Chorley, PR7 1RS

ORM | Ormskirk Civic Hall Southport Road, Ormskirk, L39 1LN

PEC St Peter's Church Harpers Lane, Chorley, PR6 0HT

PET | St Peter's Meeting Room Harpers Lane, Chorley, PR6 0HT PPC | St Peter's Parish Club Eaves Lane, Chorley, PR6 0DX

PLA | The Place 73 Royal Avenue, Leyland, PR25 1BX

PUL | PULSE (People's Umbrella for Learning) Concourse Shopping Centre, Skelmersdale, WN8 6LN

SKE | Skelmersdale Library Southway, Skelmersdale, WN8 6NL

SPA | SPACE Centre Pedders Lane, Ashton on Ribble, Preston, PR2 2TH

## **Health and Wellbeing**

Whether you are looking to enjoy a bit of 'me time' with one of our mindfulness classes, or would like to raise your food safety awareness, we have a range of Health and Wellbeing courses to suit you and your interests.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
5 Ways to Improve Your Mental Wellbeing	BHBN1000D	LAN	1pm - 3pm	7th February	FRI	1	FREE
Basic Awareness of Food Safety	BHBN1009B	PPC	1pm - 3pm	11th February	TUE	1	FREE
Basic Awareness of Food Safety	BHBN1009	ASH	9:30am - 11:30am	3rd March	TUE	1	FREE
Be Food Smart	BHBN1008	ASC	1pm - 3pm	14th January	TUE	1	FREE
Cancer Screening Champions	BHBN1029A	PPC	9:30am - 12pm	4th February	TUE	1	FREE
Cancer Screening Champions	BHBN1029B	BAM	1pm - 3pm	4th February	TUE	1	FREE
Cancer Screening Champions	BHBN1029	PUL	2pm - 4pm	4th February	TUE	1	FREE
Kindfulness: Unlock Happiness with Kindness	BHBN1030	MAR	9:30am - 11:30am	2nd April	THU	1	FREE
Lancashire Lifesavers	BHBN1004U	PET	9:30am - 11am	4th February	TUE	1	FREE
Lancashire Lifesavers	BHBN1004L	ASH	9:30am - 11am	13th February	THU	1	FREE
Lancashire Lifesavers	BHBN1004S	ORM	9:30am - 11am	2nd March	MON	1	FREE
Lancashire Lifesavers	BHBN1004Q	BAM	6pm – 7:30pm	28th April	TUE	1	FREE
Mindfulness Techniques for Everyday Living	BHBN1005G	SKE	1pm - 3pm	20th April	MON	1	FREE
Mindfulness Techniques for Everyday Living	BHBN1005H	SPA	9:30am - 11:30am	21st April	TUE	1	FREE



## **Arts and Media**

Our Arts and Media courses are an ideal way to learn a new skill or find your passion for a new hobby. From Sewing and Dressmaking to Drawing and Painting, we can help you enhance your creative flair. There's something for everyone to enjoy!

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Botanical Drawing for Beginners	BATN1048	SPA	1pm - 3pm	15th January	WED	10	£120 🔺
Children`s Book Illustration for Beginners	BATN1047	SPA	10am - 12pm	15th January	WED	11	£132 🔺
Drawing and Painting Using Mixed Media	BATN1007A	SPA	10am - 12pm	17th January	FRI	10	£120 🔺
Introduction to Sewing and Dressmaking	BATN1038	JEF	9:30am - 12pm	9th January	THU	1	FREE
Sewing and Dressmaking Beginners	BATN1026B	JEF	9:30am - 12pm	16th January	TUE	11	£132 🔺



A Fee reduction may apply

A Fee reduction may apply Material fees may apply

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## FREE **Functional Skills** Maths, English, ICT and ESOL courses are also available across Central and West Lancashire

See page 30 for more details

## Languages

Our language classes are a great way to develop valuable skills. Whether you want to pick up a few phrases for your next holiday or are looking to become a fluent linguist, we can help you enhance your language skills.

## 1 Beginners

## 2 | Improvers

Suitable for those who have some previous knowledge of the language and want to improve or existing language skills

## 3 | Pre-Intermediate

Suitable for those who have completed the Improvers course or who have previously studied the language for 1-2 years

## 4 | Intermediate

Suitable for those who have completed the Pre-Intermediate course or who have previously studied the language for approximately 3 years

## 5 | Post-Intermediate

Suitable for those who have completed the Intermediate course or who have previously studied the language for approximately 4 years

## 6 | Advanced/ Conversational

Suitable for those who have completed the Post-Intermediate course or who have previously studied the language for approximately 5 years

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
Italian Beginners Term 2	BLGN1022D	MIC	6pm - 8pm	13th January	MON	10	£120 🔺
Italian Improvers Term 2	BLGN1020A	PET	1pm - 3pm	14th January	TUE	11	£132 🔺
Italian Pre-Intermediate Term 2	BLGN1023B	SPA	1pm - 3pm	16th January	THU	11	£132 🔺
Italian Post-Intermediate Term 2	BLGN1025A	MIC	6pm - 8pm	14th January	TUE	11	£132 🔺
A Taste of Italian Language, Food and Lifestyle	BLGN1040	JEF	1.30pm - 3:30pm	6th January	MON	1	FREE
Italian Cooking & Culture	BLGN1041	JEF	10am - 12pm	13th January	MON	10	£120 🔺

## French

Italian

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
French Beginners	BLGN1004C	MIC	6pm - 8pm	15th January	WED	11	£132 🔺
French Beginners Term 2	BLGN1002G	JEF	1pm - 3pm	17th January	FRI	10	£120 🔺
French Improvers Term 2	BLGN1001A	JEF	10am - 12pm	17th January	FRI	10	£120 🔺
French Intermediate Term 2	BLGN1005C	MIC	6pm - 8pm	14th January	TUE	11	£132 🔺
A Taste of French Language, Food and Lifestyle	BLGN1037	EUX	10am - 12pm	8th January	WED	1	FREE

## German

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
German Improvers Term 2	BLGN1014C	JEF	1pm - 3pm	14th January	TUE	11	£132 🔺
German Pre- Intermediate Term 2	BLGN1011B	JEF	10am - 12pm	14th January	TUE	11	£132 🔺
German Post- Intermediate Term 2	BLGN1016A	SPA	6:30pm - 8:30pm	16th January	THU	11	£132 🔺

## Spanish

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Spanish Beginners Term 2	BLGN1028K	MIC	6pm - 8pm	13th January	MON	10	£120 🔺
Spanish Beginners Term 2	BLGN1028G	EUX	10am - 12pm	17th January	FRI	10	£120 🔺
Spanish Improvers Term 2	BLGN1032G	MIC	6pm - 8pm	13th January	MON	10	£120 🔺
Spanish Improvers Term 2	BLGN1032E	EUX	1pm - 3pm	14th January	TUE	11	£132 🔺
Spanish Intermediate Term 2	BLGN1030A	EUX	10am - 12pm	14th January	TUE	11	£132 🔺
Spanish Post- Intermediate Term 2	BLGN1033C	EUX	10am - 12pm	15th January	WED	11	£132 🔺
A Taste of Spanish Language, Food and Lifestyle	BLGN1043	EUX	1:30pm - 3:30pm	7th January	TUE	1	FREE

## British Sign Language

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
Introduction to British Sign Language	BLGN1000C	JEF	9:30am - 12:30pm	6th February	THU	1	FREE
Introduction to British Sign Language	BLGN1000F	JEF	9:30am - 12:30pm	13th February	THU	1	FREE
British Sign Language for Beginners	BLGN1044	JEF	9:30am - 12:30pm	27th February	THU	5	£75 🍐



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# **East Lancashire** and the Ribble Valley

East Lancashire is home to our main campus for Lancashire Adult Learning, Northlight in Brierfield, as well as our two group college campuses Nelson and Colne College and Accrington and Rossendale College. As such, we are able to offer a broader range of courses for this region. The offer includes community learning and leisure courses, as well as professional and higher level part-time qualifications for adults looking to upskill. Take a look at our range of courses available for this Spring...

## **Location Key**

ACE | The ACE Centre Cross Street, Nelson, BB9 7NN

ARC | Accrington and Rossendale College Sandy Lane, Accrington, BB5 2AR

BFC | Burnley FC in the Community Turf Moor, Harry Potts Way, BB10 4BX

BUR | Burnley Campus Library Barden Lane, Burnley, BB10 1JD

CLI | Cliviger Village Hall 380 Burnley Road, Burnley, BB10 4SU

COA | Coal Clough Community Centre 2 Pasturegate Avenue, Burnley, BB11 4DD

CRA | Crawshawbooth Village Centre and Library Adelaide Street, Rossendale, BB4 8PW

HAS | Haslingden Community Link Bury Road, Rossendale, BB4 5PG

LIN | Linkbridge Community Centre 1 Swinless Street, Burnley, BB10 3NB

NCC | Nelson and Colne College Scotland Road, Nelson, BB9 7YT

NOR | Lancashire Adult Learning Northlight, Brierfield Mill, Glen Way, Brierfield, BB9 5NH

PAD | Padiham Town Hall Burnley Road, Padiham, BB12 8BS

VAL | Valley Street Community Centre Valley Street, Burnley, BB11 5LZ

**VET** | Veterans in Communities 12 Bury Road, Haslingden, Rossendale, BB4 5PI



## **Humanities**

Join one of our Humanities courses to spark your love for learning and introduce you to new theories and ideas about the world around you.

WAT | The Waterside Centre

BB5 1NA

St James Court West, Accrington,

Station Road, Whalley, BB7 9RH

WHI | Whitewell Bottom

**Community Centre** 

WHA | Whalley Old Grammar School

Burnley Road East, Rossendale, BB4 9LB

WOO | Woodnook Community Centre Royds Street, Accrington, BB5 2HU

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
Creative Writing Beginners	BHNN1000C	NCC	6pm - 8pm	15th January	WED	11	£132 🔺
Introduction to Lancashire's Social History	BHNN1005	ACE	10am - 12pm	15th January	WED	1	FREE
Lancashire: A Social History Through the Decades	BHNN1009	ACE	10am - 12pm	22nd January	WED	10	£120 🔺
Shakespeare`s Writings for Beginners	BHNN1005A	NOR	10am - 12pm	9th January	THU	1	FREE
Write A Poem in a Morning	BHNN1008	ACE	10am - 12pm	8th January	WED	1	FREE

## **Digital**

Learn the basics of building a website with our 'Get Started' courses.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
Get Started with Web Design	BICN1000C	NCC	6pm - 8:30pm	12th February	WED	1	FREE
Get Started with Web Design	BICN1000B	ARC	6pm - 8:30pm	1st April	WED	1	FREE

## **Arts and Media**

Our range of Arts and Media courses are an ideal way to learn a new skill or hobby. From Art History to Drawing and Painting to Bookbinding and Book Arts, we can help you enhance your creative flair. There's something for everyone to enjoy!

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
Abstract Painting Improvers	BATN1000A	NOR	1pm - 3pm	16th January	THU	11	£132 🔺
Introduction to Art History	BATN1039	NOR	10am - 12pm	8th January	WED	1	FREE
Art History for Beginners	BATN1041	NOR	10am - 12pm	15th January	WED	5	£60 🔺
Introduction to Bookbinding and Book Arts	BATN1012B	PAD	10am - 12pm	9th January	THU	1	FREE 🔺
Bookbinding and Book Arts for Beginners	BATN1046	PAD	10am - 12pm	16th January	THU	11	£132 🔺
Digital Photography Beginners	BATN1003A	NCC	6pm - 9pm	14th January	TUE	5	£90 🔺
Digital Photography Intermediate	BATN1004A	NCC	6pm - 9pm	3rd March	TUE	5	£90 🔺
Drawing and Painting Beginners	BATN1005E	ACE	1pm - 3pm	17th January	FRI	10	£120 🔺
Drawing and Painting Beginners	BATN1005F	PAD	1pm - 3pm	16th January	THU	11	£132 🔺
Drawing and Painting Improvers	BATN1006A	NOR	10am - 12pm	16th January	THU	11	£132
Henna Painting	BATN1043	NOR	9am - 11:30am	9th January	THU	1	FREE
How To Make a Pin Cushion	BATN1044	LIN	1:30pm - 3:30pm	10th January	FRI	1	FREE
Introduction to Acrylic Expressionist Portraits	BATN1040	ACE	10am- 12pm	19th February	WED	1	FREE
Acrylic Expressionist Portraits for Beginners	BATN1041	ACE	10am- 12pm	26th February	WED	5	£60 🔺
Sewing and Dressmaking Beginners Plus	BATN1026B	BUR	12:30pm - 3pm	13th January	MON	11	£132 🔺
Sewing and Dressmaking Beginners Plus	BATN1045	NCC	6pm - 8pm	15th January	WED	11	£132 🔺

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## **FREE**

**Functional Skills** Maths, English, ICT and ESOL courses are also available across East Lacashire and the Ribble Valley See page 30 for more details

Material fees may apply

Enrol Online: www.lal.ac.uk Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.





## **Health and Wellbeing**

Whether you are looking to enjoy a bit of 'me time' with one of our relaxation and de-stress classes, or would like to raise your food safety awareness, we have a range of Health and Wellbeing courses to suit you and your interests.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
5 Ways to Improve Your Mental Wellbeing	BHBN1000C	NOR	1pm - 3pm	7th February	FRI	1	FREE
5 Ways to Improve Your Mental Wellbeing	BHBN1000E	WHA	9:30am - 11:30am	7th February	FRI	1	FREE
Basic Awareness of First Aid	BHBN1016	BFC	9:30am - 11am	13th February	THU	1	FREE
Basic Awareness of First Aid	BHBN1016B	NOR	1pm - 2:30pm	28th April	TUE	1	FREE
Basic Awareness of First Aid	BHBN1016E	WAT	1pm - 2:30pm	30th April	THU	1	FREE
Basic Awareness of Food Safety	BHBN1009C	WAT	1pm - 3pm	16th March	MON	1	FREE
Basic Awareness of Food Safety	BHBN1009A	NOR	9:30am - 11:30am	2nd April	THU	1	FREE
Be Food Smart	BHBN1008A	CLI	1pm - 3pm	17th January	FRI	1	FREE
Cooking for One	BHBN1022	NOR	9:30am - 12pm	21st January	TUE	1	FREE
Microwave Cookery	BHBN1023	NOR	9:30am - 12pm	28th January	TUE	1	FREE
Focus on Healthy Eating	BHBN1020	NOR	9:30am - 11:30am	14th January	TUE	1	FREE
Lancashire Lifesavers	BHBN1004M	BFC	9:30am - 11am	30th January	THU	1	FREE
Lancashire Lifesavers	BHBN1004R	WHA	1pm - 2:30pm	9th March	MON	1	FREE
Lancashire Lifesavers	BHBN1004O	VET	1pm - 2:30pm	17th March	TUE	1	FREE
Lancashire Lifesavers	BHBN1004W	WAT	1pm - 2:30pm	20th March	FRI	1	FREE
Lancashire Lifesavers	BHBN1004P	NOR	1pm - 2:30pm	31st March	TUE	1	FREE
Microwave Tips and Tricks	BHBN1025	NOR	9:30am - 12pm	4th February	TUE	1	FREE
Mind Calm: Find Peace in a Hectic world	BHBN1017A	WHA	9:30am - 11:30am	20th April	MON	1	FREE
Relax and De-stress	BHBN1006C	WHI	1pm - 3pm	20th April	MON	1	FREE
Relax and De-stress	BHBN1006D	NOR	9:30am - 12pm	24th April	FRI	1	FREE
Sugar Swaps	BHBN1031A	WHI	9:30am - 11:30am	15th January	WED	1	FREE

## **Construction and Motor Vehicle**

Are you looking to improve your home DIY or Motor Vehicle Maintenance skills? We have a range of courses to suit you.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST	
CSCS (CITB)	BCSP1000	WAT	9:30am - 3:30pm	Various	TUE, THU + FRI	1	From £95	
CSCS (CITTB) Exam Only	BCSF1001	WAT	3:30pm - 5:30pm	Various	FRI	1	From £40	
Electric and Hybrid Vehicle Level 2/3	AMTRP002	ARC	6:30pm - 9pm	21st January	TUE	9	£800	
Furniture Upcycling	APADP003	ARC	1pm - 4pm	24th January	FRI	5	£80	
Garden Improvement for Beginners	ABCKP003	ARC	5:30pm - 9pm	22nd January	WED	9	£150	
Joinery Skills for the Home	AWFCP002	ARC	5:30pm - 9pm	22nd January	WED	9	£150	
Motor Vehicle General Maintenance	AMTRP003	ARC	5:30pm - 9pm	20th January	MON	9	£150	
Multiskills	ABCKP001A	ARC	5:30pm - 9pm	21st January	TUE	12	£150	
Painting and Decorating Skills for the Home	APADP002	ARC	9:30am - 1pm	23rd January	THU	9	£150	
Plastering Repairs for the Home	APLAP002	ARC	9:30pm - 1pm	22nd January	WED	9	£150	

## **Facilities and Cleaning Services**

From Advanced Cleaning to Biohazard, Crime and Trauma Scene Cleaning, our Facilities and Cleaning Services qualifications are suitable for those looking to advance their skills in this industry.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	СОЅТ
Facilities and Building Cleaning Level 1	BFCN1000	ARC	9:30am - 3pm	6th January	MON + TUE	4	£200 🔺
Facilities Services Principles Level 2	BFCN1001	ARC	9:30am - 3pm	9th January	THU + FRI	2	£250 🔺
Biohazard, Crime and Trauma Scene Cleaning	BFCN1003	ARC	9am - 4pm	23th + 24th January	THU + FRI	1	£295 🔺
Advanced Cleaning Level 2	BFCN1002A	ARC	9:30am - 3pm	30th January	THU + FRI	3	£250 🔺
Facilities and Building Cleaning Level 1	BFCN1000A	ARC	9:30am - 3pm	2nd March	MON + TUE	4	£200 🔺
Facilities Services Principles Level 2	BFCN1001A	ARC	9:30am - 3pm	5th March	THU + FRI	2	£250 🔺
Biohazard, Crime and Trauma Scene Cleaning	BFCN1003A	ARC	9am - 4pm	26th + 27th March	THU + FRI	1	£295 🔺

▲ Fee reduction may apply Material fees may apply

Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.

▲ Fee reduction may apply







## COMING SOON

Introduction to Outdoor Cleaning and Window Cleaning

**Enquire Now!** 

## Languages

Our language classes are a great way to develop valuable skills. Whether you want to pick up a few phrases for your next holiday or are looking to become a fluent linguist, we can help you enhance your skills.

## 1 Beginners

## 2 | Improvers

Suitable for those who have some previous knowledge of the language and want to improve on existing language skills

## 3 | Pre-Intermediate

Suitable for those who have completed the Improvers course or who have previously studied the language for 1-2 years

## 4 | Intermediate

Suitable for those who have completed the Pre-Intermediate course or who have previously studied the language for approximately 3 years

## 5 | Post-Intermediate

Suitable for those who have completed the Intermediate course or who have previously studied the language for approximately 4 years

## 6 | Advanced/ Conversational

Suitable for those who have completed the Post-Intermediate course or who have previously studied the language for approximately 5 years

## Italian

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Italian Beginners Term 2	BLGN1022C	WHA	1pm - 3pm	14th January	TUE	11	£132 🔺
History of Italian Cinematography	BLGN1039	WHA	10am - 12pm	15th January	WED	11	£132 🔺
Introduction to Italian Cuisine	BLGN1042	WOO	10am - 3:30pm	18th January	SAT	1	£39 🔺
Introduction to Italian Culture	BLGN1038	NOR	10am - 12pm	6th January	MON	1	FREE

## French

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
French Beginners Term 2	BLGN1002E	WHA	10am - 12pm	14th January	TUE	11	£132 🔺
French Pre-Intermediate Term 2	BLGN1004B	WHA	10am - 12pm	13th January	MON	10	£120 🔺
French Intermediate Term 2	BLGN1007B	WHA	1pm - 3pm	13th January	MON	10	£120 🔺

## German

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
German Beginners Term 2	BLGN1015D	WHA	6:30pm - 8:30pm	13th January	MON	10	£120 🔺
German Improvers Term 2	BLGN1014B	NOR	9:30am - 11:30am	15th January	WED	11	£132 🔺
A Taste of German Language, Food and Lifestyle	BLGN1036	ACE	10am - 12pm	8th January	WED	1	FREE

## Spanish

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Spanish Beginners Term 2	BLGN1028J	WHA	2pm - 4pm	14th January	TUE	11	£132 🔺
Spanish Beginners Term 2	BLGN1028H	NCC	6pm - 8pm	16th January	THU	11	£132 🔺
Spanish Beginners Term 2	BLGN1028I	WHA	6pm - 8pm	16th January	THU	11	£132 🔺
Spanish Improvers Term 2	BLGN1032F	WHA	9am - 11am	14th January	TUE	11	£132 🔺
Spanish Pre- Intermediate Term 2	BLGN1035B	WHA	11:30am - 1:30pm	14th January	TUE	11	£132 🔺
Spanish Advanced Term 2	BLGN1031B	PAD	9am - 11am	13th January	MON	10	£160 🔺
Spanish Conversation (Advanced) Term 2	BLGN1034A	WHA	9am - 11am	16th January	THU	11	£176

## **British Sign Language**

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
Introduction to British Sign Language	BLGN1000E	NOR	9:30am - 12:30pm	9th January	THU	1	FREE
Introduction to British Sign Language	BLGN1000B	OPE	9:30am - 12:30pm	16th January	THU	1	FREE

## **Hairdressing and Beauty**

Take the first step towards a career in the Hair and Beauty industry with one of our professional skills qualifications. We also have a range of beauty and hair masterclasses which can be studied for leisure or to help you develop your professional skills set.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST	
Hair Extensions Masterclass	ABTSP001	ARC	9:30am-4pm	27th May	WED	1	£75 + Kit	
Hair Techniques (Hair or Barbering) Level 2 Certificate	AHASP202	ARC	6:30pm - 8:30pm + 5:30pm - 9:30pm	27th January	MON + TUE	18	£550 + Kit	
Hair Techniques (Hair or Barbering) Level 2 Certificate	NHASP202	NCC	6:30pm - 8:30pm + 5:30pm - 9:30pm	' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '		18	£550 + Kit	
Individual Lashes Masterclass	ABTSP001	ABTSP001 ARC 9:30am – 5pm 6 April		MON	1	£70 + optional kit		
Individual Lashes Masterclass	al Lashes Masterclass NBTSP001 NCC 9:30am - 5pm 17th February		MON	1	£70 + optional kit			
Introduction to Body Massage Masterclass	NBTSP001	2001 NCC 6pm – 9pm 28th January		TUE	10	£250		
Make up Techniques Masterclass (including Eye Treatments)	ABTSP201	ARC	5:30pm - 9:30pm	11th February	TUE	18	£550 + Kit	
Make up Techniques Masterclass (including Eye Treatments)	NBTSP201	NCC	5:30pm - 9:30pm	12th February	WED	18	£550 + Kit	
Self Tanning Masterclass	ABTSP001	ARC	9:30am - 12pm	17th February	MON	1	£30	
Self Tanning Masterclass	ABTSP001	ARC	9:30am - 12pm	26th May	TUE	1	£30	
Self Tanning Masterclass	NBTSP001	NCC	9:30am - 12pm	6th April	MON	1	£30	
Twinkle Toes Masterclass	ABTSP001	ARC	9:30am - 4pm	17th February	MON	1	£60	
Twinkle Toes Masterclass	NBTSP001	NCC	9:30am - 4pm 6th April		MON	1	£60	
Women's and Men's Hairdressing Level 2 Diploma	AHASP201	ARC	6:30pm – 8:30pm + 5:30pm – 9:30pm 11th February		TUES + WED	20	£1,810 + Kit	
Women's and Men's Hairdressing Level 2 Diploma	NHASP201	NCC	6:30pm - 8:30pm + 5:30pm - 9:30pm	11th February	TUES + WED	20	£1,810 + Kit	

A Fee reduction may apply Material fees may apply ▲ Fee reduction may apply









## Health, Social Care, Childcare and Education

Whether you are looking to advance your knowledge within this sector to aid your career, or are interested in gaining more insight into a health or mental health condition for personal reasons, then our range of qualifications may be suitable for your needs.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Autism Spectrum Condition Level 1	BHBN1026	NCC	6pm - 9pm	16th January	THU	4	£45
Autism Spectrum Condition Level 1	BHBN1026	NCC	6pm - 9pm	3rd March	TUE	4	£45
Bitsesize into Substance Misuse Awareness	BHBN1043	WAT	9:30am - 3pm	10th January	FRI	5	£15 🔺
Bitsesize into Substance Misuse Awareness	BHBN1043	VET	9:30am - 12.30pm	29th January	WED	2	£15 🔺
Certificate in Common Health Conditions Level 2	BHBN1047	WAT	9:30am - 12:30pm	15th January	WED	17	£230
Certificate in Counselling Skills Level 2	AHESH201	ARC	10am - 2pm	22nd January	WED	18	£405
Certificate in Understanding Autism Level 2	BHBN1042	WAT	1pm - 4pm	9th January	THU	12	£230
Certificate in Understanding Children and Young Peoples Mental Health Level 2	BHBN1049	WAT	9:30am - 12:30pm	2nd March	MON	14	£230 🔺
Certificate in Understanding Children and Young Peoples Mental Health Level 2	BHBN1033	OPE	9:30am - 12:30pm	7th January	TUE	14	£230 🍐
Education and Training Level 3	AAHEP303	ARC	9:30am - 12:30pm	14th January	TUE	12	£425
Health and Social Care Certificate Level 1	BHBN1034	NOR	9:30am - 12:30pm	8th January	WED	12	£125 🔺
Introduction to Autism Condition	BHBN1027	NCC	6pm - 9pm	9th January	THU	1	FREE
Introduction to Autism Condition Level 1	BHBN1027	NCC	6pm - 9pm	25th February	TUE	1	FREE
Introduction to Autism Level 1	BHBN1038	OPE	9:30am - 12:30pm	15th January	WED	5	£45 🔺
Introduction to Autism Level 1	BHBN1038	WAT	9:30am - 12:30pm	28th February	FRI	5	£45 💧
Introduction to Dementia Level 1	BHBN1078	WAT	9:30am - 12:30pm	8th January	WED	2	£45 🎽
Introduction to Learning Disabilities	BHBN1037	WAT	1:30pm - 4pm	5th March	THU	4	£45 🍐
Mental Health Awareness Certificate Level 2	BHBN1040	WAT	9:30am - 12:30pm	7th January	TUE	20	£230 🔺
Personal and Social Wellbeing Award Level 1	BHBN1035	WAT	9:30am - 12:30pm	14th January	TUE	10	£95 🔺
Preparing to Work in Adult Care Award Level 1	BHBN1035	LIN	9:30am - 12:30pm	10th January	FRI	10	£95 🍐
Preparing to Work in Adult Care Award Level 1	BHBN1046	WAT	1pm - 4pm	14th January	TUE	10	£95
Preparing to Work in Adult Care Award Level 1	BHBN1035	OPE	9:30am - 12.30pm	16th January	THU	10	£95 🎽

Preparing to Work in Adult 1pm -BHBN1036 WAT 6th January Care Certificate Level 2 4pm Preparing to Work in Adult 6pm -BHBN1036 WAT 13th January Care Certificate Level 2 9pm Principles of Dementia 9:30am -BHBN1078 WAT 22nd January Care Certificate Level 2 12:30pm Substance Misuse Award 6pm -BHBN1048 14th January ARC Level 2 9pm Substance Misuse Award 9:30am -BHBN1048 17th January WAT 12.30pm Level 2 Understanding Alcohol 9:30am -22nd January and Substance Misuse BHBN1010 VET 12.30pm Level 2



A Fee reduction may apply

A Fee reduction may apply Material fees may apply

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′	MON	14	£230 🔺
y	MON	14	£230 🔺
/	WED	10	£230 🔺
y	TUE	10	£230 🔺
y	FRI	10	£230 🔺
y	WED	1	£15 🔺









## **First Steps to Higher Education**

The Pre-Access courses are ideal for those who would like to enter the Access to Higher Education course but haven't got the necessary GCSE grades required. It is suited to those who have been out of education for some time and who need to re-learn how to study at a higher level before progressing onto the Access programme.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Health and Social Care Professions (Pre-Access) Level 2 Certificate	AAHEP201	ARC	9:30am - 4pm	21st January	TUE	15	£225 🔺
Health and Social Care Professions (Pre-Access) Level 2 Certificate	NAHEP201	NCC	TBC	w/c 20th January	TBC	15	£225 🔺

## Horticulture

If you're looking to learn how to grow your own healthy herbs for cooking, or would like to make some spring baskets for your garden, we have a range of Horticulture courses to suit you.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Grow Your Own Healthy Herbs	BHBN1011	BFC	9am - 12pm	16th January	THU	1	FREE
Grow Your Own Healthy Herbs	BHBN1011A	HAS	9:30am - 12:30pm	23rd January	THU	1	FREE
Seed Bombs: Wild Flowers	BHBN1019A	VAL	9:30am - 12:30pm	30th January	THU	1	FREE
Seed Bombs: Wild Flowers	BHBN1019	VET	9:30am - 12:30pm	11th February	TUE	1	FREE
Spring Baskets	BHBN1014	VAL	9:30am - 12:30pm	6th February	THU	1	FREE
Spring Baskets	BHBN1014A	WHA	9:30am - 12:30pm	13th February	THU	1	FREE
Winter Baskets	BHBN1021	NOR	9:30am - 12:30pm	14th January	TUE	1	FREE
Winter Baskets	BHBN1021A	WHA	9:30am - 12:30pm	24th January	FRI	1	FREE
Smudging for Your Senses	BHBN1012A	VAL	9:30am - 12:30pm	28th January	TUE	1	FREE
Smudging for Your Senses	BHBN1012	BFC	9am - 12pm	4th February	TUE	1	FREE

## Sport

Open the door to a career within the Sports and Leisure industry by choosing our Fitness Instructor professional skills qualification.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Level 2 Fitness Instructor	ASPOP201	ARC	6pm - 9pm	3rd February	MON	11	£315 🔺

A Fee reduction may apply Material fees may apply



Enrol Online: www.lal.ac.uk (C) Call to Enrol: **0333 003 1717** Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.

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# FAST-TRACK



## YOUR CAREER WITH A UNIVERSITY LEVEL QUALIFICATION





opportunities

## HIGHER LEVEL QUALIFICATIONS ON OFFER:

### **Applied Sciences**

HNC in Applied Biology HNC/D in Computing - January Start Available BSc (Hons) in Sports Science and Coaching Studies

## **Building and Engineering**

- HNC/D in Construction Built Environment January Start Available HNC/D in Engineering Degree Apprenticeship in Electrical / Electronic Technical Support Engineer or Degree Apprenticeship Manufacturing Engineer BEng (Hons) Manufacturing Engineering (Top-Up) - January Start Available BEng (Hons) Electrical and Electronic Engineering (Top-Up) - January Start Available Higher Level Apprenticeship in Construction and Building Services Management **Business and Professional Services** HNC/D in Business - January Start Available Foundation Degree in Coaching and Mentoring - January Start Available Foundation Degree in Paralegal Services Higher Level Apprenticeship in Accounting
- Higher Level Apprenticeship in Business and Professional Administration Higher Level Apprenticeship in Commercial Procurement and Supply Higher Level Apprenticeship in Leadership and Management Higher Level Apprenticeship in Operations/Departmental Manager Higher Level Apprenticeship in School Business Professional

Increase

your earning

potential

**Education and Childcare** PGCE Certificate in Education Foundation Degree in Early Years Foundation Degree in Early Years (Childhood Studies) Foundation Degree in Teaching and Learning Support BA (Hons) in Early Childhood Studies BA (Hons) in Education and Professional Development Postgraduate Diploma in Education (Advanced PGCE)

## **Health and Social**

Foundation Degree in Alcohol and Substance Misuse Work Foundation Degree in Counselling Studies Foundation Degree in Health and Social Care Higher Level Apprenticeship in Children, Young People and Families Manager Higher Level Apprenticeship in Children, Young People and Families Practitioner Foundation Degree in Mental Health Work Foundation Degree in Working with Children and Families

BA (Hons) in Counselling and Psychotherapy Studies (Top-Up) BA (Hons) in Health and Applied Social Studies

## Higher Level Apprenticeship in Assistant Practitioner Humanities

Foundation Degree in Criminology and Criminal Justice - January Start Available



relevant qualifications. There are January starts available for Pre-Acess to help you on your graduate journey. Enquire today!

## APPLY TODAY! Call 0333 033 1717

\*To apply for a HE loan, please visit www.gov.uk/student-finance

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Retail, Sales and Customer	Services



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**Construction and Motor Vehicle** 

and Beauty

**Health and Social Care** 

Sport and Leisure



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Whether you are looking to advance in your career, retrain in a new industry, refresh your existing skill set, or simply looking to unlock new opportunities, our Professional Skills qualifications enable you to take the first step towards achieving your goal.

Qualifications available in the following industry areas:

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**Construction and CSCS** 

**Creative and Digital** 

Engineering

**Facilities and Cleaning Services** 

Hairdressing and Beauty

**Health Awareness and Social Care** 

**Motor Vehicle** 

**Sport and Leisure** 

Plus much more

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# Lancaster, **Morecambe and** the Fylde Coast



## **Location Key**

COR | The Cornerstone Sulyard Street, Lancaster, LA1 1PX

**BOL** | Bolton-le-Sands Library Main Road, Bolton-le-Sands, Carnforth, LA5 8DN

DRI | The Drive Methodist Church 268 Clifton Drive South, Lytham St Annes, FY8 1LH

EMM | Emmanuel at The Mount Church Lofthouse Way and Mount Road, Fleetwood, FY7 6RE

HAL | Halton Mill Mill Lane, Lancaster, LA2 6ND

LME | Lancaster Methodist Church Scotforth Road, Lancaster, LA1 4TE

OUR | Our Lady Star of the Sea Parish Church 63 St Annes Road, Lytham St Annes, FY8 1UL

SAL | Saltcotes Community Centre Saltcotes Place, Lytham St Annes, FY8 4HP

SHA | Sharpes Cafe First Light Trust, 63-65 Market Street, Lancaster, LA1 1JG

STA | St Annes Library 254 Clifton Drive South, Lytham St Annes, FY8 1NR

STO | The Storey Meeting House Lane, Lancaster, LA1 1TH

**Humanities** 

Join one of our Humanities courses to spark your love for learning and introduce you to new theories and ideas about the world around you.

THO | St Thomas' Parish and

UOC | University of Cumbria

Church Street, Garstang, PR3 1PA

Bowerham Road, Lancaster, LA1 3|D

**Community Centre** 

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Creative Writing Beginners	BHNN1000D	UOC	1pm - 3pm	13th January	MON	10	£120 🔺
Creative Writing Beginners	BHNN1000B	HAL	10am - 12pm	17th January	FRI	10	£120 🔺
Lancashire's Lost Castles	BHNN1007	LME	1pm - 3pm	6th January	MON	1	FREE
Philosophy Improvers	BHNN1006	LME	10am - 12pm	16th January	THU	11	£132 🔺
Shakespeare`s Writings for Beginners	BHNN1005	LME	10am - 12pm	6th January	MON	1	FREE
Tudor and Stuart Lancashire	BHNN1010	UOC	10am - 12pm	13th January	MON	10	£120 🔺



Our great range of Arts and Media courses are an ideal find and learn a new skill or hobby. From Silver Jewellery to Print Making, Painting to Mandala Art, we can help you enhance your creative flair. Meaning there really is something for everyone!

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Art Appreciation Theodore Major Industrial Landscapes	BATN1049	STO	1pm - 3pm	7th January	TUE	1	FREE
Drawing and Painting Beginners Plus	BATN1051	STO	1pm - 3pm	14th January	TUE	11	£132 🔺
Make a Bag	BATN1051	UOC	9am - 1pm	7th January	TUE	1	FREE
Mandala Art	BATN1038A	UOC	2pm - 4:30pm	7th January	TUE	1	FREE
Mandala Art	BATN1038	BOL	10am - 12pm	6th January	MON	1	FREE
Introduction to Print Making	BATN1040	STO	10am - 12pm	7th January	TUE	1	FREE
Print Making	BATN1050	STO	10am - 12pm	14th January	TUE	11	£132 🔺
Sewing and Dressmaking Beginners	BATN1026C	UOC	1pm - 3pm	14th January	TUE	11	£132 🔺
Sewing and Dressmaking Improvers	BATN1037A	UOC	9:30am - 12pm	14th January	TUE	11	£132 🔺
Silver Jewellery Advanced	BATN1027A	HAL	6:30pm - 9pm	14th January	TUE	11	£220 🔺
Silver Jewellery Beginners/ Beginners Plus	BATN1028A	HAL	6:30pm - 9pm	13th January	MON	10	£200 🔺 🛑
Silver Jewellery Intermediate	BATN1029A	HAL	9:30am - 12pm	13th January	MON	10	£200 🔺 🛑
Silver Jewellery: an Introduction to Precious Metal Clay	BATN1030A	HAL	9:30am - 4pm	10th January	FRI	1	£64 🔺
Silver Jewellery: Make Personalised Presents	BATN1039	HAL	9:30am - 3pm	17th January	FRI	1	£40 🔺



A Fee reduction may apply

Fee reduction may apply Material fees may apply

© Call to Enrol: **0333 003 1717** Enrol Online: www.lal.ac.uk

Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.

© Call to Enrol: 0333 003 1717



## FREE **Functional Skills** Maths, English, ICT and ESOL courses are also available across Lancaster, Morecambe and Flyde Coast See page 30 for more details

Material fees may apply

Enrol Online: www.lal.ac.uk Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.





## **Health and Wellbeing**

Whether you are looking to make positive changes to your physical health and wellbeing, or learn a new skill we have range of Health and Wellbeing courses to suit you and your needs.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
5 Ways to Improve Your Mental Wellbeing	BHBN1000F	COR	10am - 12pm	7th February	FRI	1	FREE
Basic Awareness of First Aid	BHBN1016D	COR	1pm - 2:30pm	24th January	FRI	1	FREE
Basic Awareness of First Aid	BHBN1016A	EMM	1pm - 2:30pm	28th January	TUE	1	FREE
Basic Awareness of First Aid	BHBN1016C	OUR	9:30am - 11am	14th February	FRI	1	FREE
Chair Based Exercise with Drumming	BHBN1002D	SHA	9:30am - 11:30am	2nd April	THU	1	FREE
Focus on Healthy Eating	BHBN1015	EMM	1pm - 3pm	16th January	THU	1	FREE
Gratitude: The Key to a Joyful Life	BHBN1032	STA	1pm - 3pm	28th April	TUE	1	FREE
Kindfulness: Unlock Happiness with Kindness	BHBN1030A	COR	1pm - 3pm	2nd April	THU	1	FREE
Lancashire Lifesavers	BHBN1004N	EMM	9:30am - 11am	14th January	TUE	1	FREE
Lancashire Lifesavers	BHBN1004T	OUR	9:30am - 11am	31st January	FRI	1	FREE
Lancashire Lifesavers	BHBN1004V	COR	6pm - 7:30pm	21st April	TUE	1	FREE
Sugar Swaps	BHBN1031	OUR	9:30am - 11:30am	16th January	THU	1	FREE



### A Fee reduction may apply Material fees may apply

© Call to Enrol: 0333 003 1717 Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.

Enrol Online: www.lal.ac.uk

## Languages

1 | Beginners

he language

2 Improvers

Suitable for those who have some previous knowledge of t language and want to improv existing language skills

3 | Pre-Intermediate

completed the Improvers course or who have previously studied the language for 1-2 years

4 Intermediate

completed the Pre-Interm course or who have previo studied the language for approximately 3 years

5 | Post-Intermediate Suitable for those who have completed the Intermediate course or who have previously studied the language for approximately 4 years

6 Advanced/ Conversational

Suitable for those who have completed the Post-Intermediate course or who have previously studied the language for approximately 5 years

Our language classes are a great way to develop valuable skills. Whether you want to pick up a few phrases for your next holiday or are looking to become a fluent linguist, we can help you enhance your language skills.

## COURSE col French Beginners Term 2 BLGN1 French Intermediate BLGN10 Term 2 French Post-BLGN10 Intermediate Term 2 Italian COURSE CO

French

Italian Beginners Term 2 BLGN1

## Latin

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Latin Improvers Term 2	BLGN1027A	UOC	1pm - 3pm	16th January	THU	11	£132 🔺

## **Spanish**

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Spanish Beginners Term 2	BLGN1028L	UOC	6:30pm - 8:30pm	13th January	MON	10	£120 🔺
Spanish Improvers Term 2	BLGN1032H	UOC	6:30pm - 8:30pm	16th January	THU	11	£132 🔺
Spanish Post- Intermediate Term 2	BLGN1033D	UOC	10am - 12pm	16th January	THU	11	£132 🔺

## **British Sign Language**

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
Introduction to British Sign Language	BLGN1000G	UOC	9:30am - 12:30pm	23rd January	THU	1	FREE
Introduction to British Sign Language	BLGN1000D	DRI	9:30am - 12:30pm	30th January	THU	1	FREE

▲ Fee reduction may apply

(Call to Enrol: 0333 003 1717 Please book early to avoid disappointment. Courses are subject to cancellation, dependant upon demand.

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DE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
1002F	UOC	6:30pm - 8:30pm	13th January	MON	10	£120 🔺
1007C	UOC	1pm - 3pm	14th January	TUE	11	£132 🔺
1005D	UOC	10am - 12pm	14th January	TUE	11	£132 🔺

DE	VENUE	TIMES	DATE	DAY	WEEKS	соѕт
1022E	UOC	6:30pm - 8:30pm	15th January	WED	11	£132 🔺

# Work Clubs and Employability

## Looking for a job?

We offer a range of **FREE** employability courses to help you develop your CV, prepare for interviews and support you in finding suitable employment. Please call to find your nearest course.

We also run a series of Work Clubs, three hour sessions for up to six weeks for those people who are actively seeking a job. You will get help and advice with cover letters and application forms, and will be advised about relevant training opportunities and courses. We will show you how to search and apply for the latest jobs locally, nationally and abroad.

Our Work Clubs are **FREE** to attend and are run in venues close to where you live.

## Work Clubs

LOCATION	DAY	TIMES	FOR MORE INFO
Chorley Library	MON	9:15am - 12:15pm	0333 003 1717
Leyland Library	TUE	9:15am - 12:15pm	0333 003 1717
Morecambe Library	тни	9:15am - 12pm	0333 003 1717
Scotland Road Training Centre, Nelson	FRI	9:15am - 12:15pm	0333 003 1717
The Storey, Lancaster	MON	1pm - 4pm	0333 003 1717

## **Work Clubs**

Please ask at the JCP office to book onto the below sessions

LOCATION	DAY	TIMES
Accrington Job Centre Plus	FRI	9:30am - 12:30pm
Ormskirk Job Centre Plus	тни	1pm - 4pm
Burnley Job Centre Plus	MON	9:30am - 12pm

## Digital Skills for Job Seeking

Improve your computer skills to become a more confident job seeker.

LOCATION	DAY	TIMES
Ormskirk Job Centre Plus	тни	10am - 12pm

**Our Work Clubs** 

are FREE to attend

and run in venues

across the county!

## **Creating Successful Applications**

LOCATION	DATE	DAY
Burnley Central Library	11th February	TUE
Colne Library	19th March	THU
Lancashire Adult Learning (Northlight)	14th January	TUE
More Music, Morecambe	3th March	TUE
Cotton Court Business Centre, Preston	7th January	TUE
St Marys Church Hall (Priory), Leyland	10th March	TUE
St Marys Church Hall (Priory), Leyland	4th February	TUE
St Marys Church Hall (Priory), Leyland	31st March	TUE
St Annes Library	25th February	TUE
The Ecumenical Centre, Skelmersdale	28th January	TUE
The Ecumenical Centre, Skelmersdale	24th March	TUE
The Storey, Lancaster	24th January	FRI

## Interview Masterclass

LOCATION	DATE	DAY
Colne Library	19th March	THU
Lancashire Adult Learning (Northlight)	14th January	TUE
Linkbridge Community Centre, Burnley	11th February	TUE
More Music, Morecambe	3rd March	TUE
Cotton Court Business Centre, Preston	7th January	TUE
St Mary's Church Hall (Priory), Leyland	10th March	TUE
St Mary's Church Hall (Priory), Leyland	4th February	TUE
St Mary's Church Hall (Priory), Leyland	31st March	TUE
St Annes Job Centre Plus	25th February	TUE
The Ecumenical Centre, Skelmersdale	28th January	TUE
The Ecumenical Centre, Skelmersdale	24th March	TUE
The Storey, Lancaster	24th January	FRI

## **Customer Services Level 1**

LOCATION	DATE	DAY	WEEKS	TIMES
Linkbridge Community Centre, Burnley	7th January	TUE	6	9:30am-12:30pm
Cotton Court Business Centre, Preston	25th February	TUE	6	9:30am-12:30pm

TIMES
9:15am - 12:15pm

TIMES
12:45pm - 3:45pm





# Family Learning



**Location Key** 

LIN | Linkbridge

Community Centre 1 Swinless Street,

Burnley, BB10 3NB

**High School** 

MIC | St Michael's CE

Astley Road, Chorley, PR7 1RS

NCC | Nelson and Colne College

Scotland Road, Nelson, BB9 7YT

NOR | Lancashire Adult Learning Northlight, Brierfield Mill, Glen

Way, Brierfield, BB9 5NH

St James Court West, Accrington BB5 1NA

WAT | The Waterside Centre

# Are you looking to take the first steps towards a career in education?

Our range of family learning courses are designed to prepare you for progression on to further learning and training to start your career in education. They can help you develop an understanding of the teaching and learning environment in a school setting and how to support the wellbeing of a child or young person in education.

COURSE	VENUE	TIMES	DATE	DAY	WEEKS
CACHE Level 1 Award Preparing to Work in Schools	MIC	6pm - 8:30pm	8th January	WED	12
CACHE Level 1 Award Preparing to Work in Schools	NCC	6pm - 8:30pm	7th January	TUE	12
CACHE Level 1 Award Preparing to Work in Schools	WAT	9am - 11:30am	8th January	WED	12
CACHE Level 1 Award Preparing to Work in Schools	NOR	9am - 11:30am	6th January	MON	11
CACHE Level 2 Award in Support Work in Schools and Colleges	LIN	9:30am - 12pm	8th January	WED	12
CACHE Level 2 Award in Support Work in Schools and Colleges	NCC	6pm - 8:30pm	8th January	WED	12
Volunteer Training: Parents as Readers in School	NOR	9:30am - 12pm	21st January	TUE	1
Volunteer Training: Parents as Readers in School	NOR	9:30am - 12pm	2nd April	THU	1

To find out more about our Family Learning courses and their cost, please contact Lancashire Adult Learning on **0333 003 1717**. These courses are free to anyone unemployed and in receipt of qualifying benefits.

## Do you already work in a school or nursery? Are you a parent with school age children?

Lancashire Adult Learning's Family Learning Team works in partnership with local schools and nurseries to offer a wide range of FREE, fun courses to families across Lancashire.

Our courses are a great way for parents, grandparents and carers to learn together with their child and discover more about how their children learn. Courses take place within the school or nursery setting and are delivered by fully qualified teachers. They include sessions such as LEGO Robotics, Let's Engineer, Look Who's Talking (speech and language development), Family English and Maths, plus many more!

If you work with families and would like to know how our Family Learning Team can work with your organisation, or if you are a parent and want to find out more about our courses, call **0333 003 1717**.

# Learning in Libraries

Lancashire Libraries are committed to providing lifelong learning opportunities for their local communities and are working in partnership with Lancashire Adult Learning to offer a variety of courses for adults, children and families. Start a course that is of interest to you and learn at your own pace within a group.

## **Courses Include:**

- Art for Wellbeing
- Coding with Lego Robotics and Ozobots
- Crafts for Wellbeing
- Creative Writing for Active Minds
- First Aid
- Functional Skills ICT
- Health and Wellbeing
- Languages for Active Minds
- Local and Family History
- Get Online and Save Money
- Get Online and Get Started with Social Media
- Get Online and Access Public Services
- Get Online and Get Started with Emails
- and much more...





## Your local library also offers:

- Free to borrow printed resources
- Free to download eBooks and audiobooks
- Free access to the internet on PCs and WiFi
- Spaces for quiet study
- Free access at home to online resources for study and learning
- Knowledgeable staff in branches and online (through 'Ask a Lancashire Librarian' chat service)

Call in to your local library to find out what's happening in your area.

Visit **www.lancashire.gov.uk/libraries** or phone **0300 123 6703** 

## **Functional Skills**

# English and Maths

From Entry 1 - Level 2

## Do you need to improve your English and Maths skills? Do you want to boost your employment prospects?

**O** Preston

**O** Rossendale

**Q** Skelmersdale

Our FREE English and Maths courses will help you develop skills for home, work or if you are looking for employment.

We offer short, flexible courses across Lancashire at a wide range of venues including:

**Q** Hyndburn

**Q** Lancaster

**9** Morecambe

**Q** Leyland

- **Q** Accrington
- **Q** Burnley
- Colne
- **Q** Chorley
- **Q** Fleetwood
- **Q** Nelson

Assessment required.



# **Functional Skills** ESOL **English for Speakers of Other Languages**

Do you need to improve your English language skills? Learning or improving your English will help you in all aspects of life, including social skills, studying and getting a job. If English isn't your first language, our ESOL courses will help you to improve your speaking, reading, writing, listening, grammar and punctuation.

We offer short, flexible courses across Lancashire at a wide range of venues including:

- Accrington
- Morecambe

• Nelson

**Q** Preston

- Burnley
- Chorley

Call us today

on 0333 003 1717

to find your nearest introductory and

assessment

session!

- Hyndburn
- Lancaster
- **Q** Rossendale • St Annes

Assessment required.



Call us today on 0333 003 1717 to find your nearest introductory and assessment session!

## **Functional Skills**



ICT

## Do you need to improve your ICT skills? Do you want to boost your employment prospects?

Our FREE ICT courses will help you develop skills for home, work or if you are looking for employment.

## We offer short, flexible courses across Lancashire at a wide range of venues including:

- Accrington
- **Q** Burnley
- Chorley
- **Q** Fleetwood
- **Q** Hyndburn
- **Q** Lancaster

- ♀ Leyland
- Morecambe
- **Q** Pendle
- Preston
- **Q** Rossendale
- **Q** Skelmersdale

## Assessment required.

Call us today on 0333 003 1717 to find your nearest introductory and assessment session!

# **Get Online**

## Free short courses to build essential digital skills.

A range of FREE courses for adults aged 19 and over who want to learn new skills to help them get online or use digital technology, or who may wish to build on their existing knowledge.

## Courses Include:

- Get to Know Your iPad / Tablet
- O Get Online and Prevent Identity Theft
- Get Online and Access Public Services
- Get Online and Access Emails
- Get Online and Get Started with Social Media
- and much more....







# Additional **Learning Support**

## **Need support with learning?**

We have a dedicated team of professionals who support learners with any disability or learning support needs. Our team is committed to ensuring that every learner has the support and resources to achieve their full potential. Whether you have a special educational need or a disability, the ALS team will be there for you every step of the way, providing tailored support to help you get the most out of learning.

If you have a physical disability, visual impairment or hearing impairment, we will do our best to provide you with all the support, equipment, access and learning resources vou might need throughout your time with Lancashire Adult Learning. This support is confidential and information provided will only be shared with the appropriate professionals to meet your individual needs.

If you have a learning difficulty or disability, for example, Dyslexia, Dyspraxia or Asperger Syndrome, we have

specialist teams of staff who will be able to support you throughout your time with Lancashire Adult Learning.

If you have learning support needs, please mention this when you enrol onto a Lancashire Adult Learning course, to your teacher, or during your interview. A member of our Additional Learning Support Team will then contact you to discuss your needs and ensure that the appropriate support is in place for the start of your course.

Lancashire Adult Learning **€** 0333 003 1717 🖬 als@lal.ac.uk

**Nelson and Colne College** C 01282 440 200 Isupport@nelson.ac.uk

Accrington and Rossendale College € 01254 354 050 🗷 lsupport@accross.ac.uk

# Information, Advice and Guidance

## Want advice about a course or new career?

Our expert team provide FREE, impartial and confidential support with:

- Choosing the right course
- Careers advice and CV development •
- Understanding Labour Market Information
- Exploring career options, employment, Apprenticeship, university or volunteering opportunities.

Appointments can be arranged at local community venues at a time to suit you. Our advice is free to all adults aged 19 years and over in Lancashire.

Please contact any of our Careers Zone advisers for further assistance:

Lancashire Adult Learning **℃** 0333 003 1717 🛥 iag&careers@lal.ac.uk

**Nelson and Colne College** └ 01282 440 259 🗷 careerzone@nelson.ac.uk

Accrington and Rossendale College **℃** 01254 354 037 ■ info@accross.ac.uk

# How to Enrol

Found a course that you would like to try? Enrolling is easy and there are lots of ways you can sign up.

Online: www.lal.ac.uk

Please note: It is not possible to enrol online if the course you wish to enrol on requires an interview, or you are paying the reduced fee.

- **by telephone:** 0333 003 1717, option 1 for Lancashire Adult Learning, option 2 for Higher **Education or option 3 for Professional Skills**
- In person: At Lancashire Adult Learning, Northlight, Glen Way, Brierfield, BB9 5NH,

Nelson and Colne College, Scotland Rd, Nelson BB9 7YT

Accrington and Rossendale College, Broad Oak Campus, Broad Oak Rd, Accrington BB5 2AS

Or at one of our Information and Advice **Events** (see below for details).

By post: Send details of the course(s) you want to attend along with a cheque made payable to 'Nelson and Colne College' to the Enrolment Team at Lancashire Adult Learning, Glen Way, Brierfield, BB9 5NH.

Please note that this can only be done for courses that do not require an interview or assessment.

## **Book early to avoid disappointment!** How to pay

You can pay by VISA, Mastercard, cheque, or cash. Payments in instalments may be available for some

## **Nelson and Colne College**

Tuesday 7th January

5pm - 7pm

## Accrington and **Rossendale College**

Thursday 9th January 5pm - 7pm



courses. Please enquire for further details.

Please note an additional charge will be applied for courses which carry material costs.

## What you need to enrol

- Details of the course(s) you are interested in
- Payment for your course
- Proof of benefits if you are applying for fee remission

## Can I get help with my fees?

For some courses reduced fees or full fee remission may be available if you are in receipt of:

- Jobseeker's Allowance •
- **Employment and Support Allowance** • (Work Related Activity Group)
- **Universal Credit**
- Another state benefit (conditions apply)

Eligible learners can attend a maximum of two fee remitted courses each year and must show proof of their benefits at enrolment.

To view our refund policy, please visit our websites at www.lal.ac.uk or www.nelson.ac.uk or www.accross.ac.uk

## Loans

For some of our professional qualifications marked in this guide, learners can apply for loans to cover the costs of their course. The following loans may be available for you to apply for:

## HE Loans: www.slc.co.uk

**Advanced Learner Loans:** www.gov.uk/advanced-learner-loan

Please enquire for more information.

## The Waterside Centre, Accrington

Wednesday 8th January 11am-3pm

# Adult Information and Advice Events

Nelson and Colne College

Tuesday 7th January 5pm – 7pm The Waterside Centre, Accrington

Wednesday 8th January 11am-3pm Accrington and Rossendale College

Thursday 9th January 5pm – 7pm



All details are correct at the time of print. Courses may change or be cancelled subject to demand. For the latest information, please visit **www.lal.ac.uk**, **www.nelson.ac.uk** or **www.accross.ac.uk** Please book early to avoid disappointment.