

### CAREGIVER NATIONAL CONFERENCE COMES TO TULSA, JUNE 22

### FOR IMMEDIATE RELEASE

**JUNE 15, 2017 – TULSA, OKLA.** – Morton Comprehensive Health Services, INCOG Area Agency on Aging and Today's Caregiver magazine (www.Caregiver.com) will host the annual Fearless Caregiver conference at Harvard Avenue Baptist Church, 5502 S. Harvard Ave., on June 22, 10 a.m. – 2:30 p.m.

State Rep. Regina Goodwin will be recognized for her efforts for bringing greater attention to and passing legislation to support caregivers in the state. She will receive the "Fearless Caregiver Community Advocate Award."

"I am honored to join Tulsa area caregivers at the Tulsa Fearless Caregiver conference with such a great partner as Morton Comprehensive Health Services," said Gary Barg, founder and editorin-chief of Today's Caregiver magazine and FearlessCaregiver.com and author of the books, "The Fearless Caregiver" and the "Caregiving Ties That Bind".

Fearless Caregiver conferences have been developed to provide support of family caregivers by answering their questions and teaching them. Additionally, the conference offers information on how to become equal members of a loved one's care team, how to develop techniques to create much needed respite, how to build an effective support network of family and friends, and how to learn the importance of caring for themselves as they care for their loved ones.

According to the organizers of the conference, more than 65,000 family and professional caregivers in 24 states have learned how to be a Fearless Caregiver Advocate for their loved ones, clients and themselves. Today's Caregiver magazine has been holding its event around the country for 22 years.

The conference will address such topics as "What Support Is Available for Oklahoma Caregivers?" One answer to be presented at the conference is to consider the financial decisions made at the state level that have enormous consequences to every family caregiver. Caregiving experts will be available during the day to offer solutions to how these decisions will affect individuals and what support will be available as family and friends continue to care for their loved ones.

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Attendees at the event will learn the following:

- What support is available for family caregivers
- Where the money is for caregivers
- How to partner with their family members
- How to ask questions of healthcare leaders in the area
- How to get a loved one to stop driving
- Share information with their fellow caregivers

#### Who Should Attend?

- Children of aging parents
- Parents caring for children
- · Spousal caregivers
- Long-distance caregivers
- Grandparent caregivers
- Pastoral caregivers
- Volunteer caregivers

Complimentary tickets available for family caregivers by calling (918) 295-6154 or 877-829-2734 or online at caregiver.com.

### **About Morton**

Morton Comprehensive Health Services, Inc., a 501(c)(3) non-profit corporation and with accreditation from The Joint Commission, is one of Oklahoma's largest community health centers in the state. For 95 years, Morton has been providing comprehensive medical, dental and ancillary services to individuals regardless of race, religion, ethnicity, national origin or one's ability to pay for services. Morton operates seven (7) locations and two satellite offices in northeastern Oklahoma – Main center, 1334 N. Lansing Ave.; East Tulsa, 11511 E. 21<sup>st</sup> St.; West Tulsa, 6116 W. 11<sup>th</sup> St.; Midtown Homeless Family Health Center, 102 N. Denver Ave., Suite B, Nowata, 207 S. Locust; and at Family and Children's Services, 2325 S. Harvard Ave. in Tulsa.

MCHS is Joint Commission on the Accreditation of Healthcare Organizations (JCAHO) and as a Patient Centered Medical Home (PCMH) and is a Tulsa Area United Way Partner Agency.

For more information, visit http://www.mortonhealth.org or call (918) 587-2171.

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# **About Caregiver Media Group**

Established in 1995, Caregiver Media Group has become the recognized media authority on caregiving through Today's Caregiver magazine, Caregiver.com, the Fearless Caregiver Conferences, the award winning book - The Fearless Caregiver: How to Get the Best Care for Your Loved One and Still Have a Life of Your Own, as well as Caregiver Media Group's award winning content and custom publications.

Today's Caregiver magazine contains cover interviews with celebrity caregivers, articles on caregiving issues and vital resources for all caregivers. Cover interviews have included Senator Elizabeth Dole, Senator Robert Dole, Debbie Reynolds, Henry Winkler, Dixie Carter, Clay Walker, Valerie Harper, Robert Wagner, Hugh Downs, and many others.

The digital version of the magazine is available free of charge at Caregiver.com.

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