

How can a school get further information about the Arrowsmith Program?

There are a suite of documents that school administrators and teachers would find useful. You may want to give them hard copies for them to read or direct them to the website via the links below.

BROCHURES

The Arrowsmith Program Brochure

<http://www.arrowsmithschool.org/arrowsmithprogram-background/brochure.html>

The Arrowsmith Program Information Pamphlet

<http://www.arrowsmithschool.org/arrowsmithprogram/info-pamphlet.html>

The Arrowsmith Program Academic Skills and Learning Outcomes

<http://www.arrowsmithschool.org/arrowsmithprogram-background/research.html>

BOOKS

The Woman Who Changed Her Brain: And Other Inspiring Stories of Pioneering Brain Transformations, authored by Barbara Arrowsmith-Young (2012). The book chronicles Barbara Arrowsmith-Young's own struggles with severe learning disabilities and her journey to develop the cognitive exercises and methodologies that are the foundation of the Arrowsmith Program.

Brain School: Stories of Children with Learning Disabilities and Attention Disorders who changed their lives by Improving their Cognitive Functioning by Howard Eaton, Ed.M. (2011). This book chronicles students in the Arrowsmith Program at Eaton Arrowsmith School Vancouver. It describes the students' success in terms of improved cognitive functioning and how this allows them to participate more fully and effectively in the world as well as demonstrating significant changes pre and post Arrowsmith on academic and cognitive test measures.

The Brain that Changes Itself by Dr. Norman Doidge (2007). Chapter 2 of the book is about the Arrowsmith Program and is also a good introduction for educators to the program.



**Arrowsmith
PROGRAM**[®]
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AN ADVOCACY GUIDE

How can we bring the Arrowsmith Program to our school?

Volunteer advocates have played a positive and important role in starting the process towards the Arrowsmith Program being implemented at some schools. It has been our experience that parents and teachers of students with learning difficulties can talk with school administrators about the effects of learning difficulties on the child as well as the struggles faced at school. Talking about the Arrowsmith Program for such students with school administrators provides educators with a solution to support them through identifying the weak cognitive areas that are the source of the learning problem and addressing these with cognitive exercises. The program does not provide compensatory strategies. At the end of the program the majority of the children are at average capacity in the most important cognitive areas. In most cases they will not need remedial or resource support or a modified program and will be independent learners in school, functioning at average capacity, and they will be independent in life.

www.arrowsmithschool.org



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What can advocates do to bring the Arrowsmith Program to a school?

Learn more about the Arrowsmith Program

- Read, view or listen to the media coverage on the website
- Read “The Woman Who Changed Her Brain” by Barbara Arrowsmith-Young

Reach out to the parent community

- Talk with parents of students who have learning difficulties in the school.
- Attend or help organize a Parent Information session in your area.

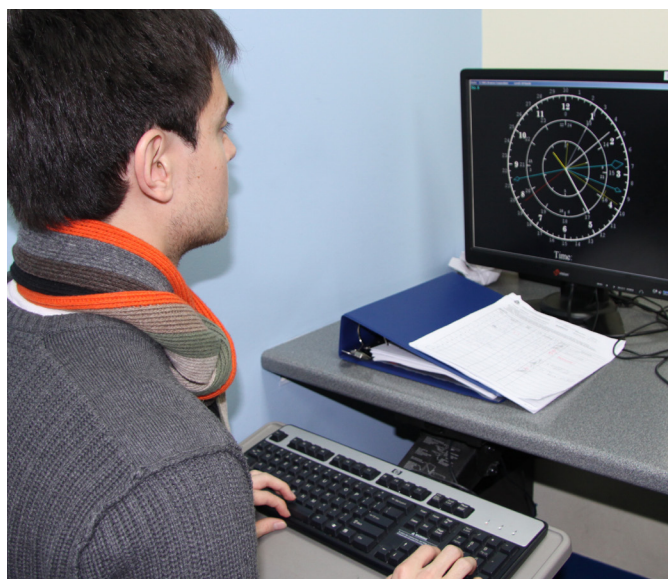
Engage school administrators

- Talk with local school principals, school boards, school system special educators and directors, counselors, psychologists about the program.
- Encourage the school administrators to read these books:
The Woman Who Changed Her Brain by Barbara Arrowsmith-Young, especially chapters 1, 5, 22, and Appendix 1.
Brain School by Howard Eaton
The Brain that Changes Itself by Dr. Norman Doidge, Chapter 2 which highlights the Arrowsmith Program.
- Send the link to the Arrowsmith website to the school administrators <http://www.arrowsmithschool.org> and also send a link to this video which we have found is the best introduction to the Arrowsmith Program <http://www.arrowsmithschool.org/arrowsmithprogram-background/intro-video.html>
- Encourage school administrators to contact the Arrowsmith Program for further information via the Arrowsmith Program Information email address: info@arrowsmithprogram.ca
- Encourage school administrators to contact other schools where the Arrowsmith Program is offered. There may be a parent or student at those schools that is willing to talk with your school administrators. A list of participating schools can be found on the Arrowsmith Program website: <http://www.arrowsmithschool.org/arrowsmithprogram/participating-schools.html>
- Encourage the school administrators to request a Professional Information session at their school or attend a session at Arrowsmith School Toronto.
- School administrators would be interested to know that this program has been offered to students since 1978 at Arrowsmith School in Toronto and implemented in private and public schools since 1997. The history of the program can be found at <http://www.arrowsmithschool.org/arrowsmithprogram-background/history.html>

Can the Arrowsmith Program be implemented in all schools?

Our program is available as a classroom program in established public and private schools at the elementary, high school and post-secondary levels under the supervision of a teacher who has been trained by Arrowsmith. It is not offered as a home school program or distance or internet based program. At present, the Arrowsmith Program is only available as an English language program because it requires fluency in English.

Our policy is to enter into agreements directly with well-established schools that have been in operation for at least five years, and which have a minimum enrolment of 100 full time students. We do not enter into agreements with schools that propose to offer only the Arrowsmith Program without an academic curriculum.



What information will the school need?

Much of the information that a school requires is provided in the Information Pamphlet at

<http://www.arrowsmithschool.org/arrowsmithprogram/info-pamphlet.html>

The full text of research studies which will be of particular interest to educators is on our website

<http://www.arrowsmithschool.org/arrowsmithprogram-background/research.html>

Costs to implement the program will be provided to school administrators upon request.

There are numerous media links on the Arrowsmith Program website including Barbara Arrowsmith-Young's TEDx talk which can be found her:

<http://www.arrowsmithschool.org/arrowsmithprogram-background/video.html>

Frequently Asked Questions

There is a section on the website that answers questions such as:

- What are the criteria for students entering the Arrowsmith Program?
- How do you determine if a student is suitable?
- Are all incoming students assessed?
- How many years do students spend in the Arrowsmith Program?

<http://www.arrowsmithschool.org/arrowsmithprogram/faqs.html>