

# EQPRO™



The **EQPRO™** is a normative assessment tool that measures the critical dimensions of emotional intelligence. The **EQPRO™** assesses the ability to recognize and manage one's own emotions as well as the feelings of others. It is an excellent complement to our other predictive psychometric assessments.

## EQPRO™

- Adds predictive power to most selection tools
- Proven to be more predictive of performance than IQ
- Empathy and sound judgement are essential characteristics of top leaders
- Assesses the ability to process emotional information

The **EQPRO™** has been effective with a variety of groups including sales, service, management, leaders and executives. Most top organizations consider emotional intelligence to be a key factor in their talent management systems.

A thoroughly validated assessment tool, the **EQPRO™** is ideal for recruiting and selecting employees that range from entry level sales positions to executives. In addition to being effective as a recruiting and selection tool, the detailed report can be used for team building, executive coaching, conflict resolution, succession planning and matching individuals and teams.

The constructs measured by the **EQPRO™** have proven to be essential for helping managers manage people and for understanding interpersonal relationships.

The **EQPRO™** can be customized and benchmarked for all positions and levels within an organization.

The **EQPRO™** measures the top 6 critical aspects of emotional intelligence:

- Self Awareness - mood labeling of emotions
- Mood Monitoring - amount of energy used to monitor emotions
- Self Control - control over impulses and desires
- Managing Emotional Influences - the emotions of others
- Social Judgement - appropriate decisions in social situations



## SELF MANAGEMENT GROUP

The **Self Management Group** is a world leader in screening, selecting, developing, and retaining top performers. For over 30 years, the **Self Management Group** has partnered with leading companies to develop high performance, self managed organizational cultures.

For more information about the **EQPRO™** and the **Self Management Group's** other profiling and training systems please visit [www.selfmgmt.com](http://www.selfmgmt.com) or call 416.746.0444.

For a free demo and complimentary consultation contact:

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**SELFMANAGEMENT**  
GROUP  
SELECT | DEVELOP | RETAIN | TOP PERFORMERS