## INDEPENDENTCATERING

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent
PRIMARY


MONDAY 20TH FEBRUARY

Oven Baked Sausages Served with Jacket Potato Wedges
$(1,8)$

Mixed Fresh Vegetable Paella (10)

Homemade Tomato Pasta (1)

Filled Baked Jacket Potato

Baked Beans or Fresh Carrots

Pear and Cherry Crumble and Custard (1, 7, 8, 9)
TUESDAY 21ST FEBRUARY
Mild Beef Curry served with
Rice, Popadums (1)
Quorn Bolognaise \& Spaghetti
$(1,7,9,10)$
Homemade Cheesy Pasta (1, 9)
Filled Baked Jacket Potato

## AVAILABLE DAILY - HOMEMADE BREAD • FRUITY YOGHURT • CHEESE \& BISCUITS • FRESH SALAD BAR

ALLERGEN KEY
1 Cereals containing gluten
2 Crustaceans
3 Molluscs
4 Fish
5 Peanuts
6 Nuts

| 7 Eggs | 10 Celery |
| :--- | :--- |
| 8 Soybeans | 11 Mustard |
| 9 Milk | 12 Lupin |

13 Sesame
8 Soybeans
1 Mustard
14 Sulphur Dioxide

FRIDAY 24TH FEBRUARY

Beef Lasagne served with Wholemeal Garlic Bread (1, 9, 11)

Shepherdess Pie
Mixed Vegetable and Chickpea Fajitas (1)

Creamy Tomato Penne Pasta
$(1,9)$

Filled Baked Jacket Potato

Chips, Baked Beans, Garden Peas

Fruity Friday
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MONDAY 27TH FEBRUARY

| TUESDAY 28TH FEBRUARY PANCAKE DAY | WEDNESDAY 15T MARCH |
| :---: | :---: |
| Homemade Pork Meatballs in a Chunky Tomato Sauce served with Rice (1, 7) | Roast British Beef and Yorkshire Pudding (1, 7, 9) |
| Mixed Bean Quesadillas with Baked Potato Wedges $(1,9)$ | Wholemeal Mixed Pepper Quiche (1, 7, 9) |
| Salmon and Chive Pasta (1, 4, 9) | Spinach and Feta Cheese Pasta $(1,9)$ |
| Filled Baked Jacket Potato | Filled Baked Jacket Potato |
| Fresh Broccoli and Sweetcorn | Roast Potatoes, Mashed Swede and Garden Peas |
| Selection of Pancakes (1, 7, 9) | Syrup Sponge and Custard $(1,7,8,9)$ |

THURSDAY 2ND MARCH

British Lamb Shepherd's Pie

Jerk Roast Vegetables served with Rice

Macaroni Cheese (1, 9)

Filled Baked Jacket Potato

Fresh Leek and Cabbage Medley, Fresh Carrots

Chocolate Krispie Cake $(1,9)$

FRIDAY 3RD MARCH

Hot Dog in a Roll $(1,8)$

Vegetarian Sausage in a Roll $(1,7,9)$

Homemade Tomato Sauce and Pasta Bows $(1,9)$

Filled Baked Jacket Potato

Chips, Beans and Chefs Salad, Braised Onions

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MONDAY 6TH MARCH

Chicken Tikka Masala and Rice served with Popadums $(1,9)$

Vegetable and Lentil Bake with a Wholemeal Topping (1)


Filled Baked Jacket Potato

Cauliflower Bhaji $(1,9)$, Garden Peas

Banana Sponge and Custard
$(1,7,8,9)$

TUESDAY 7TH MARCH

British Beef and Fresh Mixed Vegetable Hotpot

Mixed Pepper and Bean Burrita with a Tomato Salsa $(1,9)$

Italian Style Meatballs with Penne Pasta (1)

Filled Baked Jacket Potato

Fresh Carrots and Green Beans

Lemon Drizzle Cake (1,

WEDNESDAY 8TH MARCH

British Roast Pork with Apple Sauce

Winter Vegetable Savoury Pinwheel $(1,9)$

Creamy Tomato Fusilli $(1,9)$

Filled Baked Jacket Potato

Roast Potatoes, Roast Parsnips, Butternut Squash and Broccoli

Jam Roly Poly and Custard
$(1,7,8,9)$

THURSDAY 9TH MARCH

Chicken Fajita (1)

Roast Vegetable Pitta Pockets (1)

Vegetable Bolognaise Pasta (1)

Filled Baked Jacket Potato

Herby Diced Potatoes, Homemade Tomato Salsa and Sweetcorn

Wholemeal Oat Cookie (1)

FRIDAY 10TH MARCH

100\% Cod Fish Fingers (1, 4

Homemade Cheese and Onion Pasty (1, 9)

Tomato and Basil Pasta Bows (1)

Filled Baked Jacket Potato and Garden Peas

Fruity Friday

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MONDAY 20TH MARCH

Toad in the Hole, Mashed
Potatoes and Gravy (1, 7, 8, 9)

Sweet Chilli Vegetables and Noodles (1, 9, 14)

Chunky Tomato Fusilli (1)

Filled Baked Jacket Potato

Sweetcorn and Fresh Savoy Cabbage

Banoffi Pie (1, 8, 9)

TUESDAY 21ST MARCH

Braised Beef and Vegetables served with a Pastry Top $(1,9)$

Vegetable Korma and
Wholemeal Rice (9)

Cheesy Pasta Bows $(1,9)$

Filled Baked Jacket Potato

New Potatoes, Fresh Carrots and Garden Peas

Homemade Cherry Mousse with a Popcorn Topping (9)

WEDNESDAY 22ND MARCH

British Roast Gammon and Pineapple Slices

Melty (Cheesy) Mushroom Plait $(1,9)$

Creamy Tomato Penne Pasta $(1,9)$

Filled Baked Jacket Potato

Roast Potatoes
Fresh Cauliflower and Broccoli

Sticky Ginger Cake and Custard (1, 7, 8, 9)

## THURSDAY 23RD MARCH MEXICAN FIESTA LUNCH

Mexican Style Chicken Tacos with a side of Guacamole and Tomato Salsa and Cheese (9)

Corn and Blackbean Quesadilla
(1)

Mexican Spaghetti (1)

Filled Baked Jacket Potato

Mexican Red Rice, Avocado Salad and Mexican Bean Salad and Sweetcorn

Mexican Brownie (1, 7, 9) Apple and Toffee Enchilada (1) Mango Sorbet

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12 Lupin

FRIDAY 24TH MARCH

Battered Cod (1, 4)

Homemade Vegetarian Burger
(1)

Mediterranean Vegetable Pasta
(1)

Filled Baked Jacket Potato

Chips, Baked Beans, Mushy Peas

any allergen concerns please speak To the catering Manager

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