

SICKNESS EXCLUSION POLICY

This policy sets out the exclusion periods from nursery for children who are ill, including if they are infectious. Liberty Kids takes into consideration guidance from the Health Protection Scotland (NHS) with regards to exclusion periods for illnesses and infection control, as well as the needs of the children and staff.

Illness/Infection	Liberty Kids - Exclusion Period for children
Chicken Pox/Shingles	5 days from onset of rash as long as spots are crusted over
Cold Sores (Herpes simplex)	None
Conjunctivitis	None (If there is an outbreak we will consider exclusion)
Diarrhoea and/or Vomiting including Rotavirus/Norovirus/Gastroenteritis	48 hours from the last episode, if as a result of illness or infection. (Also, after 3 or more loose stools in a nursery session, children are required to be sent home and may return 48 hours after the last episode)
Flu	Until recovered fully enough to participate in nursery activities
German Measles (Rubella)*	6 days from onset of rash
Glandular Fever	None, however must be well enough to participate in nursery activities
Hand, Foot and Mouth Disease	None, however must be well enough to participate in nursery activities
Head lice	None
Impetigo	Until lesions are crusted or healed or 48 hours after antibiotic treatment commenced
Measles*	4 days from onset of rash – must consult with HPT
Meningitis*	Until recovered (We will follow the instructions of the local Health Protection Unit)
Mumps*	5 days from onset of swollen glands
Ringworm	Until treatment has commenced
Scabies	Until treatment has commenced
Scarlet Fever*	24 hours after commencing antibiotics
Slapped cheek	None, however must be well enough to participate in nursery activities
Threadworm	None

* = Notifiable diseases exclusions. Please note this list is not exhaustive but contains the most common

Parents should always seek advice from their GP or Accident and Emergency department regarding the specific symptoms of their child.



NHS Direct 111 or www.nhsinform.co.uk

Children who are ill

It is at the Manager's discretion whether or not to allow a child into nursery if they are showing signs of illness, even if there is no exclusion period or if this is after any exclusion period has passed or if a doctor has stated that they are not infectious. The Manager will need to take into account the demeanour of the child and whether they are well enough to participate in nursery activities. They must also consider whether allowing a sick child in nursery would affect the staff to child ratios, as children who are unwell may require continual one to one attention. If we allow a child showing signs of illness or who has recently recovered from an illness into nursery then we will monitor them regularly and will contact parent/s to ask that they are collected if they become unwell again.

Illness Outbreaks

If there is an outbreak of an illness in nursery then the Manger will consult with the local Health Protection Team for advice. We may decide to exclude children in order to control an outbreak even where this is not listed in our normal exclusion policy.

Infectious Illness reporting

If a child has an illness we would request that the parent/s contact the nursery as soon as possible so we can communicate this to all staff and parents, as well as Health Protection and Care Inspectorate if it is a notifiable disease. This is particularly important in case a child has come into contact with a pregnant staff member or parent.

Our general rule of thumb is that if a child in unwell they should not attend nursery.