



The College of
St Barnabas

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St Barnabas Bulletin - Summer 2018

A Warm Welcome to Kevin and Adey

Our New Warden arrives



We are delighted to welcome to the College our new Warden, Kevin Scully and his wife Adey Grummet. We wish them every happiness in their new home and surroundings.

They are joining us at the start of what looks as if it will be a hectic Summer, and indeed Kevin's first week in post includes 2 special services. The first of these is a Mass to celebrate our resident Peter Palmer's 60 years in monastic vows, and the second is Kevin's own official installation as Warden by the

Bishop of Southwark, the Rt. Revd Christopher Chessun. +Christopher will formally license Kevin as Warden at a service attended by Kevin's friends and family, College Trustees and Residents. The Bishop of Croydon, the Rt. Revd Jonathan Clark, will preach at the service.

You can follow Kevin on Twitter at @revkevwrites

Caring for retired Anglican Clergy

Unsung heroes

By Mike Herbert

Obviously there is a lot of work that goes on “behind the scenes” at the College carried out with commitment, dedication and attention to detail.



Taffy Davies

No-one can understate the importance to overall health of high-quality nutrition, and no-one hates food waste more than a chef.

And that is precisely why, when our Head Chef Eifon “Taffy” Davies told me that he needed a new piece of equipment to help in food preparation, in enhancing food safety and in reducing food waste, that I set about securing a grant to enable him to buy it.

The equipment in question is a blast freezer, a device which very rapidly chills or freezes food, protecting it from bacteria which, if present, could

harm our Residents.

Thanks to a very rapid response from one of our major supporters who quickly grasped the benefits that having a blast freezer would provide, the funds were soon in place and an order placed.

Within a few short weeks, the blast freezer was purchased and installed. Since then it has had a dramatic effect on simplifying preparation, on reducing food waste and on maintaining food safety.



Taffy and Apprentice Chef Robert demonstrate their new blast freezer

Why Volunteering is Important



As well as the obvious answers about “helping other people” or “putting something back, did you know that volunteering has been shown to improve the volunteers ‘wellbeing too?

It is simple human nature to feel good after helping someone out, but volunteering can do so much more for the volunteer than that..

It could help you develop useful new skills and give you new experiences, or enable you to use your existing skills and experience in new areas, it can help maintain self-confidence and self-esteem, and give you opportunities to meet new people , make new friends and explore new areas of interest.

There are more than 165,000 registered charities in the UK. For many of them, volunteers are their lifeblood.

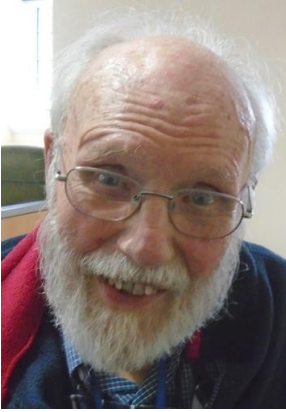
In 2016/17, 19.8 million (37%) people in the UK volunteered formally at least once a year and 11.9 million (22%) of people did so at least once a month.

Unfortunately the College has always found it difficult to attract volunteers and we really do need to try to change that situation.

In fact, now that the new General Data Protection Regulations are upon us, we need to change it more than ever before...

Wherever you are in the UK, if you are interested in becoming a College Volunteer, please do not delay in getting in touch with us.

A Cracking Good Read



This time last year “Characters from the College” featured our resident, George Wood.

You may remember that George is one of the last surviving RAF fighter pilots from the Second World War and that it was his experience of being shot down over Occupied France that led to him becoming a priest. George, who holds the Legion d’Honneur—France’s highest order of merit for military or civil conduct—flew Westland Whirlwind fighter-bombers with 263 Squadron (although in fact he at different times piloted all the types of fighter operated by the RAF in WWII, except one).

Initially intended as a document for his family, George has brought together his recollections of his life and published them under the title of “Laughter and Tears through Ninety-Five Years”.



RAF Westland Whirlwind , early 1940s

However, he has since decided that he would like his booklet to be offered for sale to College supporters, in aid of College funds.

This unique, inspiring and highly personal story is only available from the College of St Barnabas, for just £5.00 plus £1.50 postage and packing per copy. If you would like to own a copy of this unique publication, please complete and return the enclosed order form, together with your cheque made payable to the College of St. Barnabas.

Caring for retired Anglican Clergy