

SPORT GUIDE



Turn setback
into comeback

Exceptional sports tapes and first aid products



Steroplast EAB

Elastic Adhesive Bandage

Physiotherapists treat and prevent a wide range of sporting injuries with the support of Steroplast's premium quality elastic adhesive bandage (EAB).

- Wound onto a smooth bevelled core to prevent finger cuts during use
- Easy unwind for controlled application and even application of pressure
- Adhesive is porous to allow skin to breathe and sweat to evaporate, reducing the risk of skin maceration
- No wastage, full unwind to the core
- Central line to aid positioning
- Soft edges for additional patient comfort



Description	Pack	Reference
EAB - 2.5cm x 4.5m	60	2092W
EAB - 5cm x 4.5m	30	2093W
EAB - 7.5cm x 4.5m	30	2094W
EAB - 10cm x 4.5m	30	2095W

Steroban-U protection for the skin

A thin polyurethane foam which forms a protective layer over the surface of the skin preventing direct contact with the adhesive.

Ideal for sportsmen and women who use adhesive tapes and strappings on a regular basis.

Provides additional padding for sensitive or swollen areas.

Equalises pressure under strapping and casts. Helps prevent skin maceration.

Description	Pack	Reference
Steroban-U - 7cm x 27m	48	3075B
Steroban-U - 7cm x 27m	6	3075B/6

Manchester Titans

“ Steroplast products are of high quality and the service is excellent, they have been one of the catalysts for driving the sport in Manchester ”

To order call **0161 902 3030**
 email **sport@steroplast.co.uk**
 or visit **www.steroplast.co.uk**



Sterotape EAB - Tearlite



Steroplast EAB - Tearlite

- Tears easily by hand
- Perfect for sensitive skin



- The tearlite quality allows for an ultra quick application
- Latex free elastic adhesive bandage
- For relief and support of multiple injuries
- Distinctive textured-linear pattern in cotton

Description	Pack	Reference
Tearlite - 5cm x 4.5m	12	2083TL
Tearlite - 7.5cm x 4.5m	12	2084TL

Trainers Choice

The ideal elastic adhesive bandage for everyday club use.



Made from a more lightweight, high quality material, with a medical grade adhesive. Trainers Choice doesn't compromise on performance.

Description	Pack	Reference
Trainers Choice - 5cm x 4.5m	30	3543WP
Trainers Choice - 7.5cm x 4.5m	30	3544WP
Trainers Choice - 10cm x 4.5m	30	3545WP

Stockport County FC

“ Steroplast is a great local company which provides Stockport County FC with all our medical needs. The personal attention to detail when dealing with them is the reason I will continue to order with Steroplast. ”

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Steroban - Cohesive Riplite



Steroban - Cohesive Riplite

The No.1 choice of sports physiotherapists.



- Tears easily by hand in both directions
- Non-slip coating
- Excellent support and compression of soft tissue injuries
- Conforms easily around body contours
- Individually wrapped to keep bandage clean prior to use
- Easily removed and re-applied when required
- Great to hold ice packs on the body

Underwrap not required.

Description	Pack	Reference
Blue Riplite - 5cm x 4.5m	12	1661
Blue Riplite - 7.5cm x 4.5m	12	1662
Red Riplite - 5cm x 4.5m	12	1671
Red Riplite - 7.5cm x 4.5m	12	1672

Steroban - Cohesive



Steroban - Cohesive

The bandage that sticks to itself but not the skin.



- Easily removed and re-applied
- Non-slip, offering excellent support and compression
- Underwrap is not required

Size	Pack	White	Tan	Blue	Red	Green	Yellow	Black
2.5cm	12 or 24	1600LF	1601LF	1603LF	N/A	N/A	N/A	N/A
5cm	12	1606LF	1607LF	1609LF	1608LF	1610LF	1611LF	1637LF
7.5cm	12	1612LF	1613LF	1615LF	1614LF	1616LF	1617LF	1635LF
10cm	12	1618LF	1619LF	1621LF	1620LF	1622LF	1623LF	N/A

Description	Size	Pack	Ref
Assorted colour packs available	5cm	12	1630LF
	7.5cm	12	1631LF
	10cm	12	1632LF

All sizes 4.5m in length

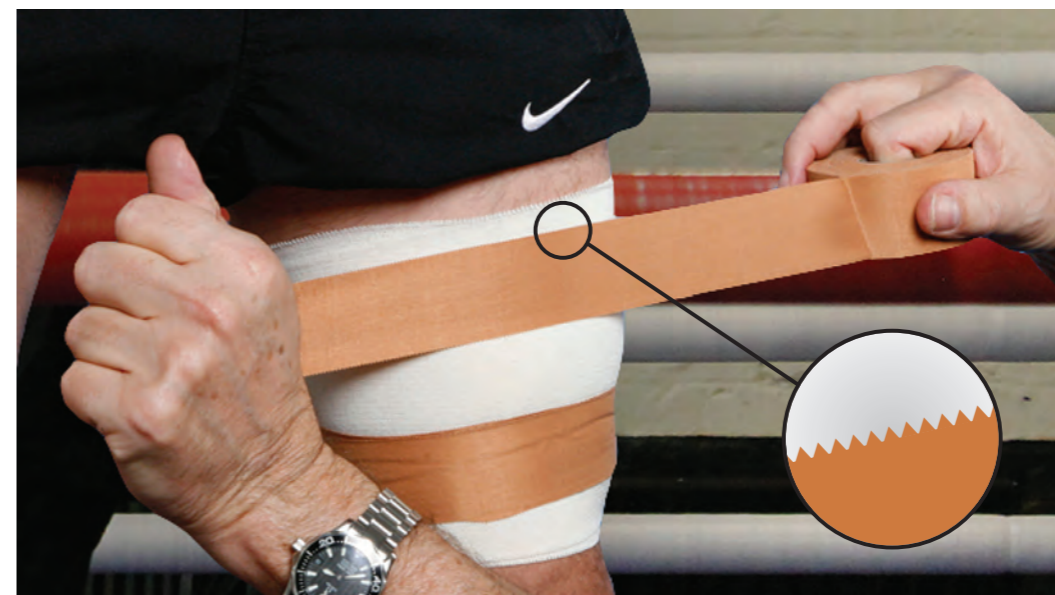
Firesport UK

“ The Steroban Cohesive bandages provide simple and effective support and are easy to apply ”

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Sterotape - Premium



An unrivalled rigid sports tape

Simple to apply and stays on during the most competitive of sports.

- The ultra strong adhesive formulation ensures Sterotape Premium stays in place during the most competitive of sports
- The specialist rayon material is completely rigid, which ensures total support
- Sterotape premium is manufactured using state of the art equipment which applies the perfect medical grade adhesive coating throughout the entire roll, for seamless application



Sterotape - Premium
Easily identified by the printed core.

Ultra strong adhesive

Ensures the tape stays in place during the most rigorous sporting activity.

Ease of unwind

The tape unwinds with ease right down to the core, saving time and money, while providing the correct amount of pressure during application.

Breathable adhesive

The specialist adhesive coating allows the skin to breathe, making it more comfortable for the user.

Completely rigid

Providing superb rigidity and strength.

Serrated edge, no scissors required

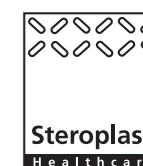
With a serrated edge the tape tears easily and neatly across the width, and equally easily down its length by hand. Perfect when you're short of time.

Description	Pack	Reference
Flesh - 3.8cm x 10m	30	4160/30
Flesh - 3.8cm x 10m (single box)	1	4160/1

Manchester Storm

“ The products produced and provided by Steroplast are easy to apply and always excellent quality ”

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Setting Standards Across Seven Sectors

Emergency

Hospital

Sport

Veterinary

Medical

First Aid

Retail

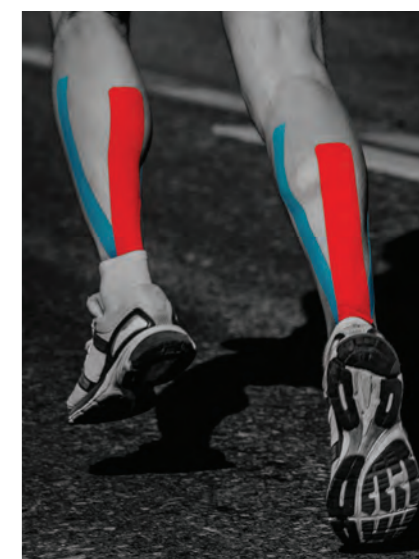
Sterotape-K



Kinesiology Tape

Unrivalled quality, excellent performance guaranteed!

- Kinesiology tape is used to give additional support and stability to muscles and joints without affecting the wearers range of movement or circulation
- Sterotape-K is 100% latex free and so is perfect for sensitive skin
- Once applied it can be worn for days at a time



LATEX FREE

100% latex free
Low allergy - latex free product.

Wavelike adhesive pattern
Aids breathability and wearer comfort.

Easy to apply
Stretches and flexes with body movement.

Excellent adhesion
Durable adhesive can be worn up to a week.

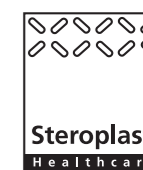
All Sterotape-K supplied individually boxed.

Description	Pack	Reference
Sterotape-K Blue - 5cm x 5m	1	3010
Sterotape-K Red - 5cm x 5m	1	3011
Sterotape-K Flesh - 5cm x 5m	1	3012

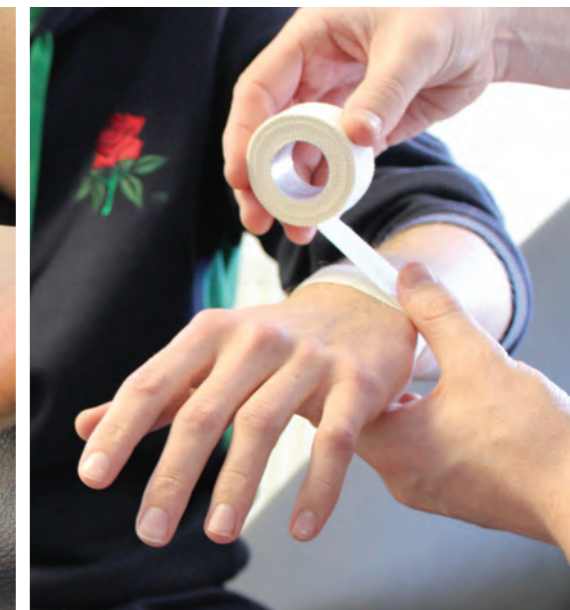
LE Sports Therapy

“ Sterotape-K is the best tape I've ever used. I use it for both clinic and at the football club I work at. It is very sticky and lasts for a whole week and is really easy to apply. I would highly recommend this to anyone ”

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Sterotape-Z.O.



Zinc Oxide Tape

Sterotape-Z.O. is a rigid adhesive tape used to strap up joints to prevent sporting injuries.

- The ideal product for use for martial arts, tennis, rock climbing, rugby, cricket, hockey or any other high impact sports
- This robust tape is great for application for longer term treatment of injuries



Now with a serrated edge

Making it easier to tear into strips.

Non-stretch zinc oxide strapping

Provides rigid support even under extreme stress.

Excellent adhesion

Guaranteed directional support and immobilisation.

Ultra strong

Easy to apply and extremely comfortable.

Tears easily by hand along length and width

No scissors required.

Description	Pack	Reference
Sterotape-Z.O. - 1.25cm x 5m	24	4051
Sterotape-Z.O. - 2.5cm x 5m	12	4052
Sterotape-Z.O. - 4cm x 5m	8	4050
Sterotape-Z.O. - 5cm x 5m	6	4053
Sterotape-Z.O. - 1.25cm x 10m	24	4056
Sterotape-Z.O. - 2.5cm x 10m	12	4057
Sterotape-Z.O. - 4cm x 10m	8	4058
Sterotape-Z.O. - 5cm x 10m	6	4059

Cricket Studies – Myerscough College

“ Our students have commented on the quality of Steroplast products and the support they provide. I can highly recommend Steroplast and their range of tapes and products ”

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KO TAPE

KO Tape is the ultimate choice for power and protection, taping your hands before combat is your insurance that your hands will stay injury free, keeping you in the fight and ahead of the competition.

Jimmy Kilrain Kelly (Professional Boxer)

“ Best products for the best fighter! KO tape is the best I have ever used, and I won't use anything else to protect my hands in the ring ”



KO TAPE

KO Tape is the best tape available for combat sports, it provides directional support and immobilises the small joints and bones in the hand to take impact during a fight.

The ultimate protection for contact sports.



- Tears easily by hand along both length and width - no scissors required
- Conforms well to body contours
- Skin-friendly zinc oxide adhesive

Description	Pack	Reference
KO Tape - 1.25cm x 10m	24	3036
KO Tape - 2.5cm x 10m	12	3037
KO Tape - 4cm x 10m	8	3038

Boxing Wraps

Use these wraps alongside KO Tape or Sterotape-Z.O for maximum protection.

- Breathable cotton wraps for maximum comfort and support
- Thumb strap and hook/loop closure to ensure a strong and secure fit
- Designed to protect hands during impact
- Maintain joint alignment for injury prevention
- Machine washable



Description	Reference
Boxing Wraps - 4.5m long (pair)	3076

Boxing Corner Kit

This corner kit has everything you need to get your fighter ready and keep them in the fight!

- Steroplast have worked with many professional Cornerman and fighters from different combat sports to create the perfect kit that can be taken to training or fight night to look after the fighter
- The Steroplast corner kit comes in our Steroplast Sports Bag and we also provide a refill pack which is the same kit as the full corner kit



Description	Reference
Corner Kit	8277
Corner Kit Refill	8277RP

Also available from KO Tape:

- KO Wrap Boxing Gauze (reference 3077). Pack of 12 gauze hand wraps help to create the ultimate protection.
- KO Cotton Tips (reference 3004). A fighters corners ideal tool for treating cuts around the eyes and face. Pack of 100.

To order call **0161 902 3030**
 email sport@steroplast.co.uk
 or visit www.steroplast.co.uk



Sports Medical Kit - Team & Physio

Two excellent sports first aid kits, both using the same top quality bag. If you're a team first aider or physio, choose the right kit for you.



The **Team kit** includes everything a sports team first aider needs for the pitch-side treatment of injuries from head to toe.

The **Physio kit** includes a comprehensive range of products for physios and medics to keep their team in the game.



Sports Medical Kit - Team

A handy sports first aid bag and all the kit a sports team needs:

1. Great for sports team first aiders – includes more than 70 items of essential kit
2. Compact size - Easy to grab and go in a hurry
3. Transparent zipper bags - See the product you need instantly
4. Easy clean nylon - Protects contents when placed on wet or dirty surface, wipes clean after use
5. Fully customisable - Customers logo can be printed onto the bag



Team Kit - Ref 8275

Sports Medical Kit - Physio

A compact and uncompromising kit for sports physios:

1. Includes a comprehensive range of products for the prevention and treatment of sports injuries with over 80 items in the kit
2. Quick refill of contents - Inner bags removed in seconds
3. Velcro fitting - Holds inner bags in place, ensuring products will not fall out
4. Lay flat opening - All contents are easily accessible
5. Keep costs down - Don't reorder the full kit, simply order the products you need separately



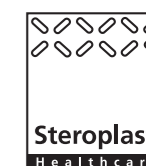
Lay flat easy access

Physio Kit - Ref 8276

Sports Medical Kit - Team & Physio contents:

Description	Team	Physio	Description	Team	Physio
Antiseptic cream 15g	1	1	Gloves - large nitrile	5 pairs	5 pairs
Bandage - conforming 7.5cm x 4m	2	2	Hand sanitiser - Stero-san 50ml	1	1
Bandage - crepe 7.5cm x 4.5m	0	2	Ice packs	2	2
Bandage - non woven triangular	2	2	Pads - low adherent	5	10
Deep heat cream 35g	0	1	Petroleum jelly 250g	0	1
Dressing - blister	0	4	Plasters - washproof	20	20
Dressing - eyepad	1	1	Resuscitation valve - 1 way	1	1
Dressing - finger	1	1	Scissors - 6 inch paramedic	1	1
Dressing - large	2	2	Steropore wallet	1 x 4	1 x 4
Dressing - medium	2	2	Strapping - fabric 2.5cm x 1.5m	1	1
EAB - white 5cm x 4.5m	1	1	Tissues	0	Pack of 10
EAB - white 7.5cm x 4.5m	1	2	Trigger spray	1	1
Eyewash pods 20ml	5	5	Waste bag	1	1
Foil blanket	1	1	Wipes - alcohol free	Bag of 10	Bag of 10
Freeze spray - steroplast	0	1	Wound closures in wallet	0	1
Gauze swabs 5cm	Pack of 5	Pack of 5			

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 or visit **www.steroplast.co.uk**



Medium Sports Kit



The Medium Sports Kit

The perfect kit for a small sports club or a team's first aid needs.

Ideal for football, rugby, hockey, cricket, softball and netball teams.

- Compact and cost effective
- Easy identification of contents
- Handy zip bag for easy access
- Bag has individual compartments for tidy storage
- Can treat minor injuries on the spot



Medium Sports Kit Ref 8090

The kit includes a range of essential products:

- | | | | | |
|--------------------------|--------------------|--------------------|-----------------------|---------------------|
| - Alcohol free wipes x 5 | - Eyepad | - Guidance leaflet | - Plasters x 24 | - Scissors |
| - Bag of safety pins | - Eyewash pods x 2 | - Heat spray | - Pairs of gloves x 3 | - Strapping |
| - Bandages x 5 | - Foil blanket | - Instant Ice pack | - Petroleum jelly | - Sutures |
| - Clinical waste bag | - Freeze spray | - Microporous tape | - Resusciate | - Swabs pouches x 2 |
| - Dressings x 7 | | | | |

70 Piece 'Junior Team Kit'



The 70 Piece 'Junior Team Kit'

Easy carry - ideal for sports - a must for all sports coaches

- Excellent highly useable proven products
- Tough and compact waterproof nylon bag
- Several roll out zip fastening compartments
- See through compartments for quick search of products
- Secured with zip fastening
- Comprehensive contents for general and sports first aid

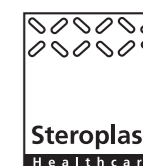


70 Piece Junior Team Kit Ref 8128

The kit contains 70 products that we supply directly to hospitals and surgeries including:

- | | | | |
|-------------------------------------|-----------------|-----------------------|------------|
| - Alcohol free cleansing wipes x 10 | - Bandages x 9 | - Pairs of gloves x 2 | - Scissors |
| - Bag of 12 safety pins | - Dressings x 7 | - Plasters x 30 | - Tweezers |
| | - Eyepads x 2 | | |

To order call 0161 902 3030
 email sport@steroplast.co.uk
 or visit www.steroplast.co.uk



Steroplast Sports Bag



Steroplast Sports Bag

First class medical sports bag designed to the highest specification by professional physiotherapists.

The complete package, for strength, durability, storage and accessibility:



Steroplast Sports Bag - Ref DW0001

- Ideal for pitch-side and indoor sports facilities
- Two adjustable internal dividers to create three internal compartments
- Four hard wearing plastic feet to prevent damage to the base of the bag
- Maximum storage with several internal pockets and holders
- Two elasticated mesh pockets at both ends of the bag for storing water bottles and towels

Steroplast Massage Oil

The perfect way to treat muscles both pre and post sport.

- Ready to use massage oil
- Energising
- Multipurpose – pre (warming up) and post (relaxation) use
- Low friction – easy glide application



Steroplast Massage Oil (x6)

Ref 9628



Sports First Aid Essentials

Steroplast have a product range of the highest quality medical and first aid products running into the 1,000s.

We supply products to sports clubs, venues and physiotherapists from grassroots to elite. Steroplast products are proven in team sports, endurance sports and outdoor adventurous activities.



A selection of our most popular sports first aid essentials includes:

Description	Reference	Description	Reference
Burnshield Hydrogel	*BD90828/6	Sterostrip Sutures	*7858
Nitrile Powder Free Gloves	^*1996	Steroswab Gauze Swab	*1900
Paramedic Tuff Cut Scissors	^1512	Steroswab Non Woven Swab	*1903
Petroleum Jelly	9604	Sterotape Microporous Tape	*6871
Sterofix Dressing Retention Tape	*6854	Sterowash Eye and Wound Wash Pods	1400W
Steropad Absorbent Dressing	*3006	Sterowipe Alcohol Free Cleansing Wipes	8021
Steroply Conforming Bandages	*3051	Wide Open Weave (WOW) Bandage	*3048
Steropore Adhesive Wound Dressing	*6805		

^ Various colours available * A range of sizes and quantities available

Songbird Sports Massage Wax

The original sports massage wax, used by professionals for over 20 years.

- Songbird Sports Massage Wax has become the professionals number one choice. It is constantly used for massage work on players in Premiership football, international rugby, cricket, swimming, ice hockey, softball, track athletics, rowing and on jockeys



Songbird Wax 350g

Ref 3040/1

Songbird Wax 550g

Ref 3041/1

- It is such a popular product, it was used in the last two World Cups and the Olympic Games
- The blended wax is perfect for both pre and post sport massage

To order call **0161 902 3030**
 email sport@steroplast.co.uk
 or visit www.steroplast.co.uk



PhysioWrap[®] SPORT



Total Control Under Pressure

The fast, convenient and effective treatment for soft tissue injuries

PhysioWrap[®] SPORT is an effective all-in-one system for securing ice packs, gel packs and other forms of cold or warm therapy, to soft-tissue injuries.

This includes, damage to muscles, ligaments, tendons and capsular or cartilaginous structures.



Helps treat sports injuries - fast!

Using the lightweight re-usable dispenser, the film's built-in elasticity provides fast application to the injured area. It holds the treatment pack firmly in place and needs no preparation or even unwrapping.

The translucent film

Allows clear observation of the area around the injury for bruising or other symptoms.

Contributing to effective R.I.C.E treatment

PhysioWrap SPORT's unique characteristics allow it to secure an ice or a gel-based cold pack to the injury, whilst also applying compression to the affected area. This helps to significantly speed up recovery.

Simple to use

With PhysioWrap SPORT there is no need for pins or other fasteners. Scissors are not required, and the high-performance

film simply sticks to itself and not the patient's skin. It is also quick and painless to remove.

Value for money

This marvellous film is supplied on a lightweight, re-usable, rigid-plastic dispenser and is available in a choice of convenient pack sizes. It's portable and easy to store. A single 100 metre roll gives around 50 applications representing exceptional value for money.

Description	Pack	Reference
PhysioWrap SPORT	1 dispenser, 1 roll	PHYWRAP001
Refill Pack	2 rolls	PHYWRAP002
Team Pack	2 dispensers, 6 rolls	PHYWRAP003

Each roll = 100mm x 100m

Sterofreeze Instant Ice Packs

What makes Sterofreeze better than the rest?

1. Our ice packs reduce in temperature far quicker than alternative brands
2. Sterofreeze stays colder for longer, which is vital for faster healing

Description	Size	Pack	Reference
Steroplast Instant Ice Pack	24cm x 12cm	1 x 25	9592
Steroplast Instant Ice Pack (long)	29cm x 13cm	1 x 20	9630



Reusable Ice Bag

- The handy injury aid
- Small enough to fit into your gym bag or first aid kit
- Provides instant pain relief – just add ice!

Description	Reference
Reusable Ice Bag	9640



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Emergency Equipment for Sport

Steroplast provide life-saving, brand leading equipment and supplies to sports clubs and venues.

Visit the Steroplast website to find all the products your club or sports venue needs including:

- **Airway Management**
- **Blankets and Bedding** - Cotton blankets, blizzard survival blankets and foil blankets
- **Defibrillators**
- **Evacuation and Immobilisation** - Stretchers, immobilisers and splints
- **Eyewash and Eyecare** - Eye and wound care kits and wash pods
- **First Aid Kits** - Workplace, catering, vehicle, burncare
- **Infection Control** - Biohazard kits, sanitising products, sharps disposal kits

Contact us - to discuss how we can help with your sports first aid and sport injury needs and as a thank you for your interest in Steroplast you can choose a free sample sports tape or first aid product.

Free consultation - get in contact to book your free sports consultation where we'll visit you or you can come to Steroplast to get a bespoke report based on your first aid and medical needs and requirements.

Description	Reference
CPR Pocket Mask	9598
Blizzard 2 Layer Jacket	BLIZ006
Duo-fold Pole Stretcher	1342
Eye and Wound Care Kit	9115

Follow us on:



Steroplast Healthcare Limited
Unit 2 Alpha Point, Bradnor Road
Manchester, M22 4TE, England

0161 902 3030
sport@steroplast.co.uk
www.steroplast.co.uk