

Help and Hope
in Life's
Hardest Places



NEWLIFE

Compassionate, empowering solutions
to the problems that hold you back



Where Can I Turn?

When you or someone you love is in crisis, sometimes it's hard to find a trusted friend to walk alongside you—a helper who's been there and understands, but who also has the training and skill to offer practical help.

A group of people are gathered around a wooden table, with their hands clasped together in a gesture of prayer or support. The scene is warmly lit, suggesting an indoor setting with natural light. The focus is on the hands in the foreground, while the faces of the people are blurred in the background. The overall mood is one of solidarity and care.

NEW LIFE MINISTRIES

EXISTS TO GO INTO LIFE'S HARDEST PLACES

with you.

No One Understands.

Family, friends, and churches *want* to help but are not always **equipped** to care for those dealing with problems like addiction, pornography, infidelity, and emotional/relational issues.



New Life combines a deep commitment to biblical truth with the best in psychological knowledge. We firmly believe that applying proven techniques for emotional, physical, and spiritual health is in accordance with God's call to live in wholeness and redemptive relationships.

And we're not afraid to share our own struggles, because we're all on this journey together.

But New Life isn't focused on making people *feel* better. We're focused on helping people do the hard work that will actually help them *be* better. That's what true healing means. We take people out of the isolation caused by trauma and sin, and help them find the path and the process to a right relationship with God.

I Can't Talk About It.



In recent surveys conducted by the Barna Group (a Christian polling firm),

79% of men ages 18-30
REPORTED VIEWING PORN at least once a month

The National Council on Sexual Addiction estimates

18-24 million

Americans **ARE SEX ADDICTS**

For decades, seeking counseling has come with a stigma. Millions of people have suffered in silence, afraid to ask for help.

In just one year, an estimated **16.1 million** adults aged 18 or older in the United States **HAD AT LEAST ONE MAJOR DEPRESSIVE EPISODE** in the past year. This number represented 6.7% of all U.S. adults

Despite the fact that the success rate for treatment of mental illness is as high as **80%** in certain disorders, **MANY PEOPLE WILL AVOID SEEKING HELP** for fear of being labeled as “crazy”

50% of all American children **WILL SEE THEIR PARENTS DIVORCE**, and 50% of those children will see their parents go through a second divorce

The Centers for Disease Control National Center for Health Statistics reports **more than 1/3** of U.S. **ADULTS ARE OBESE**

There is Hope.



NEW LIFE MINISTRIES

carefully brings difficult issues out into the open.

Through our live call-in radio and TV broadcasts, *New Life Live!*, and Weekend Workshops, we provide practical wisdom and help people see that they are not alone. And by connecting people to a professional in our New Life Counselor Network, we're helping many find the intensive support they need.

IN ONE YEAR:

2 million people listen weekly to *New Life Live!*

60,000 people contact us seeking help

11,000 people receive our daily email devotion

25,000 New Life resources are purchased

1,400 people are connected to a counselor through our New Life Counselor Network

1,900 people attend one of our Weekend Workshops or conferences

600 people are active in our weekly phone coaching program

A person wearing a brown, textured sweater is shown from the side, looking out over a vast, blurred green landscape. Their hands are clasped together and resting on a wooden ledge. The scene is bathed in soft, natural light, creating a contemplative and serene atmosphere.

Where Do I
Go from Here?

Although New Life has helped thousands of people, millions more are still trapped in relationship and marital struggles, addictions, anxiety, anger, fear, depression, and hurt from their past. They are missing what God desires for their lives, and the impact is felt in their families, churches, communities, and workplaces.

For many radio listeners, *New Life Live!* may be the only practical, Christian help they ever receive.

WITH YOUR PARTNERSHIP WE CAN:

Increase the number of radio listeners by **10%** annually

Grow the number of people who receive help through counseling and follow-up coaching by **15%** annually

Raise \$6 million for general support of the ministry

Raise \$250,000 annually in workshop scholarship funds for those who can't otherwise afford to attend

Increase the number of people who attend New Life Weekend Workshops by **20%**



New Life Live! is America's #1 Christian counseling call-in radio and TV program, featuring founder and host Steve Arterburn and a powerful team of co-hosts. For 30 years, callers have depended on *New Life*

HOW WE CAN HELP YOU.

Weekend Workshops

New Life Ministries Weekend Workshops combine powerful teaching with group work led by a New Life Network counselor as a launching pad for life transformation. 89% of participants say their life is better as a result.



- ***Every Man's Battle***: Recovering sexual integrity
- ***Restore***: Healing for women after sexual betrayal
- ***Take Your Life Back***: Freedom from strongholds
- ***Intimacy in Marriage***: Building a true connection
- ***Living Light***: Moving beyond dieting to real freedom

Live! for answers to life's toughest problems. It currently airs on radio stations in 180 markets, on Sirius XM satellite radio, and online at newlife.com.

"Your program has been a 'friend,' a 'counselor,' and the voice of God in my life. It's been a source of sanity amidst chaos and was key in helping me know the actions to take and what should be done regarding my failing marriage." —Vicki, a radio listener




Resources

At newlife.com, anyone in need of help can find broadcast archives, resources mentioned during the broadcasts, and our store filled with books, DVDs, CDs, and more.



Counselor Network

New Life connects people to carefully screened counselors who agree with our statement of faith. These professionals can help with a wide range of needs.

A photograph of a couple walking through a field of tall grass at sunset. The woman on the left is wearing a light-colored sweater and dark jeans, and the man on the right is wearing a plaid shirt and dark pants. They are holding hands, and the scene is bathed in the warm, golden light of the setting sun.

“ Before coming this weekend, we were separated. We have three little boys. I was caring for them on my own. He was angry and I was done. Intimacy did not exist. This weekend has been surprising, to say the least. I realized what I was doing: making him out to be all bad and letting the pain I experienced overwhelm me. **I've actually connected with my husband in a way I didn't think was possible. I thought we were done, but after 10 years we've only just begun.** ”

—Intimacy in Marriage Weekend Workshop participant



NEWLIFE

*The first step on a path and process leading to
hope, healing, and transformation is a call to
800-NEW-LIFE (639-5433)*

DON'T COPY THE BEHAVIOR AND CUSTOMS OF THIS WORLD, BUT

*Let God transform you
into a new person*

BY CHANGING THE WAY YOU THINK. THEN YOU WILL LEARN TO KNOW
GOD'S WILL FOR YOU, WHICH IS GOOD AND PLEASING AND PERFECT.

ROMANS 12:2, NLT



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