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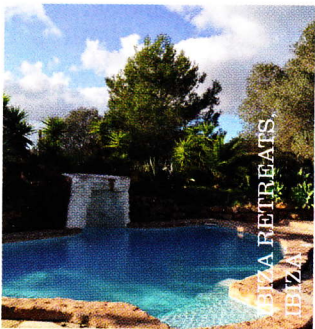
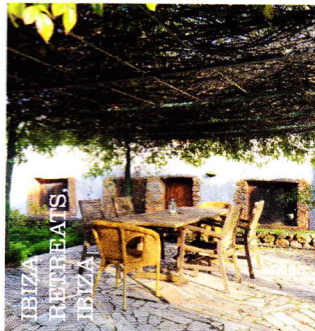
THE HIGH STREET'S BEST SHADES, SHORTS & SUMMER DRESSES TO BUY NOW



3

IBIZA RETREATS, IBIZA

Pamper your body and sort out your mind on this five-day yoga and life-coaching break. You'll be based at Can Morrel, a rustic finca – all boho charm, draped linens and wooden beams – in the quiet north of the island. Enjoy daily yoga, treatments using Ibizan oils, healthy food and one-to-one coaching. *Ibiza Retreats, Ibiza. Enq [ibiza retreats.com](http://ibiza-retreats.com). Doubles from £795 for four nights, with five yoga sessions, life-coaching classes and a massage. Ryanair flies from London Stansted to Ibiza from £150 return. Enq ryanair.com. Enjoy a free massage, reflexology or coaching session by quoting ELLE when you book.*



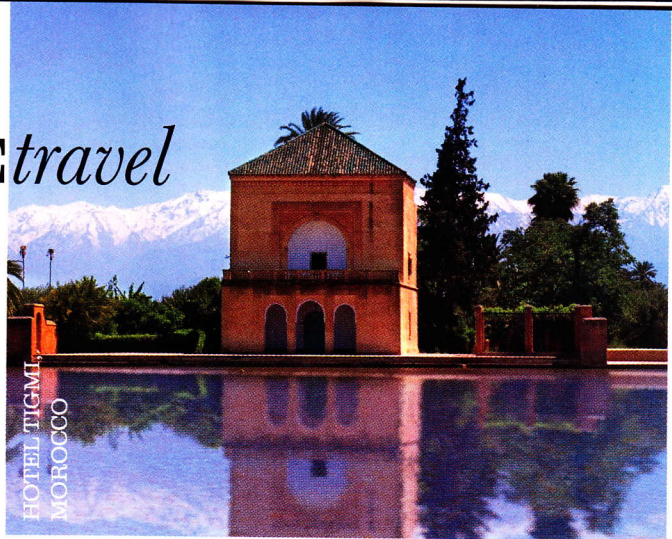
THE SAIL LOFTS, CORNWALL

4

DELPHI MOUNTAIN RESORT, IRELAND

Active types will love this eco-friendly spa hotel, backed by mountains, set in 400 acres of peaceful Connemara forest and near a beautiful surf beach. Sensitive converted using wood, glass and stone, its simple rooms are decked out in creams and browns. Sit in the spa's vitality pool – and steam room, sauna and relaxation rooms – and check out the mountain views. The treatment menu is packed with holistic massages by Voya, Eminence facials and seaweed baths. *Delphi Mountain Resort, Connemara, Co Galway. Enq delphimountainresort.com. Doubles from £114, B&B. Ryanair flies from London Luton to Knock from £60 return. Enq ryanair.com*

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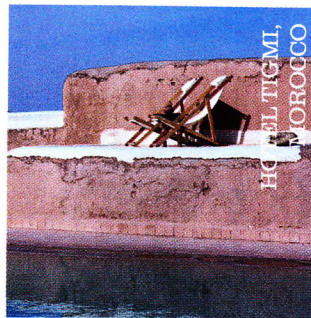
HOTEL TIGMI, MOROCCO

5

HOTEL TIGMI, MOROCCO

Set above a peaceful Berber village just 30 minutes from Marrakech, this pretty hideaway has courtyards filled with rose beds, olive trees and flower-filled urns, two large swimming pools, a gorgeous rooftop just made for yoga, and a magical spa. Rooms have colourful throws and comfortable beds. Enjoy traditional hammams and beauty treatments in

between shopping forays, or book a yoga weekend with UK-based yoga and meditation teacher Lucia Cockcroft for daily dynamic morning classes, daily restorative evening classes and plenty of time out to relax. *Tigmi, Douar Tagadert el Kadi, Marrakech. Enq tigmi.com. Doubles from £168, B&B. The next YA Retreat at Tigmi is 22 to 26 June and costs from £495pp, including all meals and yoga. Enq ya-retreats.co.uk. EasyJet flies from London Gatwick to Marrakech from £68 return. Enq easyjet.com*



HOTEL TIGMI, MOROCCO



HOTEL TIGMI, MOROCCO



DELPHI MOUNTAIN RESORT, IRELAND