All eggs, pork, and beef products are free range and sourced locally. Where possible vegetables are bought from local growers to maximise the benefit tourism provides in our area.

## Starters

Olive Bruschetta - with pesto, tomato & a drizzle of olive oil

Chicken Satay-grilled chicken kebabs with a spicy satay sauce

Grilled Halloumi - with salsa verde

Thai Fish Cakes - with a green herb salad & Thai dipping sauce

Vegetable Spring Rolls - with Thai dipping sauce

#### See blackboard for daily specials

Lighter Meals, Baguettes, Wraps and Salads

Nachos

with beans, salsa & melted cheese **plus** chilli beef **or** bacon

Flatdogs' Mixed Platter- hummus, salsa, feta, olives & tsatziki with crispy pita bread & tortilla chips

**Baguettes** – served with seasonal salads

Spinach, sundried tomato, pesto & grilled halloumi Fillet steak, pan fried onions, tomato & mustard mayo Tuna, sweetcorn & mayo

Wraps - homemade tortilla filled with deliciousness & served with a side salad

Pulled pork & refried beans Sweet chilli chicken salad Roasted vegetable & feta

Salads – mixed lettuce, rocket & other fresh leaves with a variety of options Niçoise: with tuna & egg Greek: tomato, cucumber, olive & feta Spicy butternut & halloumi Mediterranean: chicken, sundried tomatoes & olives

Toasted / Fresh Sandwiches - see sandwich board for filling choices and prices

**Bowl of French Fries** 



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# Maín Courses

Chicken or Vegetable Stir Fry – chicken and/or crunchy vegetables in an Asian sauce, stir fried & served on a bed of noodles Vegetable Chicken

Flatdogs Chicken Mango Curry with steamed local rice

Indian Potato & Egg Plant Curry served with lentil dahl, rice & chapatti

Chilli con Carne slow cooked ox cheek in Mexican spices served with

rice, salsa, tortilla chips, sour cream & guacamole (in season)

Homemade Burgers with french fries & side salad

- Lentil & vegetable served in a pitta pocket
- Chicken & pesto burger served in a fresh roll
- Classic beef burger served in a fresh roll

**The 'Infamous' Club Sandwich** – a three tier monster treat with chicken, ham, tomato, gherkin, mustard mayo, french fries & side salad

**Nsima** – our traditional meal, served with two local vegetable relishes Vegetarian, chicken or fish

Spaghetti - with herbed beef meatballs in rich tomato sauce

- with rich tomato sauce & basil

**Pan-fried Fillet of Fish** – pan fried & served with a lemon butter sauce, baby potatoes & steamed seasonal vegetables

**Flatdogs Pizza** - homemade pizza with tomato sauce, mozzarella & a choice of three extra toppings (bacon, olive, pineapple, mushroom, peppers, ham, onions)

**Falafel & Halloumi** –falafel with grilled halloumi, roasted pumpkin, dipping sauce & a green salad

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#### Desserts

Chocolate Brownie - with chocolate sauce Sticky Date Pudding - with caramel sauce Key Lime Pie - with cream Apple & Berry Crumble – with custard or cream

### See blackboard for daily specials

# Kíds Menu

BBQ Chicken wings – with rice & salad
Pizza - cheese & tomato, ham & pineapple or bacon & mushroom
Fish Goujons – breaded strips of tilapia served with sweet potato wedges & salad
Spaghetti - with meatballs & tomato sauce or just the tomato sauce!



Cup of Tea or Nescafe (Decaf Nescafe available) Pot of Tea (Earl Grey, Rooibos or regular) Pot of Filter coffee (Zambian freshly ground coffee)

