

“Parent Toolkits”

Free autism training from The Autism Group



1 Girls on the Spectrum

A look at the unique profile of girls on the autism spectrum

Understanding how to recognise and respond to the unique pattern of behaviour in girls and women on the spectrum. Suitable for parents and carers of girls from primary school age upwards.

Tuesday 3rd October, 6.30 pm to 8.30 pm

2 Emotion commotion

Meeting the challenge of managing feelings

How to help young people on the spectrum to understand and respond to powerful feelings such as anger, anxiety and sadness. Suitable for parents and carers of children and young people from primary school age upwards.

Thursday 12th October, 10am to 12 noon

Featuring:

- ↑ Suitable for anyone living and caring for someone newly diagnosed with autism, those facing new life stage challenges or simply wanting to refresh their knowledge and understanding.
- ↑ Two-hour sessions offering information, ideas and widely tried and trusted strategies designed to equip carers with the knowledge and confidence they need to better respond to the needs of people on the spectrum.
- ↑ Interactive sessions delivered in a friendly, relaxed style by qualified autism professionals who can also share their own experiences as parents of people on the spectrum.



WHERE?

All sessions at
Braywick Heath Nurseries,
41 Braywick Road,
Maidenhead. SL6 1DX
(Next to Toby Carvery)

To book a place contact
Tricia Kempton at tricia@theautismgroup.org.uk
Call or text 07423 636339
www.theautismgroup.org.uk

Parents say...

“Superb workshops”

“Was great to be with people who get it”

Charity registration 1166787

Sessions funded by East Berkshire CCGs - CAMHS Transformation Funds

**PLEASE
BOOK IN
ADVANCE AS
PLACES ARE
LIMITED!**