

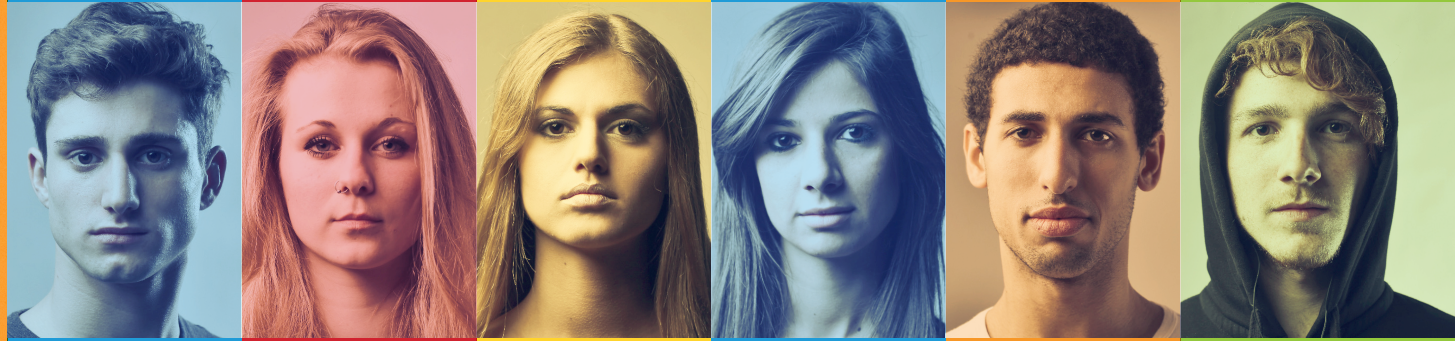
NEED HELP?

Contact our Intake Coordinator or complete our online application

INTAKE COORDINATOR
613-594-8333

Female Campus ext. 2205
Male Campus ext. 2206
admissions@davesmithcentre.org
davesmithcentre.org

*A professional referral is **NOT** required and there are no formal fees required to access DSYTC programs and services*



SUPPORT THE DSYTC

Please consider helping youth and families in need by making a donation.

Mail

Dave Smith Youth Treatment Centre
112 Willowlea Road,
Carp, Ontario KOA 1L0

Online

davesmithcentre.org

Telephone

613-594-8333 ext. 1304

Your generous gift is an investment in our community's future.

Thank you!

CHARITABLE REGISTRATION # 889926242 RR0001

Dave Smith 
Youth Treatment Centre

Residential Addiction & Mental Health Treatment for Youth and Families

davesmithcentre.org

Stittsville Campus
Assertive Continuing Care & Family Services
112 Willowlea Road,
Carp, Ontario KOA 1L0

Carleton Place Campus
Male Residential Treatment
1986 Scotch Corners Road,
Carleton Place, Ontario K7C 0C5

Carp Campus
Female Residential Treatment
1883 Bradley Side Road,
Carp, Ontario KOA 1L0

CONTACT US

112 Willowlea Road,
Carp, Ontario KOA 1L0
TEL 613-594-8333
FAX 613-594-5623
info@davesmithcentre.org
davesmithcentre.org

FOLLOW US ON



Dave Smith Youth Treatment Centre 

A SAFE PLACE FOR A FRESH START



WHO WE ARE

Established in 1993 and located in Ottawa the Dave Smith Youth Treatment Centre (DSYTC) is a non-profit, community-based agency that is dedicated to helping youth (13-21) and families across Ontario overcome substance use, mental health and related issues.

OUR MISSION

is to provide youth and families in need with integrated, evidence-based addiction and mental health treatment, delivered by competent professionals within a caring and compassionate environment.

OUR VISION

is healthy, resilient, youth and families who have hope and life skills for creating a positive future.



WHAT WE DO

DSYTC programs and services include:

- Comprehensive Assessment
- Residential Treatment (flexible length of stay - up to 3 months)
- Post-Residential Continuing Care
- Family Services
- Academics
- Primary Care (via Nurse Practitioners)
- Psychiatry
- Pro-Social Recreation

Residential Treatment

The DSYTC operates two, 24-hour residential addiction treatment facilities for youth. Carp Campus is a 10-bed facility for females; Carleton Place Campus is a 14-bed facility for males. Within these separate campuses, we offer gender-specialized programming to address the complex and unique needs of each individual we serve.

Trans youth are supported at either campus and treatment location placement is determined based on the needs and preferences of each youth.

Assertive Continuing Care (ACC)

In order to support healthy lifestyle change, reduce relapse risk and to facilitate community linkage, ACC counsellors engage youth and families immediately after the residential phase has ended.

HOW WE DO IT

Within a client-centred approach, we provide evidence-based and informed interventions and everything we do is subject to continuous quality improvement.

Our clinical approaches include:

- Adolescent Community Reinforcement Approach (ACRA)
- Assertive Continuing Care (ACC)
- Community Reinforcement and Family Training (CRAFT)
- Cognitive Behavioural Therapy (CBT)
- Motivational Interviewing (MI)
- Seeking Safety (Trauma)
- Collaborative Problem Solving (CPS)
- Dialectical Behavioural Therapy (DBT)

Family Services

Families matter here and caregiver involvement is a critically important part of our treatment process. Specific services include parent education, crisis support and family counselling.

Academics

Residential clients receive individualized programming and are able to earn high school credits through our partnership with the M.F. McHugh Education Centre. Support for College, University or other academic pursuits is also available.

Primary Care

In partnership with two Community Health Centres, nurse practitioners are available to support the physical and related health needs of youth clients.

Psychiatry

In partnership with a local psychiatrist, psychiatric support and consultation is available to help address the varied and complex mental health needs of the youth we serve.

Pro-Social Recreation

Experiencing healthy, pro-social, therapeutic recreation activities (e.g., sports, art, etc.) in a non-using environment is a critically important and enjoyable aspect of DSYTC programming.

