

Opening Times at Ramsgate - April 2019

SWIMMING POOLS

Monday from	7.45am
Tuesday to Thursday from	6.30am
Friday from	7.45am
Saturday & Sunday from	7.00am

Please check our pool programme for full details on specific public swim times, school usage, clubs and group bookings.

SPORTSHALL

Monday to Thursday	9.00am to 10.30pm
Friday	9.00am to 9.00pm
Saturday	9.00am to 9.00pm
Sunday	9.00am to 9.00pm

HEALTH SUITE

Monday and Friday	5.30am to 10.00pm
Tuesday to Thursday	6.30am to 9.00pm
Saturday	7.00am to 8.00pm
Sunday	7.00am to 8.00pm

With over 70 classes per week checkout our Group Ex programme for full details on all our classes.

SPA

Monday to Friday	10.00am to 9.00pm
Saturday & Sunday	10.00am to 5.00pm

SWIM SCHOOL

Our main lessons operate around the following time;

Mon, Wed and Friday	4.00pm to 7.00pm
Sunday	7.30am to 10.30am 4.30pm to 7.00pm

We also run preschool lessons throughout the day.

Please speak to a member of our Customer Service Team regarding availability.

TEEN GYM

Monday	4.15pm to 5.15pm
Tuesday	4.15pm to 5.15pm
Wednesday	7.30am to 8.30am 4.15pm to 5.15pm
Thursday	4.15pm to 5.15pm
Friday	4.15pm to 5.15pm
Saturday	9.30am to 10.30am 10:30am to 11.30am
Sunday	2.00pm to 3.00pm

Please note a gym introduction is required. Please book in advance at reception.

FEELGOOD

Monday	6.45am to 8.30pm
Tuesday	6.45am to 6.00pm
Wednesday	6.45am to 8.30pm
Thursday	6.45am to 6.00pm
Friday	6.45am to 6.00pm
Saturday	7.00am to 3.00pm
Sunday	7.00am to 3.00pm