

## **Pre-Operative and Post-Operative Instructions for Intravenous Sedation**

The following instructions are to assist you having intravenous sedation procedures. If you have any questions relating to the points below or your forthcoming treatment, please call the practice on **020 7580 4200**. If for any reason you must cancel your appointment, we require a minimum of 48 hours notice or a fee may be applied.

### **Pre-Operative Instructions:**

1. Please ensure that you do not eat or drink for 6 hours prior to your procedure. The only exception to this is you may drink water up to 2 hours prior to your appointment.
2. **Arrange for someone to bring you to your appointment and stay at the practice during the surgery.**
3. You will be given antibiotics/pain killers at the end of your procedure but please ensure if the dentist has given you a prescription for any medication to take after your procedure, these are purchased before your attendance.
4. Please arrive approximately 10 minutes early so that the dentist can talk to you and obtain your consent to treatment. It will also give time for the anaesthetist to double check your medical history before he begins.

### **Post-Operative Instructions:**

1. Do not attempt to drive within the next 24 hours.
2. Your escort must take you directly home and remain with you to rest for the remainder of the day.
3. Don't perform any strenuous or hazardous activities for the next 24 hours.
4. Don't eat a heavy meal immediately. If you're hungry, eat something light, e. g. liquids and toast.
5. If you experience nausea, lie down for a while.
6. Don't drink alcohol for the rest of the day.
7. Take medications as directed by your dentist.
8. If you have any unusual problems, call your dentist.