



ICOM

International College of Oriental Medicine
Excellence in Acupuncture since 1972



B S C (H O N S) A C U P U N C T U R E

acupuncture
with a classical heart


PROSPECTUS
2013 • 2016

WELCOME

to ICOM from the Joint Principals

Students decide that they want to study acupuncture for a variety of reasons – some are changing careers, some have worked in different areas of health and wellbeing, and some are just curious and enquiring. Whatever the motivation, we find that all of our students want to train as acupuncturists in order to work as healers, to help patients and alleviate suffering.



ICOM is a special place. We have been training acupuncturists for over 40 years and some of our past graduates are well known authors of seminal texts and leaders on the professional development circuit. More important than that is the huge passion for Acupuncture and Chinese Medicine held by our team, and also the individual personal support that a small college like ours can offer.

Everyone here cares deeply about students' learning and helping them to be the best that they can be – it's not necessarily the most academically successful students who make the best practitioners; it's about bringing all of your life experiences and your training together to make that healing connection. We accept students from a wide variety of previous learning or experiences.

Being fully accredited by the British Acupuncture Accreditation Board and a validated partner of the University of Greenwich puts ICOM in a unique position to offer the most rigorous, inspiring and rewarding acupuncture training.

We invite you come to one of our Open Days, to meet students and staff, observe a treatment, and to get a feel of who we are and what studying with us would be like.

Penny Kharroubi



Your journey as an Acupuncturist joins us at an exciting time for the profession in the UK with the announcement in 2013 that we come under the umbrella of governance by the Professional Standards Authority a sign of the respect in which the profession is now held.

This enables Acupuncturists to become fully integrated into established health care provision in the UK and able to offer treatments to a larger population.

Our history is long and we are proud to be the oldest acupuncture college in the country. Throughout our development we have strived to produce graduates of a high standard and continue to do so professionally and academically. Deciding to study acupuncture is exciting, challenging and rewarding. A fascinating world of knowledge opens up before you, inspiring you towards further personal growth and development.

ICOM and our BSc Hons course in Acupuncture has so much to offer to help you on your way to a fulfilling career. Under the guidance of our staff and students who share such a great passion, enthusiasm and love for this fascinating art and science, we hope to give you a firm foundation based on the classical history of acupuncture and Chinese Medicine.

If this resonates with you, ICOM could be what you are looking for. We hope that should you decide to embark on this wonderful journey, you decide to share it with us.

Sam Patel



INTRODUCTION to ICOM

Established in 1972, ICOM is the longest established acupuncture teaching college in the UK and one of the most prestigious acupuncture colleges in the western world.

Today, ICOM continues to provide students with the skills and experience to practice acupuncture compassionately, competently and confidently, and in so doing, to carry on the extraordinary traditions of Chinese Medicine.

Acupuncture is both an art and a science. Our course has wide appeal whether your interest is in the health professions, natural medicines or in oriental philosophies and practices.

You will receive comprehensive training in classical and more contemporary

acupuncture approaches, including Five Element acupuncture and Traditional Chinese Medicine (TCM) as well as the more philosophical classical Stems and Branches acupuncture.

Chinese Medicine and Chinese Philosophy are taught alongside Western Medicine. Theoretical and practical modules are carefully integrated to prepare you for treating your own patients in our dedicated on-site Teaching Clinic from Year 2 onwards. Development of your clinical and practitioner skills is central to our curriculum.

Students come to us from a variety of backgrounds - from education, business or health care, from other holistic therapies or from raising a family.

As a small college, we are able to give students a level of support to help you to develop your personal and professional abilities to the full. Student support includes personal tutoring and a student 'buddy' system.

“ The Tao is precious and not to be passed on unless a student is sincere and compassionate to human suffering. Only in this way can the great tradition remain pure and virtuous. ”

Maoshing Ni
The Yellow Emperor's Classic of Medicine (Shambhala - 1995)

SUCCESSFUL CAREER in Acupuncture

Practiced in the East for thousands of years, acupuncture is one of the oldest systems of medicine. Today it is used to treat a wide range of chronic and acute conditions. Its use is recognised by the NHS and the World Health Organization.

Professional Recognition

Upon completion of the course, graduates are awarded a **Licentiate in Acupuncture (Lic Ac)** and a **Bachelor of Science Honours (BSc Hons)** degree in Acupuncture (from the University of Greenwich). Graduates are eligible to join the leading acupuncture professional body, the British Acupuncture Council (BACc), which provides insurance, professional and marketing support services to its members.

BACc Member
www.acupuncture.org.uk



Demand for acupuncture treatments continues to grow. BACc members belong to the Accredited Voluntary Register, approved by the Professional Standards Authority for Health and Social Care (PSA).

Flexible and Varied Work Options

The majority of professional acupuncturists are self-employed. Many work out of other practices, such as GP Practices, or in Complementary Health Centres, alongside Osteopaths, Chiropractors or Physiotherapists.

Others set up their own practice and work from home. An increasing number of acupuncturists now provide acupuncture services in the NHS.

Working as an acupuncturist provides you with flexible career options whether you are starting out on your first career, changing career or want to work full or part time.

“ Little did I realise when I graduated what an exciting and ultimately rewarding career I was embarking on. Training at ICOM has given me the skills to make a success of my career in acupuncture. This has brought me so much satisfaction - being able to genuinely help people, often when nothing else had worked for them. ”

Virginia Tacey
ICOM Graduate 2000



WHY STUDY AT ICOM?

Acupuncture with a classical heart

Our **Bachelor of Science Honours degree level** course is fully accredited by the British Acupuncture Accreditation Board (BAAB) of the British Acupuncture Council and validated by the University of Greenwich.



STUDY OPTIONS | YOUR CHOICE

September Weekday programme

Full time (3 years)

2-3 days per week attendance, 30 weeks/year

Part time (4 or 5 years)

1-2 days per week attendance, 30 weeks/year

March Weekend programme

Full time (3 years)

Largely alternate weekends

Part time (4 or 5 years)

Approximately 2-3 days per month

Course dates are published well in advance of the academic year, so if you are working part time, or need to co-ordinate care for dependents, you can plan well ahead.

Plus a minimum of **85 hours Clinic Observation** over the programme

“ My experience at ICOM has been challenging and immensely rewarding.

The wide range of treatment philosophies taught here, including Stems and branches and 5 elements, means I have many tools to use in my practice and the onsite clinic has given me a lot of hands-on experience. I now feel confident and prepared to be an acupuncturist.

The enthusiasm and knowledge of the lecturers has been inspiring, I really feel like they want me to learn and be the best that I can be. I feel very grateful to have had the opportunity to study at ICOM. ”

Sharon Attwood
ICOM third year student

Comprehensive Training in Classical and Contemporary Acupuncture

At ICOM you will receive comprehensive training in classical acupuncture approaches (yin yang and the Five Elements, Six divisions) and more contemporary acupuncture practice (Traditional Chinese Medicine - TCM). In addition, you will also learn about the practical application of the ancient Chinese system of Stems and Branches which lies at the heart of Chinese Medicine.

Our Heritage

ICOM has a long and prestigious heritage. The oldest acupuncture college in Europe, we have been providing classical Chinese acupuncture training since 1972. Many of today's leading figures in the world of acupuncture trained here, including distinguished international lecturers and authors of acupuncture and Chinese Medical textbooks used by students and practitioners around the world. ICOM Alumni include: **Peter Deadman** and **Mazin Al-Khafaji** (co-authors of A Manual of Acupuncture); **Peter Firebrace** and **Sandra Hill** (co-authors of A Guide to Acupuncture); **Roisin Golding** (author of The Complete Stems & Branches); **Barbara Kirschbaum** (author of Atlas of Chinese Tongue Diagnosis, Volumes 1 & 2); **Giovanni Maciocia** (author of Foundations of Chinese Medicine and other definitive Chinese Medicine texts); **Peter van Kervel** (author of Acupuncture: Celestial Treatments for Terrestrial Diseases) and more...

College History



The College was founded by Dr JD van Buren in 1972. Already an osteopath, naturopath and homeopath, van Buren began his studies of acupuncture in 1952, travelling around the world to gain as much knowledge as possible in this field. In 1969, he was awarded a

Doctorate of Acupuncture in Taiwan as acknowledgement of his mastery of the subject.

In 1972, he founded the International College of Oriental Medicine with branches in England and Holland. Dr. van Buren's unique contribution to Oriental medicine is that he has made the application of the Stems and Branches Theory a reality in clinical practice.

To book a place on our next OPEN DAY call **01342 313106**

A Friendly & Supportive Environment



“ Studying at ICOM changes your life and world view in the best possible way. I hope to be practising acupuncture for as long as I can. ”

Anna Maughan
ICOM Graduate 2012

“ I didn't know what to expect when I began training at ICOM but it very soon became clear that I had chosen the right path and felt immediately at home. The teachers are inspirational and the practical experience gained under their watch is invaluable. I feel lucky to have been a member of such a supportive year group and hope that I have made friends for life. Now as a practitioner I feel I have a solid foundation with which to work from and I am grateful for the knowledge and confidence which was given to me. I would recommend this course to anyone wishing to pursue a career in Acupuncture. ”

Jo Hull
ICOM Graduate 2011

Your Clinical Experience

Our College benefits from a **fully integrated on-site Acupuncture Teaching Clinic** so you can learn through direct experience. From the beginning of the course you will observe a variety of practitioners treating patients. During the second year of the course you start treating patients yourself and experiencing how the theory translates into practice, **your practice**.

The final part of the third year is similar to an "internship", giving students the opportunity to treat patients within the

safe environment of the college clinic. You don't need to find your own **patients** - we do that for you.

Diagnosis is taught with particular emphasis on **pulse taking** in addition to tongue and body diagnosis.

Our busy clinic is open to the public. We currently have over 10 qualified practitioners working in clinic. Patients of all ages come to the ICOM Acupuncture Clinic from across the South East to be treated for a wide range of acute and chronic conditions and physical, mental and emotional disorders.



“ In diagnosis, observation of the spirit and facial colour, and palpation of the pulses, are the two methods that were emphasised by the ancient emperors and revered teachers. ”

Maoshing Ni
The Yellow Emperor's Classic of Medicine (Shambhala - 1995)

For further information visit www.orientalmed.ac.uk



STEMS AND BRANCHES

Wu Yun Liu Qi

In addition to receiving a broad based education in classical and contemporary acupuncture approaches - Yin/Yang, Five Elements and Traditional Chinese Medicine (TCM) - at ICOM you will also be taught about the contemporary application of the classical Chinese Stems & Branches philosophy.

ICOM is the only acupuncture college to teach Stems and Branches acupuncture at undergraduate level in the UK.

What is Stems and Branches?

Stems and Branches (Wu Yun Liu Qi) theory is about cycles, transformations and interactions of qi (energy): in nature (climates), in Man and between Man and his environment.

The ancient Chinese observed the cycles of nature: day and night, and the changing seasons. They recognised that the natural rhythms of nature underlie the most fundamental aspects of our lives and are thus fundamental to our health. They believed in a holistic world: Everything in the universe is made of qi and everything is connected. A vibration in any part affects the whole.

Although everything is made of qi - it is clear that everything in the world around us is not the same, things look and feel different from each other, they have different qualities. In classical Chinese theory there are three ways of categorising phenomena (three ways to help us differentiate between things) - according to:

- ◆ the duality of Yin & Yang
- ◆ the correspondences of the Five Elements
- ◆ heaven, earth & humanity (Man)

All these concepts are fundamental to all acupuncture approaches (Five Elements, TCM, Stems and Branches) and intertwined in Chinese Medicine.

“ Stems and Branches (the calendar and the clock) provide the warp and weft upon which yin and yang, the five elements and Heaven, Earth and humanity can be woven. The ancients applied this to medicine and called it acupuncture. We call it classical Stems and Branches. ”

Roisin Golding

ICOM Graduate 1987, Author of “The Complete Stems and Branches” (Churchill Livingstone - 2008)

We (humanity) are born from the interaction between heaven and earth and are thus affected by the cycles and rhythms of heaven and earth. In practice, Stems and Branches acupuncture is a style that stresses the relative importance of the relationships between heaven and earth, but it also incorporates the Five Elements and Yin and Yang.

How is Stems and Branches Used?

The system of Stems and Branches can be used in several ways. Most commonly, it is used to help us understand each patient's constitutional strengths and weaknesses and why disease occurs in that individual. It helps us develop a treatment plan to address the root cause of the patient's problem with acupuncture. It also helps you choose wisely from the vast array of acupuncture points available.

“ Stems and Branches is the yin yang of the 5 elements applied especially to the detailed study of time and its recurring cycles. As a practitioner, Stems and Branches gives you the ability to have time on your side, to make use of it for yourself and your patients like a windsurfer uses the wind and a gardener uses the seasons. Each moment of time is in itself a quality of qi. Knowing what that quality is and using it for your patient's benefit helps you to be a more effective practitioner. ”

Peter Firebrace

ICOM Graduate 1983, ICOM Principal 1985 - 1990, renowned international lecturer on classical acupuncture and Chinese Medicine



Tian Di Ren:
Heaven, Earth, Man.



At the root of Chinese medicine is an understanding of the interrelationship of these three powers, (San Cai).



Free flow is health: disruption is disease.

OUR AIMS for You

- ◆ To provide students with the necessary skills to practise acupuncture safely and competently upon graduation. This will include skills for patient assessment and diagnosis, as well as accurate and informed use of acupuncture techniques, and manual skills.
- ◆ To provide students with the skills needed to become a competent and effective healthcare practitioner
- ◆ To educate and inspire professional acupuncturists, who will practise with a clear working understanding of Chinese philosophy, as well as the theory and practice of Chinese medicine
- ◆ To provide students with a sound understanding of Western anatomy, physiology and differential diagnosis/pathology
- ◆ To provide students with a sound basis of professional experience and reflection for their responsibilities as practising acupuncturists.
- ◆ To develop reflective practitioners who are able to identify personal and professional goals for continuing professional development and lifelong learning

Our programme is designed to equip you with the necessary skills and abilities so you can practice acupuncture to the highest standards with complete confidence.

On graduation you will be ready to treat patients with a wide range of health problems, treating the root cause as well as symptoms.



“What impressed me most at ICOM is the college is run by people who have passion in acupuncture. They know acupuncture; they love acupuncture and they give 100% to their students. The college is like a big family.”

Di Wu
ICOM Graduate 2012



OUR COURSE

Structure

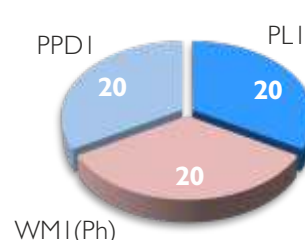
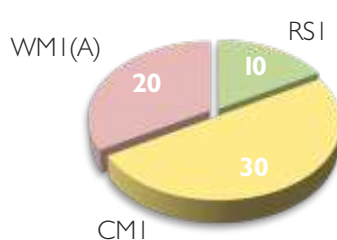
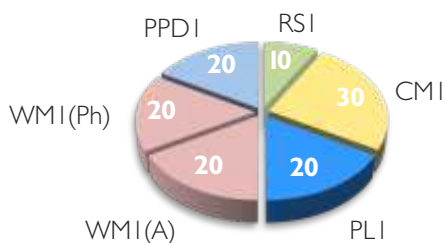
Weekend and week day

PROGRAMME

FULL TIME | **PART TIME**

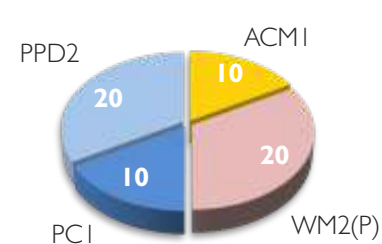
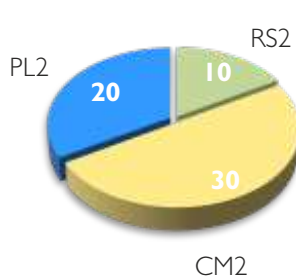
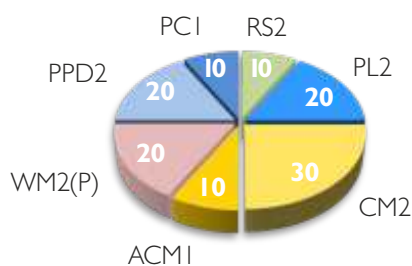
YEAR 1

120 CREDITS



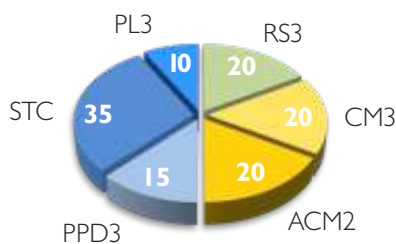
YEAR 2

120 CREDITS



YEAR 3

120 CREDITS



Personal and Professional Development (PPD) also includes a minimum of 85 hours Clinic Observation over the whole programme.

The third year is only offered on a full time base because we believe that it is crucial for your professional development to integrate all aspects of Acupuncture practice.

10 credits is equal to 100 hours of learning.

- Chinese Medicine - CM
- Applied Chinese Medicine - ACM
- Research Methods - RM
- Western Medicine - WM {Anatomy (A) Physiology (Ph) Pathology (P)}
- Point Location - PL
- Personal and Professional Development - PPD
- Practical Clinic - PC | Supervised Trainee Clinic STC

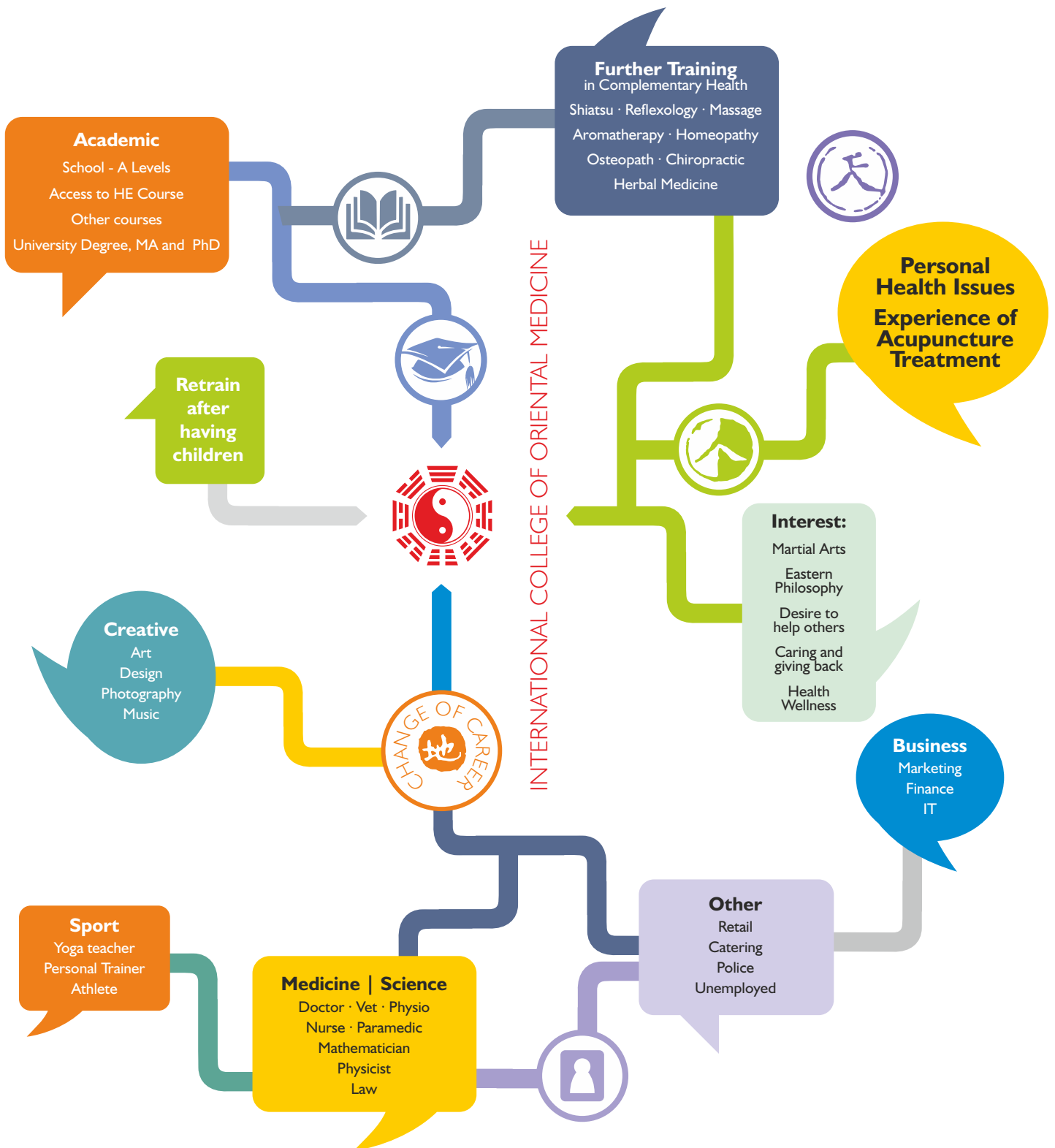


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ABOUT YOU

Students find their way to ICOM from many different backgrounds



Whether you are a mature student or are coming straight from school, your journey to the college is unique to you but it may also share similarities with others.

A positive experience of acupuncture, either personally or perhaps through a friend or relative, will often invite questions about the theory and philosophy that lies behind the treatments.

Whatever your current career path, whether it is academic, professional or even parenthood, you can explore the option to study at ICOM with the confidence that your shared experiences will help to shape you as a practitioner.

OUR COURSE

Content

Since 1972, our acupuncture training programme has been continually refined and developed, with input from our students, staff, practitioners, professional body (BAAB) and university partner. Our gathered experience, our passion for learning and teaching, and our ultimate quest to train you as a professional acupuncturist, are reflected throughout the programme. You, our students, will leave us with the confidence, inspiration and compassion to make a real difference to people's lives.

The roots of ICOM stand firmly in the classical tradition. This Daoist philosophy is represented in the ancient medical texts the Nei Jing and Nan Jing, acknowledged reference sources in Chinese Medicine. Our view is that without a solid understanding of these traditions, Chinese medicine is like a flower cut at the stem and severed from its roots. Below are the different subjects which make up our BSc Honours degree in Acupuncture.

As with any system, the whole represents more than the sum of the individual parts. You will find that your learning is integrated across and between the subjects throughout the programme. All of these subject strands are finely woven together to prepare you for your clinical practice.

Chinese Medicine 1

This unit introduces you to the history, philosophy and theory of Chinese Medicine.

Key concepts explored include the Dao, Yin/Yang, Wu Xing (Five Elements), the Chinese Calendar, Zang-Fu (Organs), San Bao (Three Treasures), Qi/Blood/Fluid, Syndromes, Jing Luo (Meridian System) and Diagnosis. You will also see patients being treated in the classroom, a fully interactive experience for the student, where you can take a look into the mind of the practitioner to understand how they apply the theory and philosophy.

Chinese Medicine 2

This second year deepens your understanding of the concepts introduced in Year 1, allowing you to see how the philosophy and theory informs practice. Additional lecture topics include: Wu Shen (Five Spirits), Wu Zhi (Five Wills); Origins of the Five Elements; the Six Qi; Six Divisions, progression of Fever; the microcosm and macrocosm, and the Extraordinary Fu. You will also learn in depth about the applications of Qi Jing Ba Mai (Eight Extraordinary Meridians).

Chinese Medicine 3

Wu Yun Liu Qi (Stems and branches theory)

You will have been introduced to Stems and Branches theory in Year 1 and 2, including Tian Gan (10 Heavenly Stems) and Di Zhi (12 Earthly Branches).

In Year 3, you learn how to analyse a patient's constitutional strengths and weaknesses and how the seasonal variations and climates affect our body's natural rhythms.

Subjects include Great Movements (Da Yun), Guest/Host Movements, the 4 Possibilities, Guest/Host Energies, Celestial Concordances, 10 methods of Treatment, Left/Right Law, Fu Xi, King Wen, Luo Shu, He Tu, Lo Pan, Forbidden Meridians and more. You will learn to apply the theory through case history discussions and link your learning directly to your clinic practice.

Applied Chinese Medicine 1 and 2

Here you learn how health turns into dis-ease according to the framework of Chinese Medicine. You will understand how different models of practice can be applied to correct these imbalances. These include, Traditional Chinese Medicine (TCM), Five Element and Stems and Branches theory.

Personal and Professional Development 1, 2 and 3

This subject strand provides you with clinical skills such as exploring the boundaries of the therapeutic relationship, reflective practice and pulse, tongue and body diagnosis. Pulse taking is an important diagnostic tool. We teach you to develop sensitivity in your pulse taking and focus on this right from the start; you will learn and refine this skill in lots of different ways, both in clinic and in class, so that when you graduate you are confident and competent at pulse diagnosis.

Your learning journey from the classroom, to the clinic, and beyond, is recorded in your personal portfolio. Your portfolio provides an important opportunity for you to reflect on what all of this means for you. Through meaningful personal reflection we can develop ourselves as practitioners and human beings.



Right from the beginning you will be learning about how to be a practitioner. This is a very practical subject unit where you will develop the necessary business skills needed to set up and manage your own successful practice. We will teach you how to market yourself and your business, how to deal effectively with administration, including accountancy / book keeping, and also explain the legal and professional responsibilities associated with being a practitioner.

Point Location 1, 2 and 3

This course teaches you all of the 365 acupuncture points (not all courses do) which are your 'energetic tools'. You also learn in detail the various 'point categories' as well as point energetics and selection for treatment. This dovetails with the Western Medicine anatomy lectures which give you the necessary knowledge of surface anatomy to help you find acupuncture points accurately.

Western Medicine (Anatomy, Physiology and Pathology)

It is important that practitioners can interact and integrate with our fellow healthcare professionals. In this unit we will teach you the appropriate level of western medicine for you to practise acupuncture, including about how and when to refer patients.

Research 1, 2 and 3

Studying research is about investigation; we all do this, informally, in our everyday lives when we find out information, weigh up our options and make decisions. Good, relevant research can help with integrating the profession of acupuncture into the wider health care agenda. This subject pathway equips you with the skills to

understand published research studies and how they apply to acupuncture, together with their limitations. You will build on your learning so that you are well prepared to undertake your final year project, an opportunity for you to explore an area of acupuncture that particularly interests you.

Clinic Practice

Your journey through the various aspects of clinic learning starts with Clinic Observations in Year 1, where you will observe practitioners working in clinic. Your next step is Practical Clinic Part 1 in Year 2 in supervised practice, where you start to treat patients under close supervision within a small support peer group, continuing on into Year 3. The final semester focuses mainly on your clinic practice where you treat patients alone but with the back-up of a senior practitioner on hand, should you require any advice. This step-by-step process slowly and surely builds your confidence, ready for the exciting launch of your new career. At ICOM, you don't need to worry about finding practitioners to observe or patients to treat, in order to fulfil your required training hours; we do all of that for you, on-site.

“ The art of Chinese Medicine is the ability to slide between the paradigms - yin/yang, Heaven/Earth/Man, Five Elements, Six Divisions, Ten stems & Twelve branches selecting the most appropriate framework to analyse the state of the disease ”

Deborah Woolf
ICOM Lecturer and
Graduate 2000



YOUR TEACHERS

a wealth of experience

ICOM has a wonderful teaching faculty, not only passionate about Chinese Medicine but also teaching itself.

All staff are PGCert qualified teachers or working towards this qualification as well as being practising health care professionals, enabling the most effective and skilled delivery of the course and its aims. There is a wealth of experience, knowledge and passion amongst staff which is a marvellous resource for you as a learner.

Our staff are respected members of the wider professional community including serving as External Examiners for other accredited courses and work for the British Acupuncture Accreditation Board.

At the start of the course you are allocated a Personal Tutor to support you and your academic progress throughout the programme. This teacher stays with you for the duration of your time with ICOM and liaises with Senior Management and Course tutors, tracking your progress and offering help where possible and appropriate.

◆ **PENNY KHARROUBI**

Joint Principal
Study Skills

◆ **BEA ERLER**

Clinic Supervisor

◆ **SAM PATEL**

Joint Principal
Director of Clinic
Clinic Supervisor

◆ **KIRSTEN GERMANN**

Clinic Supervisor

◆ **ELIO BASAGNI**

Assistant Programme Leader
Point Location
Chinese Medicine
Clinic Supervisor

◆ **HELENA GREENWOOD**

Research Studies

◆ **SUZI BROAD**

Point Location
Chinese Medicine

◆ **ROY HAITZIN**

Anatomy
Physiology

◆ **FRANCESCA DIEBSCHLAG**

Personal and Professional
Development

◆ **ROB HUGHES**

Chinese Medicine
Personal and Professional Development
Clinic Supervisor

◆ **ROBERT ELLIOTT**

Pathology

◆ **TOM INGS**

Point Location
Chinese Medicine
Personal and Professional Development
Clinic Supervisor

◆ **SARAH JONES**
Personal and Professional
Development

◆ **ANNA KONKUROWICH**
Clinic Supervisor

◆ **TAE HUNN LEE**
Applied Chinese Medicine
Clinic Supervisor

◆ **SARAH MAJOR**
Applied Chinese Medicine 2
Clinic Supervisor

◆ **RICK MUDIE**
Clinic Supervisor

◆ **NINETTE SAPIR**
Personal Professional Development
Chinese Medicine
Clinic Supervisor

◆ **JINAL SHAH**
Clinic Supervisor

◆ **TONY TODD**
Chinese Medicine
Applied Chinese
Personal and Professional Development
Clinic Supervisor



◆ **STEVE WEST**
Clinic Supervisor

◆ **REBECCA WHEATLEY**
Point Location

◆ **DEBORAH WOOLF**
Chinese Medicine
Personal and Professional Development
Clinic Supervisor

◆ **KEITH WRIGHT**
Point Location
Personal and Professional Development
Clinic Supervisor

WHAT TO DO NEXT?

Contact Us

Open Days - come and see ICOM for yourself

Interested? Would you like to know more? Come along to one of our Open Days:

- ◆ Hear a talk about the course from our Joint Principals
- ◆ Chat informally with staff, students and former graduates over tea and biscuits
- ◆ Take a tour of our College and Clinic
- ◆ Observe an acupuncture treatment
- ◆ Meet other prospective students

Embarking on a new career is an important decision, so family & friends are welcome to come along too!

Call **01342 313106** to book a place on one of our **OPEN DAYS**



How to Apply

Application Form

It's really simple. All you need to do is apply on-line or download an application form from our website

www.orientalmed.ac.uk

Send it together with two passport photos to Student Admissions at the College address. We do not charge an Application Fee.

Entry Requirements

Students come to us from a wide variety of different backgrounds.

Our entry requirements include flexibility for mature candidates who don't hold formal academic qualifications.

Some of our most successful practitioners did not have formal qualifications before they began their training with us.

If you can demonstrate passion for learning, willingness to learn academic skills and determination to succeed you will be considered for a place with us.

Coming for an Interview

On receipt of your application, we will invite you for an interview with our Programme Leaders.

Interviews are held throughout the year for the next academic session.

We have a maximum capacity of 24 students, so early application is advised.

Securing Your Place at ICOM

You will be informed whether you have been offered a place usually within a week from your interview.

To accept your place, all you need to do is send us your written confirmation and Registration Fee and your place will be secured.



HOW TO FIND US

Van Buren House



The International College of Oriental Medicine and Teaching Clinic are based in an historic 16th Century house in East Grinstead, less than one hour by train from Central London and 15 minutes drive from Gatwick Airport.

ICOM

the International College of Oriental Medicine
Van Buren House, Green Hedges Avenue, East
Grinstead, West Sussex RH19 1DZ

By Road - East Grinstead is on the A22, 30 miles south
of London (for a route or map visit www.theaa.com)

From M25, leave at Exit 6 and follow East Grinstead
signs, along A22.

From M23, leave at Exit 10 and follow East Grinstead
signs, along A264, A22.

When approaching East Grinstead town centre,
Homebase is on your left. Take the next turning on the
left (East Grinstead Tyre Service on the corner). This is
Green Hedges Avenue. The College is 50 yards down
on the right, with free on-site parking.

From the South/A22: When entering the East
Grinstead one-way system, follow the signs to Gatwick.
On reaching the T-Junction at the top of the one-way
system, turn left, then first right (East Grinstead Tyre
Service on corner) into Green Hedges Avenue.

By Rail - ICOM is approximately a 5 minute walk from
East Grinstead station.

London Victoria to East Grinstead. Hourly service during
the day, half hourly during peak times.

London Bridge to East Grinstead. Change trains at East
Croydon, except during peak times.

Further Information

For information on course fees, term dates,
programme content, entry qualifications
and financial aid, student testimonials and
lots more, visit www.orientalmed.ac.uk

Contact Us

If you still have questions, please contact us
at any time on **01342 313106** or by email
to info@orientalmed.ac.uk

We look forward to
hearing from you.

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ICOM

International College of Oriental Medicine
Excellence in Acupuncture since 1972

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www.orientalmed.ac.uk

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