



# Training Through Theatre for Social Workers in Their First Year of Practice

## ABOUT FUTURES

Futures Theatre, established in 1992, has been running extensive training courses for social workers in their first year of practice since 2009, developed in consultation with local authorities and practicing social workers.

*"I wouldn't have missed this for anything – I will remember what I learned today for a long time"*

## TRAINING AIMS

The aim of the training is to prepare social workers completing their ASYE to deal with challenges they will encounter on a day to day basis during their first year of practice, in a safe and supportive environment. Futures use theatre techniques to:

- Build confidence of ASYEs by rehearsing communication skills with a variety of client groups
- Support ASYEs to develop vital skills for working in a pressurised environment
- Emphasise skills needed to build effective relationships with hard to engage families
- Encourage reflective practice

*"Was really impressed with your knowledge, the language you used"*

## CONTENT

- Preparatory exercises
- Interactive forum theatre scenarios (see scenarios) based on real case studies and situations that ASYEs may face, where participants work with actors to resolve real-life issues
- Group debates: Reflecting on the interactive forum theatre, sharing ideas and advice

All content is supervised and monitored by trained theatre facilitators.

*"Thank you, gave me an opportunity to see myself and reflect on that"*

## WHO IS THE PROGRAMME SUITABLE FOR?

- Local Authorities and organisations employing social workers in their ASYE (Children's and Adults Services)
- Individual social work teams
- Social work managers, supervisors and practice assessors



## SCENARIOS

The scenarios we have delivered with ASYEs (both Children's and Adults Services) include:

- Conducting a home visit:
  - Dealing with evasive and / or aggressive behaviour
  - Managing unexpected outcomes on a home visit
- Engaging with and supporting service users living with domestic abuse
- Effective supervision meetings
- Multi agency meetings and social work team meetings
- Court room dynamics
- Working with unaccompanied and traumatised minors

## TRAINING FOR MANAGERS

Futures are also able to deliver training for social work managers, supervisors and practice assessors:

- Building the confidence of managers to have difficult conversations
- Managing students and social workers in their first year of practice
- Dealing with defensive, aggressive and emotional responses in supervision and review meetings

## PACKAGE DETAILS

### Half Day Training (within London)

Time Required:	3 - 4 hours
Numbers:	Up to 30 participants
Cost:	£2,000

### What's included:

- 1 meeting prior to training
- Script development and writing
- Administration
- Rehearsal time
- 4 x actors / facilitators
- Up to 2 x Forum Theatre scenes
- Group discussion and reflection

## REQUIREMENTS & SPACE

Futures will require:

- A minimum working space of 4m by 3m, **plus** enough space for participants to comfortably move around in
- Chairs for participants
- Electricity plug sockets

## ADDITIONS

Futures can offer the following for additional fees:

- Bespoke scenes to explore specific issues
- Further meetings
- Training available outside of London
- Facilitation of full day conferences
- Full day training sessions
- Sessions held at our base in Waterloo for a maximum of 15 people

## TESTIMONIALS

Futures Theatre have worked extensively with the London Boroughs of Barking & Dagenham, Barnet, Bromley, Camden, Enfield, Greenwich, Haringey, Havering, Islington, Lambeth, Lewisham, Newham, Redbridge, Southwark, Tower Hamlets and Waltham Forest delivering training for ASYEs and managers. References are available on request.

## CONTACT US

For further information and to discuss your individual training needs please contact our Engagement Director, Flair May:

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