



This is a summary of rules and guidance for Mansfield students during the global pandemic. Failure to follow these rules and guidance may endanger the health and life of Mansfield students, staff and others. A Mansfield outbreak of Covid-19 may result in College lockdown. Please keep each other safe.

For information and guidance about what to do if you develop Covid-19 symptoms, please see page 2. We encourage everyone to plan ahead and think about what they may need in the event that they are required to self-isolate (e.g. food, medication).

Please be a thoughtful member of your community, and show support, kindness and respect for each other and for staff. If the behaviour of others concerns you, or if you are worried about your own welfare, please contact the [Lodge](#) or Mansfield's [Welfare Tutor](#).

If you develop any COVID-19 symptoms: Self-Isolate. Contact the Lodge. [Book a test](#)

Hygiene: You must show responsibility by regular handwashing, and by keeping your own living space clean. Public spaces and teaching areas are cleaned regularly, but please help maintain good levels of hygiene in College by: clearing up litter; not sharing food and drink; using hand sanitiser; wiping down surfaces before and after using seating and tables.

Face coverings: In Mansfield and other University spaces, you are strongly encouraged to wear a face covering when indoors in common areas. You are required to wear a face covering in the College Library, unless you have an exemption from wearing a face covering. Individual tutors may also require you to wear a face covering for in person teaching.

Lateral Flow testing: All students are strongly encouraged to take LFD (lateral flow) tests twice a week. Lateral Flow tests are free and can be collected from the Lodge, from many pharmacies, or ordered through the UK Government website.

Public spaces in College: You should keep indoor areas well-ventilated and increase the air flow as much as possible by opening doors and windows. Each public room in College has a notice near the door advising of the maximum room capacity, which you must not exceed. The capacity for each room has been reduced from the fire safety capacity as a precautionary measure.

Visitors to College: Students are responsible for ensuring their guests comply with all College Covid-19 rules and guidance. Students must ensure that they have contact details for their guests in case contact tracing is necessary.

You are responsible for keeping these rules for everyone's safety. Deliberate breach of College rules carries severe penalties, which can include termination of your course.

In addition to College and University rules and guidance, you must obey all [Government rules](#) in place for the health and safety of yourself and others.

Please see page 2 for rules and guidance on what to do if you develop symptoms of Covid-19, receive a positive LFD (lateral flow) or PCR test, or are identified as a close recent contact of a known case.



When do I need to self-isolate?

I have a one or more of the following symptoms: high temperature; a new, continuous cough; a loss or change to my sense of taste or smell. OR I have received a positive LFD (lateral flow).

- Self-isolate in your room immediately and notify the Porters' Lodge (01865 270999).
- Book a test using the Early Alert Service: <https://www.ox.ac.uk/coronavirus/health/covid-testing>
- Contact the Porters' Lodge to discuss your living arrangements (e.g. meals).
- Contact the Welfare Team for support: <https://www.mansfield.ox.ac.uk/index.php/student-welfare>.
- Follow all instructions provided by the Early Alert Service.

If the result of your test is **negative**:

- Notify the Porter's Lodge immediately (01865 270999).
- You may release from self-isolation unless:
 1. You still have a high temperature. Seek medical advice and continue to self-isolate.
 2. You have had diarrhoea or vomiting in the past two days. Continue to isolate until it has been two or more days since these symptoms stopped.
 3. You have been instructed to continue self-isolating by NHS Test and Trace.
 4. You had already been quarantining after arriving from abroad, and have not yet completed your 10-day quarantine. Continue quarantining until you have completed your 10 days.
- Notify the Porters' Lodge if you are continuing to isolate.

If the result of your test (or retest) is **positive**:

- Notify the Porters' Lodge immediately (01865 270999).
- Self-isolate in your room for 10 full days from the day after your symptoms started.
- Avoid using any shared facilities where possible. You should not use the kitchens or other communal areas, and if you are in accommodation with shared bathrooms, you should ensure that the people with whom you share your bathroom are aware that you are self-isolating.
- Notify the Porters' Lodge or the Welfare Team if your symptoms worsen and you need support.

I do not have any symptoms, but I was advised to take a PCR test, which was positive.

- You must still self-isolate immediately. Your isolation period, if you do not have any symptoms, will include the day of your test and the next 10 full days.
- Notify the Lodge immediately (see above) and contact the Welfare team for support.
- If you develop symptoms during your 10 day isolation, you should re-start your isolation by counting 10 full days from the day after your symptoms began.

I am a close recent contact of a known case.

- NHS Test and Trace will contact you to let you know that you have been identified as a contact and check whether you are legally required to self-isolate.
- If you are in Mansfield accommodation, the Porter's Lodge may also contact you if you share cooking facilities, bathrooms or toilets with someone who has tested positive.
- As a close contact, you are legally required to self-isolate unless you have been fully vaccinated with an MHRA approved Covid-19 vaccine in the UK, and more than 14 days have passed since you received the recommended doses of that vaccine. You are exempt from self-isolation if you are not able to get vaccinated for medical reasons.
- If you are fully vaccinated or medically exempt: you should book a PCR test as soon as possible (see above), but you do not need to self-isolate while waiting for the result.
- If you are not fully vaccinated: contact the Porters' Lodge and the Welfare Team to discuss support during your self-isolation. If you develop symptoms, you should re-start your isolation by counting 10 full days from the day after your symptoms began.