

Community **NEWS**

And Annual Report 2019
From Amber Valley CVS



October 2019

Amber Valley CVS, proud to support our community and its people
with voluntary action

Welcome

The image on our front cover often inspires my thoughts for the work presented within the newsletter, and the rocks with flowing water, which reminds me of the route I drive between Ripley and Matlock on occasion is no exception!

Last year began with a rocky view as we were in discussion with Derbyshire Clinical Commissioning Group about both funding and the service that was required from us -hence much driving between Ripley and Matlock or Chesterfield for what turned out to be constructive talk about the valued role and functions provided by CVS and the Volunteer Centre in the Amber Valley community. We were able to confirm the key support that community groups and volunteers wished from us were for gaining funding, developing their ability to govern and manage activity with volunteer involvement, good practice for safeguarding, policies, budgeting, understanding and working with local partnerships. This in itself led us to some calm, still pools as we continued our work with you.

Reflecting on the flowing water, Amber Valley CVS Board members agreed to continue our support for Befriending in Amber Valley although it is as yet unclear what financial support there is for this in the future.

We continued to move along with new streams, representing the value of Amber Valley voluntary groups at the established Health and Wellbeing partnership and ensuring that we were involved with new arrangements such as Place and Active Amber Valley.

From this, I can see exciting new opportunities making a new, bubbling pool in the next year.

As a summary of the year, our support gained local groups £119,200 of funding, we gave direct support to 71% of our member groups and maintained contact by mailshots, e bulletins, newsletter and also visits to 286 member organisations and the 550 local groups listed on the Community Directory Derbyshire.

We have 159 organisations with volunteer opportunities and have ensured these are up to date through Do-It.

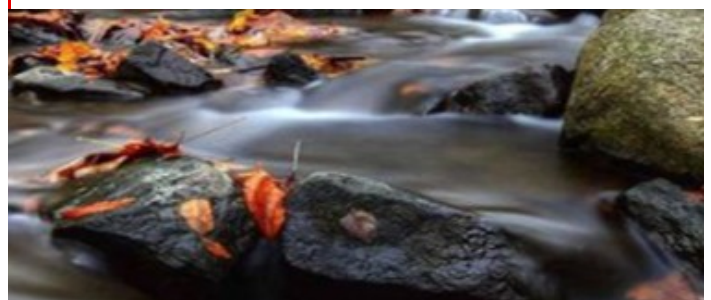
A huge thank you to everyone who volunteers, including over 70 Befrienders with CVS and our Board Members, who are of course the tip of a "waterfall" of others volunteering in community centres, groups, sports clubs, and uniformed organisations in Amber Valley.

Thanks also to the Administration team who not only greet, signpost, design posters and display information for us all but have processed 646 DBS applications for staff and volunteers working with Childrens & Adults. DBS performed "compliance checks" on us this year and were complimentary about our processes and expertise.

The highest number of CVS staff work in our communities, and Erewash, offering Help at Home to elderly or infirm clients. We have handled a 7% increase in support time this year and the value of their input to clients cannot be measured in ££££. Thank you all. Here's to another successful year, and continuing work from the whole CVS team in Amber Valley.

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Community Funding & Development Worker Collette Watson's Reflections on the past year

For the past year volunteers have been busy re-vitalizing the Riddings Park Community Centre. We were lucky enough to secure funding from the national Lottery.

The centre has had new LED lighting both inside and out, the disabled facilities were modernised and the ladies and gents facilities were updated.

Windows have also been upgraded and a new disabled front door has been fitted.

Committee members have worked tirelessly raising money to repaint the hall, purchased new blinds, curtains and chairs. This has made the main hall a great place to have any kind of celebration and an excellent venue for hire.

Lottery Grant Helps Local Centre



During last week's coffee morning a selection of people who, had been involved in the work, gathered to celebrate the wonderful achievements.

The committee thanked Collette Watson from Amber Valley CVS and Roger from Mansfield ICO both were the main contributors for advice and guidance for the project. Brian Mellors, trustee for the centre, also thanked the committee members for all their hard work and dedication, because without them there would not be a Riddings Park Community Centre.

Amber Valley Community First Responders



The Amber CFR scheme was created in early 2015, with the initial group of 8 CFRs becoming operational in June of that year, with a supporting committee of 4. By the end of 2016 the number of responders had grown to 14, and between them, they volunteered nearly 4000 hours and attended more than 1150 patients. By the end of 2018 the group has 26 responders and in that year responded to over 5000 hours treating nearly 2000 patients.

They now have 7 applicants awaiting training and a further 3 on the waiting list.

First responders are volunteer members of the community who are trained to respond to emergency calls through the 999 system in conjunction with the ambulance service.

Community responders provide immediate care to patients in towns and rural areas where distance may delay the prompt arrival of an ambulance.

The responders attend a range of conditions from patients in cardiac arrest with chest pains, breathing difficulties' those who have had a fall, in trauma, or with diabetes to name but a few. They carry the equipment to do primary observations and they carry out the appropriate treatment which could include CPR defibrillation or oxygen therapy until the ambulance arrives.

Because Amber Valley Community First responders are based in the community where they live or work, they can attend the scene of an emergency in a very short time, often arriving within the first 4/5 minutes of a 999 call being made. The responder can then begin life-saving first aid before the ambulance arrives, thus increasing the patient's best chance of survival. In an ideal world, there would be an ambulance available on every street, in every town and village, which we know is not a viable option.

Collette Watson the Community Funding and Development Worker supports the group with funding opportunities, Collette works very closely with Cllr Valeria Thorpe and John Bance. Cllr Thorpe is the founder member of the group and Collette and John are currently looking at funding opportunities to support a further 10 volunteers with equipment.

Reflections of Home From Hospital Project Worker

My reflections over the last 12 months are how the service has changed radically in this period. In April this year, funding changed from NHS to DCC with the HfH projects servicing Derbyshire (except Derby City), all being centrally coordinated by South Derbys CVS. Referrals are mainly received at one advertised point and then disseminated to the specific area for local action. Through our links in Amber Valley we can receive and action direct referrals too.

Our remit is slightly wider also, as we now have a greater requirement to keep people from being admitted into hospital. The cases that we deal with have therefore become more complex. The volunteers are asked to carry out shopping services for clients as well as other low level support. Another aspect of our input is that we can Signpost to other agencies for fitting of Telecare systems, home safety or other longer term support services.



The service is in demand and we have seen an increase in the number of requests. I have a dedicated team of volunteers and without them, the service would not operate. It is thanks to them, that we know we are making a difference to peoples lives.

Pippa Woodbridge—Home from Hospital Project Worker

Volunteers Reflections on Home from Hospital support

Sue



As I drive around Derbyshire I often think of the varied people I have met during my time as a Volunteer for Home from Hospital service.

Each initial visit is exciting as a new relationship forms and stories of a life time are often told in the following weeks. Stories of life on Derbyshire farms, past sporting achievements, family dramas, life in foreign lands as well as more recent issues or problems, which I hope to offer a new perspective on, which sometimes close family or friends cannot..

At the end of each six weeks of visits it is rewarding to see that improvements have been made in the clients; confidence, health, home safety or general well being. Saying good bye to them can sometimes be difficult for them and me but I know my time has been well spent and it is time for the next adventure.

Irene

Having retired from work, I needed something to go out for and to meet different people. I then heard about the 'Home from Hospital' volunteering scheme and thought 'this is for me'. It has given me more confidence and a purpose to put my glad rags on and go out.

I have met many different ladies with differing needs. I say ladies because I have never visited a man as yet. One lady who was in her 80's had macular degeneration, so couldn't see very well; even to make a cup of tea, though she played the piano for me, without missing a note. We both enjoyed it.

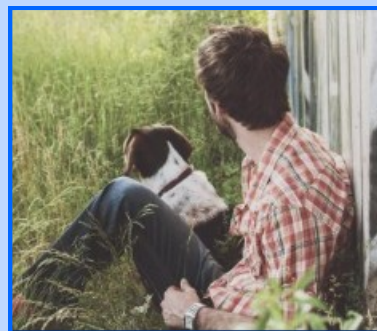


Most of the time, the ladies just need company as they have become housebound. A cup of tea and a chat can make all the difference.

I then return home with a spring in my step, knowing that I have made someone more cheerful and happier than before my visit .

A Year in Befriending

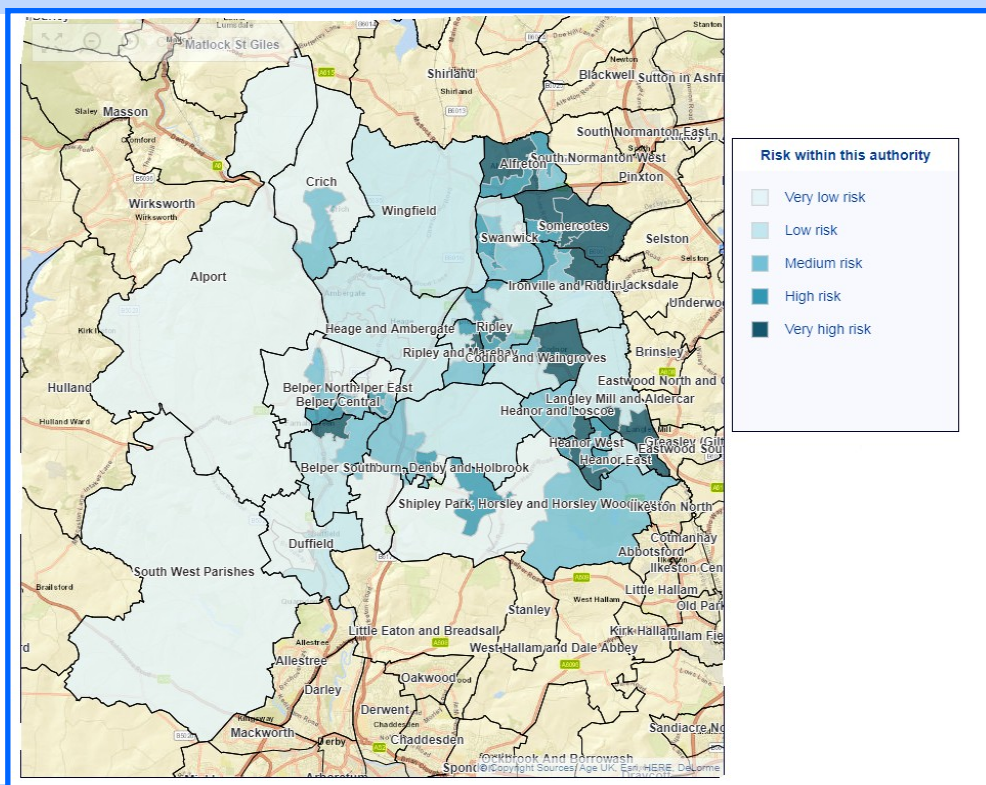
Around this time last year, the Government produced their first ever strategy for tackling loneliness: 'A Connected Society', which described loneliness as one of the greatest public health challenges of our time. This was an important step in the recognition of the scale of the problem, and a commitment to get businesses, government departments and charities working together to tackle the growing loneliness epidemic.



Many of us have been aware that the scale of loneliness has been increasing for quite some time. In September 2018, Age UK published a report called All the Lonely People, identifying it based on the current rate of increase, there would be 2 million lonely people (aged 50+) in the UK by 2025.

Amber Valley CVS have provided a befriending service for over 20 years, so we've been acutely aware of the issues caused by loneliness and the scale of the issue in Amber Valley. Age UK loneliness heat maps place the residents of many areas in Amber Valley at high or very high risk of loneliness.

Fortunately, we continue to work hard to play our part in addressing the issue. In the last year, over 70 people have been referred to the befriending service, and once we'd undertaken assessments to identify the needs of each person, we were able to match 41 new people with home visiting volunteers and 18 new people with a phone buddy (our telephone befriending service) over the course of the year.



In May 2019, the Derbyshire Trusted Befriending Network (who we've been an active member of for 7 years) evolved to become the Isolation and Loneliness Action Network Derbyshire (IsLAND). This natural progression again reflects the need for a wider focus on the issues of social isolation and loneliness, and acknowledges the fact that many services are making efforts to alleviate these by increasing access to local community resources.

Of course, there are some people for whom accessing their local community is still not a possibility, and this is where our befriending service excels. See over the page for a great example of how our befrienders can bring the outside in!

A Year in Befriending

It's just a short drive from my house to Simone's house and it's a journey I've been making now once a week for the last couple of months.

When I was working full-time the majority of my time was spent working face to face with the public. I miss that. Now that I'm semi-retired I have time to spare and I quickly realised that a useful way to spend some of that time would be to use it to visit people in my own community who perhaps feel a little isolated. Simone's health means that she relies on other people to care for her, and while she does get out and about with her family at times she is, for the most part, either in her wheelchair or in bed. That's where a befriender comes in – a befriender can bring the “outside in”.

Simone and I have been well matched by Paul at the Volunteer Centre. We are roughly the same age and from a similar background. We have interests in common too. Prior to her illness Simone was very active and was able to make the most of her many creative and artistic talents – I only wish I had been as productive as Simone.

I spend a couple of hours with Simone each week, we spend time chatting about what has happened for both of us in the intervening week. My mobile phone comes in handy here as I can show Simone photos of anything memorable that I've done. Simone loves photographs and surrounds herself with photos of herself with family members as it helps to trigger memories for her. At one time Simone was a very keen writer and reader so, at the moment, I spend some of my time reading to her. This gives me a lot of pleasure also. I choose carefully what we read, there's nothing nicer than hearing Simone laugh as she listens to a humorous short story.

When I told Simone I was writing this article, I asked her what she values about my visits. She told me that having someone to visit breaks up what can sometimes be a long day when you're on your own. She enjoys the company and the fact that we chat about “nice things”. She enjoys being read to because, apparently, I'm “a good reader”.

For me, I enjoy spending time with Simone - she's always cheerful and welcoming and happy to chat. She's always ready with a compliment about what I'm wearing or how nice my hair looks and who doesn't like a compliment? And of course, when I leave she always asks for a hug. Simone is a very huggy and affectionate person. We definitely both benefit in this relationship.



I'm happy to be Simone's befriender, a formal word that doesn't really capture the informality and warmth of the relationship that I think Simone and I are gradually developing. You could say Simone is befriending me!

**For more information about our Befriending Service
or to get involved**



01773 512076

AMBER VALLEY COUNCIL FOR VOLUNTARY SERVICE

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

Achievements and performance

Internal records of our performance against outcomes for the organisation and the sector show we have worked towards our strategic headlines and also add value to our communities and the sector.

In providing support to develop and sustain local groups this year we have;

- maintained information on Community Directory Derbyshire of 550 local groups
- retained 286 groups as member organisations
- had contact with and given direct advice and support to 71% of our members , despite reduced staff time
- led on DBS checks for Derbyshire voluntary sector, with 646 applications processed.
- we have helped gain £119,200 of funding for local groups, in quite difficult financial circumstances. This has contributed to the development of new and existing groups.
- we have targeted communities in Heanor, Belper, Somercotes using community organising as the method of contact.

In encouraging an increase and diversity in volunteering opportunities, volunteers and voluntary action, we have;

- supported 152 organisations to refresh 169 volunteering opportunities. This is a decrease in number from last year but with 31 new opportunities in the year.
- continued using facebook and twitter to increase our reach with 510 FB /1023 twitter followers. Our facebook reach when connecting with specific communities has been as high as 2000.
- we have 76 matched Befriending volunteers who are responding to 79 referrals. All those referred have signposting information to other voluntary and community support.

We are enhancing the health, well being and safe guarding in our communities by;

- supporting continued independent living for older people with Help at Home, seeing a 7% increase in support hours delivered.
- we are partners in the Derbyshire Home from Hospital service, led by volunteers to prevent hospitalisation.
- ensuring the Help at Home work force and Befriending volunteers have a DBS check and gain skills in working with the elderly and infirm with dementia training.
- we offered training to local organisations to improve access to volunteers with disabilities.
- managing 70 Befriending volunteers who provide a home visit and listen to up to 40 isolated adults with telephone support.

Through partnership working ;

Our premises are well used by other agencies as a training venue and also to offer a local service. Chesterfield Law Centre, CAB and Derby Homestart are regular users. We are also popular as a meeting venue for CVS and volunteer Centres in Derbyshire, with whom we liaise to raise the profile and voice of the sector.

We have been an active partner in new arenas of developments within Public Health and Place locality health meetings.

We take the concerns of the voluntary sector to local and county strategic meetings to improve its profile.

We speak up for the sector at partnership meetings including health, safer communities, childrens partnerships.

AMBER VALLEY COUNCIL FOR VOLUNTARY SERVICE

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2019

	Notes	Unrestricted funds £	Restricted funds £	Total 2019 £	Total 2018 £
Income from:					
Charitable activities	3	468,116	152,401	620,517	601,002
Other trading activities	4	22,788	-	22,788	27,262
Investments	5	495	-	495	521
Other income	6	11,350	8,496	19,846	37,521
Total income		502,749	160,897	663,646	666,306
Expenditure on:					
Charitable activities	7	501,418	201,592	703,010	729,372
Total expenditure		501,418	201,592	703,010	729,372
Gains on investments		5,930	-	5,930	2,532
Net (expenditure)/income for the year before transfers		7,261	(40,695)	(33,434)	(60,534)
Gross transfers between funds		-	-	-	-
Net movement in funds		7,261	(40,695)	(33,434)	(60,534)
Fund balances at 1 April 2018		332,788	91,112	423,900	484,434
Fund balances at 31 March 2019		340,049	50,417	390,466	423,900

The company had no new or discontinued activities during the year.

AMBER VALLEY COUNCIL FOR VOLUNTARY SERVICE

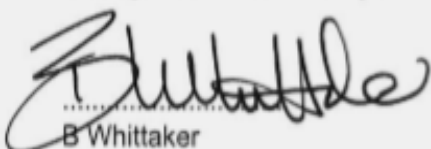
BALANCE SHEET

AS AT 31 MARCH 2019

	Notes	2019		2018	
		£	£	£	£
Fixed assets					
Tangible assets	12		37,292		41,688
Investments	13		178,344		172,414
			<u>215,636</u>		<u>214,102</u>
Current assets					
Debtors	14	38,252		29,349	
Cash at bank and in hand		176,104		267,697	
		<u>214,356</u>		<u>297,046</u>	
Creditors: amounts falling due within one year	15	<u>(39,526)</u>		<u>(87,248)</u>	
Net current assets			174,830		209,798
Total assets less current liabilities			<u>390,466</u>		<u>423,900</u>
Net assets			<u>390,466</u>		<u>423,900</u>
Income funds					
Restricted funds	16		50,417		91,112
Unrestricted funds - designated funds	16	250,000		250,000	
- general reserves	16	90,049		82,788	
		<u>340,049</u>		<u>332,788</u>	
Charity funds			<u>390,466</u>		<u>423,900</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 25/9/19 and are signed on its behalf by:



B Whittaker

Trustee

Company Registration No. 04763194

AMBER VALLEY COUNCIL FOR VOLUNTARY SERVICE

**TRUSTEES' ANNUAL REPORT
(INCLUDING DIRECTORS' REPORT)**

FOR THE YEAR ENDED 31 MARCH 2019

Financial review

Detailed financial information is shown on page 11.

Investment Policy

The Executive Committee are responsible for setting the investment policy of the charity. £178,344 of funds remain invested in a money market higher return account as a medium term investment.

Reserves Policy and Going Concern

At 31 March 2019 the charity had total reserves of £390,466. Of these reserves £74,707 was held in restricted funds, with the balance remaining of £315,759 being held in unrestricted funds.

The charity has designated some of its unrestricted funds for particular purposes. At 31 March 2019 the designated funds of the charity comprised:

Training Fund	5,000
Contingency Fund	60,000
Building Fund	75,000
Help At Home Fund	110,000
	250,000
	250,000

The Training Fund is to ensure the organisation has sufficient funds for staff development that would not be met by other project costs and to pump prime training initiatives that support development of the sector.

The Contingency Fund is set aside to cover any organisation costs or debts not covered by project costs, including directorate redundancies. It is also in case of long term incapacity or absence of a senior manager that requires costs for interim support of another professional.

The Building Fund is in line with our aspiration to refurbish the 'Cottage'. We are designating funds which could then be used as match funding in any future bids and to maintain the fabric of the building in the meantime.

The Help at Home Fund is to ensure that in the event of any difficult circumstances or disaster we are able to continue Help at Home activity to our clients by replacing essential equipment, personnel and work space immediately or meeting other liabilities.

General reserves (excluding tangible fixed assets of £5,326) freely available for use by the charity amounts to £84,723.

The Trustees policy is to build unrestricted free reserves equivalent to 4-8 months directorate expenditure, which is currently running at the rate of £150,000 per annum. At the year end free reserves amounted to £84,723 which is considered prudent as there are indications that grant funding will decrease in 2020.

In addition to directorate expenditure unrestricted funds are designated to ensure resources are available for expenditure which would relate to changes to Help at Home, either for closure or continuation in another charitable format.

Opinion on Accounts

Statement on non-statutory accounts

The Profit and Loss Account for the year ended March 2019 and Balance Sheet as at 31 March 2017 presented within this report are not the company's statutory accounts.

Statutory accounts for the company for the year ended March 2019 from which the above documents have been extracted have been filed with the Registrar at Companies House.

An auditor's report has been made on the statutory accounts of the company for the year ended March 2019. This audit report was unqualified.

Plans for future periods

We intend to diversify our income base by increasing applications to external grant sources.

We will work with CVS and Volunteer Centres in Derbyshire as part of 3D to give a strong voice to secure grants and contract funding for infrastructure and for voluntary and community sector groups.

We will continue to support older, isolated individuals with Help at Home and Befriending expanding both community led and Bespoke Befriending arrangements to offer greater choice.

We will lead in the sector on DBS, providing access to disclosure certificates and offering advice on good practice.

Volunteers will be welcomed within the organisation and to the voluntary sector with a quality brokerage service and new types of volunteering opportunities.

We will continue to support the development of new, self help groups to promote health, wellbeing and independence and contributing to Place and Primary Care Network objectives.

We will work with partners to increase the offer of sport & physical activity in Amber Valley by our involvement in Active Derbyshire and with Charles Hill CIC.

Annual Report ... Annual Report ... Annual Report ...

Report from the Vice Chair

I am pleased to report that Amber Valley CVS has received an “unqualified” financial audit in this latest financial year and that the auditors have confirmed that they regard us as a “going concern”. The fact that we remain resilient is due to the commitment and resolve of the board and senior staff to manage our resources carefully; by means of investment of reserves and prudent management of costs. The financial environment has proved challenging due to the withdrawal of key funding this year.

Our operating model includes a mixture of direct services, which are additional to our core function as a CVS. These services, such as Befriending and Home from Hospital support, improve the quality of life for people in Amber Valley, which is our key purpose as a charity. Effective delivery of these services, together with Help at Home supporting clients to remain at home, whilst also providing employment. All this activity creates valuable connections and contacts within the community which feed into our core functions of group development and volunteering. For this to continue, grant funding is essential. With this in mind, the Board is focussed on business development which is in harmony with our charitable objectives and is consistently looking for new funding streams. Our reserves will help us to finance business development in future.

The Board have also worked hard in the last year to make sure its practices and procedures as a business are the best they can be. Recent changes to the regulations concerning data protection for example, have led to a wholesale review of practices and is an example of the board working with senior managers to continue to achieve high standards of organisational practice.

The changes in the Board membership since the last AGM has increased representation from local organisations. This can only help the board to move forward in such challenging times, as we seek new opportunities to build resilience.



Changing Times, Changing Communities

This year has seen some fantastic community growth happening across Amber Valley with networks being built, skills being put to use and people connecting to support each other.

I have been continuing to develop Connected Communities, supporting local groups and residents in Loscoe to pool their skills to create the changes they want to see and moved in to the job role of Volunteer Development Worker.

I have enjoyed working with individuals and organisations to expand our volunteer offer while looking at how I can weave my community organising skills in to my new role so I can continue to support local communities. The threads seem to be coming together well and I am looking forward to continuing with a range of projects going forwards—watch this space!!



Connected Communities events popped in up Somercotes and Riddings this year to let local people know what is happening in their area.



An amazing team of volunteers and local group members came together to celebrate Loscoe at Charles Hill's Fun Day. A huge thank you to Loscoe Primary School, Loscoe Ladybirds W.I., Friends of Red River, St Lukes Church, Loscoe AFC and Loscoe Brownies. Almost 260 people came along to enjoy the day.

I have also been developing ways we can promote the benefits of volunteering to a wider audience. This year I have visited the Job Centres at Belper, Heanor and Alfreton to let staff and clients know how we can support individuals to gain volunteer experience as a step towards work. Alongside this I have started to develop our volunteer offer for young people under the age of 16 and will soon be trialling a new schools package of presentations and workshops at Frederick Gent School in South Normanton which I am very excited about.

Overall there has been a lot of positive change and progress this year which has been a privilege to be part of. I'm looking forward to another year of helping individuals and the community to come together to make Amber Valley a great place to be.

Since moving to the role of Volunteer Development Worker in April I have...



Met with 35 people face to face to help find them their perfect volunteer opportunities



Met with 27 organisations to discuss how we can all work together and develop voluntary and community opportunities



Added 45 new volunteer opportunities to our database



Processed 206 online volunteer applications sent via Do-it

Changing Times, Changing Life in the Community

If I reflect on the last year, we have helped many new clients, with different needs and wants from the service. Some people who have volunteered themselves to have the service but also others who have needed more encouragement.



One client was referred by their daughter who lived away so wanted a regular service to keep the house in order, and to know the standard of living was Maintained but also a regular visitor as an extra pair of eyes and ears so she knew she would be kept in the loop with any changes or concerns.



The client was pretty adamant they didn't want or need Help at Home, but the assessment went ahead and they agreed reluctantly to a fortnightly service. When 'matching' them with a cleaner they said they wanted someone who would just come in get the job done and go, they didn't want anyone to talk to them if they were paying. With this in mind I chose a lady who knows how to read the clients well. She is very chatty, comforting, engaging, makes people feel at ease, but discussed her talking less than she does for other clients, who often use the service as much for befriending as cleaning. She asked 'Are you sending the right person?'

On the first visit the client spent a lot of time telling Maria how she wanted things to be done, second visit Maria got on with the job, third week conversation was started.....6 months on Maria struggles to get out the door! The client trusts her to do things she told us initially not to do, she asks for extra help so the original assessment has been amended and added to, and she talks and walks round with Maria for the whole visit.



Not only are we making sure that their house is maintained and keep to a standard to allow them to stay at home, but she is getting a lot from the social interaction and increasing her mobility following Maria around the house! She has a service she can rely on and feels comfortable with.



When I think back to the resistance to accepting help and how as peoples acceptance grows, they become less afraid to admit they need assistance and actually enjoy having someone around. This is such an unmeasurable part of Help at Home's service.



On reflection the number of people the Help at Home service helps and involves on a daily basis is both positive and rewarding, for the client, the team and for Jane and I in the office.



Grow Outside C.I.C.

SOCIAL GARDENING GROUP AND GARDEN FURNITURE PROJECT

Gardening and crafts for health and wellbeing

All ages and abilities welcome; there's something for everyone, even if you can't dig! Come along and have a go, no experience needed. Tools and refreshments provided, wear suitable outdoor clothing. Grow plants, meet new people & maybe learn some new skills.

THURSDAYS 10AM-3PM AT THE CROFT, SLACK LANE, RIPLEY, DE5 3HF

claire@growoutside.co.uk 07960 249816
 f GrowOutsideCIC @grow_outside
 WWW.GROWOUTSIDE.CO.UK

LOTTERY FUNDED Derbyshire Recovery & Peer Support Service

Derbyshire Recovery & Peer Support Service

MEET THE GROUPS

CELEBRATING PEER SUPPORT IN DERBYSHIRE

Come along to meet the Peer Support Groups, find out how to get involved as a peer supporter, group facilitator or member, network with other voluntary and statutory services to explore mental health support options in your local area.

 **Wednesday 20th November 2019**

 **11am - 3pm**


 **Ripley Leisure Centre, Derby Road, Ripley, Derbyshire, DE5 3HR**

This event is open to anybody who would like to find out more about mental health support in Derbyshire.

For more information or to book a stall, please contact us on 01773 734989 or email derbyshirerecoverypeersupportservice@rethink.org

Substance Misuse and Community Safety

We're making Derbyshire safer



This free half day course will increase knowledge of substance misuse and its links to risk, vulnerability and crime and disorder issues within Derbyshire. It covers what substance misuse is, the scale and scope of substance misuse in the UK and Derbyshire, how it impacts on individuals and communities including 'cuckooing' and 'county lines' issues, signs and indicators to look out for and how to get advice and support.

Please note: This course is not a basic 'drugs or alcohol awareness' course. If you want to learn more about drug types and their effects, visit [Talk to Frank](#) for information or [Alcohol Advice Training](#) for courses in Derbyshire.

Intended audience

This course is open to anyone from any agency in Derbyshire wishing to learn more about substance misuse in a community safety setting, related impacts and vulnerabilities, and how to refer in to local services.

Course dates

Friday 22 November 2019 or Wednesday 8 January 2020
 Courses are held at County Hall, Matlock.

How to book

To attend you will need to book your place via Derbyshire Learning Online.

If you already have a Derbyshire Learning Online account:
 (E.g. Derbyshire County Council staff or partner agency staff who have recently been on other Community Safety courses) Log into <https://derbyshire.learningpool.com>, search for 'Substance Misuse and Community Safety'. Enrol on the course and then click 'sign-up' to book your place.

If you don't yet have a Derbyshire Learning Online account:
 Email communitysafety.training@derbyshire.gov.uk to request a registration key. Let us know which course you are interested in and which agency you work for in Derbyshire. You will then be sent information on how to create an account. Once your account has been approved, you can 'sign-up' to a date, as described above.

DERBYSHIRE CARERS ASSOCIATION

Free Craft Sessions for Carers

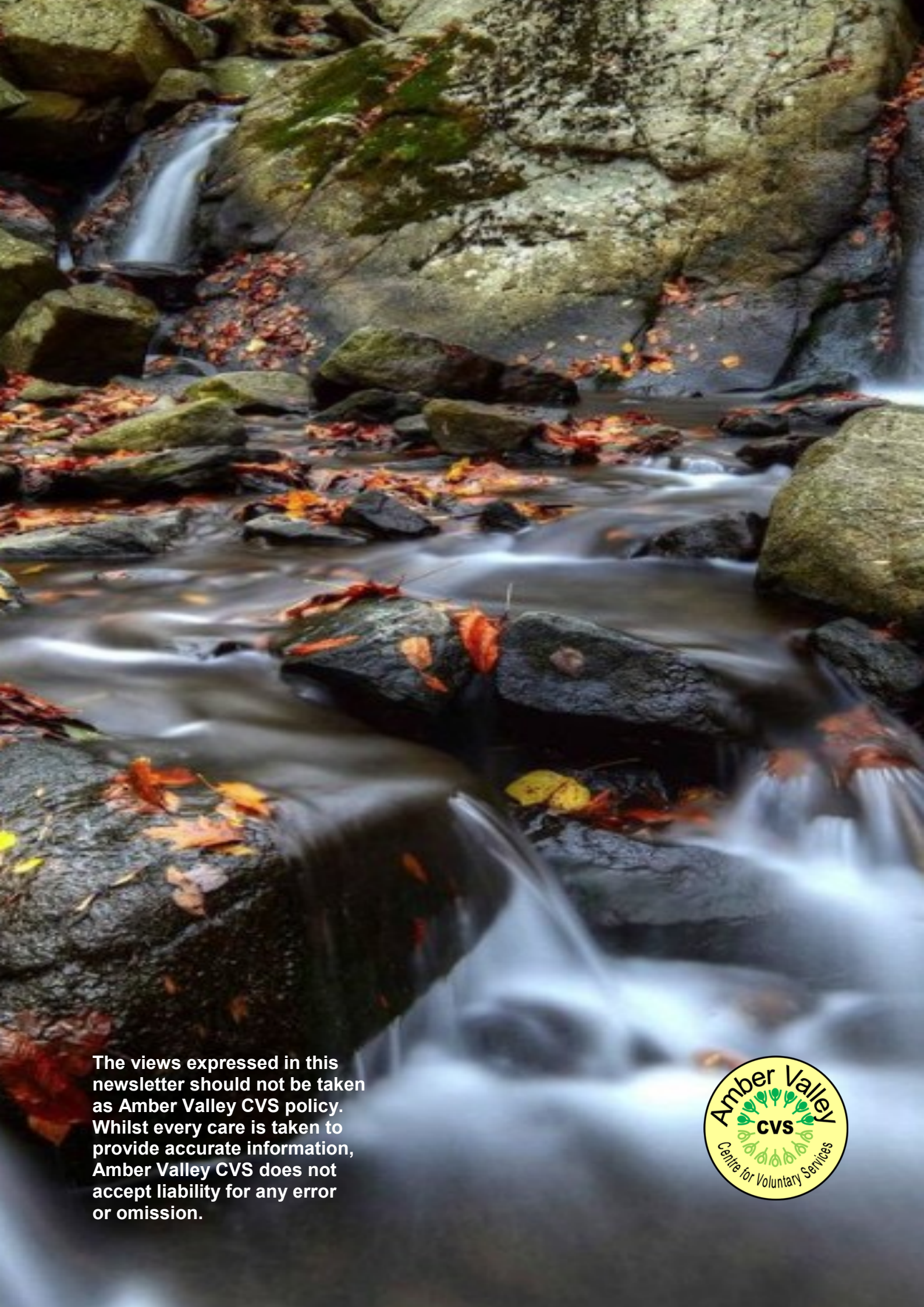
We're making Derbyshire safer

<p>Chesterfield and NE</p> <p>Tuesday 3rd December Bolsover Candle / aftershave/perfume making 10am – 1pm George Bratt room, Assembly Hall, Bolsover Assembly room, Hilltop, Bolsover, S44 6NG</p> <p>Friday 29th November Chesterfield Christmas Crafts 10am – 12noon Stavel Centre, Calver Crescent, Chesterfield, S43 3LY</p>	<p>High Peak</p> <p>Tuesday 10th December Glossop Christmas Crafts 1pm – 3.30pm Glossop Volunteer Bureau, Bank House, 22 Henry St, Glossop SK13 8BW</p> <p>Wednesday 20th November Buxton Christmas Crafts 10am – 12noon Buxton Library, Kents Bank Road, Buxton, SK17 9HW</p>
<p>Derbyshire Dales</p> <p>Wednesday 27th November Bakewell Candle making/aftershave/perfume making 10am – 1pm Bakewell, Agriculture Centre, Agricultural Way, Bakewell, DE45 1AH</p> <p>Tuesday 3rd December Matlock Christmas Crafts 10am – 12noon Matlock Arc Leisure Centre, 1 Bakewell Road, Matlock, DE4 3AZ</p>	<p>Amber Valley</p> <p>Monday 11th November Heanor Christmas Crafts 10am – 12noon Heanor, Park Court Community Centre, DE75 7DS</p> <p>Wednesday 6th November Ashbourne Christmas Crafts 10am – 12noon Ashbourne St Oswald's Church Centre, School Lane, Ashbourne DE6 1TD</p>

There's more on the back

To book a place please contact 01773 833 833
info@derbyshirecarers.co.uk www.derbyshirecarers.co.uk

Registered Charity No: 1062777



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