

Providing grass
root community
led services to real
grass root needs



Community Launch Day of our Epilepsy and Dementia support groups at Burnside Centre!

Tuesday 1st November 2016 12pm-2pm

How are we supporting Epilepsy:

- Meeting new friends
- Sharing new experiences
- Reducing isolation
- Gaining independence
- Finding out about benefits

How are we supporting Dementia:

Inspire conversations, explore identity and help caregivers to find out more about the people they may be looking after.

- Memory boxes
- 3D picture frames for doors
- Twiddlemuffs to occupy restless hands

