

Getting Afloat - the Sailing Pathway

Start Sailing

Club Activities

Juniors

Start Sailing Lessons - Individual Tuition or small groups
 RYA Stage 1
 RYA Stage 2
 RYA Stage 3
 Optimist (own boat) Grade 1-4

Club Sailing - Sun am
 Junior Instructor Summer Holiday points racing and activities
 Junior Lapwing Fleet sailing
 AYC 'Race and Train' open meetings and
 Junior Regatta Week

Club racing points series on Sat pm and Wed evenings
 Club picnic sails

Adults

Start Sailing Lessons - Individual Tuition or small groups
 RYA Level 1
 RYA Level 2
 RYA Level 3
 Keelboat Sailing

Club Sailing - Sun am
 Ladies who Launch - Wed evenings
 AYC Fleet open meetings and training days

Club racing points series on Sat pm and Wed evenings
 Club picnic sails

Improve your skills

Club Activities

RYA Start Racing
 RYA Intermediate Racing
 Optimist race coaching (Junior only) and/or
 RYA Stage 4 double Handed Dinghy Sailing
 RYA Seamanship, Day sailing and Spinnaker advanced courses
 Continuation sailing lessons and race coaching
 Keelboat Sailing

All Club points racing
 Club Cup Races
 AYC Regatta Week

Instructing & Volunteering

RYA/AYC Assistant Instructor (15+)
 RYA Instructor (16+)
 RYA VHF/DSC Radio Course, RYA First Aid
 RYA Powerboat Level 1 & 2 (14+), RYA Safety Boat (16+)
 RYA Race Coach Level 1 & 2 (16+)

Advanced

'Own boat' race coaching weeks
 RYA Junior and Zone Squads
 RYA Youth Squad Training
 RYA Day sailing

Fleet training and coaching days
 Open meetings and traveller series
 Class National Championships
 RYA Day Skipper