



TEACHING TEAM

Dr Harvey Pynn MA FRCEM DMM DMCC DTM&H Dip IMC, Course Director

Harvey is a Consultant in Emergency Medicine at Bristol Royal Infirmary and an Honorary Consultant in Pre-Hospital Emergency Care with Great Western Air Ambulance. As well as Medical Director to WMT, he also advises organisations in their medical preparation for remote travel. He has undertaken several operational tours across the world whilst serving in the Armed Forces. Harvey has completed more than 10 expeditions worldwide – mainly in mountain and jungle areas (both as leader and doctor).



He holds the Mountain Leader award and is an ALS and BATLS Instructor. Harvey has interests in trauma, environmental and tropical medicine and has completed the diplomas in mountain medicine and medical care of catastrophes. He completed the diploma in tropical medicine in London in 2011. Amongst his many publications, Harvey recently edited a chapter in the 2nd edition of the Oxford Handbook of Expedition and Wilderness Medicine and was the senior author of a paper in the Journal of Extreme Physiology providing guidance on the competencies required for an expedition medic. On the expedition front, Harvey has led many expeditions for World Challenge and more recently completed the gruelling Marathon de Sables in Morocco for the charity Mencap and taken part in a medical research expedition to the Cordillera Real of the Bolivian Andes. Harvey was appointed WMT Medical Director in August 2013 after 10 years of teaching, developing and directing WMT courses.

Barry Roberts BSc BEd, WMT Commercial Director – Course manager

Baz has maintained a long-standing interest in adventure and wilderness medicine since ski patrolling, climbing and leading canoe expeditions in Canada from the age of 15. As a co-founder of WMT he has developed, managed and instructed on WMT courses since 1990. He was a Director of Raleigh International and has 40+ diverse international expeditions under his belt, mostly as the leader, and mainly to the mountains in East Africa, India, Nepal, Pakistan, Tibet and Greenland. He is an advanced diver, paraglider pilot, lapsed skydiver, a qualified Day Skipper, ski instructor and ski mountaineer. He is the co-author of Staying Alive Off-piste, a contributing author to the OUP expedition medicine handbook (3 chapters) and author of many adventure magazine



features. From '04 to '08 he was an ambassador for The North Face. Expedition highlights include taking young cancer survivors to climb Mt. Kenya, attempting Everest and guiding the first winter ascent of the highest mountain in the Arctic (Gunnsbjornsfjeld in Greenland) from which he paraglided off.

Dr Daniel Morris BSc (Hons) MBChB FRCSEd(Ophth) MFSEM(UK) FRGS



Dan is a Consultant Ophthalmologist in Cardiff and Clinical Lecturer at Cardiff University. He trained in St Andrews, Manchester, Glasgow and Newcastle with an orbital fellowship in Vancouver. He is a Founder Member of the Faculty of Sport and Exercise Medicine. Dan is an international authority on the effects of high altitude on the eye and has published and presented widely on this subject, including a contribution to the Oxford Handbook of Expedition and Wilderness Medicine. During his training he took time out to organise four separate research expeditions in Nepal, Bolivia, Tibet and Colorado, collecting the highest ever eye data on Mt Everest. Dan is also passionate about world blindness, running an eye project in Kenya with the Samburu tribe and recently starting a community link between the Vale of Glamorgan and the people of Tororo in Uganda. Currently enjoying exploring the Welsh wilderness with his three young daughters, Dan recently completed a national ocular trauma study and is exploring new ways to measure retinal blood flow at high altitude.

Dr Lucy Obolensky MBChB MRCS DTH&M DSEM

Lucy – known as Boo - is a GP and A&E staff grade in the Southwest, but her passion lies in running hospital partnerships in Kenya. She set up her first clinic in Kenya in 1997 and since then has founded the charity EGHO (Exploring Global Health Opportunities) which supports several health and social programmes throughout Kenya. Boo is the programme lead for the University of Plymouth's Global and Remote Healthcare MSc programme. She maintains an active interest in wilderness medicine and enjoys working with challenging groups including disabled and adolescents. Her expedition experience is vast and includes trips across Africa, India, Tibet, Central and Southern America and Scandinavia with a variety of clients and companions. Lucy enjoys a variety of sports, particularly anything water based and is a keen long-distance triathlete, rower and adventure racer. Boo has spent much of the last year as a helicopter doctor when not on expedition looking after Sir David Attenborough on BBC filming expeditions.



Dr Carron Scrimgeour, EM Consultant, Sallanches

Carron has a French mother and a British father and was schooled bilingually in Paris. He studied medicine at Edinburgh Medical School and was a house officer in Falkirk. Between 2002-2004 he studied emergency medicine in France, initially in Moutiers, working mountain rescue from the Courchevel base. From 2004 onwards he worked in Chamonix/Sallanches emergency medicine, progressing to consultant level in 2010. Between 2006 and 2012 he was a member of the esteemed PGHM (Peloton de Gendarmerie de Haute Montagne), the full-time mountain rescue team in Chamonix and was awarded the "Medal of Mountain rescue" in 2009. A keen climber, biker and skier, Carron has been on the ski-mountaineering circuit for the last 12 years and completed all the major races. He has been competing for the UK since 2006 and was/is the 2012 and 2014 Great Britain champion.



Dr Nicola C T Wetherill BM DMCC DMM MBE

Nics is a GP trainee in the British Army. She joined the army to practise medicine in remote and challenging locations and has been the expedition doctor for some army wide expeditions alongside civilian expeds to Kilimanjaro. She is particularly passionate about all forms of skiing and cold weather medicine and recently led the first all-female team across Antarctica using muscle power alone. Nics has completed the Diploma of Medical Care of Catastrophes and the Diploma in Mountain Medicine.



Dr Kate Dillon



Kate is a junior doctor in emergency medicine and is currently an EM/Exped Clinical Fellow in Bristol. She is a WMT alumni and over the past 5 years she has gained experience in a variety of remote settings including Kilimanjaro, Antarctica and the Pacific Ocean.

Mike Napier

Mike is a climber and expedition leader who specialises in taking young people on a diverse range of expeditions to remote locations. Activities and destinations include trekking in the Borneo jungle and European Alps, climbing high summits in Tanzania, sea kayaking on the South China Sea and working with the Maasai on the remote plains of Africa. Mike is a qualified IML (International Mountain Leader) and WMT Explorer course alumni.

