

Practitioner Catalogue

& PRICE LIST 2016/17



FINEST NATURAL MEDICINES FOR THE PROFESSIONAL HERBALIST

Welcome to Rutland Biodynamics, one of the United Kingdom's leading suppliers of quality herbal medicines for professional practitioners.

The company was founded by medical herbalist, farmer and biochemist Paul Chenery in 1996, motivated by concerns over the traceability and sustainability of conventionally traded herbs and the desire to offer fellow herbalists the highest quality herbal ingredients.

Uniquely, we are the only practitioner focused business offering full traceability from seed to bottle, complying with GACP and cGMP and run by qualified herbalists.

Rutland Biodynamics is now the largest grower of medicinal herbs for practitioners in the UK, cultivating and wild harvesting around 90 different herbs on the farm in Brooke, Rutland. The soil is a wonderfully fertile, if unforgiving, clay loam, which is ideal for growing a wide range plant species.

The farm is run along traditional lines, with a high labour rate similar to pre-industrial levels. This allows for careful husbandry lost from industrial systems. Obviously some species are not suited to growing in the UK and we continue to source these, organic wherever possible, to offer practitioners a wide choice of herbal ingredients.



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Celebrating 20 Years of working to enhance the vitality of people, plants and planet

It is 20 years since medicinal herbs were first grown at Town Park Farm. The idea developed from a conversation with the founder of The College of Practitioners of Phytotherapy, Hein Zeylstra, who expressed dismay at the opacity and lack of traceability of globally traded herbs. There was a very real concern that the consequent opportunity for contamination, adulteration, substitution and human error could contribute to the potential for a quality storm that he felt was brewing within the rapidly growing herbal medicine sector.

Our vision was to create an organic sustainable source of quality British grown herbs, reducing reliance on internationally traded herbal commodities. The aim was to offer to professional herbalists high quality herbal medicines made with clean, uncontaminated herbs of known and approved provenance. Since those early days we have grown into a multi-faceted business, not only making ingredients for herbalists but also making herbal components for some of the world's leading pharma companies, involving a great deal of regulatory focus and application of vigorous quality standards.

Quality Assurance

The past 20 years have seen many changes, the most notable of which is the increasing regulatory burden, surely a double-edged sword. Practitioners need, deserve and must have the ability to use their own judgement in respect of treating patients safely. In order to do this, consideration must be given to guarantees about the safety, efficacy and quality of their herbal ingredients.

2016 has seen the Government once again reject regulation of herbal practitioners and the UK herbal supply chain remains largely unregulated. Despite the European directives, most herbs supplied to the unregulated practitioner sector still avoid the amount of scrutiny of raw materials used for regulated products sold to retailers.

This year the industry has made quality a priority as news came of the contamination of herb crops throughout Europe with pyrrolizidine alkaloids (PA's) and, 20 years on it has been looking like the quality storm against which Hein Zeylstra warned. Rutland Biodynamics are fully behind any initiative that continues to uphold the highest quality standards for products in the industry - **whilst offering choice to practitioners.**

Renewed focus

Diversification into the manufacture of regulated products has entailed a great deal of regulatory focus, frankly entailing some risk to our original core inspiration. This, our 20th year, seems an appropriate time to look to re-invigorate the company and to re-dedicate our focus to our core values.

We have already reviewed our product offering and you will find a *new range of popular dried herbs and powders, essential oils, flower waters and glycerites and an extended range of dispensary sundries.*

Zero Pyrrolizidine Alkaloids

We have manufactured Borage, Comfrey and Coltsfoot tinctures for many years in the full knowledge that practitioners have used these judiciously for short times in low doses. We have no special information to add to this. The UK herbal profession however, seemed only dimly aware of the size of the PA threat following on the heels of German research showing that PAs are taken up by roots of other (non PA) plants from surrounding PA weeds (horizontal transmission).

Rutland Biodynamics again has led the field becoming the first - and possibly only - UK company to engage in a programme to totally remove all PA bearing weeds, such as ragwort and groundsel, from its entire cultivations of fresh organic herbs - including field margins. We are not yet aware of any other company offering this level of quality assurance in compliance with practitioner due diligence.

Farm update

We are delighted to report that were blessed with another successful planting season in May 2016 - in spite of a nerve racking time with the weather! Although the soil was a little more damp than ideal, the Italian planting machine and our resolute team coped with it impressively.

We have reaped abundant harvests this season allowing for ample replenishment of stocks of our ever popular fresh herb tinctures.

We look forward to continuing serving you over the coming year and wish you every success in your professional practice.

Our products

Rutland Biodynamics is renowned for delivering high quality herbal ingredients. Whilst we offer tinctures and fluid extracts made from organic and conventional dried raw material, the fresh organic products remain the best sellers. To make our fresh extracts, the fresh herb is taken from the field directly to the on-farm processing unit and made into potent fluid extracts and tinctures within hours of harvest.

We have investigated some of the complex science underlying the qualities of fresh herbal tinctures and together with the late Professor Jack published results that

can currently be downloaded at:
<http://www.rutlandbio.com/wp-content/uploads/2009/04/plants-colloids-tinctures.pdf>

Our manufacturing process is undertaken in a filtered air atmosphere and highly filtered spring water, drawn from our own bore-hole deep below the farm, is used to make the extracts. Every batch of every component and ingredient can be traced from its origin – mainly from our own certified biodynamic organic fields and hedgerows – to its final delivery address.



The provenance of our herbs

Sourcing raw herb material from the international supply chain is fraught with quality challenges. On occasions when we need to do this suppliers are subject to 'table-top' and physical quality audits wherever possible and the herbs undergo a wide range of quality control checks before being made into finished goods.

Because most of the herbs we use are cultivated or wild-harvested on the farm by our own highly skilled and experienced staff following Good Agricultural and Collection Practices (GACP) we ensure the highest quality starting material for our fresh products. The herbs are positively identified and are clean and free of any kind of contamination. We hope this gives you peace of mind as a practitioner.

Carbon positive, sustainability and environmental factors

Our commitment to the environment is evident in everything we do; our biodynamic and organic methods mean complete traceability and sustainability. In fact, our dedication to all matters environmental means we are not just carbon neutral but carbon positive.

The total leaf canopy of 5,000 native broad-leaf trees and 20,000 mixed hedgerow shrubs make up the 'lungs' of the farm and 'sink' more carbon than the whole business produces each year. Our cattle produce farmyard manure which is composted with the herb 'marc' left after extraction to produce fertiliser for the next crop.

We also use an underground heating source for the factory and farm and filtered water from our own bore-hole when we process our herbs. Packaging is all recyclable and we recycle as much production material as we can and encourage others to do the same.

Town Park Farm

Roots

The 60 acre farm is situated deep in beautiful Rutland countryside and has ancient associations with both farming and herbalism. The 'Town' part of the name refers to a long-vanished medieval village that stood in one of the fields, whilst a medieval priory, complete with herb garden, stood nearby until the Civil War.

Later, the land became a deer park and, although clay tile drains were hand dug during the Second World War, the pasture, with its original ridge and furrow, remained unploughed from the medieval period until 1996, when we began to grow herbs. Concerns over the authenticity, quality, traceability and sustainability of internationally traded raw materials were motivating factors in creating the herb farm.

Sustainable farming

The organic farm achieved Soil Association accreditation in 1986 and is also worked according to Biodynamic principles, with Demeter certification since 2002. Biodynamic farming, created and launched after Rudolf Steiner's 1924 lectures, is a specific form of agriculture regarded as 'premium organic'. Everything we do is built around a fundamental belief in sustainability.

In harmony with nature

The way we grow our herbs represents a holistic cycle in harmony with nature. This is not agribusiness, but a natural biodynamic rhythm of life, where plants are given the time and space to develop naturally.

Care is taken to ensure that plant health is achieved through botanical species diversity, crop rotation and predator habitat. Attention is given to light penetration and airflow derived from the intimate knowledge of the land and the plants. Weed control is achieved through timing of planting, mulching, and manual and mechanical cultivations to control the spread of invasive weed species.

Better soil structure is achieved through shallow ploughing, lower bulk density, easier penetrability, and ultimately a thicker topsoil than eroded modern farmland. The land will be here long after we have gone, and we are determined to maintain the health of the soil and biodiversity that thrives.

Vital Soil - Vital Herbs - Vital Medicines

Thus it is the precious fertility of this unspoiled land that is key to producing vibrant and healthy herbs. Soil health along with quality plant stock, timing and weather all contribute to the health and vitality of the plants. This enables us to produce the most vibrant botanical medicines, which, in your hands as a skilled practitioner, will contribute to the health of your patients.



Biodynamic farming

Biodynamic farming was created and launched in 1924 and was the forerunner of the modern day organic movement. All biodynamic farms practise organic agricultural methods, but there are some key differences. Originally inspired by Rudolf Steiner's lectures, metaphysical and spiritual beliefs are central to the biodynamic methodology.

Biodynamic practices reflect the natural balances of the world, from the holistic view of the plant to the influences of the rhythms of the cosmos. It is an agricultural methodology where, rather than maximising volume production, the aim is to enhance and support nature's impulses towards health. Harmful farming practices, such as the use of hormone disrupters (pesticides) and other poisons of flora and fauna, are prohibited.



Vital soil

Biodynamic farming strives to be transformative and seeks to maximise the health and vitality of the whole self-sustaining system, in particular the soil. At Town Park Farm to help facilitate this, special biodynamic herbal preparations are used to enliven compost made from organic farmyard manure and waste herb marc. Recycling of nutrients improves plant growth and soil health, evidenced by the abundance of earthworms.

Biodiversity

All biodynamic farms must set aside a minimum of ten percent of acreage as a biodiversity preserve. Town Park Farm far exceeds this. The trees, hedgerows and patchwork of herb fields are the ideal home for small deer, badgers, foxes, hares and rabbits, as well as a remarkably broad abundance of small reptiles, insects and birds.

Local

Biodynamic farms also aspire to have a positive cultural effect upon the entire socio-economic environment. Town Park Farm is integrated into the local rural economy. Buying from Rutland Biodynamics means you are helping to sustain a rural society with traditional knowledge applied to the cultivation of herbs in the UK.

Learn more

At Town Park Farm, we have tried to create a special, magical place. Visitors from across the globe have commented on the sense of peace and feeling of natural energy in the land. If you would like to learn more about biodynamic farming and gardening why not come to one of our open days. In the meantime visit:

www.biodynamic.org.uk

What does cGMP mean for you?

Rutland Biodynamics was the first supplier of herbalists' ingredients to attain unconditional authorisation by the UK's Medicine and Healthcare Regulatory Authority (MIA28255) and complies with current Good Manufacturing Practice (cGMP) for pharmaceuticals. Our practitioner products have since then been voluntarily manufactured within a cGMP environment and quality managed system.

To maintain consistently high production standards testing, evaluation and checks are built into all processes.

Our highly skilled production team undergo a continual programme of training. We are audited by government, other independent external bodies and international companies.

You can enjoy peace-of-mind that everything leaving Rutland has been subject to some of the most rigorous safety checks in UK herbal medicine manufacture, yet, at the same time being produced with a biodynamic impulse and the highest care.



Technical expertise

Method development research, quality control testing and quality assurance are at the heart of our business. The laboratory is well equipped with the latest lab equipment including High Performance Liquid Chromatography and Gas Chromatography. Microbiological testing is done in-house as are other standard quality control checks, for example; Thin Layer Chromatography (TLC), moisture and total ash.

The technical team are highly qualified and motivated to maintain Rutland Biodynamics' high standards. Key personnel include post graduate scientists in chemistry and specialists in microbiology. We undertake laboratory research into process qualities as we strive to continually improve the quality of our products. An extensive library and database of botanical analyses is also maintained.

Embracing industry regulation

Rutland Biodynamics has always embraced the trend of our industry to be self-regulated, for the safety of practitioners' patients. In order to keep abreast of the latest industry research, news and legislation we remain members of various UK professional associations as well being UK representatives to the European Herb Growers Association (EUROPAM). The latter is an evidence based scientific lobby of academics, growers and producers. Paul Cheney's annual attendance to the conference, as both speaker and delegate, is an opportunity to bring ground breaking industry news back to the UK to share with practitioners.

Laboratory services

A full range of laboratory services are available for third party companies:

- ✓ Provision of QC certification
- ✓ Method validation
- ✓ Standard pharmacopoeia testing
- ✓ New product development
- ✓ Assembly of full Certificates of Analysis



Ordering

Pay when you place an order via the web shop to get an instant **5% discount**
www.rutlandbio.com

Payment with order placed by telephone, fax or email attracts a **4% discount**
Tel: 01572 757440 | Email: sales@rutlandbio.com | Fax: 01572 770808



Ordering

All prices quoted in the catalogue are excluding V.A.T. and were correct at the time of printing. Occasionally products go out of stock and prices fluctuate, however the web shop shows live stock levels and the latest pricing. We have no minimum order value so if you urgently need something for a prescription just call us before 1.00pm and we can get it to you next day.

Delivery

For free carriage in mainland UK place a minimum order value of £150.00 excluding V.A.T., for Highlands and Islands, Northern Ireland and Republic of Ireland the threshold for free carriage is £250.00 excluding V.A.T. For international deliveries please enquire.

New practitioner package

We understand studying is an expensive process and our way of saying 'congratulations' is to offer newly qualified practitioners a free gift, free carriage and a healthy 20% discount on the first order over £250 excluding V.A.T. This offer is also open to returning practitioners who may have taken time out and need to build up a new dispensary – ask the sales team for details.

Contract and specials services

Please enquire for details if you require large volumes of liquid extracts or dried herbs. We can often bottle in larger containers from stock bulk material. We can also manufacture to your specification; contact the sales department to discuss new product development and lead-times. Bulk orders also attract discounts, please enquire for details.

Product Guide

Price review 2016 – the current price list has been subjected to thorough scrutiny as costs of herbs are subject to many influences which can result in wide pricing fluctuations over time. Although unfortunately we have had to increase some prices you will find that we have actually lowered the price of many tinctures.

Existing customers will be familiar with the fact that many of our medicines are offered in a variety of strengths. The increasingly popular 1:2 tincture, despite being an extract

of a third more tincture than the more ubiquitous 1:3, is often priced extremely competitively.

Prices were correct at the time of going to press but occasionally, due to unforeseen circumstances, they may be subject to variation – our latest pricing can always be found on the web shop.

Organic and biodynamic products

Our farm is organically registered and herbs have been grown according to biodynamic methods for many years. The certification authorities encouraged registration of medicines under organic regulations for many years. In 2014, however, our certifiers were told that medicines do not fall under EU organic rules and that medicinal products could no longer be registered as organic.

Be assured that we continue to grow our herbs under organic methods. This not only means that the natural properties of herbs are not interfered with by industrial chemicals during their growth but, also remain uncontaminated from pesticides.

Our farm continues to produce herbs under Organic systems that are approved and annually certified as Organic, as are many of the herbs we buy from others.

Farm fresh medicines

Our ever popular fresh extracts are the core strength of our business. Not only do these offer total traceability but, because they do not denature lipoprotein surfactants in the same way as drying herbs, they also utilise xenobiotic delivery systems developed by plant evolution over millions of years. Advanced chemistry - but if you would like to better understand why we believe fresh extracts are superior to those made with dried raw material you can download a copy of 'Plants, colloids and tinctures – nature's pharmaceuticals' at <http://www.rutlandbio.com/wp-content/uploads/2009/04/plants-colloids-tinctures.pdf>.

Our manufacturing protocols make an allowance for the water naturally occurring in the plants' sap, and as this becomes part of the tincture, there is of course less added water in fresh, than in comparative dried, extracts.



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Rutland Biodynamics are delighted to introduce a new range of cosmetic products under the brand name of our sister company, English Herbal Medicines Ltd.

They have been formulated and packaged for you, the practitioner to sell directly to your patients and the public. The wholesale price reflects a 20% discount on the suggested retail price ex VAT – see pricing in the table below.

Why not offer them at herbal workshops, talks and walks or at your local market? It's a great way to talk about the benefit of herbs whilst having a product you can sell directly to the public without giving a consultation.

Only the safest, and minimum amount of herbal based preservatives have been used to stabilise the products. They are vegan friendly and not tested on animals.

These high quality handmade lotions and creams are made using the finest active herbal ingredients, oils and nutrient-rich butters. They are non-greasy and easily absorbed – designed to soothe, nourish and restore.

The range of soaps, hand washes, shampoos and foaming bath also have active herbal ingredients – designed to cleanse, revitalise and condition.

All of the products are free of parabens, palm oil and microbeads.

Product Description	Active Ingredients	Product Code	Volume / Weight	RRP Price incl. VAT	Wholesale Price ex VAT
Hand & Body Lotion No.1	Calendula / Rose / Lavender / Rosemary / Chamomile	8000	200ml	£13.95	£9.30
Hand & Body Lotion No.2	Calendula / Orange / Lemongrass / Thyme / Cardamom	8001	200ml	£13.95	£9.30
Handwash No.1	Lavender / Rosemary / Chamomile	8002	200ml	£7.95	£5.30
Handwash No.2	Orange / Lemongrass / Thyme / Cardamom	8004	200ml	£7.95	£5.30
Hand Repair Cream No.1	Calendula / Rose / Lavender / Rosemary / Chamomile	8007	50ml	£5.95	£3.97
Hand Repair Cream No.2	Calendula / Orange / Lemongrass / Thyme / Cardamom	8006	50ml	£5.95	£3.97
Soap No.1	Lavender / Rosemary / Chamomile	8008	100g	£3.95	£2.63
Gardeners Soap No.2	Orange / Lemongrass / Cardamom – with Pumice	8009	100g	£3.95	£2.63
Shampoo for Normal Hair	Orange / Lavender / Geranium	8011	200ml	£7.95	£5.30
Shampoo for an Itchy Scalp	Grapefruit / Orange / Cedarwood	8012	200ml	£7.95	£5.30
Foaming Bath No.1	Lavender / Rose / Chamomile	8013	200ml	£7.95	£5.30
Foaming Bath No.2	Orange / Lemongrass / Thyme / Cardamom	8014	200ml	£7.95	£5.30

In the following product tables the farm fresh extracts, organically and biodynamically grown are coded 'FR/OG'. Organically grown dried herbs are coded 'OG'. Uncoded products are made using conventionally grown raw material.

NEW! English Herbal Medicines range of retail Herbal Cosmetics

Tinctures & Fluid Extracts

Latin binomial	Common Name	Plant Part	Cult.	Formula	Litre Product Code	Litre Price	500ml Product Code	500ml Price
Achillea millefolium	Yarrow	Flowering Herb	FR/OG	1:1 35%	0001L	£22.95	0001H	£12.25
			FR/OG	1:2 25%	0002L	£12.75	0002H	£7.25
Acorus calamus	Sweet Flag	Root	FR/OG	1:2 60%	2120L	£12.75	2120H	£7.25
Aesculus hippocastanum	Horse Chestnut	Seed	FR/OG	1:1 25%	0003L	£25.25	0003H	£13.25
			FR/OG	1:2 25%	0004L	£12.75	0004H	£7.25
Agrimonia eupatoria	Agrimony	Whole Herb	FR/OG	1:2 25%	0774L	£12.75	0774H	£7.25
Agropyron repens	Couch Grass	Rhizome		1:3 25%	0773L	£10.75	0773H	£6.25
Alchemilla vulgaris	Ladies Mantle	Herb	FR/OG	1:2 25%	0791L	£13.75	0791H	£7.75
Allium sativa	Garlic			1:2 25%	0048L	£19.25	0048H	£10.50
				1:3 45%	0448L	£12.25	0448H	£6.75
Althaea officinalis	Marshmallow	Leaf	FR/OG	1:2 25%	0005L	£12.25	0005H	£6.75
			FR/OG	1:2 25%	0006L	£12.75	0006H	£7.25
Anemone pulsatilla	Pasque Flower	Whole Herb		1:3 25%	5002L	£14.95	5002H	£8.25
				1:1 25%	0060L	£43.95	0060H	£22.75
				1:2 25%	0161L	£22.95	0161H	£12.25
Angelica archangelica	Angelica	Root		1:5 25%	0062L	£12.75	0062H	£7.25
			FR/OG	1:1 45%	0063L	£23.95	0063H	£12.75
			FR/OG	1:2 45%	0164L	£13.75	0164H	£7.75
Angelica sinensis	Chinese Angelica	Root		1:3 25%	0065L	£18.50	0065H	£8.75
				1:4 45%	0605L	£13.75	0605H	£7.50
Apium graveolens	Celery	Seed	FR/OG	1:2 60%	0806L	£11.95	0806H	£6.50
				1:3 60%	0080L	£10.75	0080H	£6.25
Arctium lappa	Burdock	Root	FR/OG	1:2 25%	0007L	£14.75	0007H	£8.25
				1:3 25%	0720L	£12.75	0720H	£7.25
Arctium lappa	Burdock	Seed	FR/OG	1:2 25%	0723L	£13.25	0723H	£7.50
Arctostaphylos uva-ursi	Bearberry	Leaf	OG	1:2 25%	0750L	£20.50	0750H	£11.00
				1:2 25%	0075L	£14.50	0075H	£8.00
Arnica montana N.B. For external use only	Arnica	Flower		1:10 45%	0486L	£19.95	0486H	£10.75
Artemisia absinthium	Wormwood	Whole Herb	FR/OG	1:2 45%	0812L	£12.25	0812H	£6.75
Artemisia annua	Sweet Annie	Leaf	FR/OG	1:2 45%	0815L	£12.25	0815H	£6.75
Artemisia vulgaris	Mugwort	Whole Herb	FR/OG	1:2 25%	0817L	£11.95	0817H	£6.50
Asparagus racemosus	Shatavari, Indian Asparagus	Root	OG	1:2 25%	1304L	£22.95	1304H	£12.25
				1:3 25%	1314L	£16.50	1314H	£9.00
				1:1 25%	0820L	£41.75	0820H	£21.50
Astragalus membranaceus	Milk Vetch	Root		1:2 30%	0818L	£22.50	0818H	£12.00
				1:3 30%	0821L	£19.00	0821H	£9.95
			OG	1:5 25%	0819L	£13.25	0819H	£7.50
Avena sativa	Green Oats (milky stage)	Herb	FR/OG	1:1 25%	0011L	£22.95	0011H	£12.25
				1:2 25%	0111L	£11.95	0111H	£6.75
Avena sativa	Oats	Seed	FR/OG	1:1 25%	0009L	£19.95	0009H	£10.75
				1:2 25%	0010L	£11.50	0010H	£6.50
				1:3 25%	0913L	£9.50	0913H	£5.50

Latin binomial	Common Name	Plant Part	Cult.	Formula	Litre Product Code	Litre Price	500ml Product Code	500ml Price	
Baptisia tinctoria	Wild Indigo	Root		1:3 25%	0829L	£35.00	0829H	£18.25	
				1:5 60%	8290L	£25.50	8290H	£13.50	
Barosma betulina	Buchu	Leaf		1:4 60%	0831L	£26.50	0831H	£13.95	
Berberis aquifolium	Oregon Grape, Mahonia	Root	FR/OG	1:3 45%	0888L	£22.50	0888H	£11.95	
				OG	1:3 45%	0884L	£20.50	0884H	£10.95
Berberis vulgaris	Barberry	Bark		1:2 45%	0844L	£18.75	0844H	£10.25	
				1:4 45%	0843L	£12.95	0843H	£7.25	
Borago officinalis NB: For external use only	Borage	Flowering Herb	FR/OG	1:1 25%	0842L	£17.50	0842H	£9.50	
				FR/OG	1:2 25%	0841L	£9.75	0841H	£5.50
Boswellia serrata	Olibanum	Gum		1:3 90%	1074L	£14.25	1074H	£7.95	
Bupleurum chinense	Thorowax	Root		1:2 25%	0914L	£32.75	0914H	£17.25	
				1:5 25%	0915L	£14.95	0915H	£8.25	
Calendula officinalis	Marigold	Flowers	FR/OG	1:2 90%	0013L	£17.95	0013H	£9.75	
				OG	1:3 90%	0134L	£12.50	0134H	£7.00
				FR/OG	1:2 25%	0131L	£18.95	0131H	£9.95
Capsella bursa-pastoris	Shepherd's Purse	Whole Herb		OG	1:3 25%	0132L	£13.95	0132H	£7.75
			FR/OG	1:2 25%	0126L	£11.25	0126H	£6.50	
Capsicum minimum	Cayenne	Fruit		1:3 45%	0085L	£11.50	0085H	£6.50	
Carduus marianus	Milk Thistle, Silybum	Seed	FR/OG	1:1 25%	0014L	£22.95	0014H	£12.25	
				FR/OG	1:2 25%	0015L	£15.50	0015H	£8.50
				1:3 25%	1423L	£12.50	1423H	£6.95	
				FR/OG	1:5 25%	0016L	£9.50	0016H	£5.50
Centella asiatica - see Hydrocotyle									
Chamaelirium luteum	False Unicorn	Root		1:3 25%	0172L	£134.50	0172H	£68.00	
				1:5 25%	0170L	£113.50	0170H	£57.50	
Chamomilla recutita	German Chamomile	Flowers	FR/OG	1:1 45%	0171L	£26.50	0171H	£13.95	
				FR/OG	1:2 45%	0017L	£15.75	0017H	£8.75
				OG	1:3 65%	0173L	£14.75	0173H	£8.25
				1:4 45%	0174L	£13.75	0174H	£7.50	
Chelidonium majus	Greater Celandine	Herb	FR/OG	1:2 45%	0176PL	£11.95	0176PL	£6.50	
Cimicifuga racemosa	Black Cohosh	Root	OG	1:1 60%	0873L	£42.25	0873H	£21.95	
				1:3 60%	0871L	£19.95	0871H	£10.75	
				OG	1:4 60%	0872L	£17.95	0872H	£9.75
Cinnamomum cassia	Cinnamon	Bark		1:3 45%	A095L	£12.75	A095H	£7.25	
		Twigs		1:5 45%	A096L	£9.50	A096H	£5.50	
Cinnamomum zeylanicum	Cinnamon	Bark	OG	1:3 45%	0878L	£18.75	0878H	£10.25	
				1:5 45%	0879L	£16.75	0879H	£8.50	
Cola nitida	Kola	Nuts		1:3 60%	0881L	£12.95	0881H	£7.25	
Commiphora molmol	Myrrh	Resin		1:3 90%	A152L	£15.95	A152H	£8.75	
				1:5 90%	0088L	£11.50	0088H	£6.50	
Convallaria majalis	Lily of the Valley	Leaf		1:5 25%	0089PL	£11.95	0089PL	£6.75	
Crataegus oxyacantha	Hawthorn	Flowering Tops	FR/OG	1:1 25%	0181L	£23.95	0181H	£12.75	
				FR/OG	1:2 25%	0182L	£13.95	0182H	£7.75

Latin binomial	Common Name	Plant Part	Cult.	Formula	Litre Product Code	Litre Price	500ml Product Code	500ml Price
Crataegus oxyacantha	Hawthorn	Fruit	FR/OG	1:1 25%	0183L	£23.95	0183H	£12.75
			FR/OG	1:2 25%	0018L	£15.25	0018H	£7.75
Crataegus oxyacantha	Hawthorn	Flowers / Fruit Mix	FR/OG	1:2 25%	0479L	£14.95	0479H	£8.25
Curcuma longa	Turmeric	Rhizome	OG	1:2 45%	1800L	£24.50	1800H	£13.00
				1:2 45%	1801L	£19.75	1801H	£10.50
			OG	1:5 45%	1805L	£11.95	1805H	£6.75
Cynara scolymus	Globe Artichoke	Leaf	FR/OG	1:2 25%	0186L	£13.95	0185H	£7.75
				1:3 25%	0189L	£12.50	0189H	£6.95
				1:4 25%	0188L	£11.95	0188H	£6.75
Dioscorea villosa	Wild Yam	Root	OG	1:3 25%	0197L	£18.95	0197H	£10.25
Echinacea angustifolia	Coneflower	Root		1:3 25%	0198L	£17.95	0198H	£9.75
				1:1 45%	0215L	£54.25	0215H	£27.75
				1:1 45%	0220L	£63.75	0220H	£32.00
			OG	1:2 45%	0216L	£32.25	0216H	£16.95
			OG	1:3 45%	0219L	£25.95	0219H	£13.50
			OG	1:5 45%	0217L	£18.00	0217H	£9.75
Echinacea purpurea	Purple Coneflower	Root	FR/OG	1:1 45%	0211L	£26.50	0211H	£13.95
				1:2 45%	0021L	£16.50	0021H	£8.95
				1:3 45%	0213L	£19.95	0213H	£10.75
Echinacea purpurea	Purple Coneflower	Whole Herb	FR/OG	1:1 45%	0201L	£21.95	0201H	£11.75
				1:2 45%	0020L	£14.75	0020H	£8.25
Eleutherococcus senticosus	Siberian Ginseng	Root	OG	1:1 30%	0904L	£43.50	0904H	£22.50
				1:1 30%	0902L	£29.95	0902H	£15.75
				1:3 30%	0901L	£18.95	0901H	£10.25
				1:3 30%	0903L	£15.75	0903H	£8.50
				1:5 25%	0090L	£10.75	0090H	£6.25
				1:5 25%	0091PL	£16.50	0091PH	£8.95
				1:3 45%	1075L	£16.95	1075H	£9.25
Equisetum arvense	Horsetail	Whole Herb	FR/OG	1:2 25%	0023L	£12.95	0023H	£7.25
Eschscholtzia californica	Californian Poppy	Whole Herb		1:1 25%	0241L	£25.95	0241H	£13.75
				1:2 25%	0024L	£14.25	0024H	£7.75
Eupatorium perfoliatum	Boneset	Whole Herb	FR/OG	1:1 25%	0740L	£17.25	0740H	£9.25
				1:2 25%	0739L	£13.95	0739H	£7.50
Euphrasia officinalis	Eyebright	Whole Herb		1:1 25%	0242L	£32.25	0242H	£16.75
				1:2 45%	0243L	£20.75	0243H	£11.25
Filipendula ulmaria	Meadowsweet	Flowering Herb	FR/OG	1:1 25%	0252L	£21.75	0252H	£10.95
				1:2 25%	0025L	£13.75	0025H	£7.50
Foeniculum vulgare	Fennel	Seed Tops	FR/OG	1:1 60%	0255L	£24.95	0255H	£13.25
				1:2 60%	0258L	£17.25	0258H	£9.50
Fucus vesiculosus	Bladderwrack	Whole Plant	FR	1:1 45%	0921L	£21.75	0921H	£10.95
				1:2 25%	0092L	£11.50	0092H	£6.50
Galega officinalis	Goat's Rue	Whole Herb	FR/OG	1:2 25%	2610L	£11.50	2610H	£6.50
Galium aparine	Cleavers	Whole Herb	FR/OG	1:1 25%	0261L	£22.95	0261H	£12.25
				1:2 25%	0026L	£11.75	0026H	£6.75

Latin binomial	Common Name	Plant Part	Cult.	Formula	Litre Product Code	Litre Price	500ml Product Code	500ml Price
Ganoderma lucidum	Reishi Mushroom	Fruiting Body		1:3 25%	0270L	£26.50	0270H	£13.75
				1:5 25%	A138L	£19.95	A138H	£10.75
Gelsemium sempervirens	Yellow Jasmine	Root		1:10 60%	n/a		0093PH	£10.50
Gentiana lutea	Gentian	Root	OG	1:3 45%	0941L	£18.50	0941H	£9.95
				1:5 45%	0094L	£13.95	0094H	£7.75
Ginkgo biloba	Maidenhair Tree	Leaf		1:1 25%	0596L	£23.00	0596H	£12.25
				1:2 25%	0595L	£17.25	0595H	£9.50
				1:3 25%	0592L	£15.95	0592H	£8.75
Glechoma hederacea	Ground Ivy	Leaf	FR/OG	1:3 45%	0598L	£12.75	0598H	£7.25
				1:1 25%	5901L	£28.95	5901H	£15.25
Glycyrrhiza glabra	Licorice	Root		1:1 25%	0955L	£18.95	0955H	£10.25
				1:3 25%	0958L	£12.25	0958H	£6.75
				1:5 25%	0096L	£11.25	0096H	£6.25
Gotu Kola – see Hydrocotyle								
Gymnema sylvestre	Gymnema	Leaf		1:3 45%	0980L	£18.95	0980H	£10.25
Harpagophytum procumbens	Devils Claw	Root		1:1 25%	0965L	£28.75	0965H	£15.25
				1:2 25%	0966L	£24.95	0966H	£13.25
				1:3 25%	0996L	£15.95	0996H	£7.95
Humulus lupulus	Hop	Strobiles		1:3 60%	0971L	£19.95	0971H	£10.75
				1:5 60%	0097L	£13.95	0097H	£7.75
Hydrastis canadensis	Goldenseal	Root	OG	1:4 60%	0972L	£78.00	0972H	£39.50
Hydrocotyle asiatica	Gotu Kola Centella asiatica	Whole Herb	OG	1:3 25%	0976L	£22.75	0976H	£12.25
				1:5 25%	0977L	£14.95	0977H	£8.25
Hypericum perforatum	St John's Wort	Flowering Herb	FR/OG	1:1 45%	0027L	£23.50	0027H	£12.50
				1:2 25%	0283L	£12.50	0283H	£6.95
				1:2 45%	0028L	£13.50	0028H	£7.50
Hyssopus officinalis	Hyssop	Flowering Herb	FR/OG	1:1 45%	0295L	£23.50	0295H	£12.50
				1:2 45%	0029L	£14.95	0029H	£8.25
Inula helenium	Elecampane	Root	FR/OG	1:2 25%	0030L	£12.50	0030H	£6.95
Iris versicolor	Blue Flag	Root	FR/OG	1:2 45%	0307L	£21.50	0307H	£11.50
Juglans nigra	Black Walnut	Hulls	OG	1:3 25%	0314L	£16.25	0314H	£8.95
Lactuca virosa	Wild Lettuce	Leaf	FR/OG	1:1 25%	0312L	£24.50	0312H	£12.95
				1:2 25%	0031L	£13.95	0031H	£7.75
Lavandula angustifolia	Lavender	Whole Herb	FR/OG	1:2 45%	1047L	£15.95	1047H	£7.95
				1:1 25%	0993L	£21.25	0993H	£11.25
Leonurus cardiaca	Motherwort	Flowering Herb	FR/OG	1:1 25%	0992L	£13.50	0992H	£7.50
				1:8 60%	0100PH	£13.50	0100PH	£7.50
Marrubium vulgare	White Horehound	Leaf	FR/OG	1:2 25%	0032L	£15.75	0032H	£8.50
Matricaria – see Chamomilla recutita								
Medicago sativa	Alfalfa, Lucerne	Whole Herb	FR/OG	1:2 25%	6083L	£11.95	6083H	£6.75
Melissa officinalis	Lemon Balm	Whole Herb	FR/OG	1:1 45%	0331L	£24.75	0331H	£12.50
				1:2 45%	0033L	£14.75	0033H	£8.25
				1:3 45%	0332L	£13.75	0332H	£7.50

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Mentha piperita	Peppermint	Whole Herb	FR/OG	1:1 45%	0341L	£24.95	0341H	£13.25
			FR/OG	1:2 45%	0034L	£16.50	0034H	£8.95
Menyanthes trifoliata	Bogbean	Leaf		1:3 25%	1021L	£15.95	1021H	£8.75
				1:5 25%	0102L	£13.95	0102H	£7.75
Myrica cerifera	Bayberry	Herb		1:3 45%	0731L	£23.75	0731H	£12.50
Ocimum sanctum	Tulsi (Holy Basil)	Herb		1:3 45%	1076L	£15.95		£8.75
Olea europea	Olive	Leaf	OG	1:2 25%	1049L	£19.00	1049H	£10.25
Paeonia lactiflora	Red Peony	Root		1:3 25%	1325L	£17.95	1325H	£9.75
			FR/OG	1:2 25%	1327L	£18.95	1328H	£10.25
Paeonia lactiflora	White Peony	Root		1:3 25%	A014L	£17.95	A014H	£9.75
Panax ginseng	Red Ginseng	Root		1:3 45%	1331L	£62.50	1331H	£32.00
				1:5 45%	1332L	£54.50	1332H	£28.00
Passiflora incarnata	Passion Flower	Whole Herb		1:1 25%	1033L	£27.50	1033H	£14.50
				1:2 25%	1032L	£22.50	1032H	£12.00
			FR/OG	1:3 25%	1333L	£16.25	1333H	£8.25
				1:4 25%	1031L	£12.75	1031H	£7.25
Peumus boldo	Boldo	Herb		1:5 60%	1360L	£10.95	1360H	£6.25
Phytolacca decandra	Pokeroot	Root	FR/OG	1:5 45%	2036PL	£15.50	2036PH	£8.50
Picrasma excelsa	Quassia	Bark		1:3 25%	0363L	£12.75	0363H	£7.25
Piscidia erythrina	Jamaican Dogwood	Bark		1:2 45%	1037L	£43.25	1037H	£21.50
				1:5 45%	1038L	£22.50	1038H	£11.95
Plantago lanceolata	Ribwort	Leaf	FR/OG	1:2 25%	0061L	£18.50	0061H	£9.95
Plantago major	Plantain	Leaf	FR/OG	1:2 25%	0612L	£17.75	0612H	£9.50
Polygala senega	Siberian Milkwort, Senega	Root		1:2 25%	0250L	£20.50	0250H	£10.95
Polygonum multiflorum	Fleece Flower	Root		1:2 45%	0863L	£27.75	0863H	£14.50
				1:3 25%	A105	£18.95	A105H	£10.25
Populus candicans	Balm of Gilead	Buds		1:3 90%	0460L	£17.25	0460H	£9.50
Populus tremuloides	White Poplar	Bark		1:3 25%	0463L	£13.75	0463H	£7.50
Prunus serotina	Wild Cherry	Bark	FR/OG	1:3 25%	0360L	£16.25	0360H	£8.75
Quercus robur	Oak	Bark	FR/OG	1:2 25%	0362L	£12.25	0362H	£6.75
Rehmannia glutinosa	Chinese Foxglove	Fermented Root		1:2 25%	0373L	£19.75	0373H	£10.50
				1:5 25%	0372L	£10.25	0372H	£5.75
Rehmannia glutinosa	Chinese Foxglove	Root		1:2 25%	0379L	£19.25	0379H	£10.25
				1:5 25%	A196L	£9.50	A196H	£5.25
Rheum palmatum	Turkey Rhubarb	Root		1:3 25%	0357L	£15.95	0357H	£8.75
				1:5 25%	0358L	£10.75	0358H	£6.25
Rhodiola rosea	Rhodiola	Root		1:2 45%	0862L	£60.50	0862H	£29.50
Ribes nigrum	Blackcurrant	Buds	FR/OG	eth/glyc	3601L	£22.50	3601H	£11.95
Rosa canina	Wild Dog Rose	Hips	FR/OG	1:3 25%	0037L	£12.75	0037H	£7.25
Rosa damascena	Damascene Rose	Petals	FR/OG	1:1 25%	3701L	£27.50	3701H	£14.50
Rosmarinus officinalis	Rosemary	Leaf	FR/OG	1:1 45%	1043L	£23.25	1043H	£12.50
			FR/OG	1:2 45%	1046L	£14.75	1046H	£8.25
				1:3 45%	1040L	£12.75	1040H	£7.25
Rubus idaeus	Raspberry	Leaf	FR/OG	1:2 25%	0378L	£15.95	0378H	£8.75
Rumex crispus	Yellow Dock	Root	FR/OG	1:2 25%	0038L	£13.75	0038H	£7.75
Salix alba	White Willow	Bark	FR/OG	1:1 25%	0391L	£22.95	0391H	£12.25
			FR/OG	1:2 25%	0039L	£13.75	0039H	£7.50

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Salvia officinalis	Sage	Flowering Herb	FR/OG	1:2 45%	0040L	£13.75	0040H	£7.75
			OG	1:3 45%	0401L	£12.95	0401H	£7.25
Sambucus nigra	Elder	Flower	FR/OG	1:1 25%	0411L	£26.50	0411H	£14.00
			FR/OG	1:2 25%	0041L	£15.95	0041H	£8.75
Sambucus nigra	Elder	Berry	FR/OG	1:1 25%	0140L	£22.95	0140H	£12.25
			FR/OG	1:2 25%	0142L	£12.95	0142H	£7.25
Sarothamnus scoparius	Broom	Flowering Tops	FR/OG	1:3 25%	0143L	£15.95	0143H	£8.75
Schisandra chinensis	Schisandra	Berry		1:1 25%	0418L	£35.75	0418H	£18.50
				1:3 25%	0419L	£19.25	0419H	£10.50
Scrophularia nodosa	Figwort	Whole Herb		1:4 25%	0451L	£16.95	0451H	£9.25
Scutellaria baicalensis	Baikal Skullcap	Root		1:2 70%	0576L	£24.50	0576H	£12.95
				1:5 70%	0577L	£15.95	0577H	£8.75
Scutellaria lateriflora	Skullcap	Whole Herb	FR/OG	1:1 25%	0421L	£28.50	0421H	£14.95
			FR/OG	1:2 25%	0042L	£18.75	0042H	£10.25
Serenoa serulata	Saw Palmetto	Berry	OG	1:1 90%	0426L	£42.25	0426H	£21.75
			OG	1:2 90%	0427L	£25.50	0427H	£13.50
Silybum – see Carduus marianus								
Smilax ornata	Sarsparilla	Root		1:2 45%	0435L	£25.50	0435H	£13.50
				1:3 45%	0436L	£19.25	0436H	£10.50
Solidago canadensis	Golden Rod	Flowering Tops	FR/OG	1:2 25%	0441L	£16.75	0441H	£9.25
Solidago vigaurea	Golden Rod, Woundwort	Flowering Tops	FR/OG	1:3 25%	0440L	£12.95	0440H	£7.25
Stachys betonica	Wood Betony	Whole Herb	FR/OG	1:2 25%	1053L	£16.95	1053H	£9.25
Stellaria media	Chickweed	Whole Herb	FR/OG	1:1 25%	1058L	£22.50	1058H	£12.00
			FR/OG	1:2 25%	1059L	£12.75	1059H	£7.25
Symphytum officinale NB. For external use only	Comfrey	Leaf	FR/OG	1:5 25%	0044L	£10.50	0044H	£5.95
			FR/OG	1:5 25%	0046L	£10.50	0046H	£5.95
Tabebuia impetiginosa	Pau d'Arco	Bark		1:2 45%	0468L	£21.95	0468H	£11.75
				1:4 45%	0469L	£13.25	0469H	£7.50
Tanacetum parthenium	Feverfew	Flowering Herb	FR/OG	1:1 45%	0471L	£29.75	0471H	£15.75
			FR/OG	1:2 25%	0047L	£16.95	0047H	£9.25
Taraxacum officinale	Dandelion	Leaf	FR/OG	1:1 25%	0490L	£22.95	0490H	£12.25
			FR/OG	1:2 25%	0049L	£11.50	0049H	£6.50
Taraxacum officinale	Dandelion	Root	FR/OG	1:1 25%	0501L	£26.50	0501H	£13.95
			FR/OG	1:2 25%	0050L	£15.75	0050H	£8.75
Thuja occidentalis	Tree of Life	Buds		1:2 60%	0505L	£21.75	0505H	£11.50
				1:4 60%	0506L	£13.25	0506H	£7.50
Thymus vulgaris	Thyme	Whole Herb	FR/OG	1:2 45%	0051L	£17.25	0051H	£9.50
				1:3 45%	0151L	£12.95	0151H	£7.25
Tilia europea	Linden, Lime Tree	Flower	OG	1:1 25%	1066L	£31.95	1066H	£16.75
			OG	1:3 25%	1062L	£16.25	1062H	£8.75
				1:4 45%	1064L	£16.75	1064H	£9.25
Tribulus terrestris	Puncture Vine	Fruit		1:2 25%	0157L	£20.25	0157H	£10.75

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Trifolium pratense	Red Clover	Flower	FR/OG	1:1 25%	0512L	£24.95	0512H	£13.25
			FR/OG	1:2 25%	0513L	£16.95	0513H	£9.25
				1:3 25%	0515L	£15.95	0515H	£8.75
Trigonella foenum-graecum	Fenugreek	Seed		1:3 25%	0519L	£11.50	0519H	£6.50
Trillium erectum	Bethroot	Root		1:3 45%	0521L	£22.50	0521H	£11.95
Turnera diffusa	Damiana	Leaf		1:3 60%	0525L	£17.95	0525H	£9.75
				1:5 60%	0526L	£12.25	0526H	£6.95
Tussilago farfara NB: For external use only	Coltsfoot	Leaf / Flower	FR/OG	1:2 25%	0052L	£11.95	0052H	£6.75
Uncaria tomentosa	Cat's Claw	Bark		1:3 25%	3300L	£13.95	3300H	£7.75
Urtica dioica	Nettle	Leaf	FR/OG	1:1 45%	0531L	£22.95	0531H	£12.25
			FR/OG	1:2 25%	0053L	£11.95	0053H	£6.75
Urtica dioica	Nettle	Root	FR/OG	1:1 45%	0541L	£25.95	0541H	£13.75
			FR/OG	1:2 25%	0054L	£13.75	0054H	£7.75
Vaccinium myrtillus	Bilberry	Berry		1:1 25%	0545L	£50.50	0545H	£25.95
				1:2 25%	0546L	£24.95	0546H	£13.25
Valeriana officinalis	Valerian	Root	FR/OG	1:1 45%	1071L	£25.75	1071H	£13.75
			FR/OG	1:2 25%	1073L	£19.95	1073H	£10.75
			OG	1:2 25%	1070L	£28.50	1070H	£14.75
			OG	1:5 25%	0107L	£12.95	0107H	£7.25
Verbascum thapsus	Mullein	Flowering Herb	FR/OG	1:2 25%	0055L	£14.75	0055H	£8.25
Verbena officinalis	Vervain	Flowering Herb	FR/OG	1:1 25%	0556L	£21.95	0556H	£11.75
			FR/OG	1:2 25%	0557L	£12.50	0557H	£6.95
Viburnum opulus	Crampbark	Bark	FR/OG	1:1 25%	0113L	£34.50	0113H	£17.95
			FR/OG	1:3 25%	0108L	£16.50	0108H	£8.95
Viburnum prunifolium	Blackhaw	Bark		1:3 70%	1086L	£21.95	1086H	£11.75
Viola odorata	Sweet Violet	Leaf		1:3 25%	0581L	£19.95	0581H	£10.75
Viola tricolor	Heartsease	Flowering Herb	FR/OG	1:2 25%	0056L	£12.95	0056H	£7.25
			OG	1:3 25%	0562L	£14.50	0562H	£7.95
Viscum album	Mistletoe	Flowering Herb	FR/OG	1:3 25%	0571L	£12.95	0571H	£7.25
Vitex agnus-castus	Chaste Tree	Berry	OG	1:1 45%	1091L	£28.25	1091H	£14.75
			OG	1:2 45%	1090L	£19.50	1090H	£10.50
				1:3 45%	1093L	£11.50	1093H	£6.95
Withania somnifera	Ashwaganda	Root	FR/OG	1:1 45%	1094L	£29.75	1094H	£15.25
			FR/OG	1:2 45%	1098L	£18.75	1098H	£10.25
				1:3 45%	1095L	£13.95	1095H	£7.75
Zanthoxylum spp.	Prickly Ash	Bark		1:3 45%	0119L	£25.25	0119H	£13.50
				1:5 45%	0110L	£17.95	0110H	£9.75
Zea mays	Cornsilk	Male Flower	FR/OG	1:3 25%	1112L	£12.95	1112H	£7.25
				1:3 25%	1114L	£10.95	1114H	£6.25
Zingiber officinalis	Ginger	Root	OG	1:2 90%	0112L	£19.95	0112H	£10.75
				1:3 90%	0101L	£12.50	0101H	£6.75
Ziziphus jujuba	Sour Jujube	Seed		1:4 25%	A207L	£14.95	A207H	£8.25

Glycerites & Sundries

Glycerites

Latin binomial	Common Name	Plant Part	Cult.	Litre Product Code	Litre Price	500ml Product Code	500ml Price
Matricaria recutita	Chamomile	Flower		0175L	£17.50	0175H	£9.25
Echinacea purpurea	Coneflower	Root	FR/OG	1009L	£12.50	1009H	£6.75
Thymus vulgaris & Glycyrrhiza glabra	Thyme & Liquorice	Herb / Root		0180L	£17.00	0180H	£8.75
Echinacea purpurea & Sambucus nigra	Echinacea & Elderflower	Root / Berry	FR/OG	1010L	£18.00	1010H	£9.50
Zingiber officinalis	Ginger	Root	FR	0190L	£14.00	0190H	£7.50
Ribes nigrum	Blackcurrant	Buds	FR/OG	3601L	£22.50	3601H	£11.95

Liquid Sundries

	Product code	Volume	Price
Glycerine BP (Vegetable)	0940L	1L	£8.25
Glycerine BP (Vegetable)	0940H	500ml	£5.25
Swedish Bitters 1:15 25%	W182H	500ml	£10.75
Propolis tincture 1:20 90%	1055H	500ml	£19.50
Lavender Water	6035H	500ml	£7.75
Orange Flower Water	6030H	500ml	£7.75
Rose Water	6031H	500ml	£7.75
Witch Hazel Water	6032H	500ml	£6.75
Shampoo Base (SLS free) / Bath Foam	6033L	1L	£8.25

Miscellaneous Sundries

	Product code	Volume	Price
Beeswax White Pellets	4714	250g	£9.50
Aloe Vera Gel	7003	500g	£7.50
Cupressus and Caulophyllum Suppositories	4702	20 (2g each)	£14.25
Witch Hazel Suppositories	4707	20 (2g each)	£14.25
Tea Tree & Lavender Pessaries	4701	20 (2g each)	£14.25
Bentonite Clay	7004	500g	£13.00



Essential, Infused & Fixed Oils

Essential Oils

Common Name	20ml Product Code	20ml Price	50ml Product Code	50ml Price
Clove Leaf	6074	£4.25	n/a	n/a
Eucalyptus 80/85	6008	£3.95	6042	£5.75
Frankincense	6067	£12.75	n/a	n/a
Geranium Egyptian	6070	£7.75	6071	£13.75
Lavender 40/42	6013	£5.25	6047	£11.25
Marjoram Sweet	6025	£7.75	n/a	n/a
Patchouli	6024	£7.75	n/a	n/a
Peppermint	6018	£4.25	6021	£7.25
Rosemary	6019	£4.25	6022	£7.25
Tea Tree	6020	£4.25	6023	£7.25
Wintergreen	6026	£3.95	6028	£6.75
Ylang Ylang	6029	£7.75	n/a	n/a

Infused Oils (Sunflower)

Latin binomial	Common Name	Plant Part	500ml Product Code	500ml Price
Calendula officinalis	Marigold	Flower	4661H	£11.50
Hypericum perforatum	St John's Wort	Herb	4681H	£15.00
Stellaria media	Chickweed	Herb	4068H	£11.50
Symphytum officinale*	Comfrey	Leaf	4067H	£11.50

* For external use only

Fixed Oils

	Product code	Volume	Price
Sweet Almond Oil	4703L	1L	£7.50
Sweet Almond Oil	4703H	500ml	£4.95
Castor Oil	4709H	500ml	£6.50
Grapeseed Oil	4710H	500ml	£5.95
Hemp Seed Oil	4682H	500ml	£9.50
Linseed Oil BP	4686H	500ml	£7.25
Wheatgerm Oil	4711H	500ml	£8.25

Larger volumes, for example 500ml or 1 Kilo, are available on request.



Creams & Cosmetics

Creams & Butters

	Product code	Volume	Price
Base cream	1208	450ml	£11.95
Arnica Cream*	1209	450ml	£12.50
Calendula Cream	1203	450ml	£12.50
Stellaria Cream	1204	450ml	£12.50
Symphytum Cream*	1202	450ml	£12.50
Cocoa Butter	4712	500g	£12.50

* For external use only



Dried Herbs

Latin binomial	Common Name	Plant Part	Form	Weight	Product Code	Price
Calendula officinalis	Marigold	Petals	Whole	250g	0682H	£12.75
Calendula officinalis	Marigold	Flowers (OG)	Whole	250g	0680H	£8.25
Carduus marianus	Milk Thistle	Seed	Powder	500g	0768H	£8.95
Curcuma longa	Turmeric	Root	Powder	500g	0664H	£6.95
Filipendula ulmaria	Meadowsweet	Herb	Cut	500g	0686H	£5.75
Foeniculum vulgare	Fennel	Seed	Whole	500g	7190H	£5.75
Glycyrrhiza glabra	Liquorice	Root	Cut	500g	0952H	£7.75
Glycyrrhiza glabra	Liquorice	Root	Powder	500g	0953H	£6.25
Hypericum perforatum	St John's Wort	Herb	Cut	500g	0761H	£5.75
Lavandula intermedia	Lavender	Flowers	Whole	500g	1045H	£10.75
Matricaria recutita	German Chamomile	Flowers (OG)	Whole	500g	0681H	£12.25
Melissa officinalis	Lemon Balm	Leaf	Cut	500g	0689H	£8.95
Mentha x piperita	Peppermint	Leaf	Cut	500g	0684H	£7.75
Plantago psyllium	Psyllium	Husk	Whole	500g	0704H	£7.25
Rosa damascena	Rose	Petals	Whole	250g	0764H	£5.50
Taraxacum officinale	Dandelion	Leaf	Cut	500g	0765H	£6.50
Thymus vulgaris	Thyme	Herb	Cut	500g	0715H	£7.25
Tilia x europea	Linden (Lime)	Flowers (OG)	Whole	500g	1065H	£11.95
Ulmus fulva	Slippery Elm	Bark (OG)	Powder	500g	0724H	£27.50
Urtica dioica	Stinging Nettle	Leaf	Cut	500g	0076H	£6.25
Zingiber officinalis	Ginger	Root	Powder	500g	0767H	£7.50

Dispensary Sundries

Miscellaneous	Pack Size	Product Code	Price
Pessary former (disposable) roll of 100		ANCPSS	£18.00
V-caps size '0' - empty	1000	5038	£13.00
30ml Measuring Cups, 5ml graduations	Pack of 100	5812	£6.95

Plastic	Pack Size	Product Code	Price
250ml Amber PET bottle and T/E cap	Single	5037	£0.60
Extra T/E lids for 250ml PET & 200ml Round Syrup Bottles	Single	5036	£0.20
500ml HDPE bottle and cap	Single	1101	£0.85
1000ml HDPE bottle and cap	Single	1100	£0.95

Amber Glass Bottles and Jars	Pack Size	Product Code	Price
50ml Dropper Bottle with tamper evident dropper cap	Pack of 105	5805	£35.75
50ml Dropper Bottle with tamper evident dropper cap	Single	5804	£0.45
100ml Dropper Bottle with tamper evident dropper cap	Pack of 68	5807	£25.75
100ml Dropper Bottle with tamper evident dropper cap	Single	5806	£0.60
Extra t/e dropper cap	Single	5808	£0.20
Pipette to fit 100ml Dropper Bottle	Single	5913	£0.45
200ml Round Syrup Bottle with t/e cap	Pack of 67	5914	£21.95
300ml Amber Sloping Shoulder ('flat') with black polycone lids	Pack of 36	5301	£27.50
30ml Jar with black urea lid	Pack of 72	5031	£34.50
30ml Jar with black urea lid	Single	5030	£0.70
Extra black urea lid for 30ml jar	Single	5032	£0.20
60ml Jar with black urea lid	Pack of 72	5061	£36.50
60ml Jar with black urea lid	Single	5060	£0.80
Extra black urea lid for 60ml jar	Single	5062	£0.25

NEW! Medopac Bottles - pre-capped glass medical rounds	Pack Size	Product Code	Price
100ml Medopac Bottle	Pack of 42	5033	£15.50
200ml Medopac Bottle	Pack of 20	5034	£9.00
300ml Medopac Bottle	Pack of 20	5035	£11.00



NEW! Medopac Bottles
Pre-capped glass bottles made using up to 75% recycled glass. The bottle and child resistant caps are 100% recyclable



Latin to English Herb Finder

A

Achillea millefolium
Achyranthes bidentata
Acorus calamus
Acorus tatarinowii
Adenophora tetraphylla

Aesculus hippocastanum
Agastache rugosa
Agrimonia eupatoria
Agropyron (Triticum) repens
Albizzia julibrissin
Alchemilla arvensis
Alchemilla vulgaris
Alisma orientale
Allium sativa
Althaea officinalis
Amni visnaga
Andrographis paniculata

Anemarrhena asphodeloides

Anemone pulsatilla
Angelica archangelica
Angelica pubescens

Angelica sinensis
Angelicae dihurica
Apium graveolens
Arctium lappa
Arctostaphylos uva-ursi
Armoracia rusticana
Arnica montana
Artemisia absinthium
Artemisia annua
Artemisia argyi
Artemisia vulgaris
Asparagus cochinchensis
Asparagus racemosus

Astragalus membranaceus
Atractylodes lancea
Atractylodes macrocephala

Avena sativa

B

Ballota nigra
Baptisia tinctoria
Barosma betulina
Berberis aquifolium

Berberis vulgaris
Betula alba
Biotae orientalis
Borago officinalis
Boswellia carterii
Byronia dioica
Bupleurum chinense

C

Calendula officinalis
Cannabis sativa
Capsella bursa-pastoris
Capsicum minimum
Carduus benedictus
Carduus marianus
Carthamus tinctorius
Caulophyllum thalictroides
Centaurium erythraea
Centella asiatica
Cetraria islandica
Chamaelirium luteum
Chamomilla recutita
Chelidonium majus
Chondrus crispus
Chrysanthemum morifolium
Cimicifuga foetida

Cimicifuga racemosa
Cinchona calisaya
Cinnamomum cassia
Cinnamomum zeylanicum
Citrus aurantium (immature)

Yarrow
Achyranthes
Sweet Flag
Sweet flag, Grassleaf
Glehnia, Fourleaf
Ladybell
Horse Chestnut
Agastache
Agrimony
Couch Grass
Mimosa, Silktree
Parsley Piert
Lady's Mantle
Oriental Waterplantain
Garlic
Marshmallow
Khella
King of Bitters, Chiretta
Common
Anemarrhena
Pasque Flower
Angelica
Doubleteeth
Pubescent Angelica
Chinese Angelica
Dahurian Angelica
Celery
Burdock
Bearberry
Horseradish
Arnica
Wormwood
Sweet Annie
Argy Wormwood
Mugwort
Chinese Asparagus
Shatavari, Indian asparagus
Milk Vetch
Atractylodes
Largehead or 'Black'
Atractylodes
Oats

Black Horehound
Wild Indigo
Buchu
Oregon Grape, Mahonia
Barberry
Silver Birch
Biota Seed
Borage
Frankincense
White Bryony
Thorowax

Citrus aurantium (ripe)
Citrus medica sarcodactylis
Citrus reticulata
Clematis chinensis
Codonopsis pilosula
Coix lachryma jobi
Cola nitida
Commiphora molmol
Convallaria majalis
Coptis chinensis
Coridus
Cornus officinalis

Corydalis yanhusuo
Crataegus oxyacantha
Crataegus pinnatifida
Curcuma longa
Curcuma wenyujin
Cuscuta chinensis
Cynara scolymus
Cyperus rotundus

D

Datura stramonium
Daucus carota
Dictamnus dasycarpus
Dioscorea opposita

Dioscorea villosa
Discarpus asperoides

E

Echinacea angustifolia
Echinacea purpurea
Eclipta prostrata
Eleutherococcus senticosus
Ephedra sinica
Epimedium sagittatum
Equisetum arvense
Eschscholtzia californica
Eucommia ulmoides
Eugenia caryophyllata
Eupatorium perfoliatum

Eupatorium purpureum
Euphrasia officinalis

F

Fagopyron esculentum
Filipendula ulmaria
Foeniculum vulgare
Forsythia suspensa
Fritillaria thunbergii
Fucus vesiculosus
Fumaria officinalis

G

Galega officinalis
Galium aparine
Ganoderma lucidum
Gardenia jasminoides
Gastrodia elata
Gelsemium sempervirens
Gentiana lutea
Gentiana macrophylla
Gentiana scabra
Geranium maculatum
Geum urbanum
Ginkgo Biloba
Glechoma hederacea
Glycyrrhiza glabra
Glycyrrhiza uralensis
Grindelia caporum (robusta)
Guaiacum officinale
Gymnema sylvestre

Goat's Rue
Cleavers
Reishi Mushroom
Cape Jasmine
Tall Gastrodia
Yellow Jasmine
Gentian
Largeleaf Gentian
Gentian
American Cranesbill
Avens
Maidenhair Tree
Ground Ivy, Nepeta
Liquorice
Chinese Liquorice
Gumplant
Lignum Vitae
Gymnema

H

Hamamelis virginiana
Harpagophytum procumbens
Humulus lupulus
Hydrangea arborescens
Hydrastis canadensis
Gotu Kola
Hypericum perforatum

Bitter Orange
Citron
Tangerine
Chinese Clematis
Codonopsis
Job's Tears, Coix
Kola
Myrrh
Lily-of-the-Valley
Coptis
Coriolus
Asiatic Cornelian
Cherry
Corydalis
Hawthorn
Chinese Hawthorn
Tumeric
Chinese Turmeric
Dodder
Globe Artichoke
Nut Grass, Galingale

Hyssopus officinalis

I

Imperatae cylinrica
Inula helenium
Iris versicolor
Isatis indigotica

J

Juglans cinera
Juglans nigra
Juniperus communis

L

Lactuca virosa
Lamium album
Lavandula angustifolia
Ledebouriella divaricata
Leonurus cardiaca
Ligusticum chuansiong
Ligustrum lucidum
Lilium brownii
Lobelia inflata
Lonicera japonica
Lycium barbarum
Lycopus virginicus

Lysmachia christinae

M

Magnolia liliflora
Magnolia officinalis
Marrubium vulgare
Medicago sativa
Melissa officinalis
Mentha piperita
Menyanthes trifoliata
Mitchella repens
Morus alba
Myrica cerifera

N

Nepeta cataria
Notopterygium incisum

O

Olea europea
Ophopogon japonicus
Oregano officinale

P

Paeonia lactiflora
Paeonia lactiflora Pall (syn.Veitchii, Lynch)
Paeonia suffruticosa
Panax ginseng
Panax ginseng
Panax notoginseng
Parietaria diffusa
Passiflora incarnata
Paullinia capana
Petroselinum crispum
Peumus boldo
Phellodendron amurense
Phytolacca decandra
Picrasma excelsior
Picrophiza scrophulariae
Pinellae ternata
Piscidia erythrina
Plantago lanceolata
Plantago major
Platycodon grandiflorum
Polygala senega

Polygonatum multiflorum
Polygonum odoratum

Prunus serotina
Psoraleae coryfolia
Pueratia lobata

Q

Quercus robusta

R

Ramulus mori
Rehmannia glutinosa
Rhamnus purshiana
Rheum palmatum
Rhubarb Ribes nigrum
Rosa canina
Rosa damascena
Rose Rosa gallicia
Rosmarinus officinalis
Rubus ideaeus
Rumex crispus
Ruscus aculeatus
Ruta graveolens

S

Salix alba
Salvia miltiorrhiza
Salvia officinalis
Sambucus nigra
Sarothamnus scoparius
Schizandra chinensis
Scrophularia ningpoensis
Scrophularia nodosa
Scutellaria bacailensis
Scutellaria lateriflora

S

Salix alba
Red Root Sage
Sage
Elder
Broom
Schizandra
Chinese Figwort
Figwort
Baikal Skullcap
Skullcap

S

White Willow
Red Root Sage
Sage
Elder
Broom
Schizandra
Chinese Figwort
Figwort
Baikal Skullcap
Skullcap

Wild Lettuce
White Deadnettle
Lavender
Siler
Motherwort
Lovage
Glossy Privet
Lily
Lobelia
Honeysuckle
Barbary, Wolfberry
American Bugleweed,
Gipsywort
Lysmachia, Christina
Loosestrife

Wild Lettuce
White Deadnettle
Lavender
Siler
Motherwort
Lovage
Glossy Privet
Lily
Lobelia
Honeysuckle
Barbary, Wolfberry
American Bugleweed,
Gipsywort
Lysmachia, Christina
Loosestrife

White peony

Red Peony
Tree Peony
Red ginseng
White ginseng
Tienchi Ginseng
Pellitory-of-thewall
Passionflower
Guarana
Petroselinum crispum
Boldo
Pellodendron
Pokeroot
Quassia
Figwort
Blackcurrant
Pinellia
Jamaican Dogwood
Ribwort
Plantain
Balloon Flower
Siberian Milkwort,
Senega
Fleeceflower
Fragrant Solomon's Seal
Balm of Gilead
White Poplar
Hoelen
Tormentil
Self-Heal
Apricot
Peach

Blue Flag
Bogbean
Boldo
Boneset, feverwort

Borage
Broom

Wild Cherry
Malaytea Scurfpea
Kudzu

Oak

Mulberry
Mistletoe
Chinese foxglove
Cascara
Turkey
Blackcurrant
Wild Dogrose
Damascene
English Rose
Rosemary
Raspberry
Yellow dock
Butcher's Broom
Rue

White Willow
Red Root Sage
Sage
Elder
Broom
Schizandra
Chinese Figwort
Figwort
Baikal Skullcap
Skullcap

White Willow
Red Root Sage
Sage
Elder
Broom
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Saw Palmetto
Sarsparilla
Golden Rod
Golden Rod
Lightyellow Sophora
Millettia
Wood Betony
Chickweed
Stemona
Comfrey

Pau d'Arco
Feverfew
Tansy
Mongolian Dandelion
Dandelion
Tree of Life
Thyme
Linden, Lime Tree
Puncture Vine
Snakegourd
Red Clover
Fenugreek
Bethroot
Damiana
Coltsfoot

Gambir Vine
Cat's Claw
Nettle

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Cat's Claw
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Nettle

Gambir Vine
Cat's Claw
Nettle

Bilberry
Valerian
Mullein
Vervain
Crampbark
Blackhaw
Greater Periwinkle
Periwinkle
Sweet Violet
Heartsease
Mistletoe
Chaste Tree
Saussurea

Ashwaganda

Siberian Cocklebur

Prickly Ash
Corn silk
Ginger
Sour Chinese Date,
Jujube, Spine Date

Prickly Ash
Corn silk
Ginger
Sour Chinese Date,
Jujube, Spine Date

Prickly Ash
Corn silk
Ginger
Sour Chinese Date,
Jujube, Spine Date

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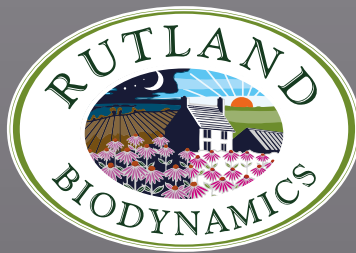
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Ginger
Sour Chinese Date,
Jujube, Spine Date

Prickly Ash
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Ginger
Sour Chinese Date,
Jujube, Spine Date



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