

Working at Height & Ladder Safety

Duration: Half Day

This course has been developed in house by our own expert staff. It has been designed to comply with the latest Health and Safety requirements and will enable delegates to understand The requirements of working at height and how to use ladders safely.

Who should attend:

This course is aimed at anyone in a trade or industry who has to work at height and the selection of the appropriate piece of access and work equipment. It looks in depth at ladder selection and safety and shows why ladders may not always be appropriate but when they are how to use them safely.

Topic areas covered:

- The working at height regulations 2005 (as amended)
- Types of access and working platforms
- Hierarchy for planning of work a height.
- How to select and use step ladders or extension ladders
- Practical fault finding with ladders and safety checks
- Practical demonstration with ladders

Objectives:

The successful completion of the training programme and assessment will enable candidates to understand

- The requirements of the working at height regulations
- Hazard and risk and the main causes of harm to workers
- How to perform ladder safety checks
- The importance of following safe systems of work, procedures and rules.

Delivery:

This course can be delivered at your premises at a time convenient to you. The programme is delivered over half a day and a Certificate of Attendance is issued.

For further information contact:

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Course Information