

Personal Profile (Example: Gail Lowe)



I am a qualified nurse with experience in both general and psychiatric nursing as well as being a qualified counsellor, and teacher. I have been a massage therapist for 33 years having started with massaging family and friends and seeming to have a natural ability and people used to say I had a “wonderful touch”.

Being a massage therapist has utilised my nursing experience and I can never really put a value on how much that has led to my success as a therapist, working with local GP’S and hospital staff. I have massaged thousands of clients with a variety of different treatments and have been teaching others to massage both at home on family and friends and now therapists to become practitioners.

I love my job and feel passionate and enthusiastic in my teaching. I feel it’s vital to add to your skills regularly and keep abreast of new techniques and guidelines and keep your muscle knowledge fresh and current. It is easy when working on your own to become stale and lose track of what is important in your treatment.