



Learning Lunches...

The perfect work/life balance.

90 minute bite-sized sessions to address your training needs in the time it takes to eat a sandwich.

What are Learning Lunches?

It's a classic response – when times are hard the training budget is one of the first things to feel the squeeze. And when it's all hands to the pump, there's not much time to remove people from the day-to-day operation, even if you've managed to hang onto some of your budget.

Yet all the research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Offering training to your staff underlines how much you value them, as well as developing capabilities and helping to retain your talented individuals.

Learning Lunches are our solution to help you keep vital training on the menu with negligible disruption to the operation and your finances. Our bite-sized training sessions are manageable portions of expertise, designed to fit in a lunch hour, and held at your offices.

Financial Health - How to have a healthy and happy relationship with your money

This learning lunch explores the nature of 'money dramas' and identifies what they are, who experiences them and why. The session also helps people with practical suggestions on how end their money dramas and use the freedom and security this provides to live fuller, healthier and more resilient lives.

This learning lunch has been created to bring together the hot topics of personal well-being and financial health. We look at past relationships with money, the unconscious financial lessons learned throughout our lives and the bad habits which hinder the realisation of our goals.

Choose from a range of topics and invite as many people as you like for just

£995 + VAT!

To find out more call us on 01753 373063 or email info@ceruleanblu.co.uk to find out more about our Learning Lunches.