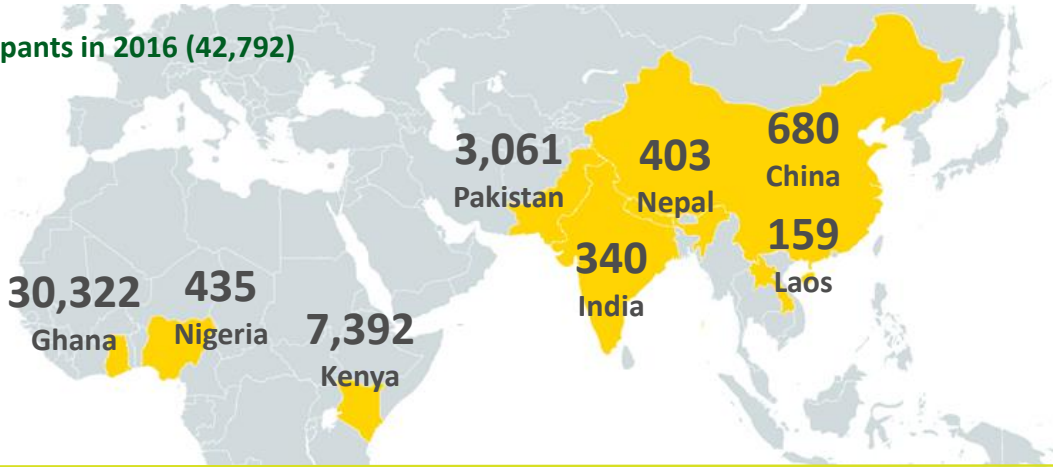
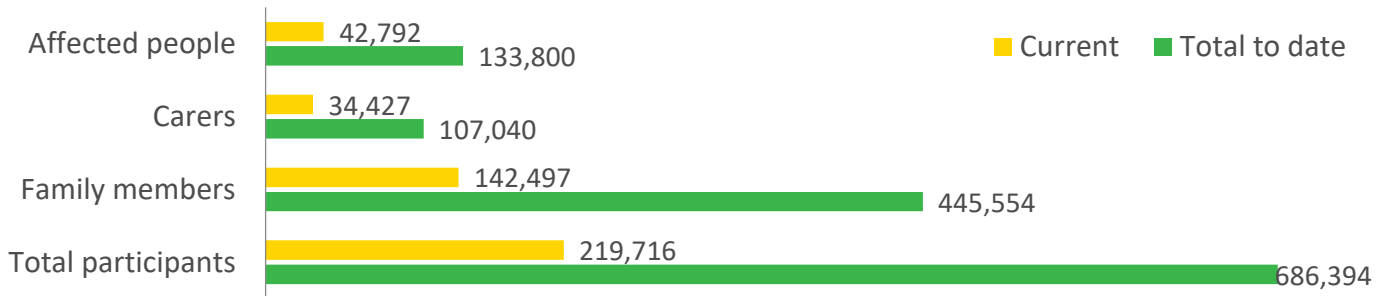


Our Reach

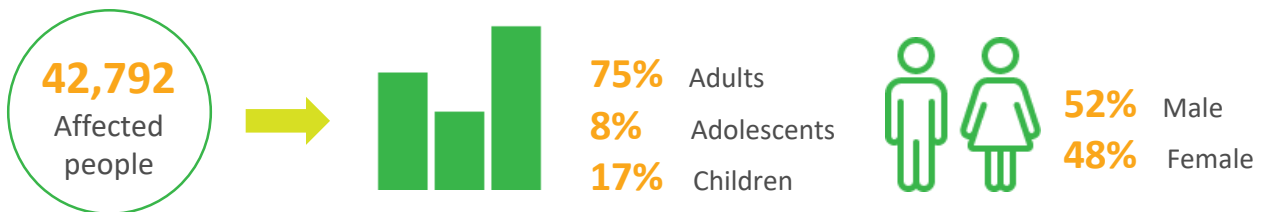
Total participants in 2016 (42,792)



Total people reached (686,394)



Participant breakdown



Impact – 4 Key Indicators



78%

Had access to treatment (baseline 58%)



57%

Reported reduced symptoms



73%

Were able to work (baseline 67%)



62%

Were in community groups (baseline 17%)

Key Activities This Year

8 Countries (data collected)

133 BasicNeeds & partner staff trained

83 Field consultations conducted

135 Districts/Counties delivering programmes

2,574 Health personnel & community workers trained

6,484 Home visits completed

88 Partners

8,903 Participants trained

323 Outreach clinics & camps conducted

Self-Help Groups



626 SHGs

16,455 Affected people in SHGs

12,554 Carers in SHGs



44% Male

56% Female

Implementation Cost Analysis

In 2016, the average cost of implementing the BasicNeeds Model per person, per month was **£11 (US\$14)**.

Cost break-up per Module:



Capacity building **49%**



Community Mental Health **16%**



Livelihoods **20%**



Research **9%**



Collaboration **6%**

Policy 2016

Kenya: The Kenya Mental Health Policy (2015 – 2030) was launched in May 2016. BasicNeeds was delighted to contribute to policy development by providing evidence generated through our work in Kenya over the past 11 years.

Nepal: The new draft constitution of Nepal includes a specific mention of people with mental illness. As part of the Nepal Mental Health Network, LEADS (BasicNeeds' partner) played a key role in advocating the needs of people with mental illness.

Ghana: BasicNeeds Ghana was invited by the National Insurance Authority to review the National Health Insurance Scheme. BasicNeeds Ghana along with the Alliance for Mental Health and Development submitted a position paper which advocated the inclusion of mental health in the National Health Insurance Scheme for effective mental health funding in Ghana.

Sri Lanka: The national Human Rights Action Plan (2017-2021) is being drafted and a separate chapter was recommended to identify the needs of people with disabilities. BasicNeeds was invited to be part of the sub-committee producing the chapter on "Rights of people with Disabilities".

Knowledge & Media 2016

Study: Scaling-up treatment of depression and anxiety: a global return on investment analysis. [Click here](#) for more details.

Journal article: Service-user and caregiver involvement in mental health system strengthening in low – and middle-income countries: systematic review. [Click here](#) to read.

Interview (Al Jazeera): Is mental health care being neglected. [Click here](#) to watch.

Radio (BBC Radio 4): Healing in Ghana. [Click here](#) to listen about BasicNeeds Ghana.

Blog article (Virgin Unite): Changing a nation's perspective on mental health. [Click here](#) to read.

Blog article (Skoll.org): Investment needed to fix the mental health crisis. [Click here](#) to read.

For all the latest news & updates, visit <http://www.basicneeds.org/news/>

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