



Webinar Series
United Spinal Association

Welcome to Teladoc

**Lex Igras: Client Executive
Teladoc Health**



Lex Igras

Teladoc Health
Client Executive



Overview for United Spinal Association

November, 2018



The **quality care** you need with the **convenience** you want

“**Our goal** is nothing short of **revolutionizing** access to **healthcare**. That means helping people **resolve** their issues **quickly, easily**, and **affordably** – when, where and however they want.”

Jason Gorevic, Teladoc CEO

Teladoc is the most trusted telehealth provider in the world



2M+ visits completed



24/7 anytime, anywhere



92% issues resolved after first visit



95% member satisfaction

When you need a doctor, think Teladoc first

1 The convenient choice



Teladoc

- ✓ Talk to a doctor in minutes
- ✓ Visit by phone or video
- ✓ Available 24/7, anywhere in the U.S.
- ✓ Get a prescription
- ✗ Cannot treat more severe medical conditions

2 The in-office choice



Family Doctor

- ✓ Long-term relationship
- ✓ Treats more severe issues
- ✗ May not be available for days
- ✗ Must leave home or work
- ✗ Sit in a waiting room with other sick people

3 The immediate choice



Urgent Care

- ✓ No appointment needed
- ✓ Treats more severe issues
- ✗ Long wait times
- ✗ Must leave home or work
- ✗ Sit in a waiting room with other sick people

4 The emergency choice



ER

- ✓ Available 24/7/365
- ✓ Treats emergency issues
- ✗ Long wait times
- ✗ Must leave home or work
- ✗ Sit in a waiting room with other sick people

A woman with dark hair, wearing a white sweater, is gently holding a white tissue to the nose of a young girl. The girl has her hair in a ponytail and is wearing a white lace-trimmed top. She is holding a brown teddy bear. The background is a bright, clean room, possibly a clinic or home, with a white cabinet and a red bottle visible. A large purple circle is overlaid on the left side of the image, containing the text 'General Medical' in white.

General
Medical

Effective resolution for a wide range of non-emergency conditions

- Flu
- Cough
- Sinus problems
- Upper respiratory infection
- Pink eye
- Bronchitis
- Nasal congestion
- Sore throat
- Sinusitis
- Seasonal allergies
- Cold
- Arthritis
- Backache
- Rash/poison ivy
- Bug bites
- Food poisoning
- Sunburn
- Rash

Use Teladoc General Medical:



If there's no time
for an office visit



If you're on vacation
or a business trip



If you need a
short-term prescription refill



If your doctor
is unavailable

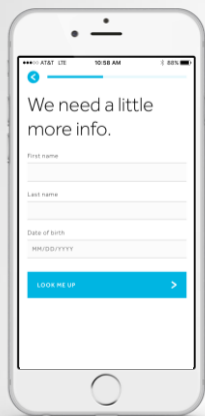


If distance makes an
office visit difficult



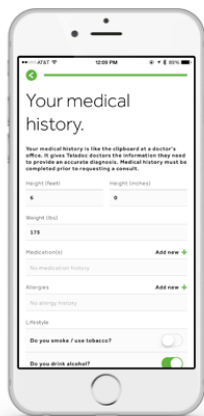
For pediatric care
for any age

Connecting with a doctor in minutes is easy



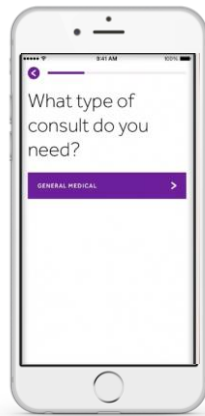
Set up your account

Set up your account by Mobile app, or web



Complete medical history

The doctor will review information about past conditions, medications, allergies and your family's medical history



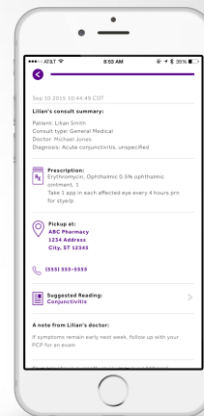
Request a visit

Request a visit with the next available doctor or schedule a time that fits your needs



Talk to a doctor

Talk to a doctor 24/7 by phone or video



Get resolution

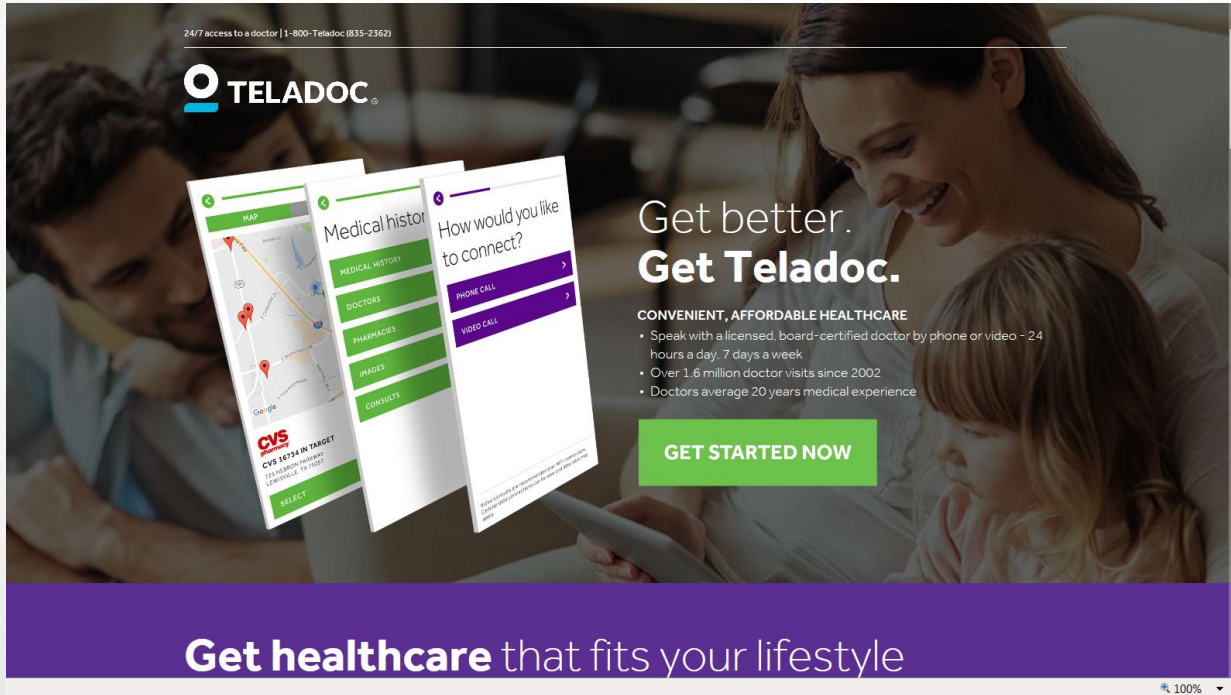
If medically necessary, the doctor will send a prescription to the pharmacy of your choice



How to
Sign Up

2 ways to enroll:

- 1) Enroll at teladoc.com/getteladoc
- 2) Download the Teladoc mobile app and use Promo Code “GETTELADOC”



24/7 access to a doctor | 1-800-Teladoc (833-2362)

TELADOC

MAP

Medical history

How would you like to connect?

PHONE CALL

VIDEO CALL

CONVENIENT, AFFORDABLE HEALTHCARE

- Speak with a licensed, board-certified doctor by phone or video - 24 hours a day, 7 days a week
- Over 1.6 million doctor visits since 2002
- Doctors average 20 years medical experience

GET STARTED NOW

Get healthcare that fits your lifestyle

TELADOC

100%

Choose your plan

Get Teladoc today. **Select a plan.**

We offer both individual and family plans, each with 2 different pricing options to fit your budget.

Individual

Getting Teladoc just for yourself? Choose a plan below based on your budget and per-visit fee preference.

Monthly Plan - \$3/month + \$45/visit

Yearly Plan - \$27/year + \$45/visit

Family

Getting Teladoc for you and up to 7 dependents? Choose a plan below based on your budget and per-visit fee preference.

Monthly Plan - \$5/month + \$45/visit

Yearly Plan - \$45/year + \$45/visit

Get in **the loop**

100%



Behavioral Health

Behavioral Health

The **stress-free & cost-effective** way to access **high quality** support for your mental and emotional well-being

- Care from a board-certified psychiatrists, psychologists or licensed therapists that you choose
- Get support for anxiety, eating disorders, depression, grief, family difficulties and more
- Offered 7 days a week by phone or video, in a setting you choose
- Can receive ongoing support with the same doctor or therapist
- Provides a secure, discreet, and confidential support resource for you



Therapist, Psychologist **\$85 /session**

Psychiatrist

Evaluation **\$200 /session**

Ongoing sessions **\$95 /session**

How Behavioral Health works



Choose a therapist

- Medical history needs to be completed prior to request
- You can choose a therapist based on specialty, location, language, gender and ability to prescribe medication
- You can keep the same therapist through the course of care



Select a date & time

- The appointment request will be accepted within 72 hours
- Able to schedule recurring appointments
- Appointments available seven days a week, 7 a.m. to 9 p.m. local time



Meet with therapist (phone or video)

- Provides treatment & goal setting
- Speak with the therapist by phone or video sessions



Ongoing treatment

- Schedule future appointments with the same therapist
- Follow-up through the secure online Message Center
- Ongoing nurse outreach to evaluate care & provide additional guidance

A close-up photograph of a person's arm being touched by another person's hand. The background is a soft-focus outdoor scene with warm, golden light. A large purple circle is overlaid on the left side of the image, containing the word "Dermatology" in white text.

Dermatology

Dermatology

The **simple, efficient & cost-effective** way to access **high quality** dermatologic care

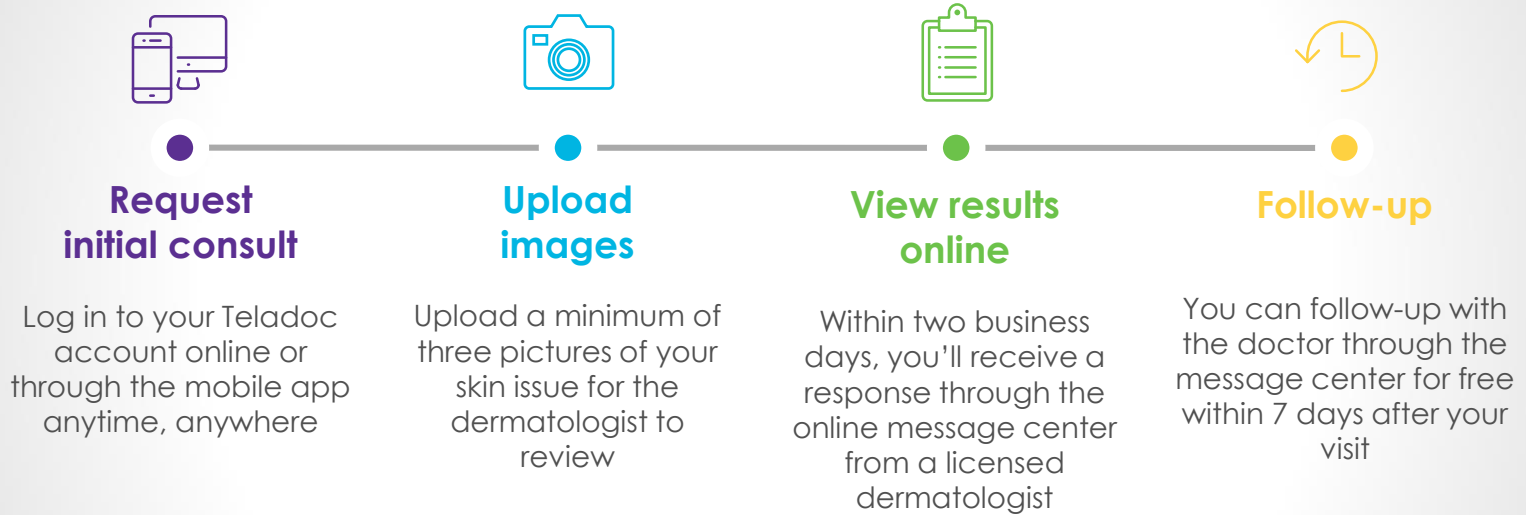
- Provides treatment for ongoing or concerning skin conditions like psoriasis, skin infection, eczema, rosacea, suspicious moles and more
- Upload images of your skin condition and receive a response from the dermatologist through the secure online message center within 2 business days
- You can follow-up with the doctor for free within 7 days after your visit
- Share your visit information with your primary care physician or other provider



\$75 visit fee

(Includes follow-up within
7 business days)

How Dermatology works



A photograph of a woman with her eyes closed, gently placing her hand on the forehead of a young girl who is looking upwards. The scene is set outdoors with a blurred background. A large purple circle is overlaid on the center of the image, containing white text.

Thank you

We look forward to providing
you care anytime, anywhere



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