RESTAURANT & BAR

# - FAVOURITES MENU!

DRAFT BEER/CIDER OR SOFT DRINK!

FRESH SEA FOOD SUPPLIED DAILY. SUBJECT TO AVAILABILITY

#### FILLET OF SEA BASS £14.00

Pan fried farmed fillet, seasonal potatoes, fresh veg, white wine sauce

#### **MOULES & FRITES £14.00**

Shallots, fresh thyme, garlic, white wine, Jersey Cream sauce, crusty bread chunky chips (GF) Option

#### TEMPURA PRAWNS £14.00

Onion, cucumber, tomato salad. Lime, chilli, coriander sauce. Served with Basmati rice or chunky chips

#### CRISPY BATTERED COD £14.00

Tempura battered Cod with homemade tartare sauce, mushy peas, lemon wedge chunky chips

#### **GRIDDLED HALLOUMI CHEESE** £14.00

Tomato, avocado, spring onion salad, balsamic, asparagus and chunky chips (V) (GF)

Spicy Cajun chicken breast, brioche bun, crispy bacon, cheddar cheese, chunky chips, garlic mayo, garnish (GF) Option

#### **FULL RACK BBQ STICKY RIBS** £14.00

Coleslaw, chunky chips (GF)

#### CHICKEN CAESAR SALAD £14.00

Caesar dressing, Iceberg lettuce, bacon, croutons, Parmesan, chunky chips

#### CHICKEN ESPETADA £14.00

Coleslaw, garlic mayo, onion rings chunky chips (GF) Option

#### **HOMEMADE BEEF BURGER** £14.00

8oz burger, brioche bun, bacon, cheese, tomato, red onion, salad, garlic mayo, chunky chips. (GF) Option

#### **KERALAN PRAWN CURRY £14.00**

Coconut sauce, basmati rice, salad garnish, naan bread (GF) Option

#### JN CHICKEN BURGER £14.00 PULLED BBQ PORK BURGER £14.00

Brioche bun, cheese, sour gherkins, coleslaw, chunky chips (GF) Option

#### PORK SCHNITZEL £14.00

Coleslaw, mushroom sauce, chunky chips

#### **VEGAN TORTIGLIONI £14.00**

Pasta, sweet piquante peppers, char grilled aubergine, artichoke hearts, sun dried tomatoes, baby spinach, toasted pine kernels (V) (GF) Option (V)

#### GRILLED GOATS CHEESE £14.00

Toast, apple and cranberry, baby leaves, balsamic, chunky chips (V) (GF) Option

#### **FLAT FIELD MUSHROOM STEAK** £14.00

Asparagus, baby spinach, saute potatoes or rice. Blue cheese sauce (V) or garlic olive oil (V) (GF)

FANCY A LITTLE MORE?... TRY ONE OF THESE!

### CHICKEN & RIB COMBO £20.00

Half rack of tender pork BBQ ribs, cajun chicken breast, onion rings, chunky chips, Coleslaw, garlic sauce, garnish (GF) Option

### 12° RIBEYE STEAK ESPETADA E18.00

Your choice of sauce, onion rings salad and chunky chips (GF) Option

## CHICKEN & PEPPERONI ESPETADA <sup>£</sup>15.50

Coleslaw, nachos, barbecue sauce, onion rings, chunky chips (GF) Option

#### HALLOUMI BURGER £15.50

With spicy balsamic avocado, salad Garnish (Brioche or Sesame Gluten Free Bun), Chunky Chips (GF) Option

#### 8°Z RIBEYE STEAK £15.50

Mushrooms, crispy onions, pepper sauce and chunky chips (GF)

### TERIYAKI SALMON £15.50

With toasted sesame seeds, stir-fried noodles with vegetables

#### **JACK DANIELS CHICKEN** STRIPS<sup>£</sup>15.50

Tossed in Jack Daniels Sauce, Mixed Salad, Chunky Chips (GF)

#### PAN FRIED DUCK BREAST £15.50

Served with Baby Spinach, Saute Potatoes and Plum Sauce (GF)

#### SEAFOOD LINGUINI £15.50

Seasonal fish, Jersey Cream sauce, garlic bread

There are all sorts of Bap/Roll options to suit your Gluten Free needs, just ask a Member of Staff!

**DRINKS INCLUDED!** 

Pint of John Smith, Fosters, Carling or Stowford Press Cider Schooner of Heineken or Guinness Can of Rekording Cider 330ml Red, whiteor Rose wine 187ml

All Hot Drinks (except Liqueur Coffees) Fentimans 275ml (Wild Elderflower, Rose Lemonade, Dandelion & Burdock, Ginger Beer, Victorian Lemonade) J20 275ml, San Pellegrino 330ml, Appletiser 275ml, Draft Coke/Lemonade



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## AS WELL AS OUR FAVOURITES MENU. WE HAVE LOTS MORE FOR YOU TO CHOOSE FROM!

# STARTFRS

**MOULES A LA CREME 6.25** Crusty bread (GF) Option

TEMPURA PRAWNS £6.00 Lime, chilli, carrot, coriander

PATE DE CAMPAGNE <sup>£</sup>5.00 Toast, chutney (GF) Option

## **GRIDDLED HALLOUMI CHEESE** £5.00

Tomato, avocado & spring onion salad, croutons, balsamic (V)

#### **GRILLED GOATS CHEESE <sup>£</sup>5.00**

Toast, apple and cranberry, baby leaves, balsamic (V) (GF) Option

#### **COQUILLE ST JACQUES £6.25**

Scallops, mushrooms, shallots, mashed potato, creamy Gruyere sauce (**GF**) (Available as a Main £15.50).

#### CHEF'S SOUP OF THE DAY £5.00

Served with crusty bread (V) (V) (GF) option

## BBQ STICKY PORK RIBS 1/2 RACK <sup>£</sup>5.00

Salad garnish (GF)

#### **BALSAMIC BEETROOT SALAD** €5.00

Baby spinach & Walnuts (V) (GF) (V)

#### JACK DANIELS CHICKEN STRIPS £6.00

Tossed in Jack Daniels Sauce (GF)

### SIDE ORDERS

**MIXED VEGETABLES CHUNKY CHIPS SIDE SALAD ONION RINGS** 

£3.00 £3.00 £3.00

£3.00

**GARLIC BREAD** CHEESY GARLIC BREAD £3.50 **BASMATI RICE BREAD & BUTTER** 

£3.00 £2.00 £1.50 **BLUE CHEESE SAUCE** £2.00 £2.00 **MUSHROOM SAUCE PEPPERCORN SAUCE** £2.00 **GARLIC BUTTER SAUCE** £2.00

VANILLA **CHOCOLATE STRAWBERRY** MINT CHOC CHIP **TOFFEE HONEY CRUNCH BANOFFEE RUM & RAISIN DARK CHERRY** 

SALTED CARAMEL

£5.00



SAUCES

#### CHOCOLATE FONDANT £5.00

Jersey Vanilla Ice Cream (15 min wait time) (V)

#### SORBET 5.00

Mango flavour (GF) (V) (V)

#### OREO SUNDAE £6.00

Jersey Chocolate & Vanilla Ice Cream, Oreo Biscuits, chocolate sauce and Chantilly Cream (V)

#### ETON MESS <sup>£</sup>5.00

Meringue, red fruits and Jersey Cream (V)

#### CHEESE BOARD £7.00

Celery, grapes, crackers (V)

#### STICKY TOFFEE PUDDING \$5.00

Toffee sauce, vanilla ice cream

### HOT DRINKS

CAPPUCCINO (Large)

MUG OF TEA	€1.50	ESPRESSO (Single)	€1.50
POT OF TEA FOR ONE	<b>€2.15</b>	ESPRESSO (Double)	€1.85
£0.95 Extra Per Person		LATTE	<b>€2.70</b>
HERBAL TEA	£1.95	MOCHA	£3.05
(China Green, Camomile, Pe	ppermint, Red Be	erry) MACCHIATO	£3.05
AMERICANO	<b>€1.90</b>	<b>HOT CHOCOLATE</b>	<b>€2.80</b>
CAFÉ AU LAIT	<b>€2.00</b>	<b>HOT CHOCOLATE</b>	£3.15
CAPPUCCINO (Regular)	<b>€2.40</b>	(Cream & Marshmallows)	

£2.70

(Vanilla, Caramel or Hazelnut)

**SYRUP SHOT** 

### LIQUEUR COFFEES 5.00

**IRISH (WHISKEY) BRANDY (BRANDY) CALYPSO (TIA MARIA)** JAMAICAN (RUM) **BAILEYS (IRISH CREAM)** ITALIAN (AMARETTO)



€0.55