

Monday 8th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	00:28	01:28	02:28	03:28	04:28	05:28	06:28	07:28
First Height	0.47	0.96	1.44	2.00	2.33	1.75	1.17	0.58
Second Time	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Second Height	0.45	0.92	1.39	1.93	2.24	1.68	1.12	0.56

Tuesday 9th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	01:17	02:17	03:17	04:17	05:17	06:17	07:17	08:17
First Height	0.43	0.89	1.35	1.87	2.17	1.63	1.09	0.54
Second Time	13:54	14:54	15:54	16:54	17:54	18:54	19:54	20:54
Second Height	0.41	0.84	1.27	1.76	2.05	1.54	1.02	0.51

Wednesday 10th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	02:12	03:12	04:12	05:12	06:12	07:12	08:12	09:12
First Height	0.40	0.83	1.25	1.74	2.02	1.52	1.01	0.51
Second Time	14:55	15:55	16:55	17:55	18:55	19:55	20:55	21:55
Second Height	0.38	0.77	1.17	1.63	1.89	1.42	0.95	0.47

Thursday 11th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	03:15	04:15	05:15	06:15	07:15	08:15	09:15	10:15
First Height	0.38	0.77	1.17	1.63	1.89	1.42	0.95	0.47
Second Time	16:02	17:02	18:02	19:02	20:02	21:02	22:02	23:02
Second Height	0.37	0.75	1.13	1.57	1.83	1.37	0.92	0.46

Friday 12th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	04:26	05:26	06:26	07:26	08:26	09:26	10:26	11:26
First Height	0.37	0.76	1.15	1.60	1.86	1.40	0.93	0.47
Second Time	17:09	18:09	19:09	20:09	21:09	22:09	23:09	00:09
Second Height	0.38	0.77	1.17	1.62	1.88	1.41	0.94	0.47

Saturday 13th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	05:33	06:33	07:33	08:33	09:33	10:33	11:33	12:33
First Height	0.39	0.79	1.20	1.66	1.93	1.45	0.97	0.48
Second Time	18:06	19:06	20:06	21:06	22:06	23:06	00:06	01:06
Second Height	0.40	0.82	1.24	1.72	2.00	1.50	1.00	0.50

Sunday 14th January	HW-4	HW-3	HW-2	HW-1	HW	HW+1	HW+2	HW+3
First Time	06:28	07:28	08:28	09:28	10:28	11:28	12:28	13:28
First Height	0.41	0.84	1.28	1.77	2.06	1.55	1.03	0.52
Second Time	18:55	19:55	20:55	21:55	22:55	23:55	00:55	01:55
Second Height	0.42	0.87	1.31	1.82	2.12	1.59	1.06	0.53

### Times shown are LOCAL

These tables are intended as a guide only, and must be used in conjunction with your tide tables.

Always read the markings from the post at the sill entrance.

Please read these charts in conjunction with these notes.