

Services

COMMUNITY DEVELOPMENT SERVICES

- Community Based Therapeutic Interventions
- Leadership & Skill Development towards Community Action
- Community Building through Community Services Partnerships
- Service Planning & Development
- The Man in Me Programme
- The Woman in Me Programme
- Bringing Family Together – "Parenting through Love and Care"

POST GRADUATE TRAINING INSTITUTE CLINICAL TRAINING

- Understanding Trauma for Children and Adolescents: Identifying to Intervention
- Working with Behaviorally Dysregulated Youth
- Emotional Intelligence
- Crisis Avoidance Management and Training for Youth's and Adolescence
- Identifying Serious Emotional Disturbance (SED) in Children and Adolescence
- Solution-Focused Brief Therapy
- Understanding Trauma System Therapy(TST) for Children and Adolescence: The Continuum of Care
- Positive Youth Development (PYD101)

ORGANIZATIONAL TRAINING

- Supervision & Staff Development
- Staff and Supervisor Coaching
- Mediation and Conflict Resolution
- Customer Service Training
- Inertia in organisations
- Emotional Intelligence
- Leadership and Effective Team Building
- Financial Service Management Training
- Staff Retreat



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A MEMBER OF THE
TCHD GROUP OF COMPANIES LIMITED



The Centre For Human Development Limited

*Strengthening Families.
Building Communities.
Developing Minds.*



Strengthening Families

Building Communities

Developing Minds

About Us

The Centre for Human Development Limited (TCHD) was developed to meet the Social Service, Psychological, Counselling and Training & Development needs for the people of Trinidad & Tobago, regionally and internationally. Our work is defined by our ability to respond to the many needs of the most vulnerable among us. The families we serve have complex needs, communities need to strive and develop and the training needs are wide. TCHD will continue to evolve to ensure that we continue Strengthening Families, Building Communities and Developing Minds.

Our Commitment

The Centre for Human Development Limited is committed to delivering social, psychological, counselling and training & developmental services locally, regionally and internationally. It is our distinct belief that you, whom we serve, are in the greatest position to chart your own course and take control of your lives. Our commitment to you is to utilize the best practice, person-centered, solution focused modalities, using our most skilled practitioners to deliver services to you.

Our Vision

The Centre for Human Development Limited will become the premier Social Service Agency in Trinidad and Tobago, serving Children, Families, and the Community, determined to develop human capacity through continuous training and development.

Our Mission

Facilitate a continuity of care by strengthening families, building communities and developing minds where the environment fosters healing through solution focused, person-centred practices.

Core Values

1 EVERY PERSON WILL BE TREATED WITH DIGNITY AND RESPECT

No person will be made to feel inadequate or "less than", in any way. Every issue or situation will be treated with the level of dignity and respect we demand for ourselves.

2 CONFIDENTIALITY ABOVE ALL

Every person, every case, every situation, will be treated with the utmost level of confidentiality afforded by law and the ethics that govern our profession.

3 ADVOCACY

No is not an option, we will use our influence and knowledge to improve social conditions, expand community outreach and develop resources for our families and communities.

4 HIGH STANDARDS SET

We will set, meet and surpass the highest standards for all those whom we serve along with the highest levels of business ethics, morals and responsibility.

5 SOLUTION FOCUSED

The Centre is committed to Solution Focused Services, utilizing proven evidence base competencies and abilities to move a person/individual and family or community forward.

6 POSTGRADUATE TRAINING INSTITUTE

The highest standards of training with a major emphasis on moving people forward through developing minds is our commitment. Only skilled, qualified trainers will be utilised to maintain the highest standards of development.

Services

FAMILIES & INDIVIDUAL CLINICAL SERVICES

- Family Counselling/Therapy (In-Home and Office)
- Individual Counselling/Therapy
- Child, Youth and Adolescent Individual Counselling/Therapy
- Individual Coaching
- Transitional Counselling
- Group Counselling/Therapy
- Family Team Conferencing - FTC
- Clinical Consultation

TRAUMA INTERVENTION SYSTEM (TIS)

- Specialization Treatment - Trauma Treatment for Children and Adolescents
- Traumatic Incident Reduction (TIR)

PSYCHOLOGICAL TESTING

- Psycho-Educational Assessment
- Psychological Assessment
- Diagnostic Tests
- Developmental Tests

EMPLOYEE ASSISTANCE PROGRAMME (EAP)

The Employee Assistance Programme or EAP is a structured, clearly defined work based programme designed to improve performance by providing psychological and organizational support to the management and staff of an organization. Utilizing strengths-based approaches; TCHD provides a confidential and professional framework that builds employees functioning both as a professional and as a person.

Some of the areas that TCHD's EAP services would attend to are:

- Workplace stress
- Trauma
- Critical Incident Stress Management
- 24 hour Crisis Management
- Transitions – Layoff's and Retirement
- Family and other relationship issues
- Substance Abuse and Alcoholism
- Grief and loss
- Bullying in the workplace
- Organizational and staff development
- Performance management
- Conflict resolution and Mediation