

MEDIA ADVISORY: For Immediate Release

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American Association/Academy of Orthopaedic Medicine Announces New Leadership

Denver, CO – <u>The American Association of Orthopaedic Medicine</u> (AAOM), a 501c3 non-profit organization, has identified the next generation of leaders for the organization. The AAOM Membership has nominated and confirmed Brian Shiple, D.O., and Charles Mahl, M.D., as President and President-Elect, respectively, for 2019-2021.

"On behalf of the AAOM Nominating Committee, I am delighted to announce the election of Brian Shiple, DO as President and Charles Mahl, MD as President Elect. They will lead AAOM into its next exciting chapter," said Brad Fullerton, chair of the Member Nominating Committee former president of the board. "Dr. Shiple has been instrumental in taking AAOM's work to new heights over the last year and his leadership, strategic vision, and regenerative orthopedic medicine expertise are ideally suited to steer the organization's pioneering work to the next level."



Brian Shiple, D.O.

Dr. Brian Shiple is a recognized leader in the fields of interventional and integrative orthopedic medicine, regenerative injection treatment (RIT), sports medicine, and diagnostic ultrasound. He has been in private practice since 2007 after completing thirteen years as the division chief of Sports Medicine and founder and director of the Sports Medicine Fellowship program at Crozer-Keystone Health System in the Greater Philadelphia area. He is involved in clinical research and is an active member of various national sports medicine and orthopedic organizations. In the past fifteen years, he has spoken at over one hundred conferences and taught RIT to more than a thousand doctors from eighteen countries. For seven years, he has also taught prolotherapy injection techniques in injections to physicians to support underserved people in that country.

Dr. Shiple has taught at the Philadelphia College of Osteopathic Medicine and has held an academic appointment at Temple University School of Medicine. He is a member of the American Osteopathic Association, the American Academy of Family Physicians, the American Medical Society for Sports Medicine, the International Cellular Medicine Society, the American Association of Orthopaedic Medicine, and the International Spine Intervention Society.

Recently, Dr. Shiple published *Regenerative Healing for Life*, a comprehensive guide to understanding and treating injuries and pain without surgery. He has also written several articles and research projects. He has appeared on ESPN, been profiled in the American Milestones television series, and recognized as one of Philadelphia Magazine's "Top Docs."



Charles Mahl, M.D.

Charles F. Mahl, M.D. is a physician/surgeon who is in now in his 2nd career in medicine specializing in the practice of Regenerative Medicine which also encompasses 21st century Age, Health & Wellness medicine. Dr. Mahl practices in Coral Gables, Miami, Florida. The Regenerative Medicine aspects of the practice include prolotherapy, platelet rich plasma injections and stem cells for pain management of musculoskeletal, orthopaedic and sports conditions. This field is sometimes called non-surgical orthopedics or interventional orthopedic regenerative medicine (IROM).

Dr. Mahl was mentored in the art and science of Prolotherapy, PRP, Regenerative Medicine and Nonsurgical Orthopedics for 3 years by Dr. Alvin Stein, one of the foremost prolotherapists and wellrespected orthopedists in the United States.

Dr. Mahl furthered his training in Regenerative Medicine courses, lectures, missions and serves on the Medical Advisory Boards of eight to ten international regenerative medicine and stem cells companies. Dr. Mahl now lectures, teaches and trains other physicians throughout the world in Regenerative Medicine and stem cell procedures from peripheral blood, bone marrow, and adipose tissues. He has been an active member of the Interventional Orthopedic Foundation, participating in the Wounded Warriors Program for soldiers and veterans. As a member of the American Association of Orthopedic Medicine (AAOM), he has participated in their medical missions in multiple cities in Mexico and in Lima, Peru. He has lecture for the American Osteopathic Association of Prolotherapy and Regenerative Medicine (AOAPRM), he has lectured and proctored other physicians in Regenerative Medicine for the Florida Academy of Pain Medicine too.. Dr. Mahl is a member of numerous other professional



organizations within the fields of pain management, regenerative medicine, and anti-aging medicine, and while serving on the Medical Advisory Board of numerous Stem Cell companies, he assesses and beta tests new products and helps develop new techniques in the field. He is a Visiting Professor at the University of Guadalajara in Mexico, where he set up their PRP Lab.

Dr Mahl is a Fellow of the American College of Surgeons. He is a Fellow of the American College of Surgeons (FACS) and also a Fellow of the International College of Surgeons (FICS), and is a Diplomate of the National Board of Medical Examiners. He is a Fellow of the American Society for Laser Medicine and Surgery (FASLMS). He is also Board Certified in Ophthalmology by the American Board of Ophthalmology (Diplomate Status) and Fellowship trained in Vitreoretinal Diseases and Surgery. He is a Fellow and Charter Member of the American Board of Eye Surgery (FACES)

He is a graduate of the Rosalind Franklin School of Medicine (Chicago Medical School) in Chicago, Illinois (M.D.) and Case Western Reserve University in Cleveland, Ohio (B.A.). Prior to his multiple Fellowships in Anti-Aging Medicine and Regenerative Medicine, which led to his 2nd career in medicine, he completed both Residency and Chief Residency with Honors in Ophthalmology at Interfaith Hospital in Brooklyn, New York and a Fellowship in Retina/Vitreous Diseases and Surgery at the Good Samaritan Hospital/University of Oregon in Portland, Oregon, and his practice was one of the top 50 Retinal practices in the United States in its time, out of some 1400. In 2016, he was one of 242 physicians elected to the Retina Hall of Fame for his expertise and contribution in that field. He became very interested in the field of Regenerative Medicine through his own personal suffering with chronic musculoskeletal pain and has dedicated the 2nd half of his life to this field. So that more doctors can be trained in these treatments and more patients can benefit and lead productive lives. He also directs personal missions teaching and training doctors in Ecuador at least once a year too.

About the AAOM

Founded in 1983, The American Association/Academy of Orthopedic Medicine ("AAOM") is a non-profit organization that provides educational and informational programs on the diagnosis and treatment of musculoskeletal injuries and diseases and interventional pain management. AAOM members practice regenerative medicine encompassing Prolotherapy, Platelet Rich Plasma (PRP) and its variations, and orthopedic cell-based medicine such as Bone Marrow, Adipose and Peripheral Blood Stem Cells, in addition to Amniotic, Placental, and Umbilical Growth Factors, and Exosomes.

AAOM is comprised of international physician leaders in regenerative medicine from all different backgrounds who are dedicated to realizing the promise of regenerative medicine for patients around the world. For more information about the AAOM, visit http://www.aaomed.org/default.aspx