

Face Up

Understanding Healthy Relationships



‘Lack of age appropriate sex and relationship education may leave young people vulnerable to inappropriate sexual behaviours and exploitation’.

Ofsted ‘Not yet good enough:
personal, social, health and
economic education in schools’
May 2013

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Overview

'Face Up' focuses on teenage relationships and on the pre-cursors to domestic violence. The software is designed to increase participants understanding of the issue and to encourage pro-social behaviour by developing their communication skills in order to challenge negative behaviour. It also enables young people to develop support networks around them who they can rely on if they are experiencing abuse.

Who?

'Face Up' has been developed for use with Key Stage 3 and 4; Years 7 to 11. It contains no sexual content or violence. All of the activities are interactive and visually stimulating, making it particularly suitable for lower ability groups. The software is very user-friendly, supported by activities and full, curriculum-mapped, lesson plans.

What?

The 'Face Up' software contains seven engaging interactive exercises, ranging from class debates to storyboarding and role-play activities. These activities are designed to stimulate awareness, discussion and analysis of domestic abuse, its causes and consequences.

Where?

This is a school-based programme that can be delivered in any classroom or teaching space equipped with a computer. There is a flexible approach to delivering the resource. It can be used within a whole class or as part of a targeted intervention and can be delivered in both PSHE and English lessons.

Evaluation

“It shows young people what a healthy relationship is, and allows schools to address issues that are important to them encouraging an open discussion among peers.”

Kelly McAnnally, Assistant Head
Litherland High