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issue 110, Sept 2017



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Dear Readers...

I hope you enjoyed a fabulous summer. I have certainly had a great time with the family attending local events, green spaces and of course our wonderful array of Gloucester Road cafes and restaurants.

A highlight was judging the fancy dress class at the Friends of Horfield Common 2017 Dog show - share in the fun of this doggy day on the centre pages.

It is always entertaining to attend the Ashley Down School, Year 2 summer play and this year's performance didn't disappoint!

It was lovely to be asked to visit a recent SENDaWelcome meeting - read more on how you can support this important local group.

Bishopston Matters is pleased to sponsor the fantastic Party in the Park, a wonderful day out for the whole family, taking place at Golden Hill Sports Ground on Saturday 16

September. Don't miss the fireworks!

The Golden Hill Harvest Fair takes place on Saturday 9 September 1-4pm! I look forward to seeing many of you at both of these local activities.

The Friends of St Andrews Park organised a magical performance of Shakespeare's A Midsummer Night's Dream, within the setting of the park - you can re-live the theatre of the evening with the review.

This month we are delighted to share in the creative achievements of two, young Ashley Down residents; we hope you enjoy reading their stories.

Courses at Yoga West are restarting during the first week of September, to include sessions for children, teenagers, pregnancy and postnatal (see page 1).

Best wishes to you all,

Kerry X

Email: kerry@bishopstonmatters.co.uk • www.bishopstonmatters.co.uk Bishopston Matters
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All content thanks to Paul Bullivant

It is difficult to imagine the magic of St Andrews Park – on a breezy but dry midsummer evening – being raised to an even greater level of sensuality, but that is what happened on 25 June when an enthusiastic audience of nearly 350 were joined by Theseus, Lysander, Titania and of course the Mechanicals, including Snug, Flute and Bottom. The five-person team of The Pantaloons, a touring theatre company formed in 2004, brought us their particular style of high energy and sometimes anarchic humour, spiced with a generous infusion of often cheeky audience participation, and it was very well received.

Their simple caravan-style stage and basic props, set between the three mature plain trees on a gentle slope, formed the perfect amphitheatre for the stripped-down interpretation of this Shakespeare classic. And even if some of the poetry got lost in the breeze, the spirit, magic and humour of the play came across with passion and directness.

This was a 'first' for The Pantaloons as they had not performed in Bristol before and their response was as enthusiastic as their audience's. Although they have mounted a number of summer arts events before, it is the first time the Friends of St Andrews Park have organised a ticketed performance of classic Shakespeare with a professional company.

With very positive feedback from all quarters, The Friend's Chair, John Mayne, is enthusiastic about the possibilities for future partnership with 'The Pantaloons': *"Although these events take a huge amount of organisation, the reward is in experiencing the joy that they bring to local residents of all ages."*

We are not yet making plans for another performance by The Pantaloons but, judging by the success of 'The Dream' and the relationship which we have established with them, we may well consider promoting another similar event in the future. If anyone would like to get involved, we would love to hear from them! Just contact our secretary, Paul Bullivant at paulbullivant@gmail.com

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History Matters at Horfield C of E Primary

On Thursday 13 July, 24 children from across the school became archaeologists for the day.

It was their idea. At a history lesson one said it would be great to dig in the school field to see if there was "treasure" and the rest of the class thought this would be great. Over the next few weeks a visit from the University of Bristol was arranged when the latest ground-penetrating radar would be used to investigate what might be up to 2 metres under the field. The children all had goes at using the equipment under the watchful eye of Henry Webber from the university. The results will take a while to process but meanwhile the children set about digging in the field. Michael Gorly from English Heritage and Mrs Emily Fletcher from the school joined in the digging. They found fossils, pipe stems, bits of pottery and a lot of semi burnt coal. They dug up lots of stones but even this was enthusiastically embraced. A very popular activity was making clay marbles using wet clay they had dug up.

Horfield School is well known for its commitment to encouraging children to look out for each other and share their learning. This was very evident on Thursday.

I learned a lot from the working with the children in both the preparation and the actual day. I would like to thank all the teaching and admin staff for helping the children have a great day.

David Cemlyn (MA Landscape Archaeology), school volunteer



BACK TO SCHOOL FUN: CLIMBING CLASSES FOR KIDS!



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SENdaWelcome - To All



Inclusive family events are few and far between in our corner of Bristol, as they are, sadly, in most cities across the UK. SENdaWelcome is trying to change this, with an aim to make BS7 an

inclusive community, where children with special educational needs and disabilities (SEND) can access the same activities and groups as other kids their own age.

Bishopston Matters first met with this fantastic local group a year ago, at the Golden Hill Community Garden, on one of their inclusive Summer Adventure Days. Since then the group have been successful in organising winter and summer socials that have been well supported by local activity providers including – Circomedia, OpenUp Music, The Adventure Team, Musii, Sparks, Baby Bites and Annette Adams School of Dancing. The team is working in partnership with these providers to develop new projects.



If you run an activity class or group and would like to discuss with SendaWelcome ways to make them inclusive, please e-mail: sendawelcome@gmail.com.

The successful partnership continues with Golden Hill Community Garden, with further inclusive Adventure sessions planned for this September.

SENdaWelcome has a regular monthly meet-up at Boston Tea Party on the last Friday of every month between 3.30pm and 6pm, open to all to attend.

I was pleased to be invited by the group to a recent meeting to catch up on the progress they have made over the year. MP Thangam Debbonaire was also in attendance to learn how she could do more to support this important group.

Thangam listened intently to both the concerns of the local parents of children with SEND and their hopes for what might be achieved – both in our local area and Bristol-wide – to support children with SEND, from infancy into adulthood. Links with local businesses for work experience etc is something the group hopes will be achievable.

Thangam told me, *"I had a fantastic time meeting SENdaWelcome. The work they are doing to encourage businesses and the wider community to create an inclusive environment for those with special educational needs and disabilities is so valuable. I want Bristol to be a truly autism and SEND friendly city and will do everything I can to help with this, so that everyone can fully participate in our city's life and make the most of its opportunities."*

For more info go @SENdaWelcome Bristol on Facebook & @SENdaWelcome on Twitter

Claremont Secondary School - Celebrating 10 Years!

It was wonderful to be invited to Claremont's Garden Party, celebrating the 10-year anniversary of their secondary school and the launch of their refurbished outside area.

Claremont's primary and secondary sites are just over a mile apart in Henleaze and Redland. Everyone is entitled to *Enjoy Learning for Living* and the schools foster a love of lifelong learning through creating a supportive, vibrant and innovative environment for 2 to 19 year olds, with impairment and health needs.

The school had taken part in their Sports Day during the morning, so a cream tea in the afternoon was just the ticket! I was impressed to learn the jam and scones had been made by a group of pupils working towards a qualification in catering – both were delicious!

It was a joyful event with pupils enjoying their outdoor dining, whilst visitors took a tour of the lovely outdoor area and spoke to local people who had helped make this project happen.

It was interesting to learn about the plants that garden designers, Alex Collins, Anne Sharp and Caroline Butler (who all gave their time and skills for free) selected – long grasses for motion and touch, herbs for both scent and their healing qualities, as well as hardy plants that will survive being wheeled over and that do not need much care. They all praised BCC's Phil Matthews who in their words had, **"Worked a minor miracle with the planting budget!"**. Phil also laid the hugely successful artificial grass, that not only looks bright but enables children to move more comfortably in the outdoor space. The colourful post protectors were another triumph.

When the project is complete, a series of tiles, featuring a body part impression from every pupil at the school, will be displayed on boards in the garden. Rene Goddard of *Goodland's Tea Party* is leading this creative installation; she told me what fun they had enjoyed, taking the various prints. You can see from the image above how beautiful and personal to each child, the final display will be.

Kathleen and Roy Taylor visited to represent the Stoke Park Group Friends' Fund – their Quartet funding donated £2000 to the project. The group continues the charitable activities previously performed by the League of Friends of the Stoke Park Group. Claremont are extremely grateful for this monetary award that made all the difference to their project.

I was invited to the Garden Party by outreach manager, Ruth Glasspool, who has been with the school for the last 18 years. I asked how she enjoyed her work, *"I love it, it is so rewarding. The pupils try so hard and we work within a great atmosphere with wonderful staff"*. I really got a sense of this during my time at the school and look forward to visiting again.

Can you help make the outdoor space even more fabulous?

The school would be most grateful to any local individuals, groups or businesses who could help put the final, finishing touches to their already much-loved outdoor space. They are looking to find a solution to creating some shade, perhaps some kind of sail or canopy. They would also like to fix some interactive objects (sound and touch) along part of the railings. If you can donate or offer your services, please do get in touch with – claremont.sp@bristol-schools.uk



Gardener designers – Caroline & Anne



Kathleen and Roy Taylor



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Young Bristol Chef of The Year 2017

It's a proud moment for Ashley Down resident Harry Caldwell, a Year 7 student from Orchard School. He only went and made it as a finalist in this year's prestigious Young Bristol Chef of the Year, earlier this summer! We congratulate him on coming second, it was a pleasure to meet him and learn about his experience.

How did you get involved?

My school mentioned it in assembly – I cook a lot with my family and thought this would be good fun.

Was it hard to choose one dish?

Well, I was born in Thailand and I lived there for 6 years before coming to Bristol. So, Thai food has been and continues to be a favourite of mine – it's a way to remember Thailand – which I loved. So, for me, there was no doubt it was going to be Thai style.

So what did you cook?

A warm Chicken Teriyaki Salad and, for desert, sweet Thai rice with mango.

Were the ingredients easy to find?

Yes, luckily, I live by Gloucester Road, so I got everything there, oh and the raspberries and strawberries came from my garden.

“Harry is a wonderful young chef who came very very close to winning. You could see that he had put in a lot of time and effort thinking and planning his two courses. Planning is such a massive part of being a chef (which often gets forgotten). Coming into the competition at Bordeaux Quay Cookery School was quite a lot of pressure for the young chef. Harry was one of the only students who didn't need any help or advise at all, he knew exactly what he had to do and did it, this will make him a head strong chef one day, who has the potential to go far. And his rice was super sticky, sweet and tasty too.

Judge Kelly Sealey, Bordeaux Quay Cookery School

Was the competition a bit like MasterChef?

Yes, a bit because we were cooking in a really smart kitchen at Bordeaux Quay, and there were four judges to taste our food. And on top of that, there was an audience.

Were you nervous on the day?

No! I'm really comfortable cooking.

So, will we see you in 10 years' time with your own restaurant here on Gloucester Road?

Ha ha! Either that or playing for Arsenal!



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News from The Bristol Fryer

Looking good inside and out! As well as installing a counter range inside, the local Bristol Fryer has an improved outside area. A wooden canopy attractively shelters the outside dining area and, in the evening, the area is lit with blue LED lighting. The blue glow onto the sea creature window stickers, creates a great sea theme in which to enjoy your fish and chips.



Fair price food – With prices rising on raw materials, owner Fred told me he always does his best to keep his food at a fair price for his customers and is competitive within the area.

Thank you for your custom –

The Bristol Fryer thanks all its loyal customers for their continued support and always looks forward to welcoming new people. The local chippy is a huge supporter of Bristol Rovers. They continue to be super busy on match days, when they are happy to extend opening hours to meet demand.

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Cooking It!



Cooking It! Is a Cookery School in Bishopston offering all sorts of cooking classes. Head Chef Monica is passionate about running this business from her lovely kitchen (although currently looking for new premises in Bishopston).

Two of her favourite pleasures in life are cooking and eating great food. She has always loved being in the kitchen, feeding friends and family and seeing the pleasure that making and sharing food gives.

Growing up in Barcelona, her love affair with food and cooking started early, and she still loves making the recipes that she learned as a girl.

Cooking it! Runs fantastic culinary classes to cater for ages, cookery skills and tastes. Why not enjoy one of the following: Saturday children's workshops; After school and Holiday Cooking clubs; Cooking for teenagers and young people who are about to go to university; Mini chefs club for 3–5-year-old children; Cooking parties for children; Tapas and Spanish food workshops; Cooking parties for children and hens; Cookery workshops for adults; Thermomix demonstrations. Maximum of six people per class.

Monica looks forward to welcoming you into her kitchen soon!

To book onto a course or for more information, Email: monica@cookingit.co.uk

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www.sakyabristol.org
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Service Excellence Award for Kellaway Pharmacy

Kellaway Pharmacy is delighted to share the news that their dispensing assistant, Ewa Kluk, recently scooped the much-coveted *Service Excellence Award*, during a gala lunch at the Dorchester Hotel, London. The event celebrates the best of pharmacies, who go above and beyond their duty to support their local communities.

The Editor of *Training Matters* (the host) Gemma Woodall, said: "This year's entries were outstanding and it was an incredibly tough task for the judging panel to whittle down the entries for each of the categories. The finalists really are the best of the best and their dedication and commitment to their roles really is commendable."

Kellaway Pharmacy pride themselves in providing excellent, friendly, professional care for their patients and their families, in a personalised manner. Their award is a testament to their unique approach. Pharmacist Jess Williams told us, "Our team is proud of what Ewa has achieved and thrilled that her dedication in serving the community has been recognised. Ewa truly exemplifies our pharmacy ethos of passionately caring for our patients and their dignity."

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Staying Active this September



Recent Walkfest with some of members at Horfield Leisure Centre www.bristolwalkfest.com

Whilst we still have the longer days, it is great chance to get out and about with family and friends. The NHS recommends that we try and complete 10,000 steps per day or around 5 miles walking. Most of us only complete 3,000 – 4,000 steps per day! The lack of inactivity can cause health problems and even result in early death. This is something none of us want and we can take 'steps' to help improve our health.

So How Can I Monitor My Steps?!

Most smart phones will have a pedometer built in or you can download an APP.

How Can I Increase My Step Count and Get More Active!

- Walk to the local shops rather than driving
- Take the stairs instead of the lift, or walk up escalators
- A great time of year to take children/grandchildren to the park – why not play tag!

Ashley Metcalfe

Fitness Manager, Horfield Leisure Centre

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Autumn Offer at Hair Mechanics

Salon Manager Vickie returns! After very much enjoying her recent days covering, whilst Jon enjoyed a well-deserved holiday, Vickie is pleased to announce she will return to Hair Mechanics from the start of October. When we spoke recently she shared how happy she was to be returning to the Ashley Down Salon for three days a week – Wednesdays, Thursdays and Saturdays. Whilst still loving being a mummy to young Jenson, she admitted what a pleasure it will be to return to work, she has missed her clients and the great team.

Blondes have the most fun! Talented stylist Sara has enjoyed creating some fabulous blonde colours for their clients recently. The happy customers are delighted with their new blonde locks. If you would like to have a fresh, new colour to brighten up these Autumn days, do get in touch with the salon.



Beautiful blondes!

September Conditioning – READER OFFER!

After the damage caused by sun, salt and pool chlorine, over the summer, your hair would appreciate a rejuvenating treatment. Select either an 'Intense' or 'Reborn' conditioning treatment, and you can take home a System Professional conditioning product, to maintain your healthy hair at home, at half the price!

So this September, simply book in for one of these Conditioning Treatments at Hair Mechanics and take home a Conditioning Product for HALF of the PRICE!

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Bristol's Independent District News – brought to you by GRBID

New Look – The GRBID has been busy this summer. We decided we needed a bit of a makeover and so got to work on creating a brand for the area. We wanted to design something that could represent the entire community – traders, residents and visitors – a name that would appeal to a wider audience. We came up with Bristol's Independent District. And with designer Susan Taylor's expertise we now have an attractive logo...well two – it was so hard to decide because the board loved them both – so we chose both – they can be used in different ways therefore covering all the bases. As members of Destination Bristol, we hope, through their channels and support, Bristol's Independent District will reach the many and become the go to place in Bristol to visit when you are looking to experience a neighbourhood of unique shops, good food and buzzing atmosphere.

Film Premiere – In July GRBID supported a local fete – which included the Dinema outdoor cinema experience. This presented us with an opportunity to make a video that could be 'premiered' on the big screen. It was a bit of a mad rush but with the cooperative spirit of the traders and a local film maker we were able to put together a quality 3-minute video which really illustrates the diversity we have here on Gloucester Road. To view the video, take a look at www.facebook.com/BristolsIndieDistrict.

Places to park your bike – We applied and were granted funding to install more places to park and lock up your bikes. With parking a hot potato on Gloucester Road, we hope with extra spaces to keep your bikes safe it will encourage people to cycle here. We plan to be installing those in the next few months.

New to the Street – Welcome to Hobbs House Bakery. I'm sure we are all enjoying their delicious breads.



Community – We donated to Filton Avenue Primary school a number of tickets to see *Sing* at the outdoor cinema this cinema. A group of children and their parent/guardian enjoyed popcorn and sun and a great film.

We did an on the spur decoration of lampposts, trees and bike racks to show our support for the recent Pride festival – and show that 'Bristol's Independent District' welcome. It certainly brightened things up and we thought it was wonderful to have so much positive feedback from the public.

Thanks to Street Scene who tirelessly work hard to keep the area ship shape!

GRBID news – Farewell to Shelley Swift the outgoing Chair of GRBID. She and her young family have relocated to Malaysia. We wish them all the best. Welcome to our new Chair – Emma of 7th Sea.

Coming up – The GRBID Annual General Meeting (AGM) will be held on 11 October at the Bishopston Library – 6:30pm.





www.suzibird.co.uk

Talented, local dancer joins the Royal Ballet School

We like nothing more than to celebrate the success of local residents. This month it was fantastic to meet with young Felix and learn how he has taken some large (elegant) steps to fulfilling his dancing dreams.

Congratulations on being accepted into the Junior Associates of The Royal Ballet School. How long have you been dancing? And why ballet?

I've been dancing since I was four years old. I started with modern dance. My sister Polly did it and I used to love copying her when she practised. Then when I was five I saw The Nutcracker ballet at The Bristol Hippodrome and I knew I wanted to dance like that too so I started ballet lessons with Annette Adams School of Dancing. I like the way ballet can tell a story and make you feel happy or sad without using words and I like the shapes and patterns the dancers make on stage when they dance together.

How often do you train? And where? *At the moment, I have a lesson of ballet a week with Annette Adams and a tap lesson, a modern lesson and a modern performance group lesson. From September, I'll train with the Junior Associates of the Royal Ballet School every other Saturday but I'll continue to do all my dance lessons with Annette Adams during the week and take my dance exams with them.*

What did you have to do for the audition?

The audition was like a ballet class, except the teachers from the Royal Ballet School moved in between each line of dancers with their clipboards and wrote down notes. They were all really kind and encouraging. Every time someone passed by me I thought 'you can do this' and I hoped that I was showing them how happy I was to be dancing. I thought of Miss Sam in lessons telling us all 'strong arms, shoulders down, tummy in, point your toes and smile!'. I knew only a handful of us had a chance of getting a place, but I had to let that thought go and just concentrate on what I had to do; I really enjoyed the experience.

Were you nervous? If so, what do you do to calm the nerves?

I was nervous but I was excited at the same time thinking of this amazing opportunity I had. I think feeling nervous is good for me because when I'm nervous I become very focused, so I would say I get over my nerves by focusing exactly on what I have to do.

What advice would you give to any young aspiring dancer? *I would say to anyone believe in yourself and don't let anything negative anyone says or does get in the way of what you want to do. My Tae Kwon-Do instructor always says 'believe and achieve', it's a good thing to remember on difficult days.*

What do you want to be when you grow up?

When I grow up I would like to be a dancer or an artist.

What's your favourite dance performance you've been in and why?

The Annette Adams School does a show every two years at the Olympus Theatre in Filton. It's really good fun, like a real show, we all work together as a team, you get excited waiting in the wings to go on stage and give each other confidence, it's such a great experience. This year we performed The Wind in the Willows and my ballet class were Scottish hares in their school playtime. The dance was set to Celtic music which is like nothing I've ever danced to before. Miss Sam adapted what we knew from our lessons to make a ballet style highland jig. I loved that dance! It was dramatic, fast paced and cheerful.

Is there someone who has inspired you to do ballet and get you to where you are today?

There are two people who have inspired me: Miss Sam's husband, Mr Kemp, who used to be a dancer, and Wayne Sleep. Mr Kemp because before I took my grade 1 ballet exam I felt like I wanted to give up. But Mr Kemp chatted with me one day and told me that it might be tough now at school but I could do it and get through it. It made such a difference to me to hear a male dancer talk about his experience of being a boy who wanted to dance. And Wayne Sleep because I did a dance workshop with him and I was in awe of his strength as a dancer; even though he's old now, his jumps and feet were awesome! He was so passionate about dance, and it was very inspiring to dance with someone who had danced with The Royal Ballet.

Can you relate to the film Billy Elliott? *Everyone asks me about Billy Elliott but I haven't seen it yet, I have to wait until I'm older. I know a bit about the story line and I think I experienced similar things. When I was really young I used to find it hard being a boy who liked to dance, people used to ask me why I didn't want to do 'boys things' like play football, it made me feel like I was doing the wrong thing. There is a lot to overcome in your head when you are a boy and you want to dance. Now I'm a bit older those things don't bother me at all and it's really great to see more boys are joining the dance lessons at Annette Adams each term, and they love the lessons too!*

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The Quest for the Perfect Toy

What better way to mark the start of the summer holidays than a fabulous performance from Ashley Down Yr 2 pupils. This lively, musical show never disappoints!

This year's adventure saw us travel through time with the children, who were in pursuit of the perfect toy. It was great to see a futuristic visit to Gloucester Road's Totally Toys, enjoy some rockin out in the stone age, meet with Isambard Brunel at a Victorian seaside and play games at Sabi school, Zimbabwe.

The final act took part back within the much loved Ashley Down School, where the children revealed, the perfect toy is in fact their fellow pupils – all you need is good friends! How true!

The joyous finale, treated us to enthusiastic singing and dancing, to the moving back drop of happy images of the local pupils enjoying their time together. At the close of the performance, Head of School, Mrs Sood congratulated the fantastic efforts of all who had taken part and supported the production, adding, any show that features a Rick Astley song is a winner in her book!

As the final lines of the play said, the next adventure is Yr3 – good luck this September Ashley Down pupils and keep up the great work!




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Horfield Methodist Playgroup

Henry and I recently spent a wonderful morning visiting Horfield Methodist Playgroup, based at the Methodist Church Hall, at the top of Gloucester Road/Churchways Avenue junction.

This friendly, happy organisation was formed back in 1968, so playleader – Rachel Canning informed me; Rachel herself has been with the group for over 20 years and loves her job. Fellow play worker Cherry Arnal has also been with the group for several years and they were pleased to welcome Mandy Rees to the team last year.

We entered to find all the children happily at play, in this large hall, geared up with numerous different activities on offer. Areas include – craft tables, music, a huge Duplo mat, home corner, water play and a reading area with soft cushions. The children also have access to a well-equipped outdoor area.

The pre-school facility is open to children below school age and over the age of two and a half. Following term times, it runs Monday to Friday, 9am to 12 noon. Children book in for a minimum of two – and up to five –



“Both of my children have loved their time here. It is great preparation for school, and feels like a safe and nurturing environment. They have grown in confidence and skills and made great lasting friendships, as have I!”

Roxanne Moore, local parent



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www.horfieldmethodist.org.uk/cyp/playgroup

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sessions per week. Each morning costs £11, or early years vouchers for over 3 year olds.

Each day the children have time to free play, join in group activities, outdoor play, story time and a mid-morning drink with fruit, as well as a late morning bread and butter snack. The group recently enjoyed a visit to St Werburgh's Farm and frequently take outings to local green spaces and Gloucester Road.

The group was recently visited by Ofsted and awarded 'Good' in all areas, they also participate in a nationally recognised Quality Assurance Scheme 'The Bristol Standard'. The team are committed to continually monitoring and improving the sessions. The group works hard to assist in the preparation of little ones taking their next step onto school.

Henry and I found the space and people to be inviting and a lovely place to spend some time. All the children appeared to be happy, comfortable in each other's company and generally having a great time!

Pre-School places are currently available, so do get in touch if you would like more information or to arrange a visit.

Tel/Text: 07903 350 214

www.horfieldmethodist.org.uk/cyp/playgroup

News from Glos Rd Central



Brightening up Bishopston Library – This month, members of Glos Rd Central travelled down their High Street to visit the new Bishopston library. Have you been yet? Since opening the doors our lovely new library on Gloucester Road has been a hive of activity. Not only are there books on loan, there are loads of activities for young and old. There's a meeting room available for local community groups and the library staff are open to ideas of groups or activities to be held there.

After spotting that the walls in the new library were looking a bit bare, Room 212 owner Sarah Thorp offered to brighten them up. Local artists were invited to contribute paintings based on the themes of Gloucester Road or literature. Now the computer area has images of Gloucester Road by Jenny Urquhart, while the children's area has vibrant artwork by Laura Robertson inspired by poems 'The Owl and the Pussycat' and 'The Lady from Iger'. Local author Oliver Rigby supplied an illustration from his Goram and Ghyston The Bristol Giants book while illustrator Rosie Webb offered 'Fox in Sox' from her children's ABC book. The most popular image could surely be the 'Arches Fox', taken from an amazing mosaic created by Toni Burrows. Artist Toni created the original mosaic as an idea for the Gloucester Road Art Banners and displayed it at Room 212 over the summer. Her house is a favourite venue on the North Bristol Art Trail, as every room is mosaiced from top to bottom.

Chris Brown from Bristol Libraries is thrilled with the new look and said, "Its lovely to have such vibrant work on display and even better that it showcases the work of local artists. We look forward to having new additions in the future."

Support our Library – With our libraries under pressure through Bristol City Council cuts it is important that we show our support. You can find out more information on the library section of www.bristol.gov.uk or follow the Friends of Bishopston Library Facebook page – www.facebook.com/bishopstonlibrary. Do get in touch with ideas and pop into the library to become a member.

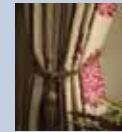
North Bristol Artists plan to create an exhibition in the library in the build up to the trail in November (the trail takes place 25–26 November). Artists will be running a pre-trail activity day at the library on 11 November so watch out for more details.

Win a FREE PC Health Check! Back to school! Is your kid's computer or laptop running slow? Xpress Computers at 176 Gloucester Road is offering **FREE PC Health check, worth £50 to one lucky reader.** To enter simply email with the heading – Back to school and your name to xpresscomputers176@gmail.com or www.xpress-computers.co.uk.

Gloucester Road Art Banners are now set to be installed in the autumn in the build up to the North Bristol Art Trail. Lots of Bristol artists submitted designs and Gloucester Road traders have chosen their favourites, which have been submitted to the planning department. The bright banners will highlight all the wonderful things about Gloucester Road and encourage people to shop local.

Bristol Doors Open takes place on 7–10 September. Golden Hill Community Garden and the 212 Eco House are taking part along with a great many other venues around Bristol. The 212 Eco House, tucked round behind Room 212, will have an Open House on Sunday 10th. As it is normally rented out as a guesthouse this is a good opportunity for those curious to have a look around. The house is totally built with sustainable and recycled building materials with a living roof and mud and straw internal walls. There will also be tea and cake and lots of artwork on offer from 10am – 4pm. www.bristoldoorsopenday.org.uk

To keep up to date with Glos Rd Central activity, visit: www.glosrdcentral.co.uk.



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coffee roasters in Bristol, Joe's staff have received barista training for their fabulous new coffee machine. Always fair on price, you will be able to enjoy quality Americanos, lattes and cappuccinos for under £2. Available all day, whether you need an early morning pick me up cup with takeaway breakfast or prefer a coffee and cake break. Coffee and bakery goods – always the perfect accompaniment.



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New – Salad Counter – Since the closing of Mad About Sarnies, Joe's have expanded their takeaway range to include salad boxes. Always ensuring their customers receive the best possible quality of product and service, they have recently installed a new salad bar, enabling customers to more easily select the fillings they would like to create their desired lunch. As always, there will be some pre-made salad boxes available for those tight on time.

Good Sixty – Quality High St food to your door – Joe's are pleased to be supporting www.goodsixty.co.uk. This website enables customers to order online from their favourite independent shop and receive great quality food directly to their door.

Do pop in and take advantage of these further improvements soon!

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Room 212 Success Leads to Online Shop

Four years ago, **Room 212** was a tiny one-room pop-up

gallery showing work by a handful of local artists, on a quieter part of Gloucester Road. Since then it has grown into a much-loved, well-known Bristol gallery, a treasure trove of art and creativity and the hub of **Gloucester Road Central**. Out on the wide pavement planters overflowing with flowers jostle for space with browsers full of prints. Up on the front of the building Cary Grant, who went to school around the corner, waves cheerfully to passers-by, drawn to the ever-changing colourful window displays reflecting the seasons or Bristol events. Inside there is a huge variety of original artwork and cards to suit every taste and occasion.

The success of **Room 212** stems from many factors: the immense drive and enthusiasm of owner Sarah Thorp, the amazing array of artwork on offer and the appreciative customers who enjoy spending time in this treasure trove. Sarah is a member of the North Bristol Artists, who show work in their homes during the last weekend of November. She conceived Room 212 as a place for fellow artists to show their work on a more permanent basis. By visiting other Art Trails and Open Studios Sarah invites a wide variety of artists and creatives to show their work at Room 212. Artists take it in turns to run the shop and the different themes encourage creativity and a constant supply of new work. This positive combination puts Room 212 at the centre of **the arty section of Gloucester Road**, now known as **Glos Rd Central**. Other businesses in the area are flourishing and people are happy to walk up Pigsty Hill, from the traditionally more popular part of Gloucester Road, knowing that they can spend hours looking at art and relaxing at some fantastic cafes and restaurants. Recently Room 212 put up some lovely bright

canvases of local artwork in the new Bishopston Library. The gallery is currently working with the Send a Welcome local community project to create a lovely Welcome mosaic on the pavement in front of Room 212.

Room 212 Online Shop This year, Room 212 has gained an array of awards and prizes, most recently at the Small Business Awards, hosted in London by celebrity Sue Perkins. This national success has prompted the launch of a **Room 212 online shop**. Sarah's partner Mark Hayward is a photographer based in Stanton Drew and he has offered to take on the job of overseeing online sales. Existing Room 212 customers can now benefit from being able to make choices at home and might find artwork on the site that can't be found in the gallery. The online shop means if you see something you like in Room 212 and can't make up your mind, would like it in a different size, or sent to a friend or relative elsewhere, you can. Also, if you can't see what you're looking for then you can make specific requests or even commission an original piece of work. There are plans for a **Wish List** so that customers can give hints to their friends and families – this will be especially helpful for birthdays, weddings and Christmas. There's so much potential and Room 212 values your feedback as the online shop develops. When *Vogue* got in touch and said they'd

like to feature Room 212 in their Bristol focus, out this month, the online shop seemed a perfect way to spread the word about Room 212 artists nationwide!

Autumn plans Room 212 is renowned for its creative window displays and fun happenings. This September starts off with the Bristol Art Trail, a city wide trail with an app to follow, rather than a map, over the weekend of 2–3 September. Room 212 has signed up to the trail and will be focusing on 4 artists, **Jenny Urquhart, Carla James, Made By Ilze and owner Sarah Thorp**. All these artists will join forces to create a vibrant, Bristol-centric display. As we move into autumn the windows will take on a fruit & veg theme. There'll be another of Toni Burrows popular fox mosaics – to celebrate the sale of her book *The Last Apple On The Tree*. Toni's amazing mosaics are normally only on display all over her house during the North Bristol Art Trail, but Room 212 has persuaded her to bring them out onto



Carla James



Gloucester Road – a rare treat. The originals aren't for sale but prints and cards are available. Local celebrity gardener **Lia Leendertz** will be joining in with the launch of her new gardening Almanac, illustrated by Bristol artist Emma Dibben, and a range of other Room 212 artists will be contributing their artwork. Half term will bring another fantastic Day of the Dead display with more takes on the iconic Mexican artist Frida Kahlo by local artist **Laura Robertson**. November brings the North Bristol Art Trail (25–26 Nov.) when Room 212 focuses on artists from the trail. In the build-up to the trail Room 212 will be promoting all the artists involved in the Gloucester Road Art Banner project. Lots to look forward to...

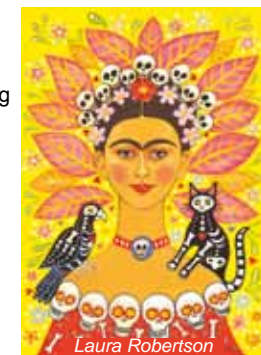
212 Productions Two years ago Sarah partnered up with artist and professional printer Neil Roberts to launch a high-quality printing company, **212 Productions**. Neil has been in the printing industry for over 12 years, specialising in c-type, giclée and dye-sublimation. Artists and photographers are always looking for good quality, reasonably priced prints, so Sarah and Neil decided to invest in a printer to help them out. They have recently taken on a printing studio in St Werburghs while maintaining a printer in Bishopston. **Room 212** artists get special discounts but the printing services are open to everyone and 212 Productions creates prints for a diverse range of artists and photographers from locals to well-known Bristol artists. www.212productions.co.uk

212 Eco House Last year saw the completion of the beautiful 212 Eco House round the back of **Room 212**. This house is made from sustainable and recycled materials, with a living roof

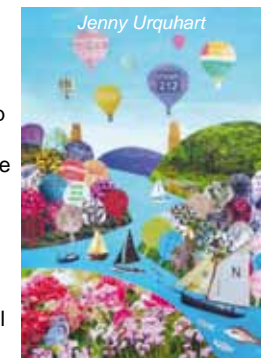


and straw walls, set in a lovely sunny garden. The house (and Gloucester Road) was given a glowing review in the *Guardian* (see online article British Boltholes Nov 2016) You are invited to look around the house and chat to the builders during **Bristol Doors Open Day** on Sunday 10 September. Lovely art will be on sale with tea and cake on offer in the garden. In November the Eco House will be open during the **North Bristol Art Trail (25–26 Nov)**. Sarah Thorp will be using the Eco House as her venue on the trail and will be showing her upcycled decoupage furniture and homeware. Popular jewellery maker Katie Johnston will join her while Toni Burrows will bring along some of her amazing mosaics. **Room 212** will be open during both these events.

Room 212 remains as fresh, vibrant and welcoming as the day the door first opened, and now there's a virtual door into this wonderful world of art as well! www.room212.co.uk



Laura Robertson



Jenny Urquhart



Sarah with partner Mark (who is running the new online shop) at the Small Awards

During September **Bishopston Matters** Readers are offered a **10% discount** on their first online purchase with Room 212, using code **BMsummer17**



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News from Golden Hill Community Garden



Hi everyone

We've had a busy summer full of good work and great play and delicious veg in the garden and so we're ready for a big celebration. **Our Harvest Fair is Saturday 9 September 1-4pm!** It's just £1 suggested donation for adults and free entry for children and they'll be music and a vegetable creature making competition - bring any spare veg or use ours - they'll be pond dipping and apple bobbing and pizza fresh from the oven. There'll be live music AND a quiz! With support from Barcan and Kirby we are trying to make our event as accessible as possible to people and families with children with special educational needs or a disability and they'll be sensory play inside and our sensory trail, and more!

We've currently **got space in our 11:30-1 stay and play session**



every Tuesday in term time. These are great sessions; ideal for outdoor types and also for folks that might need a bit more encouragement to get outside and get their hands dirty! We've got a warm indoor space as well as covered polytunnels and we sing, dig, water plants, play, explore the pond, learn about nature, eat snacks from the garden and enjoy the weathers! It's £5 a session, under 12 months are free and extra siblings £2.50. We take bookings by the term but you're welcome along for a free taster session.

And finally, as always, we'd love your help in the garden! **We ALWAYS need more volunteers and everyone is welcome!** It doesn't matter if you have only a little time to give, no experience or knowledge necessary! You don't need to come every week and you can come for just 30 mins or stay all day. **We are open every Wednesday 10am - 4pm; feel free just to pop in for a look around and chat.** Come and find us at the end of Monk Rd, behind Horfield Prison; our garden is wheelchair accessible including the loo!

See you in the garden *Lucy Mitchell*

For more info - 07506 905 394
thegoldenhillcommunitygarden.com

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Fairfield High School

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New from Fairfield High

FHS students chosen as Mayor's Community-Apprentices

Two teams of students from FHS recently took part in Bristol's Community-Apprentice – an inter-school competition, run by local education charity, Envision. Young people were challenged to develop and demonstrate, skills and personal qualities while managing their own projects to benefit the community.

In June, team Regen competed against three other schools in the Community-Apprentice Boardroom Final.

FHS is delighted to announce that the Mayor then chose Team Regen as the winners! The team, selected from 21 teams across the city, went above and beyond to transform their community by completing a litter pick and mural in their local area, designed by children from nearby primary schools. The Mayor commented: *"They demonstrated the distance they'd travelled as a team, being honest about the problems they had overcome, and how it had taken time and perseverance for them to develop their teamwork and reach their goals."*

The team now continues their good work by designing a poster campaign about littering for Bristol train stations, which will be supported by Burges Salmon and Great Western Railway.

The other FHS team – Team Hopefulness – raised over £600 for local homelessness charity Julian House; to recognise their perseverance and commitment to the programme, they were nominated for the Resilience and Problem Solving award.

The teams have been supported by mentors from Burges Salmon and their Envision Coordinator to develop the confidence and competencies they need to succeed in life. Justine Reid, a mentor from Burges Salmon said: *"My highlight was watching the team present at the Boardroom Final and witnessing how much their presentation skills had improved and how proud they were of their great performances."*

Bristol Post Education Awards – the Treble for FHS!

Bristol Post's first education awards couldn't have been a happier occasion, as FHS won in a fantastic three categories. Congratulations to Catriona Mangham: Headteacher of the Year (Secondary); FHS: Education and Business Partnership Award and Wendy Wright: Teaching Assistant of the Year (Secondary).



The Education Awards were launched in April, asking for nominations of educators who had won a special place in their hearts. From over 200 nominations, 23 were selected by the judging panel as finalists.

Kelly Thomas, Careers and Employability Coordinator, comments: *"I truly can't believe that FHS won the award, it came as a real surprise when our name was read out. It has been a real pleasure to work alongside fantastic companies such as Burges Salmon over the past two years; it really is their award as much as it is ours."*

A trip to Parliament!

Rose Hooke, a teacher from Fairfield High School (FHS), has been selected to attend Teachers' Institute in the Houses of Parliament. Rose applied to Parliament's open call and was selected to attend the three-day event. Fully funded by Parliament's Education Service, Rose took part in question and answer sessions with the Speaker and the Lord Speaker, and heard from parliamentarians of all parties about their work in the Commons and Lords. Rose Hooke, Literacy Coordinator and English Teacher, said: *"What an amazing opportunity. I applied for this prestigious training with the thought that I would be able to develop greater links between politics and students. It is incredibly important that we produce well informed students that are able to vote with an educated view. Some students are unsure of how the system truly works, and now I have the tools to help them understand. It was a wonderfully insightful programme with some amazing anecdotes from a variety of parliamentarians."*

Looking for an exceptional local school?

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Open Mornings: Thursday 5th October, Friday 6th October, Tuesday 10th October and Wednesday 11th October, 9.15-10.30am



“ Beyond academic learning, the children at Fairfield learn and display wonderful social skills, tolerance, acceptance of diversity and camaraderie. They look out for one another. The school has a lovely energy - Parent

www.fairfield.bristol.sch.uk



First Aid for your Pet!



First aid in pets has been a talking point recently, with Jodie Marsh sharing a video of herself performing CPR on her dog, who sadly died a few days later.

To perform pet CPR it is best that you have had some veterinary-lead training in how to do this; Jodie's video should not be used as a guide as she herself admits her technique is not perfect. CPR is also performed differently depending on the size of the dog and is also very different if you own a cat, rabbit or other species.

However, there are other things you can do in a first aid situation that can be helpful.

The first thing is to keep calm and take a moment to check the situation first, that there is no danger to yourself; be careful, as injured animals may be afraid, in pain and may bite.

With wounds, apply pressure if they are actively bleeding using a clean towel, if the blood seeps through then apply a second layer over the top of the first. Burns should be bathed in cool water for at least 10 minutes.

If your pet is having a seizure then keep calm, minimise noise and move household items out of the way so they do not harm themselves. Call a

vet immediately if are still having the seizure after 5 minutes or if they have more than one seizure in a row. If it is their first seizure, but it resolves in under 5 minutes, it is still worth calling the vet to book an appointment for them to be checked over.

If you think your pet is suffering from hypothermia then we advise wrapping them in a warm blanket and calling your vet. With hyperthermia (being too warm) then try to cool them down slowly with cold water soaked towels and offer them water. Both hypothermia and hyperthermia are very dangerous so call the vet ASAP for advice.

With all situations involving first aid, call your vet as soon as possible to let them know what has happened, to get emergency advice and to book your pet an appointment to be checked over by a veterinary professional.

Sophie McGill BVSc MRCVS
Veterinary Surgeon, Animal Health Centre
 Tel: 0117 9247832



News Products at Roxfords Pet Shop

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Grooming Galore! Roxfords is now stocking everything imaginable to make your much loved pooch or feline look fabulous! You will be spoiled for choice with their comprehensive range of grooming tools by Ancol Ergo – the professional's choice. There are – knot busters, thinning scissors, stripping combs, nail clippers and files, double sided and pin pad brushes, universal and hedgehog slickers, undercoat rakes, shed masters, the list goes on! Many of the products come in different sizes to suit your pet. I look forward to seeing some super smart doggies hitting Gloucester Road soon!

More from Kong – This excellent brand of durable, stimulating dog toys, has added some new interactive toys to their range. Why not check out Kong Puzzlements – there is a soft flower, which can be folded into its pot, to be discovered, along with a baby dragon, into a big dragon or tortoise into its shell. Also new, in a range of sizes, is Kong Squeezz. Choose from a giraffe, elephant or dinosaur shape, all containing a recessed squeaker that gives the safest and funniest squeak of any toy out there!

Peckaballs – New Suet To Go® Peckaballs from Unipet, these highly nutritious 'smaller' fat balls are a great new suet food. These treats can be fed all year round and will entice a multitude of birds.



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News from the Friends of Horfield Common



Barking Good Fun!

Well, what a fabulous time was had by all at Horfield Common's second annual Fun Dog Show, which took place on Saturday 29 July outside the Ardagh! More than 150 local residents accompanied by their canine friends and families turned

out to showcase their very best talents! There was hot competition for the waggiest tail and for the fastest bonio water and the tricks and costumes on display were impressive!

For anyone who couldn't make it on the day, we hope you enjoy the pics and that they'll inspire you to get involved in next year's show! Thank you very

much to Bishopston Matters for their generous sponsorship of the event – the show is a fundraiser event for FoHC and it is very much appreciated!

Petition: Protect our Parks

On the subject of funding, we expect that few BM readers aren't now aware of the crisis facing Bristol's Parks (including BCR's Horfield Common, Ashley Down Green and St Andrews Park) if BCC's current budget proposals are approved. Funding for Bristol's Parks will be cut entirely, so there will be no staff within BCC employed to look after the city's parks. There will be no maintenance of children's play areas, no weekly safety checks, no bin emptying, no clearance of litter, smashed glass or discarded sharps, etc.

Bristol Parks Forum would like to see this funding cut debated at full council. E-petitions on BCC's website trigger a debate at full council when a minimum of 3,500 residents sign. Please add your signature to this and help BPF to raise awareness of the issues facing public parks in the city.

http://epetitions.bristol.gov.uk/epetition_core/community/petition/3842

friendsofhorfieldcommon.weebly.com



Bishopston Matters was delighted to sponsor the FOHC 2017 Dog Show. What a treat to judge the Fancy Dress class, that went to fabulous Burlesque Bear!





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Krafty
Cuts



This month it was great to catch up with talented, local hairdresser, Matt Dawes of Krafty Cuts. Matt lives with his wife Emma (pictured left) and two young sons on Bishop Road. Out the back of their house is a funky, mobile salon in the form of a refurbished library truck!

Matt has been cutting hair for over twenty years and has worked at many top salons in Bristol. Eight years ago he decided it was time to go it alone, and he launched the successful Krafty Cuts.

Matt was a car mechanic when he first left school, so set himself the challenge of renovating the truck into a fully working, comfy salon in the back. He has been cutting hair at the back of his house but soon the truck will take to the road, offering the best cuts at various locations around Bristol.

Matt offers mobile hairdressing for ladies, gents and children. He has a portfolio of long-term happy customers, including Daddy G (Grant Marshall) of Massive Attack and his family. A highlight for Matt last year was being on hand to cut and style the band's hair at their Massive Attack gig on the Downs (pictured bottom right).

I asked Matt why readers should choose Krafty Cuts. "As well as enjoying the unique experience of having your hair styled in the Krafty Cuts truck, you will receive great service and a fantastic cut. There is always good music being played, whilst you sit back and relax with a delicious coffee from local Two Day coffee roasters of St Michaels Hill, or you can choose from a wide selection of Pukka Teas, who are also Bristol based. You can call me to book an appointment and I ensure I take plenty of time over every cut."

If you would to book Matt's services, please get in touch by calling – 07773 752 324 ■ www.kraftycuts.co.uk

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News from the green room Organic Hair Salon

Fancy a change this Autumn? Why not have a colour transformation under the skillful hands of the Green Room? Not only will your hair look fabulous but using only the highest quality products from Kevin Murphy and the Organics colouring system, they can create any style or look without damaging your hair with strong chemicals. You can see by the images below what fantastic results the team can achieve. Go on – book in for a consultation now!

Open: Mon & Tues: 10.00AM – 5.30PM ■ **Wed & Thurs:** 10.00AM – 8.00PM
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The Green Room • 15 The Promenade, Gloucester Rd, BS7 8AL • Tel: 0117 942 75 75

Vintage enterprise launched to help people out of homelessness

A social enterprise vintage shop has just opened on Gloucester Road where customers' purchases help raise money for homeless people in Bristol.

Emmaus Vintage at 332 Gloucester Road not only ploughs its profits into local homeless charity Emmaus Bristol but also supports formerly homeless people through work opportunities on its shop floor.

With rates of homelessness in Bristol up by a shocking 128% over the past three years, it's clear more needs to be done to support the growing numbers of people caught out by rising rents and insecure employment. Mark, a formerly homeless member of the Emmaus community says: "When you've been unemployed, when you're in hostels, no one wants to take you on. Emmaus gives you a chance."

donated to us all of the time, and our collections throw up so many classic gems and treasures, we really needed a specialist shop to showcase them all." She added, "Emmaus Vintage gives our customers the chance to browse our classic stock in a stylish and inspirational atmosphere – as well as the satisfaction of knowing their custom goes to supporting a good cause."

The shop itself caters for lovers of all things vintage – from furniture to classic chinaware and clothing. It is full of domestic treasures, but the fact that all of its profits go directly to helping Bristol's homeless makes this little gem shine even more brightly. Customers can expect a friendly welcome and some excellent style tips, from the staff and volunteers alike, and are warmly invited to pop by for a chat and a browse.

The shop is only a few weeks old but is already getting involved with other local businesses and is looking forward to upcoming trading developments on Gloucester Road.



Emmaus Vintage has been launched to give more people like Mark a new opportunity in life through positive work experience in a professional shop.

Shop manager Xanne Carey (pictured left) said of Emmaus Vintage, "We get beautiful vintage stock



Instagram: @emmausvintagebristol 47

Local History Matters

Some Horfield Cottages

BHA local history research –
text by Denis Wright ©. Images Andy Buchan ©

In June 1655, Thomas Wade, a copyhold tenant of Horfield manor, was granted licence to live elsewhere, having found a fit (i.e. capable) person to rent his farm and farmstead 'for the terme of seaven yeares from the feast of St John the Baptist (June 24th) next ensuing'. Thomas Wade, or any other copyholder entering such an agreement, also committed himself to 'repayre the houses pay the rents and performe and do all other duties customes & services due and payable for the said premisses', as outlined in the Customs of Horfield Manor.

Sometimes, copyholders tried to shrug off responsibility for paying their dues, as for example, in a presentment of 1776 – that the house now belonging to the Widow Pye within this Manor and rented by George Davis wants a new Window frame in the Kitchen, a new Lintern over the Kitchen door and a new Lintern over the Barn door and some Tiling on the Barn.

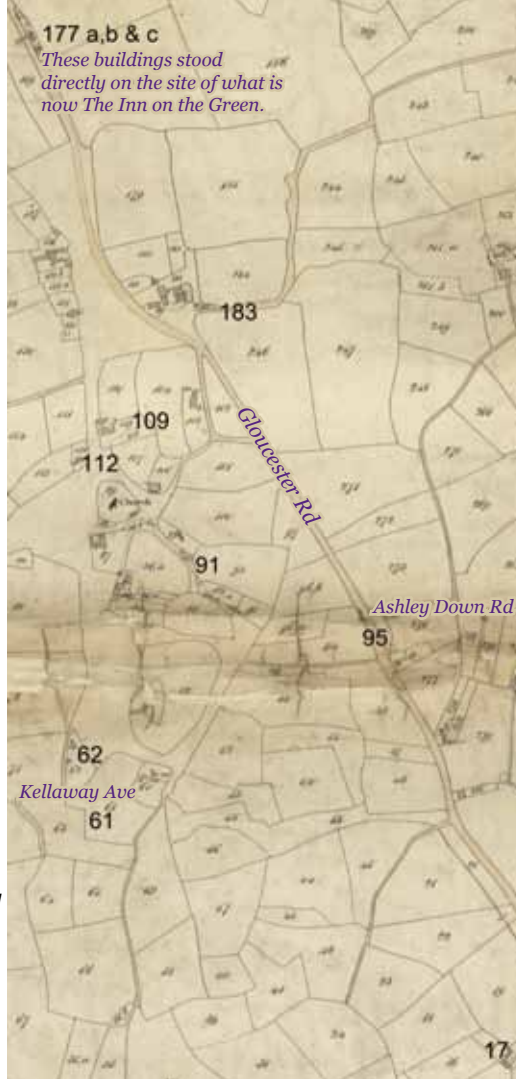
Two other cases were presented at the same court, one by Widow Townsend and the other a second property by Widow Pye. The verdict for all three (tithe nos. 109, 17 and 112, respectively) was that each widow should carry out repairs to her copyhold(s) by Lady Day (March 25th).

Sometimes, people took matters into their own hands. In 1804, William Thomas – erected a Cottage in a Lane from the Church between late Attwood Estate leading to an Estate late Townends and the Bailiff is hereby directed to give the said William Thomas, notice to remove the said Cottage and Building as an Infringement on the Liberties of the said Manor.

The 'lane from the church' was part of an abandoned highway (tithe no.91) which William Thomas had appropriated for his own use. In spite of the threats, no-one removed 'the said Cottage' and in 1809 the lane was further 'inclosed by William Matthews to the prejudice of the Copyholders'. There may have been sympathy for the Thomas/Matthews cause, and some may have seen the building of a cottage on 'the Waste belonging to the said Lord of the Manor' in 1794 as a benign precedent. Other cottages were built in Horfield at about the same time: the cottage in three parts (tithe no.177abc) occupied by Young, Vickery, and George Thomas, and Eleonor Sanders' Ship alehouse (tithe no.183). Thomas Book's cottage, (tithe no.95), at the head of Ashley lane, was irrelevant, since it was owned, not by the Lord of the Manor, but by the Bristol Turnpike Trust.

By 1817, a different kind of conflict over land use in Horfield had begun to emerge – the hedge of the northern side of a Close of Land parcel of the Copyhold of David Davis one of the Copyholders of this Manor is prostrated and the ditch thereof nearly filled up the pathway between the said Close and Mr Lamberts garden wall laid open to the tread of cattle whereby the same is rendered founderous and the said wall much endangered at the foundation. It is hereby ordered that the said David Davis do cause a proper fence to be made between the said Close and footway before 25th day of March next.

The ditch ran between Lambert's gentrified acre (tithe no.62) and Davis's Allhays (tithe no 61). In all the circumstances, particularly the potential danger to life, the verdict of erecting 'a proper fence' by Davis seems to have been the right one.



177 a,b & c
These buildings stood directly on the site of what is now The Inn on the Green.

New Local Community Navigators

Are you over 50? Would you like to link up with others? Find out what's happening in your local community? Community Navigators is a new service that can help you to stay connected, improve your wellbeing or help you get involved in your community. The project is part of the Bristol Ageing Better programme designed to combat isolation and loneliness among older people in Bristol.

Community Navigators, Laura and Jenny, are working in Bishopston, Ashley Down and Horfield and will be recruiting a team of volunteers to help them provide one-to-one support through home visits. Based on your interests, Navigators can recommend activities or volunteering opportunities in your local area. They can help you overcome any barriers, such as problems with transport that keep you from getting out. If you lack the confidence to try a new activity on your own, they can even accompany you on a first visit.

The project is led by North Bristol Advice Centre, working in partnership with Southmead Development Trust, Ambition Lawrence Weston, Avonmouth Community Centre and Shirehampton Community Action Forum. They cover Bishopston, Ashley Down, Horfield, Lockleaze, Cotham, Redland, Stoke Bishop, Sea Mills, Southmead, Shirehampton, Westbury-on-

Trym, Henleaze, Avonmouth, Lawrence Weston, Henbury and Brentry.

Community Navigators are out and about in the community, at events and visiting local groups, to find out the full range of activities on offer in every local area. We would love to hear from you if there is an event or local organisation you think we should know about in Bishopston, Horfield or Ashley Down.

If you have a passion for tackling loneliness and would like to volunteer in your local area, please get in touch with us to find out how you can get involved.

To find out more about Community Navigators, or to refer someone into the service, contact us on 0117 951 5751 or visit www.northbristoladvice.org.uk



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Stakeholder Working Group established for Gloucester Road

A multi-partner working group has been established to help the Gloucester Road retail area continue to thrive.

The inaugural meeting was held in June, bringing together the Mayor, Councillors, Bristol City Council, Bristol Waste Company, Destination Bristol, and the Bishopston Cotham and Redland Street Scene Group. The Gloucester Road traders were represented by the Business Improvement District, Gloucester Road Central and the new Gloucester Road Enterprise and Trade association.

Opening the meeting, Mayor Marvin Rees made it clear that the common aim should be protecting and nurturing the diversity of Gloucester Road's businesses, and that cross-stakeholder working in this way is key to the present, and future, wellbeing

of the road as a retail area. This is especially pertinent within the bounds of decreased budgets across the public sector, and it is hoped the working group can achieve more together than apart.

The working group discussed a range of topics, including crime, street scene, traffic, parking, tourism and how to support the road's economic development. The attendees committed to various actions across all subject areas discussed.

The meeting followed on from informal discussions between stakeholders, and from a meeting held with traders and the Mayor earlier in the year. The working group will now meet regularly as a forum for multi-partner working and collaboration.

Tom Brook, Councillor for Bishopston & Ashley Down and chair of the working group, said:

"It was great to have such a collaborative and productive discussion with such a wide array of stakeholders. It's exactly this kind of co-operative working that we need to increase the road's success and to make it more resilient for the future. There is a clear recognition from the city-wide stakeholders involved that Gloucester Road is a brilliant asset, not only to our local area but to Bristol as a whole. I'm eager to see the results of the working group moving forward, as we work together to promote and improve the road."

News from U3A

If you have been reading Bishopston Matters over the last few months, you may well have read the articles about the U3A, the University of the Third Age. The U3A is an international movement, whose aims are the education and stimulation of people in the "third age" of their life. This age, actually has nothing to do with time or the members' true age, but simply the time in life when people give up full-time work, in favour of some form of retirement.

The movement started in France as a university activity, but attracted the attention of Cambridge University academic, Peter Laslett in 1981. He hosted a conference in Cambridge to discuss the possibility of bringing the U3A to the UK. This triggered an invitation to Eric Midwinter, who was concerned with ageing, to talk about the French U3A on the BBC radio programme You and Yours. No fewer than 400 letters were received and the UK U3A was born.

The French model of being affiliated to a university was rejected in favour of the self-help model that we have today. Peter Laslett wanted groups of people to get together to learn about what interested them, not a prescribed syllabus. He also wanted 100% participation by the membership with the ethos, 'The Teacher Shall Learn and The Pupil Shall Teach'.

The first U3A, understandably, started in Cambridge, and in spite of a lot of difficulties with funding, and the usual differences of opinion, the organisation grew. Within 10 years, new U3As were forming at the rate of one a fortnight. There are now over 1000 UK towns, villages and regions, which have their own U3A, and there are nearly 500,000 members.

Bristol U3A has nearly 2000 members and there are over 130 special interest groups, ranging from Architecture to Yoga, including Tai Chi, Table Tennis, Poetry, Jazz, Majong, History, the list is endless. If you would like to know more, then do look at the website <https://u3asites.org.uk/bristol/home>. Scroll down the 'Groups' page for a complete list of groups that you may be able to join.

Local U3A Groups

Bristol U3A Band Bishopston Room One, Horfield Baptist Church, 279 Gloucester Road, BS7 8NY. Tuesday 10am – 12pm, approx. fortnightly.

Current Affairs Horfield on Gloucester Road, BS7. Fortnightly on Tuesday, 10am for 10:15am.

French Discussion Bishopston just off Gloucester Rd Central. Second and fourth Thursday each month.

Politics Horfield Gloucester Road, BS7. Wednesday am, starting Spring 2017.

Reading Group Bishopston/Horfield in various members' homes. Second Tuesday of each month from 1:30 – 2:45pm.

Singing for Fun Bishopston Gloucester Road Central area. Third Friday monthly, 10:15am.

Snooker Horfield Greenway Centre, 119 Doncaster Road, BS10 5PY. Fortnightly, Wednesday, 2 – 4pm.

Social Group Henleaze The Conservatory, Eastfield Inn, Henleaze Road, BS9. First Monday each month at 10:30am, third Monday of each month and second Thursday of each month.

Social Group Redland & Cotham Browns Restaurant. Third Wednesday and fourth Thursday of each month, from 10:15am – 12:00pm.

Biography Bishopston Kings Drive. Monthly on the last Friday in the month at 10:30am.

Calligraphy Bishopston at convener's house in Bishopston. Fortnightly on Tuesdays, 2 – 4pm.

Reading Group Bishopston at a member's house in Bishopston. First Tuesday of each month from 2:30 – 4:30pm.

Social Group Horfield The cafe in Horfield Lodge, Kellaway Avenue. Third Monday in the month at about 10:15am.



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**GR^{OW}
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2017**

New Men's Football Club Bristol Phoenix FC have Received a Grant from The Football Foundation & The FA

Bristol Phoenix FC are celebrating after being awarded a £1,500 Grow the Game grant. The new team was only created in March 2017 and the team are absolutely thrilled with this announcement.

Nicknamed the Phoenix, the team will be playing their games at the Bristol Civil Service Sports Club, located on Filton Avenue, for the 2017/18 season. The grant, which will provide a boost to grassroots football in Horfield, Bishopston and surrounding local areas; has paved the way for Bristol Phoenix to affiliate with Gloucestershire FA and enter a new adult 11-a-side football team into the Bristol & Suburban League for the 2017/18 season. The grant will provide the club with much-needed funds to enable it to cover the costs of starting a new team. This will help get more local people playing football and receiving the health and social benefits that follow.

Grow the Game is a £2.5m programme funded by The FA and the Football Foundation. It awards grants to grassroots football clubs that wish to create new teams, especially among under-represented groups.

£1,500 is available to help FA-affiliated clubs with the cost of creating a new team, which might include the cost of FA coaching courses; FA league affiliation costs; referees' fees; first aid kits; and even football kit and equipment.

Greg Dickinson, founder of the club and the Manager, said: "We are absolutely delighted to be awarded this grant from the Football Foundation and the FA. The funds will help us pay pitch fees, buy equipment, cover all affiliation fees and enable us to start the new season ready and avoid many of the problems clubs have when first starting. I have found it difficult trying to get a sponsor to help us fund the club and this will help get the club up and running without that worry.

As a new club, this is a great start, and we are always looking for more players to help us be competitive and become part of the team; and

if anybody would like to sponsor the club or get involved as a volunteer that would be great. The club wants to help local people get involved in football, whether by playing or just socially, and enjoy the many benefits football brings."

If you would like to join Bristol Phoenix as a player, volunteer or sponsor, please use the following contact details:

Greg Dickinson Tel: 07397322651

bristolphoenixfc@gmail.com

Twitter: @BristolPhoenix1

Facebook: www.facebook.com/BristolPhoenix1

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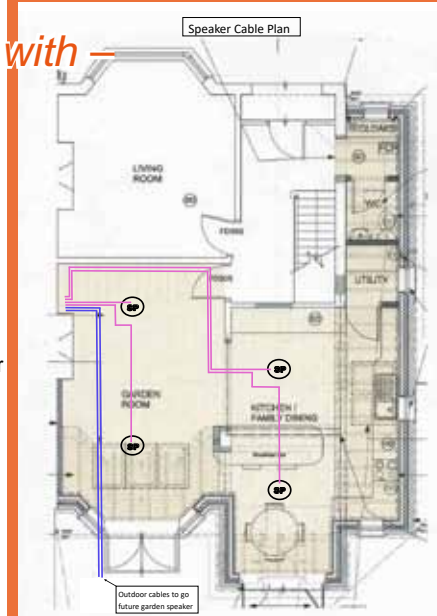
No unsightly wires please! Paul and Martin are masters at concealment – they will ensure the ugly bits are well and truly hidden. You can even paint over these speakers to colour match with your walls or ceilings.

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Here to help! The local team can visit you to advise and draw up the bespoke cabling and wiring diagrams – making it clear how it will look (or not – as it will be so well out of sight!). If helpful, they are happy to share their diagrams (as above) with your electrician – so they know exactly what to do.

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Installation was smooth and efficient, making sure the system was set up making it simple and easy to use. Their after sales service is second to none"

Very satisfied, local homeowner





These Girls Can!

The 2017 season has been full of excitement and success for Golden Hill Girls Cricket. Now in its second year, the number of girls playing has grown from 29 to 51 and it really shows that girls just want to have an opportunity to play. With the success of the England Women's Cricket team winning the World Cup there is never a better time for girls and women to start to play Cricket.

The story of our season –

From our 2016 position of 29 girls between the school year ages of Year 3 to Year 5, we now have 51 girls covering school Years 3 to 9 (age 7 to 14).

At the start of the season we provided new stylish cricket tops for our girls and women cricket teams – they now look the part!

We entered all the friendly cricket festivals including Marshfield, Frenchay, Frampton and Cam. For the first time, we entered the official England Cricket Board competition – Lady Taverners and our under 11s won the competition.

We then had ambassador visits from professional women's cricket team 'Western Storm' at our training night. This involved Rachel Priest, who is the New Zealand Opening Bat and Wicketkeeper, and Georgia Hennessy. It was great that the girls could gain experience playing alongside the professionals.

It was then the turn of Henleaze Junior School Girls Cricket team who played in the Gloucestershire county 8-a-side schools competition and this involved seven of our girls. They won the county competition and then were runners up in the South of England finals.

The Women's World Cup came to Bristol and Golden Hill Girls were invited to be the Anthem Mascots at the New Zealand v Australia game. The kids had an amazing time, which involved the anthem ceremony with the players, collecting autographs and playing soft ball cricket on the field at half time. At the end of the day the girls got to know a lot of the players' names and had role models to look up to. Shortly after, BBC Points West visited our training session and wanted to interview the girls about grass roots girls cricket. There was a great buzz around the ground as the girls were very keen to be on the television. There were two broadcasts; the TV version and then a fuller version of the interview was on Radio Bristol – Geoff Twentyman's show.



In our training night in June we hit a club record, through a combination of girls, mums soft ball, ladies cricket game we had 100 girls/ladies playing cricket at the same time.

Now the girls have shown the way, the mums have starting joining in the fun playing cricket. This started with our annual 'Mums v Girls Cricket Game' and now the mums have joined the official Gloucestershire Cricket Women Soft Ball Festivals. We would like to enter quite a few teams so if you are interested then please make contact via the club website clearly stating Soft Ball or Hard Ball cricket.

Part of our development means that Year 6s start working towards hard ball cricket. Back in July we had a club first – a hard ball game involving our Boys team (YMCA) – the boys were impressed at the standard!

We are now preparing for county trials as we continue our training throughout August.

Women's and Girl's Cricket – No doubt the World Cup has provided the spotlight and created more impetus. We believe that both Women and Girls should be given a chance to join in team sports. It is of course great if you have the ability from the start but that is not the important aspect; we want the girls to be part of the team, learn and enjoy – ability will come in time!

To find out more – Cricket is great fun and we would encourage Women and Girls to get involved. If you or your daughter would like to take up cricket then please get in touch (contact details can be found at www.goldenhillsports.com – YMCA Cricket).

Golden Hill Sports supports the national campaign – **"This Girl Can"** by Chris Drew – Girls Youth Cricket



Keep the kids active this Autumn!

Soccer Shooters provides local football coaching, football birthday parties and after school clubs. This September, they are delighted to be launching a **NEW Saturday morning class at Redland Green School, 9.30 to 10.30am**. The fun session is open to boys and girls of all abilities, offering a great introduction to football and sport in general. These popular classes are geared specifically to Reception and Years 1 and 2. They have strong connections with lots of local clubs and the aim is that come Year 2, there will be a smooth transition into a local football team. The sessions are on a pay and play basis, no long-term sign up is initially required.

During October half-term, Soccer Shooters is offering their ever popular 'Football Fundays' for girls and boys of all ages and abilities, leaving you to go to work in the safe knowledge your kids are keeping active, getting fresh air and having fun! **Fundays will run on – October 23 and 24 at Clifton College Sports Ground and October 25 at Redland Green School**. It's a full day – from 8:30am to 4:00pm – of football, mini matches, round robins, quizzes and also games chosen by the kids. If your job dictates an earlier start just let James know in advance and he'll be happy to accommodate an earlier drop off or pick up.

The story of Soccer Shooters – James Wilson, a qualified FA coach, is the drive and enthusiasm behind this football club with a focus on fun. Soccer Shooters has run for over 10 years now in various locations across Bristol. During that time James worked full time in IT, but last year he took the plunge and dedicated himself full time to the programme. And it flew. *"I had always felt a calling to teach and over 10 years ago I founded and coached Clifton United. It all went up from there. I'm now working in a role that I'm absolutely passionate about and the fantastic feedback from both children and parents makes it all worthwhile."*

To find out more information or to book your space, please contact – James Wilson on 07814 500 589 / 0117 969 1341 • email info@jwfootball.co.uk • www.jwfootball.co.uk




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Fantastic Fundraising at St Bon's!



Brunel bridge

This year the St Bonaventure's Primary school PTFA have organised some excellent fundraising events, such as school discos, Christmas and Summer fairs among others.

The money raised has enabled them to fund the following for the school – The Brunel activity Bridge and St Grancis gardens (£25,000); Year 6 leavers hoodies, disco and journals; New music stands; Raised beds for each year group; Reading reward vouchers; Drama production – music and pianist; New St Bon's team shirts for use in all school team sports; Year 5 bloodhound science project – travel and car kits; 97 new reading books for reception; Year 6 SATs week breakfast club; Two in-school plays by the Bristol Old Vic; and much, much more.

The PTFA are currently working with the governors and head teacher to fund more projects within a school, which is already providing excellent facilities that are based on developing the whole child in the best way they can.



School Summer Fair



Raised beds



Smiles all round – Bishop Road & St Bon's celebrate their success (St Bon's in dark blue tops).

Bishop Road & St Bon's do Swimmingly!

Two neighbouring Bishopston primary schools had the opportunity to compete on a national stage when Bishop Road and St Bonaventure's both travelled to Sheffield to take part in the national finals of the English Schools' Swimming Association Primary Team Championships.

Both schools had earned this opportunity by virtue of their girls' relay teams finishing in the top three in the south-west regional qualifying competition at Millfield School. The national finals saw the top 24 schools in the country, both state and independent, competing in medley and freestyle relays at the home of British swimming.

Both schools swam superbly on the day, beating their previous best times by some distance and qualifying for the B finals in each event; St Bonaventure's eventually finishing 15th in the country in the freestyle competition and Bishop Road coming 9th in the freestyle and 11th in the medley, as well being the highest-ranked state school in the freestyle. Huge congratulations to all of the children involved.

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Rev R C Griffin: Horfield
Baptist Minister 1893 – 1924

Responding to refugees – then and now

Bristol has a long history as a city of sanctuary and helping refugees has also been part of

the mission of Horfield Baptist Church. The church is celebrating its 125th anniversary and a history that includes helping Belgian refugees during the First World War.

Following the German invasion of their country in 1914, around 250,000 Belgians fled to England.

On arrival, they were dispersed around the country, and 600 came to Bristol. They received a tremendous welcome and much generosity from the city. A citywide fundraising day in November 1914, selling badges showing the Belgian flag and flowers in the national colours, raised £1350.

A voluntary committee was set up to manage arrangements for the new arrivals. They were initially lodged with host families, but longer term it was decided to provide dedicated housing and financial support.

Horfield Baptist Church was among many churches that provided both. From 1915 the church cared for a Belgian family, securing a house, probably in Thornleigh Road, and providing a weekly allowance of £4 (more than £300 in today's money). The Methodist Church similarly supported Belgians to live at a house they provided in Lower Ashley Down Rd.

Support for refugees remains as critical today as it was in 1914 and Horfield Baptist Church would like to thank local residents who responded to their Christian Aid house-to-house collection in Bishopston during May. The Christian Aid appeal was centred on help for refugees and the recent collection raised £959.

More information about HBC and its history at www.horfieldbaptist.net



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Community Partnership News

Your Neighbourhood Consultation – crossing boxes count

Their meeting in late July was a well-attended and passionate assembly of residents from Bishopston, Redland and Cotham. On the agenda Bristol City Council's Neighbourhood Consultation and how you can have a say. In Feb 2017, following a Bristol City Council public consultation, a budget was set on how savings could be made to our community and local services. So now we are being asked how these savings can be applied – through a Neighbourhood Consultation (via a survey).

This consultation focuses on your community – how these savings can be applied in the least painful way to our local services such as day-care centres and support for the elderly, our libraries, our school crossings, our public toilets and how community groups such as the Community Partnership can go forward with a 70% cut in their funds.

Local concerns raised by the CP were:

- The recently opened Bishopston Library – proving to be a popular and invaluable space for our community is one of 17 libraries facing closure – protect it.
- Half of Bristol's school crossings will be removed, thus potentially making walking to school more dangerous for our children – but which ones?
- Gloucester Road no longer has any public toilets – options?

The cuts are coming and there is no escaping that, and so the recently formed Community Partnership urges all of us to complete the survey to protect or address the above local concerns.

Hurry the deadline is Tuesday 5 September 2017.

For more information and to complete the online survey or request a paper copy, visit: **www.bristol.gov.uk/council-spending-performance/your-neighbourhood-consultation-2017**

News from our Bishopston & Redland Councillors



Bishopston Ward News

Ardagh Community Asset Transfer

Congratulations to the Ardagh Community Trust, who have submitted their application to take on responsibility for running the Ardagh building on Horfield Common. They have some really exciting plans for the future, and we were all too happy to support their application. Now the Council will review the application, which hopefully won't take too long, and the Trust can then start making their plans reality.

Community Partnership

The new Bishopston, Cotham and Redland Community Partnership held its latest meeting in July. A key item for discussion was the council's Your Neighbourhood consultation. If you are interested in getting involved in the Partnership, at any level – from meeting attendee to committee member, please do get in touch. You can also find out more on our website: <http://www.bcrmp.org.uk/>

Community SpeedWatch

Is speeding traffic making your streets a dangerous and unpleasant place to live, work and play? Community SpeedWatch could be a solution to tackle this. By using volunteers to monitor speeds and report them to the Police, it gives your local Police the evidence they need to allocate their resources to address this anti-social behaviour. Volunteers are needed for new Community SpeedWatches in our area. If you are interested in helping out please get in touch with us. Here's the link to further information about the scheme: www.avonandsomerset.police.uk/csw

Friends of Bishopston Library

It's great to hear that a new Friends of Bishopston Library group has been started. The new Library has been embraced by the community, and having a Friends group established is an important step for the future. If you're interested in getting involved, please let us know.

Gloucester Road Stakeholders' Meeting

We recently attended a meeting of Gloucester Road stakeholders, bringing together the Mayor, traders' groups, council officers, Bristol Waste, Destination Bristol and BCR Street Scene. The aim was to foster better collaboration and communication between the different parties with an interest in the road. We had a productive discussion about a number of key issues including crime, street scene, tourism, traffic and parking. The attendees committed to various actions, and overall it was a promising meeting for working together in the future.

HMP Bristol Planning Application

Horfield Prison has been granted planning permission to build a new education block within its site. We're aware that some nearby residents were concerned by the possibility of being overlooked – the permission granted includes measures geared towards preventing this, such as frosted windows and mandating that the building is always used for education purposes. Hopefully these will help, and drawbacks aside we're heartened to see such an investment in education and rehabilitation within the prison, giving a much more fit for purpose facility that will benefit the inmates greatly.

Your Neighbourhood Consultation

The council's Your Neighbourhood consultation is still ongoing. This is looking at the impact of cuts and changes to services, from support for adults with disabilities to school crossing patrols – and from libraries to public toilets. You can feed in to the consultation by contacting one of us, but the easiest way to contribute your views is online at <http://www.bristol.gov.uk/yourneighbourhood> – please get involved and have your say!

Please do get in touch

Tom Brook, Labour Party

Cllr.Tom.Brook@bristol.gov.uk / 07584 370425

Eleanor Combley, Green Party

Cllr.Eleanor.Combley@bristol.gov.uk / 07584 370427

Redland ward news

Your Neighbourhood consultation

The Council's Your Neighbourhood consultation ends on 5 September. You can respond to a set of up to five consultations covering cuts and changes to vital local services that affect all of us in various ways. Please read and respond to any or all of the documents, either on paper or online. Remember that there's no need to make a choice of the 'options' that are presented – any tick for one of these will be taken as support, whereas putting your own written

comments in the text boxes available allows you to say 'none of the above' or that you'd rather see things done differently. On paper the boxes are small, but online you can add as much as you want, making alternative proposals.

The council is open to suggestions for rethinking services despite only offering a few specific choices e.g. for fewer libraries to serve the city or fewer school crossing patrols. We'd rather the options do not encourage areas to be played off against each other to save their local facilities.

Public toilets

We disappointed to see that the council decided to pull the plug on completing our new local toilet facilities in the Baths complex on Gloucester Rd. The old toilets were demolished for the new buildings, the temporary toilets were located for a time in Sommerville Rd but these were closed to allow the sale of the site there for redevelopment. A consultation is underway right now about the future of all council run toilets that front on to streets (not ones within parks for now). If you have views on this make sure you read and respond to the consultation that covers this.

Students, flytipping, and waste.

The end of term is usually marked with a surge of flytipping around the city where students vacate the houses the rent. Over summer our street scene group in the neighbourhood were very busy responding to the flytipping that takes place. The universities do have an end of term charity initiative and tonnes of unwanted items, clothes, unused food, furniture, and so on get gathered up when they are donated. This year a record amount was saved for reuse by this 'Big Give' worth hundreds of pounds – including from the donation bins that were sited around the area for several weeks. However, we're probably all familiar with the heaps of rubbish left behind in gardens and streets. Some of this is from students themselves but some is undoubtedly deposited by landlords or agents – who may have kept the forfeited deposits for non-cleaning of the house but then failed to make legal arrangements to remove the waste. Other waste is from refurbishment which they then undertake.

A meeting was held with the universities and Bristol Waste recently where local people could discuss the problem and we have high hopes that in future we can all work together to improve the annual situation in some ways at least. This is even more urgent given the substantial expansion plans that UoB has, which could add 25% more students to the city.

Ready for the new term the BCR Community

Partnership has guidance for student houses to make sure they know about the days and ways recycling and waste are dealt with here. Contact info@bcrmp.org.uk asking for student house waste leaflets if you can deliver helpful information to students moving in near you.

Parking news

Residents parking came to the ward in summer 2014. This caused lots of controversy at the time but since then little debate in the streets where it is in place. Two and a half years ago the follow up six-month review consultation on the parking scheme was completed. This led to proposals for revisions to the scheme plus extensions on either side of Redland Road, which are being added on the adjacent Redland and Cotham North zones. A permit system for users of the local allotments was also promised, to allow members from outside the zone to use parking places too.

There have been many issues around the changes and extensions, but the news now is that, despite delays to the build of the new facilities, the scheme should finally have gone live on 14 August. We shall keep a close watch on everything until it settles down and do get in touch if there are teething problems or issues that you can't get answers to from the council.

Given the persistent demand from residents for action over streets blocked by commuter parking, we're still pressing the Mayor to make clear how new areas where people want obstructive parking to be managed can be created. This was subject to a question Martin put to the Mayor in July, and he's following up with a request to meet to get clear the basis for testing how much support is needed for any new project to be started. This was meant to be developed in March but the Cabinet was reshuffled then and the Mayor took on the issue himself.

New community partnership and new Library – get involved

Please get in touch with our temporary steering group to offer help the new Community Partnership get going. There are lots of ways to help with practical arrangements, projects and publicity. It will achieve much more if we all play our part in this group that's helping manage our community. Please contact info@bcrmp.org.uk. Don't forget to get involved in the new Friends of Bishopston Library as well!

Please do get in touch

Fi Hance, Green Party - Cabinet member


Cllr.fi.hance@bristol.gov.uk / 07833 484346

Martin Fodor, Green Party - Cllr.martin.

fodor@bristol.gov.uk / 07884 726101

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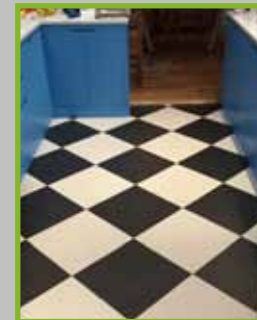
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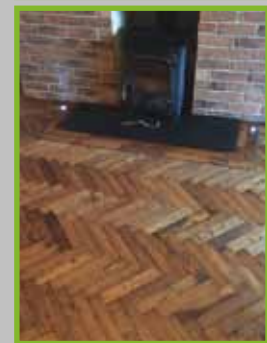
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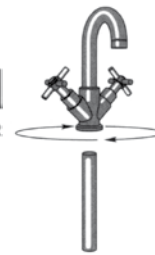


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For free listings contact
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For the new online
'What's on' diary of events visit
www.bishopstonmatters.co.uk

Call 07881 924059

Bishopston, Horfield & Ashley Down Local History Society

All meetings are on Tuesday and start at 7.30pm at Horfield Quaker Meeting, Gloucester Rd, BS7 8PD

Tuesday 19th September

Bristol's Australian Pioneer, Robert Bush and Bishop's Knoll, WW1 Hospital, Chris Stephens

Tuesday 17th October

The Work of the Research Group

Saturday 18th November

AGM and lunch at BAWA
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bishopstonhistorysociety.wordpress.com



Horfield Baptist Church

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October 7th, all welcome to join in the fun!

Come and play pétanque with us on Wednesday 13 September, 6pm in Queen Square. No need to know how to play: our expert, Bill will show you all you need to know! It's free, and you can tell us you are coming by sending us an email: info@afbristol.org.uk or call Audrey on 07903 821 655.

Bring your boules if you have some!

Can't speak French? Or would you like to brush up on it?

Our free enrolment night will take place at Henleaze Library (BS9 4HP) on Wednesday 6 September 7.30 to 9.00 pm

A bientôt! Alliance Française de Bristol / www.afbristol.org.uk



Tall tales, punchy poems & soothing songs at the Bristol Story Cafe

Wednesday 27th September 2017

8pm, doors open 7.45pm

£3 donation towards room hire if you can

Storytelling night for adults (and teenagers) upstairs at La Ruca Cafe

89 Gloucester Road, Bishopston, BS7 8AS



Open mic story telling, music, poetry. This friendly evening features open mike slots of storytelling (as opposed to reading) with a little music and poetry, creating a lively, friendly and entertaining evening where people can watch storytellers and others perform.

Enjoy delicious home made vegetarian cuisine or drink BYO alcohol – teas, coffee and food to purchase

Email: peasinapod777@gmail.com or call Paula on 07847 525881 if you'd like to perform something!

Free talks on energy and climate change, taking place at Eastfield Inn, Henleaze.

UK Energy, Emissions and Targets
10th August

Is Nuclear the Answer?
17th August

Land Use and Climate Change
24th August

The Way Forward
31st August

Facebook link is: <https://www.facebook.com/events/1894729330739965>

Come and play pétanque



Ashley Down Juniors are looking for more 9 and 10 year olds for their season ahead to build their under 10s and 11s.

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Bishopston, Cotham and Redland Community Partnership

for the neighbourhoods in and around the wards of Bishopston and Ashley Down, Cotham and Redland.

Treasurer/book keeper wanted for local new community partnership group

Could you spare a few hours once a month to help run a local community partnership?

The newly formed Bishopston, Cotham and Redland Community Partnership (BCRCP) is seeking a volunteer treasurer who will help manage our community led partnership which has funds of less than £7,000.

We rely on volunteers who are passionate about making our area an even better place to live and this role will offer you the opportunity to meet those people, and new ones, share a common purpose and make a difference.

With such a limited amount of money, we don't envisage this role being too onerous but the person will be responsible for the normal treasury type activities of managing the partnership's money and keeping accounts of expenditure and income. As well as contributing to discussions and reporting to the Committee to help us make informed decisions about our financial situation.

If you think you can support us in anyway then we would love to hear from you

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Meetings take place at 7pm, at the Dance Studio, The Station, Silver St, BS1 2AG

SEPTEMBER MEETING Thursday 28, 7pm
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OCTOBER MEETING Thursday 26, 7pm
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Community Matters...

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selling good quality children's clothes, toys and nursery equipment on Saturday 30 September, 10-11.30am at Horfield Parish Church Hall, Wellington Hill, BS7 8ST. Yummy tea and cakes served! All enquiries and to book a table call 0783 460 8780 or sprogs@yahoo.com. £1 adult admission (donations goes to Children's Hospice South West).

Tick-tock, tick-tock - time is running out for the Gotalot Shop... Mr Gotalot's famous shop has mysteriously disappeared!

Where did it go? Or when did it go? Only the cunning Time Master seems to know... Find out for yourselves very soon in this brand-new episode of Mr Gotalot's Gotalot Shop, the enormously popular theatrical sitcom aimed at families in Bristol.

There'll be plenty of the usual shenanigans in Monkey Trousers Theatre's SEVENTH instalment of this brilliant show for the whole family! Performances are on Sunday 24 September and 1 October 2017, at 10.30am, 1pm and 3.30pm, in the Kelvin Players Studio Theatre, 253b Gloucester Rd, Bishopston, Bristol BS7 8NY.

Tickets are £7 each for aged three and above (babies on laps are free) or £25 for a family of four. Please book tickets well in advance as the shows are VERY popular! You can purchase tickets through the website. For more information and to book, please visit www.monkeytrouserstheatre.com.

Shows last approximately 45 minutes and are suitable for children aged three to nine years old and their families. Expect lots of cheese, jokes, silliness, time travel, dancing, storytelling, fiendish games, inter-dimensional tomfoolery, cheese, and more cheese!

Lockleaze & Horfield Strollers - This local group walks fortnightly on a Tuesday morning with numbers of around fifteen. If you would like more information on this or any of the Bristol Walking for Health groups or to complete the short health questionnaire, please

contact - healthwalks@bristol.gov.uk or Saliha Ahmed, Engagement Worker, call: 0117 914 1129 (Tuesday-Friday).

Tuesday 29 August Keynsham Abbey. Meet at the Bus station 10.05am (Bus 38 to Keynsham @ 10.15). A walk through the Park to visit abbey ruins and then along the river Chew to waterfall. Leader: Stuart.

Tuesday 12 September Picton Street. Meet at Horfield Leisure Centre 10.00am (Bus 75/76). Walk through Georgian and Victorian Montpelier, continue from train station to Narrowways nature reserve and St Werburgh's City Farm. Leader: Sheila.

Tuesday 26 September Cossham Hospital to Fishponds. Meet at Horfield Leisure Centre 10.00am (Bus 17 @ 10:12) The walk starts with views of both River Severn bridges. We will pass the first council houses that were built. Leader: Stuart and Ruth.

Is your child's school looking out for young carers? Young Carers in Schools has just launched in Bristol and South Gloucestershire making it easier for schools to identify young carers and provide them with vital support.

It is provided by local charity Carers Support Centre and 37 schools are already signed up to this way of working. The charity wants every local school to become a member because many young carers are still unidentified and missing out on the support they need. Carers Support Centre works alongside schools to help make sure young carers are identified and takes a 'whole family' approach to ensuring that appropriate support is in place. The programme provides schools with free access to essential tools, guidance and training. The charity already helps young carers at Filton Avenue Primary School, Fairfield High School and Colston's Girls' School.

There are likely to be young carers in every school and college, but many remain unidentified. In a Carers Trust survey, 39% of young carers said that nobody in their school was aware of their caring role. Young carers are a group who rarely 'self-identify'. This is often because the young person is unaware that they are carrying out a caring role or the family fears, when the child's caring role comes to light, public services will intervene and they will be separated.

Young carers sometimes experience physical health problems too due to heavy lifting, poor nutrition and lack of sleep. They can also suffer from mental health issues too, including stress, anxiety, low confidence and self-esteem. If you would like more information on how to encourage your child's school to sign up to Young Carers in Schools, visit www.carerssupportcentre.org.uk.

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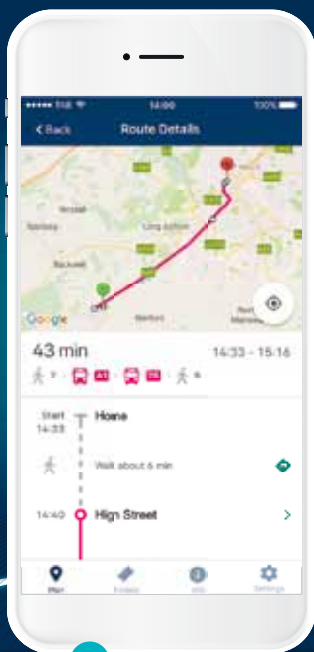
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