

CURRICULUM VITAE

Mr Jason Howard

Consultant Chartered Physiotherapist

Expert in orthopaedic rehabilitation, musculoskeletal physiotherapy and trauma recovery.

**CHARTERED PHYSIOTHERAPIST AND REGISTERED WITH THE
HEALTH AND CARE PROFESSION'S COUNCIL**

CSP HCPC MSOM MBAE
ACREDITED EXPERT WITNESS



Mr. Jason Conrad Howard

The White House Medico-Legal Services

Part of the White House Physiotherapy Group
The White House Clinic,
3 Sandygate Park,
Sheffield
S10 5TZ

Date of Birth	8th May 1965
Nationality	British
Marital Status	Married
Driving License	Full

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Location

Located in Sheffield – although provides national coverage for medicolegal reporting and assessments. Desktop reporting and clinical or home assessments available.

Medicolegal experience

Jason Howard has been qualified as a Chartered Physiotherapist since 1987, with over 25 years of experience in the diagnosis, treatments and management of musculoskeletal, orthopaedic and sports injuries. He has been involved as an expert witness since 1989 with significant experience in physiotherapy management of soft tissue injuries and orthopaedic conditions.

He is a trained Medicolegal Expert with an established practice and administrative support. He has undertaken a large volume of personal injury work and is highly experienced in medical negligence of physiotherapy cases. He has prepared reports for both claimant and defendant, is fully conversant with the implications of the Civil Justice reforms for experts and has attended court.

Jason Howard has a regular and ongoing clinical commitment both in the treatment of NHS and private patients. He has a thorough understanding of the pressures and working practices of NHS physiotherapy services.

Cases undertaken:

Physiotherapy Negligence / Polytrauma affecting with complex injuries / Rehabilitation / Assessment of future physiotherapy needs / NHSLA / Desktop assessments / Nationwide home examination / Review of physiotherapy as in or out-patient care / Breach of Duty / Quantum / Single Joint Expert.

Physiotherapy qualifications and professional groups

Chartered Society of Physiotherapy Registration number:	registered 1987	47129
Health and Care Professions Council registration number:	registered 1987	37505
The Organisation of Chartered Physiotherapists in Private Practice:		3285

Legal Courses and Conferences

- APIL Annual Conferences, Newport
- The Solicitors Group Regional Conferences, Leeds and Manchester
- Expert Witness Institute Courses and conferences, London
- Bond Solon Reporting Writing Skills, London + Manchester
- MLACP (Medicolegal Association of Chartered Physiotherapists) Courtroom Skills.

Clinical experience to date

Musculoskeletal physiotherapy, over 25 years experience in the management and treatment of orthopaedic and soft tissue injuries. Mr Howard currently runs The White House Medical and Physiotherapy Group, which operate a variety of private, and NHS clinics. He developed one of the first clinics in the country to run orthopaedic screening services for General Practices and has been instrumental in running physiotherapy services for PCTs/GPs, consultants and industry.

Hospital physiotherapy, after gaining his initial qualifications Mr Howard worked in a variety of NHS hospital settings including The Westminster Hospital and The Royal London Hospital. He also worked in private hospitals including The London Independent Hospital and Claremont and Thornbury Hospitals in Sheffield.

Qualification and ongoing experience

As a Chartered Physiotherapist and registered with the Health and Care Professions Council Mr Howard has a regular commitment to ongoing professional development. He regularly organises, runs and attends post graduate courses and conferences and often lectures to physiotherapists, GPs and other health professionals. He is actively involved in running CPD and IST courses for physiotherapists and arranges onsite educational training for GPs.

Memberships and affiliations:

Member of the Society of Orthopaedic Medicine
 Member of CSP list of Experts
 Member of Academy of Expert Witnesses, since August 1995
 Member of Medicolegal Association of Chartered Physiotherapists
 Practising Membership of APIL
 Member of the Expert Witness Institute

Education and qualifications.

1969 - 1978 Preparatory School, Sheffield
1978 - 1983 Senior School, Bath.
1984 - 1987 Graduate Diploma Physiotherapy.
1987- 1990 The Royal London Sports Medicine Clinic, London
1992- 1995 Sheffield Business School
1998- 2002 Nottingham University MACP

Clinical Physiotherapy Experience**April 1997 to present date.****A). Physiotherapy Director (current)**

Director of The White House Physiotherapy and Sports Injury Clinics. A Private Practice specialising in Orthopaedic physiotherapy rehabilitation and Sports Medicine offering a variety of professional physiotherapy services throughout South Yorkshire and Derbyshire. We operate a number of clinics staffed by twelve physiotherapists delivering our service to local Consultants, General Practitioners, Private Hospitals, NHS trusts and GP Consortiums and Industry.

I undertake Physiotherapy assessment and treatment services for many local and national firms of solicitors who specialize in Personal Injury Litigation. This includes expert assessments of cases followed by the preparation of Medico-legal Reports.

I am recognized by Chambers of Orthopaedic Consultant Surgeons in the South Yorkshire and North Derbyshire regions as an Experienced Physiotherapist with a special interest in Orthopaedic medicine and rehabilitation.

B). The One Health Orthopaedic Physiotherapy Network (current)**Director for the 33 Physiotherapy Practices within the Group**

Principle Physiotherapist of The Physiotherapy Network, a regional group of 33 Independent physiotherapy practices covering Derbyshire and Yorkshire involved in the regional supply of orthopaedic treatment and arranging regular regional professional meetings.

C). Bupa Health Centre, Sheffield (current)

Director of the **Sheffield Bupa Centre** which undertakes Health Assessments for South Yorkshire and North Derbyshire. The Clinic employs and manages ten GPs and three Nurses and upholds the Bupa Standards and is registered and inspected by the Quality Care Commission.

Other areas of clinical caseload involve:

Clinical Supervisor

Supervisor to physiotherapy students who attend The White House Clinic on placement from Sheffield Hallam University and other physiotherapy courses.

Industrial clinics

The clinic operates industrial physiotherapy centres at local businesses throughout our region which incorporates risk assessments, ergonomic analysis, manual handling instructions and onsite physiotherapy clinics.

D). Expert Witness experience

1989 to date I have specialised in orthopaedic and personal injury litigation providing physiotherapy reports to assess injuries sustained, present condition and future prognosis.

My expertise has been shown in the following areas:

- Orthopaedic and soft tissue injury / trauma – post operative physiotherapy management.
- Clinical Negligence
- Personal injury
- Hyper-extension / Road Traffic Injury/ PI.
- Special interests in back and neck injuries
- Industrial and workplace injuries
- Sports injuries

April 1992 - April 1995. Contract and Marketing Manager, Superintendent I
Fulwood Medical Services, Sheffield.

A managerial position in a large Private Physiotherapy and Medical company. My responsibilities included: Managing the Physiotherapy Practice and negotiating contracts with Industry and General Practitioners.

Nov. 1990-April 1992. Superintendent II - The White House Physiotherapy and Sports Injuries Clinics, Fulwood Medical Services, Sheffield.

A managerial position in Private Out-Patient and Sports Injuries Clinics in South Yorkshire, being directly responsible for the day to day running of four practices and twelve members of staff.

November 1989-Nov. 1990. Senior I / Superintendent III - The White House Physiotherapy and Sports Injuries Clinics, Sheffield.

July 1988-Nov. 1989. Senior Physiotherapist - Tooting Sports Injuries Clinic, Tooting, London. Responsibilities included the management and running of the Clinic.

January 1988-Jan. 1989. Locum Physiotherapist at The Private London Independent Hospital, Mile End, London.

August 1987-Nov.1988. Staff Physiotherapist. The London Hospital, Whitechapel, London. Junior rotational post in all specialities.

At this time I was also involved in the London Hospital Sports Injuries Clinic with Consultants Mr J.D. King and Dr J. Perry.

June 1987-August 1987. An elective at the Westminster Hospital, London (Out-Patients Department).

1983-1984. Clinical Research Officer. The Royal Hallamshire Hospital, Department of Medicine, Sheffield.

Courses and experience:

Isokenetics Conference, Croydon, Surrey, 1987.

Soft Tissue Strapping Course, London, 1988.

M^cKenzie part A, the Lumbar Spine, Westminster Hospital, 1988.

Society of Orthopaedic Medicine, Cyriax part A, the Cervical and Thoracic Spine, St. Thomas' Hospital, London, 1988.

McKenzie part B, the Cervical and Thoracic Spine, London, 1988

Society of Orthopaedic Medicine, Cyriax part B, the Lumbar Spine and Lower Limb, London, 1988.

Maitland Concept -The Hip and Lumbar Spine, Peter Wells, London, 1988.

Maitland Concept - Dural Tension, Peter Wells, London, 1989.

Maitland Concept - The Cervical Spine and Shoulder, Peter Wells, London, 1989.

Grade V Manipulation Course, Brighton 1989.

Isokenetic Course - Merac. I organised and ran the course in Sheffield, 1990.

Society of Orthopaedic Medicine, Cyriax part C, London, 1990 - I passed the membership of the Society of Orthopaedic Medicine, **MSOM**.

FISA, Member of the World Student Games Medical Team, Sheffield, 1991.

Society of Orthopaedic Medicine, I attended a course about lecturing. London, 1991.

Maitland Concept - Spinal Manipulation Course , Harrogate 1992.

Certificate in Management (CIM), Sheffield Business School, Sheffield Hallam University. Part-time day release course. 1991-1992.

Diploma in Management By Examination. (DMS), Sheffield Business School, Sheffield Hallam University. Part-time day release course. 1992-1993.

Personal Injury Litigation Conference, The Barbican Centre, London. July 1993. Key issues in personal injury and complex injury claims.

Masters' Degree in Management (MBA), Sheffield Business School, Sheffield Hallam University. Part-time day release course. 1993-1994. Core subjects on Business Strategy, Business Management and Marketing including Public Sector.

Accreditation Conference for Chartered Physiotherapists in Private Practice, North Yorkshire. June 1994.

Membership of the Academy of Expert Practising Witnesses, August 1995.

Manual Handling and Lifting Course - facilitator and certification course for manual handling and lifting in the clinical setting, Nuffield Orthopaedic Centre, John Radcliffe Hospital, Oxford. February 1995.

Academy of Expert Witnesses. I attended the annual conference and seminar week. September 1995.

Expert Witness Training Course, Chartered Society of Physiotherapy. Training with Bond Solam. March 1997.

Expert Witness Court Room Skills and Report Writing Analysis, The Chartered Society of Physiotherapy, Medicolegal Association, London, .March 1997.

Annual Conference of the Organisation of Chartered Physiotherapists in Private Practice - April 1997 - 2014. Conference coursework on Whiplash Injuries and the latest Orthopaedic techniques.

IST: Brachial plexus injuries, neck disorders, shoulder rehabilitation, latest concept in back pain management, thoracic outlet syndrome 2014.

Bond Solan Excellence in Report Writing, Manchester March 2015

September 1997 – July 1998 MACP – Manipulation Association of Chartered Physiotherapists’ Accredited Course, Nottingham. Courses for highly experienced physiotherapists to gain further experience and expertise in the treatment of musculoskeletal injuries. This society promotes a high standard of practice and ongoing commitment to clinical autonomy. This course is recognised as one of the highest qualifications in the field of musculoskeletal medicine in the United Kingdom.

September 1998 - MACP article assessment.

March 1999 **OCPPP national conference.** Muscle imbalance by Mark Cumerford and advances in the treatment of mechanical back and neck injuries.

Feb. 1999- date General Practitioner educational lecture programme.
Continuous regular courses on musculoskeletal injuries.

Lecturing at regional orthopaedic conferences to GPs and medical / paramedicals on orthopaedic rehabilitation and the post – operative management of orthopaedic conditions.

Papers and presentations

2013 One Health Orthopaedic Conference
Managing the knee following surgery.

2013 Rehabilitation of the hip.

2014 Lower back and hip differentiation – GP training programme
Shoulder injury diagnosis and treatment

Lower limb biomechanical in the sporting person

Physiotherapy Expert Reporting for Solicitors – what solicitors need to know when instructing a physiotherapist?

- 2015 The future of physiotherapy – treatment platforms
One Health Consultant presentation
- Setting up a Network of clinically effective practices. Auditing
management and cost effective service delivery. NHS choose and
book for physiotherapists.
- 2015 One Health Group Conference. Musculoskeletal Skills Course.
May 2015. 8 hours CPD plus presented a paper on ‘The changing
role of access to physiotherapy in secondary care’.

Membership of Special Interest Groups and Societies

Member of Chartered Society of Physiotherapy **MCSP**

Membership of the Health and Care Professions Council **HCPC**

Member of the Society of Orthopaedic Medicine **MSOM**

British Association of Sports Medicine **Member of BASM**

Organisation of Chartered Physiotherapists in Private Practice
Member of the OCPPP

Diploma in Business Administration towards a Master Degree of
Business Administration **DMS**

Accredited Member of *The Academy of Expert Witnesses* **MAE**

Member of Medico-Legal Association of Chartered
Physiotherapists - **MLACP**.

Member of the Association of Chartered Physiotherapists in
Sports Medicine -**ACPS**