



Skills School Football Camp Itinerary

9:00 – Registration

9:10- 9:30 – Warm up/ Skills Numbers

9:30 – 10:30 – Topic of the day Sessions

10:30- 10:50 – Snacks

10:50 – 11:10 Warm Up/Skill Numbers

11:10- 12:45 – Topic of the Day Sessions

12:45 – 13:30 – Lunch Time
(Lunch time activities; MasterChef, Crazy Hair)

13:30- 13:45 – Warm Up

13:45-15:00 – Tournaments/ Games

15:00 – Pick up.