

About Us

The Centre for Human Development Limited (TCHD) was developed to meet the Social Service, Psychological, Counselling and Training & Development needs of the people of Trinidad & Tobago, regionally and internationally. Our work is defined by our ability to respond to the many needs of the most vulnerable among us. The families we serve have complex needs. Communities need to strive to develop and the training needs are broad based. TCHD will continue to evolve as we strive to Strengthen Families, Build Communities and Develop Minds.

Our Commitment

The Centre for Human Development Limited is committed to delivering social, psychological, counselling and training & developmental services locally, regionally and internationally. It is our distinct belief that, those we serve, is in the greatest position to chart their own course and take control of their lives. Our commitment to you is to utilize our most skilled practitioners to deliver services to you utilizing best practices, person-centered, and solution focused modalities.

Our Vision

The Centre for Human Development Limited will become the premier Social Service Agency in Trinidad and Tobago, serving Children, Families, and the Community, determined to develop human capacity through continuous training and development.

Our Mission

Our mission is to facilitate a continuity of care by strengthening families, building communities and developing minds in an environment which fosters healing through solution-focused, person-centered practices.



ADDRESS:

9 Pasea Main Road, Tunapuna

TEL: 1(868) 235-5181 / 1(868) 317-3471
1(868) 374-9814

FAX: 1(868) 623-6529

EMAIL: thecentre@lifelife.org

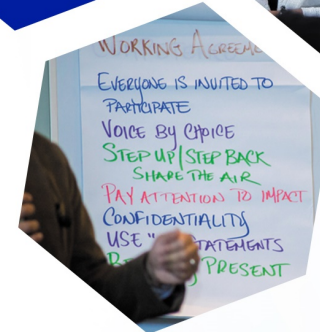
WEBSITE: www.lifelife.org

 A MEMBER OF THE
TCHD GROUP OF COMPANIES LIMITED



The Centre For Human Development Limited

*Strengthening Families.
Building Communities.
Developing Minds.*



TCHD CLINICAL SERVICES
EMPLOYEE ASSISTANCE
PROGRAMME (EAP)

About the Employee Assistance Programme

The Employee Assistance Programme or EAP is a structured, clearly defined work based programme designed to improve performance by providing psychological and organisational support to the management and staff of an organisation. Utilizing strengths-based approaches; TCHD provides a confidential and professional framework that builds employees functioning both as a professional and as a person.

Why Collaborate with us through the EAP?

TCHD understands the local context in which our professional relationships exist, but also understands the organization's place within the global market, the necessity of results and keeping ahead of the competition.

Some of the issues that the EAP would attend to are:

- Workplace Stress
- Trauma (Workplace, Home and Community)
- Critical Incidence Stress Management
- 24 Hour Crisis Management System
- Transitions – Layoffs and Retirement
- Family and other relationship issues
- Substance Abuse and Alcoholism
- Grief and Loss
- Bullying in the Workplace
- Financial Service Management
- Organisational Consultation to services
- Organization and Staff Development
- Performance Management System
- Conflict Resolution and Mediation



Strengthening Families

Linking the Employee to the Organization

The employee forms the bedrock of an organisation's productivity; and, in essence, is directly responsible for how well an organisation performs. Thus, linking the employee to the organisation is a critical function of the EAP service whereby the employee's wellbeing is seen as being symbolic to the organisation's success.



What is the Product of the Company?

Many companies are aware of their product; many times something tangible. For companies or departments that have a service-oriented product, there is sometimes difficulty in defining that product and what are the requisite components that result in a vision and mission that employees cannot relate to. A critical mandate of the EAP service provided by TCHD is defining the product/s of the organization in such a way that the employee is acutely aware of their relationship to the organisation and the expected/required output. In creating and fostering this relationship, the company benefits from having the often elusive term 'motivated workforce'.

Building Communities

Services

FAMILIES & INDIVIDUAL CLINICAL SERVICES

- Family Counselling/Therapy (In-Home and Office)
- Individual Counselling/Therapy
- Child, Youth and Adolescent Individual Counselling/Therapy
- Individual Coaching
- Identifying your Career and Professional Development
- Transitional Counselling
- Group Counselling/Therapy
- Mediation and Conflict Resolution
- Family Team Conferencing - FTC
- Clinical Consultation

TRAUMA INTERVENTION SYSTEM (TIS)

- Crisis Response Team and Crisis Intervention
- Specialization Treatment - Trauma Treatment for Employees and their dependents
- Traumatic Incident Reduction (TIR)

PSYCHOLOGICAL TESTING

- Psychological Assessment for Recruitment and Employees
- Psycho-Educational Assessment
- Psychological Assessment
- Diagnostic Tests
- Developmental Tests

TRAINING & DEVELOPMENT SERVICES

- Supervision and Staff Development
- Staff and Supervisor Coaching
- Leadership and Effective Team Building
- Mediation And Conflict Resolution
- Emotional Intelligence
- Financial Service Management Training
- Inertia in organizations

Developing Minds