

# Worth Valley Primary School

## Menu - Week 3

**Week Commencing:**  
18th Nov, 9th Dec,  
20th Jan, 10th Feb,  
2nd Mar, 23rd Mar,  
13th Apr

<b>Mon</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Sausage in Onion Gravy</li> <li>✓ Cheesy Bean Pasta</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings</p> <p><b>Desserts...</b> Swedish Apple Fruit Jelly &amp; Cream</p>
<b>Tues</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Minced Beef &amp; Onion Pie</li> <li>✓ Cheese &amp; Onion Pan</li> </ul>	<p>Cheese Panini / Jackets with Fillings / Tuna &amp; Cheese Panini</p> <p><b>Desserts...</b> Marble Sponge Lemon Cheesecake</p>
<b>Wed</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Roast Pork Dinner</li> <li>✓ Savoury Quorn Mince</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings</p> <p><b>Desserts...</b> Lemon Shortcake Fruit Flapjack</p>
<b>Thurs</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>✓ Cheese &amp; Tomato Pizza</li> <li>✓ Quorn Frankfurter</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings</p> <p><b>Desserts...</b> Apple Crumble Ginger Biscuits</p>
<b>Fri</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Fillet Fish Fingers</li> <li>✓ Vegetarian Bolognaise</li> </ul>	<p>Cheese Panini / Jackets with Fillings / Tuna &amp; Cheese Panini</p> <p><b>Desserts...</b> Steamed Jam Sponge Date &amp; Cocoa Brownie</p>

**Did you know?...**  
Bananas give you lots of energy to keep you going through the day in all you work and play.

**Soil Association FOOD FOR LIFE BRONZE CATERING**

Suitable for Vegetarian Halal Approved by Assured Food Standards

All menu items are subject to availability and may change without notice



The wording in this publication can be made available in other formats such as large print.  
Please call: 01274 431404.



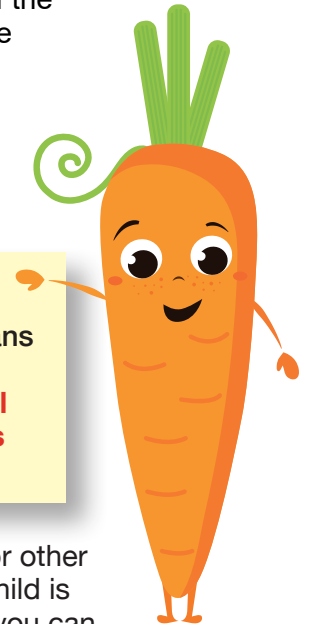
# School Catering

## at Worth Valley Primary School

This leaflet contains details of the menu at Worth Valley after the October half term.

Tasty, nutritious school meals have been provided in the Bradford district for many years.

The Universal Infant Free School Meals scheme means these meals are provided **FREE to all primary school children in reception class and Years 1 & 2.**



There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's important that you still register as your school will benefit from extra funding.

**Please Note: For children in Years 3-6, meals will be priced at £1.80, which is still great value for money.**

### Check out our new school meals app

It's the easy way to get school meals information via your phone or tablet. Scroll through the daily menu options, look at nutritional and allergen information, save your child's school, and so much more!!

Simply go online to the link below and follow the instructions to download/save the app.



[www.bradford.gov.uk/schoolmeals](http://www.bradford.gov.uk/schoolmeals)

# Worth Valley Primary School Menu - Week 1

**Week Commencing:**  
4th Nov, 25th Nov,  
16th Dec, 6th Jan,  
27th Jan, 9th Mar,  
30th Mar

**Mon**

**Choose from...**

- Buttermilk Chicken
- ✓ Quorn Cottage Pie

Sandwiches & Wraps /  
Jackets with Fillings

**Desserts...**  
Rice Pudding & Peaches  
Gallia Biscuits



**Did you know?...**

One orange provides a range of vitamins and minerals; a staggering 130 percent of your vitamin C needs for the day!

**Tues**

**Choose from...**

- Meat & Potato Pie
- ✓ Quorn & Mixed Pepper Fajita

Cheese Panini / Jackets with Fillings / Tuna & Cheese Panini

**Desserts...**  
Chocolate Sponge  
Carrot Cake Buns

**Wed**

**Choose from...**

- Roast Turkey Dinner
- ✓ Quorn Toad in the Hole

Sandwiches & Wraps /  
Jackets with Fillings

**Desserts...**  
Butterfly Buns  
Yogurt



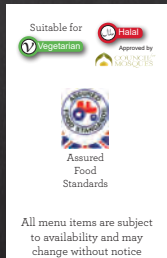
**Thurs**

**Choose from...**

- Tuna & Red Onion Pizza
- ✓ Cheese & Tomato Pizza

Cheese Panini / Jackets with Fillings / Tuna & Cheese Panini

**Desserts...**  
Apple Crumble Cake  
Frozen Yogurt



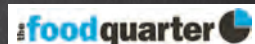
**Fri**

**Choose from...**

- Breaded Fillet Of Fish
- ✓ Quorn Frankfurter

Sandwiches & Wraps /  
Jackets with Fillings

Pineapple Upside Down  
Cake  
Lemon Iced Sponge  
Finger



# Worth Valley Primary School Menu - Week 2

**Week Commencing:**  
11th Nov, 2nd Dec,  
13th Jan, 3rd Feb,  
24th Feb, 16th Mar

**Mon**

**Choose from...**

- Sausage in Onion Gravy
- ✓ Mexican Mixed Bean Burrito

Sandwiches & Wraps /  
Jackets with Fillings

**Desserts...**  
Syrup Sponge  
Flap Jack



**Did you know?...**

Apples are very nutritious. This means they are good for you. Apples are filled with potassium, vitamin C, carbohydrates, fibre and antioxidants.

**Tues**

**Choose from...**

- Beef Lasagne
- ✓ Quorn Lasagne

Cheese Panini / Jackets with Fillings / Tuna & Cheese Panini

**Desserts...**  
Paris Sandwich  
Melon Slices

**Wed**

**Choose from...**

- Roast Gammon Dinner
- ✓ Quorn Cottage Pie

Sandwiches & Wraps /  
Jackets with Fillings

**Desserts...**  
Rice Pudding & Peaches  
Frozen Yogurt



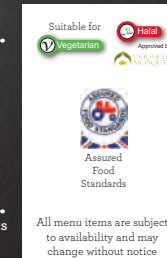
**Thurs**

**Choose from...**

- BBQ Chicken Pizza
- ✓ Cheese & Tomato Pizza

Sandwiches & Wraps /  
Jackets with Fillings

**Desserts...**  
Butterfly Buns  
Yogurt



**Fri**

**Choose from...**

- Battered Fillet of Fish
- Pasta Arrabbiata

Cheese Panini / Jackets with Fillings / Tuna & Cheese Panini

**Desserts...**  
Banana Cake  
Oat Cookie



- ✓ All main meals are accompanied with either potatoes, rice or naan bread, seasonal vegetables or salad or fresh bread.
- ✓ All meat is from farms which satisfy UK welfare standards.
- ✓ All fresh vegetables and potatoes are locally sourced, wherever possible.
- ✓ All our fish, vegetarian, and cheese dishes are suitable for Muslims.

- ✓ All desserts are suitable for vegetarians and Muslims.
- ✓ We do not use preservatives or additives that are unsuitable for children.
- ✓ We have a no nut and no genetically modified ingredient policy.
- ✓ The school meals provider at Worth Valley have been awarded the bronze standard.



## Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following:

- Income Support
- Universal Credit
- Pension Credit (Guarantee Credit only)
- Income based Jobseekers Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Income-related Employment and Support Allowance
- Working Tax Credit run-on

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: 01274 432772 or email: [benefits@bradford.gov.uk](mailto:benefits@bradford.gov.uk) Or check/apply online at [www.bradford.gov.uk/benefits](http://www.bradford.gov.uk/benefits)